



# GONZAGA UNIVERSITY™

BARRETT HENDERSON  
SID - M/W Cross Country Contact  
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WOMEN'S REGIONALS: '87, '95, '97, '99, '00, '04, '05, '11, '12, '13, '14, '15, '16 | MEN'S REGIONALS: '87, '88, '89, '90, '91, '92, '93, '94, '95, '99, '03, '04, '05, '06, '09, '10, '11, '12, '12, '14, '15, '16

## 2017 SCHEDULE

### SEPTEMBER

- 1 Clash of the Inland Northwest  
Missoula, Mont.
- 16 *Gonzaga-Idaho Dual*  
Spokane, Wash.
- 29 Bill Dellinger Invitational  
Eugene, Ore.

### OCTOBER

- 14 NCAA Pre Nationals  
Louisville, Ky.
- 14 Inland Empire Classic  
Lewiston, Idaho
- 27 WCC Championships  
San Francisco, Calif.

### NOVEMBER

- 10 NCAA Western Regional  
Seattle, Wash.
- 18 NCAA Championships  
Louisville, Ky.

## 2017 Gonzaga Cross Country Quick Facts

### GENERAL INFORMATION

**Location:** Spokane, Wash.  
**Founded:** 1887  
**Enrollment:** 7,837  
**Nickname:** Bulldogs  
**Colors:** Blue (R-0 G-41 B-103), Red (R-179 G-25 B-52), White (R-255 G-255 B-255), and Gray (R-195, G-199, B-203)  
**Course:** Plantes Ferry Park  
**Conference (Affiliation):** West Coast (NCAA Div. I)  
**President:** Dr. Thayne M. McCulloh  
**Athletic Director:** Mike Roth  
**Cross Country Administrator:** Heather Gores  
**Senior Women's Administrator:** Shannon Strahl  
**Faculty Athletic Representative:** Peggy Sue Loro

### TEAM INFORMATION

**Director of Cross Country and Track/Men's Head Coach:** Pat Tyson (10th season), Oregon, 1973  
**Women's Head Coach:** Patty Ley (Sixth season), Pacific Lutheran, 1993  
**Men's Assistant Coaches:** Todd Wakefield and Lucas Kopnick  
**Women's Assistant Coach:** Rachel Jaten  
**Men's Cross Country Phone:** 509-313-5782  
**Women's Cross Country Phone:** 509-313-4257

### HISTORY

**First year of GU Cross Country:** Men- 1979 (36 seasons), Women- 1987 (28 seasons)  
**West Coast Conference Titles:** Women-1995 and 2015  
**NCAA Regional Appearances:** Men- 22, Women- 13  
**2016 WCC Championship Finishes:** Men-4th, Women-4th  
**2016 NCAA West Finishes:** Men-12th, Women-16th  
**Final 2016 Rankings:** Men- N/A, Women- N/A  
**Men's WCC Championship Runners Returning/Lost:** 8/1  
**Women's WCC Championship Runners Returning/Lost:** 6/3

### ATHLETIC MEDIA RELATIONS

**Assistant Director of Athletics/Communications:** Todd Zeidler  
**Office Phone:** 509-313-6373  
**E-mail:** zeidlert@gonzaga.edu  
**SID/XC Contact:** Barrett Henderson  
**Office Phone:** 509-313-4288  
**Cell Phone:** 541-805-5687  
**SID E-mail:** hendersonb@gonzaga.edu

## SOCIAL MEDIA



### GONZAGA MAIN ACCOUNTS

Twitter: @GonzagaBulldogs  
 Facebook: GonzagaBulldogs  
 Instagram: @GUBulldogs

### GONZAGA CROSS COUNTRY

Twitter: @GonzagaTFXC  
 Facebook: GonzagaTFXC  
 Instagram: @GonzagaTFXC

### GONZAGA UNIVERSITY

Twitter: @GonzagaU  
 Facebook: GonzagaUniversity  
 Instagram: @GonzagaU

## 2017 Women's Roster

Name	Yr.	Hometown (High School/Previous School)
Jenny Albrecht	SR	East Wenatchee, WA (Eastmont)
Kacie Bell	FR	Elko, NV (Elko)
Lauren Bourgeois	SO	Palos Verdes, CA (Palos Verdes)
Erin Boyle	FR	Snohomish, WA (Glacier Peak)
Michaela Bruns	JR	Vancouver, WA (Prairie)
Alex Cervený	FR	San Diego, CA (Cathedral Catholic)
Olivia Evans	SR	Colorado Springs, CO (Air Academy)
Molly Jane Foster	R-JR	Sebastopol, CA (Analy/Washington)
Claren Fraher	SR	Prescott, AZ (Prescott)
Kelly Gilbert	JR	Boulder, CO (Fairview)
Claire Gillett	FR	Longmont, CO (Niwott)
Maddy Glancey	R-SO	Princeton, NJ (Redline/Case Western)
Megan Glenski	SO	Yakima, WA (Eisenhower)
Katherine Gustafson	FR	Brier, WA (Mountlake Terrace)
Sarah Hawley	SO	San Diego, CA (Mt. Carmel)
Amanda Kiefer	JR	Maple Valley, WA (Tahoma)
Ally Legard	FR	McMinnville, OR (McMinnville)
Claire Manley	SO	Seattle, WA (Bishop Blanchet)
Caroline McCarthy	FR	Yakima, WA (Eisenhower)
Emma Morris	JR	Seattle, WA (Bishop Blanchet)
Aimee Piercy	SO	Beaverton, OR (Jesuit)
Monica Ripple	JR	Seattle, WA (Holy Names Academy)
Jenna Rogers	FR	Spokane, WA (Mead)
Anna Ruthven	SO	Walla Walla, WA (DeSales)
Elena Slavoski	SR	Monument, CO (St. Mary's)
Braze Smith	JR	Jackson, WY (Jackson)
Annika Steele	FR	Portland, OR (Lincoln)
Claire Swafford	SO	San Diego, CA (Cathedral Catholic)
Jordan Thurston	SR	Tacoma, WA (Bellarmino Prep)

## Coaching Staff

**Head Coach:** Patty Ley (Sixth season), Pacific Lutheran, 1993

**Assistant Coach:** Rachel Jaten (Second season) Montana State, 1998

## Roster Breakdown by State

**Washington (13):** Albrecht, Boyle, Bruns, Glenski, Gustafson, Kiefer, Manley, McCarthy, Morris, Ripple, Rogers, Ruthven, Thurston

**California (5):** Bourgeois, Cervený, Foster, Hawley, Swafford

**Colorado (4):** Evans, Gilbert, Gillett, Slavoski

**Oregon (2):** Legard, Piercy, Steele

**Arizona (1):** Fraher

**Nevada (1):** Bell

**New Jersey (1):** Glancey

**Wyoming (1):** Smith

## Roster Breakdown by Class

**Senior (5):** Albrecht, Evans, Fraher, Slavoski, Thurston

**Junior (7):** Bruns, Foster, Gilbert, Kiefer, Morris, Ripple, Smith,

**Sophomore (8):** Bourgeois, Glancey, Glenski, Hawley, Manley, Piercy, Ruthven, Swafford

**Freshman (9):** Bell, Boyle, Cervený, Gillett, Gustafson, Legard, McCarthy, Rogers, Steele

## 2017 Men's Roster

Name	Yr.	Hometown (High School/Previous School)
Dominic Arce	FR	Portland, OR (Lincoln)
Stefan Bradley	RS-FR	Danville, CA (San Ramone Valley)
Andrew Clusserath	RS-FR	Rocklin, CA (Rocklin HS)
Coby Eastwood	RS-JR	Portland, OR (Lincoln)
Phillip Fishburn	RS-FR	Kennewick, WA (Kamiakin)
Troy Fraley	RS-SR	Kalispell, MT (Glacier)
Bennett Gagnon	RS-SO	Palos Verdes, CA (Palos Verdes)
Sumner Goodwin	RS-SR	Spokane, WA (Lewis & Clark)
Yacine Guermali	FR	Vancouver, WA (Camas)
Alex Heffelfinger	RS-FR	Cedar Crest, NM (East Mountain)
Ben Hogan	RS-FR	Louisville, CO (Monarch)
Peter Hogan	RS-FR	Seattle, WA (Bishop Blanchet)
Max Kaderabek	RS-SR	San Diego, CA (Saint Augustine)
Quinn Kopczynski	RS-FR	Spokane, WA (Lewis & Clark)
Scott Kopczynski	JR	Spokane, WA (East Valley)
Kellen Manley	RS-JR	Seattle, WA (Bishop Blanchet)
Luke Mason	FR	Scottsdale, AZ (Brophy Prep)
Javier Munoz-Maines	FR	Mission Viejo, CA (Mission Viejo)
Cullen McEachern	FR	Mukilteo, WA (Kamiak)
Sam McCloughan	FR	Edmonds, WA (Edmonds-Woodway)
Ciaran O'Leary	RS-SO	Seattle, WA (Blanchet)
Jack Pearce	RS-JR	Brier, WA (Mount Lake Terrace)
Jake Perrin	SO	Lakeside, MT (Flathead HS)
Brandon Pollard	RS-JR	Sisters, OR (Sisters)
Dillon Quintana	RS-SR	Deming, WA (Mount Baker)
Devin Roche	RS-JR	Tigard, OR (Tigard)
Bradley Rzewnicki	FR	Seaside, OR (Seaside)
Jonah Sandoval	RS-FR	Richland, WA (Richland)
Hunter Simpson	RS-FR	Veradale, WA (University)
Kinsly Smith	RS-SR	Jackson Hole, WY (Jackson)
Daniel Thompson	RS-FR	Portland, OR (Central Catholic)
Kyle Thompson	RS-JR	Portland, OR (Central Catholic/Wisconsin)
William Thompson	RS-JR	Portland, OR (La Salle Prep)
Sammy Truax	RS-SO	Portland, OR (Central Catholic)
Nathan Vanos	RS-FR	Mead, WA (Saint George's)
Mason Villarma	RS-SO	Port Orchard, WA (South Kitsap)
Graham Wendle	RS-JR	Bellevue, WA (Bellevue)

## Coaching Staff

**Head Coach:** Pat Tyson (10th season), Oregon, 1973

**Assistant Coaches:** Luke Kopnick and Todd Wakefield

## Roster Breakdown by State

**Washington (17):** Beard, Fishburn, Goodwin, Guermali, P. Hogan, Q. Kopczynski, S. Kopczynski, Manley, McEachern, McCloughan, O'Leary, Pearce, Quintana, Sandoval, Simpson, Vanos, Villarma, Wendle

**Oregon (9):** Arce, Eastwood, Pollard, Roche, Rzewnicki, D. Thompson, K. Thompson, W. Thompson, Truax

**California (5):** Bradley, Clusserath, Gagnon, Kaderabek, Munoz-Maines

**Montana (2):** Fraley, Perrin

**Arizona (1):** Sicalo

**Colorado (1):** B. Hogan

**New Mexico (1):** Heffelfinger

**Wyoming (1):** Smith

## Roster Breakdown by Class

**Senior (5):** Fraley, Goodwin, Kaderabek, Quintana, Smith

**Junior (9):** Eastwood, S. Kopczynski, Manley, Pearce, Pollard, Roche, K. Thompson, W. Thompson, Wendle

**Sophomore (5):** Gagnon, O'Leary, Perrin, Truax, Villarma

**Freshman (18):** Arce, Bradley, Clusserath, Fishburn, Guermali, Heffelfinger, B. Hogan, P. Hogan, Q. Kopczynski, Mason, McEachern, McCloughan, Munoz-Maines, Rzewnicki, Sandoval, Simpson, D. Thompson, Vanos

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## Women's Performance List

Date	Event	GU Place	Teams (Runners)	GU Finishers					Tot.
				1	2	3	4	5	
Sept. 1	Clash of the Inland NW	3rd	4 (88)	1	11	14	17	21	64
Sept. 17	Gonzaga/Idaho Dual	2nd	2 (36)	1	7	10	11	12	41
Sept. 30	Montana Invitational	3rd	3 (33)	1	5	10	12	13	41
Oct. 15	NCAA Pre Nationals	14th	25 (165)	5	39	65	87	105	301
Oct. 15	Inland Empire Championships	5th	5 (50)	21	22	25	27	28	123
Oct. 28	WCC Championships	4th	10 (82)	4	26	27	38	44	139
Nov. 11	NCAA Western Regional	16th	35 (238)	39	70	100	127	151	487

### Individuals

<b>JENNY ALBRECHT</b>			<b>KELLY GILBERT</b>			22	Montana Invitational	24:17.6	
1	Clash of the Inland Northwest	15:22.1	27	Clash of the Inland Northwest	15:24.0	36	Inland Empire	19:10	
22	Gonzaga vs Idaho	20:10.0	16	Gonzaga vs Idaho	19:26.8				
8	Montana Invitational	25:15.5	30	Montana Invitational	25:31.4				
32	Inland Empire	19:03	35	Inland Empire	19:09				
<b>EMILY ANDERSON</b>			<b>MEGAN GLENSKI</b>			24	Clash of the Inland Northwest	15:21.5	
46	Clash of the Inland Northwest	16:29.6	30	Clash of the Inland Northwest	15:28.8	20	Gonzaga vs Idaho	19:55.5	
32	Gonzaga vs Idaho	21:00.6	21	Gonzaga vs Idaho	19:59.3	19	Montana Invitational	23:56.5	
38	Inland Empire	19:17	33	Montana Invitational	26:21.2	135	ISU Pre-National Invitational	23:43.2	
<b>LAUREN BOURGEOIS</b>			28	Inland Empire	18:47	64	WCC Championships	24:25.6	
23	Clash of the Inland Northwest	15:17.3	<b>SARAH HAWLEY</b>						
12	Gonzaga vs Idaho	19:10.3	44	Clash of the Inland Northwest	16:17.3				
13	Montana Invitational	23:24.3	24	Gonzaga vs Idaho	20:18.7				
49	WCC Championships	23:28.4	29	Montana Invitational	25:21.1				
151	NCAA Western Regionals	22:19.3	<b>JULIE HENLING</b>						
<b>MICHAELA BRUNS</b>			17	Clash of the Inland Northwest	14:53.1				
40	Clash of the Inland Northwest	16:01.0	15	Gonzaga vs Idaho	19:25.9				
35	Gonzaga vs Idaho	21:12.6	18	Montana Invitational	23:52.9	1	Clash of the Inland Northwest	13:40.6	
49	Inland Empire	20:37	106	ISU Pre-National Invitational	23:13.4	29	Gonzaga vs Idaho	20:47.0	
<b>MEGAN CHUCKA</b>			42	WCC Championships	23:09.2	31	Inland Empire	19:01	
26	Clash of the Inland Northwest	15:22.8	127	NCAA Western Regionals	22:00.2				
18	Gonzaga vs Idaho	19:41.0	<b>AMANDA KIEFER</b>						
<b>EMILY COIC</b>			31	Clash of the Inland Northwest	15:30.2				
49	Clash of the Inland Northwest	16:42.1	26	Montana Invitational	24:52.2				
27	Gonzaga vs Idaho	20:30.2	22	Inland Empire	18:31				
36	Inland Empire	19:15	53	WCC Championships	23:43.1				
<b>KATY CULVER</b>			174	NCAA Western Regionals	22:41.9				
11	Gonzaga vs Idaho	18:59.3	<b>JUSTINE LINNEMAN</b>						
10	Montana Invitational	23:04.4	48	Inland Empire	20:23				
66	ISU Pre-National Invitational	22:35.3	<b>CLAIRE MANLEY</b>						
30	WCC Championships	22:25.6	38	Clash of the Inland Northwest	15:59.2				
100	NCAA Western Regionals	21:38.8	25	Gonzaga vs Idaho	20:24.7				
<b>MEGAN DILLON</b>			44	Inland Empire	19:59				
53	Clash of the Inland Northwest	17:43.6	<b>JESSICA MILDES</b>						
<b>OLIVIA EVANS</b>			11	Clash of the Inland Northwest	14:31.7				
14	Clash of the Inland Northwest	14:42.3	5	Montana Invitational	22:17.1				
7	Gonzaga vs Idaho	18:36.4	40	ISU Pre-National Invitational	22:13.1				
12	Montana Invitational	23:20.7	29	WCC Championships	22:25.0				
88	ISU Pre-National Invitational	22:56.8	70	NCAA Western Regional	21:09.5				
57	WCC Championships	23:57.2	<b>EMMA MORRIS</b>						
167	NCAA Western Regionals	22:37.0	42	Clash of the Inland Northwest	16:06.5				
<b>MOLLY FOSTER</b>			31	Gonzaga vs Idaho	21:00.0				
33	Gonzaga vs Idaho	21:03.5	43	Inland Empire	19:37				
<b>CLAREN FRAHER</b>			<b>AIMEE PIERCY</b>						
17	Gonzaga vs Idaho	19:35.2	43	Clash of the Inland Northwest	16:15.7				
31	Montana Invitational	25:48.6	<b>MONICA RIPPLE</b>						
39	Inland Empire	19:21	34	Clash of the Inland Northwest	15:46.5				
			18	Gonzaga vs Idaho	19:49.0				
						<b>ANNA RUTHVEN</b>			
						24	Clash of the Inland Northwest	15:21.5	
						20	Gonzaga vs Idaho	19:55.5	
						19	Montana Invitational	23:56.5	
						135	ISU Pre-National Invitational	23:43.2	
						64	WCC Championships	24:25.6	
						<b>LAUREN SAUNDERS</b>			
						50	Clash of the Inland Northwest	16:47.4	
						<b>HANNAH SEIDL</b>			
						52	Clash of the Inland Northwest	17:03.2	
						34	Gonzaga vs Idaho	21:11.9	
						<b>ELENA SLAVOSKI</b>			
						1	Clash of the Inland Northwest	13:40.6	
						29	Gonzaga vs Idaho	20:47.0	
						31	Inland Empire	19:01	
						<b>BRAZEE SMITH</b>			
						47	Clash of the Inland Northwest	16:32.5	
						28	Gonzaga vs Idaho	20:33.4	
						<b>MELANIE STRALEN</b>			
						50	Inland Empire	21:08	
						<b>MOLLY STROOSMA</b>			
						37	Clash of the Inland Northwest	15:57.9	
						30	Gonzaga vs Idaho	20:50.1	
						47	Inland Empire	20:15	
						<b>CLAIRE SWAFFORD</b>			
						29	Clash of the Inland Northwest	15:28.7	
						13	Gonzaga vs Idaho	19:20.4	
						<b>JORDAN THURSTON</b>			
						1	Clash of the Inland Northwest	13:40.6	
						1	Gonzaga vs Idaho	17:32.8	
						1	Montana Invitational	21:09.2	
						6	ISU Pre-National Invitational	21:07.5	
						4	WCC Championships	20:58.7	
						39	NCAA Western Regional	20:31.0	
						<b>BRIANNA VASQUEZ</b>			
						36	Gonzaga vs Idaho	22:26.3	
						<b>SAMMY VOWLES</b>			
						51	Clash of the Inland Northwest	17:00.2	
						<b>KATE WAGNER</b>			
						41	Clash of the Inland Northwest	16:05.2	
						26	Gonzaga vs Idaho	20:25.4	
						23	Inland Empire	18:34	
						70	WCC Championships	24:40.4	

# 2017 Gonzaga Cross Country Prospectus - Page 5

## Men's Performance List

Date	Event	GU Place	Teams (Runners)	GU Finishers					Tot.
				1	2	3	4	5	
Sept. 1	Clash of the Inland NW	1st	4 (93)	1	3	4	8	10	26
Sept. 17	Gonzaga/Idaho Dual	1st	2 (35)	1	2	5	7	8	23
Sept. 30	Montana Invitational	1st	4 (48)	2	5	6	7	8	28
Oct. 15	NCAA Pre Nationals	31st	41 (268)	62	122	127	222	229	762
Oct. 15	Inland Empire Championships	2nd	5 (45)	6	8	14	19	22	69
Oct. 28	WCC Championships	4th	10 (76)	15	23	26	27	32	123

### Individuals

<b>MITCHELL BEARD</b>			6	Montana Invitational	26:00.0	60	NCAA Western Regionals	30:49.3
31	Clash of the Inland Northwest	19:35.4	43	WCC Championships	26:23.5			
22	Gonzaga vs Idaho	26:28.1	117	NCAA Western Regionals	32:18.2	<b>DEVIN ROCHE</b>		
19	Montana Invitational	27:00.0				56	Clash of the Inland Northwest	21:21.0
38	Inland Empire	26:14				43	Inland Empire	27:21
<b>STEFAN BRADLEY</b>			<b>KELLEN MANLEY</b>			<b>JERRY SICALO</b>		
20	Clash of the Inland Northwest	19:18.0	10	Clash of the Inland Northwest	18:53.4	26	Clash of the Inland Northwest	19:27.0
30	Gonzaga vs Idaho	26:45.9	7	Montana Invitational	26:04.0	9	Gonzaga vs Idaho	25:42.8
28	Montana Invitational	27:32.3	222	ISU Pre-National Invitational	26:15.6	25	Montana Invitational	26:26.2
33	Inland Empire	25:59	36	WCC Championships	26:00.0	27	Inland Empire	25:29
<b>COBY EASTWOOD</b>			<b>CONOR MCCANDLESS</b>			<b>KINSLEY SMITH</b>		
53	Clash of the Inland Northwest	20:30.5	13	Clash of the Inland Northwest	19:00.7	50	Clash of the Inland Northwest	20:27.0
28	Gonzaga vs Idaho	26:38.0				24	Gonzaga vs Idaho	26:29.3
34	Montana Invitational	27:44.3				35	Montana Invitational	27:50.3
30	Inland Empire	25:39				25	Inland Empire	25:25
<b>ZAC GARRARD</b>			<b>HENRY MORRIS</b>			<b>FOREST TARBATH</b>		
46	Clash of the Inland Northwest	20:08.9	49	Clash of the Inland Northwest	20:24.6	32	Clash of the Inland Northwest	19:38.5
27	Gonzaga vs Idaho	26:37.7	33	Gonzaga vs Idaho	27:10.3			
26	Montana Invitational	27:30.5	14	Inland Empire	25:09	<b>KYLE THOMPSON</b>		
22	Inland Empire	25:21				11	Montana vs Gonzaga	26:12.7
<b>IAN GOLDIZEN</b>			<b>CIARAN O'LEARY</b>			231	ISU Pre-National Invitational	26:25.4
29	Clash of the Inland Northwest	19:32.8	22	Clash of the Inland Northwest	19:21.9	44	WCC Championships	26:28.3
20	Gonzaga vs Idaho	26:18.3	40	Montana Invitational	28:23.7			
14	Montana Invitational	26:38.9	24	Inland Empire	25:24	<b>SAMMY TRUAX</b>		
8	Inland Empire	24:48				28	Clash of the Inland Northwest	19:31.7
41	WCC Championships	26:15.4				12	Gonzaga vs Idaho	25:51.8
87	NCAA Western Regionals	31:41.0				33	Montana Invitational	27:43.0
<b>SUMNER GOODWIN</b>			<b>BRANDON POLLARD</b>			19	Inland Empire	25:16
31	WCC Championships	25:40.7	17	Gonzaga vs Idaho	26:08.3	<b>GRAHAM WENDLE</b>		
<b>MAX KADERABEK</b>			31	Montana Invitational	27:40.4	23	Gonzaga vs Idaho	26:28.8
2	Clash of the Inland Northwest	18:36.9	36	Inland Empire	26:10	38	Montana Invitational	28:02.5
2	Gonzaga vs Idaho	24:52.2				40	Inland Empire	26:19
2	Montana Invitational	25:25.6	<b>QUENTIN PURTZER</b>					
62	ISU Pre-National Invitational	24:59.1	14	Gonzaga vs Idaho	25:52.7			
25	WCC Championships	25:22.3	41	Montana Invitational	28:33.1			
51	NCAA Western Regionals	30:45.4	6	Inland Empire	24:31			
<b>SCOTT KOPCZYNSKI</b>			53	WCC Championships	26:42.2			
5	Clash of the Inland Northwest	18:44.6	<b>DILLON QUINTANA</b>					
3	Gonzaga vs Idaho	25:00.1	6	Clash of the Inland Northwest	18:48.7			
			122	ISU Pre-National Invitational	25:24.7			
			16	WCC Championships	25:04.6			

# 2017 Gonzaga Cross Country Prospectus - Page 6

## 2016 RESULTS

### CLASH OF THE INLAND NORTHWEST

SEPT. 1 | MOSCOW, IDAHO

WOMEN- 3RD, MEN- 1ST

HOSTED BY UNIVERSITY OF IDAHO

#### Women's Individual Finishes:

1	Jordan Thurston	13:40.6
11	Jessica Mildes	14:31.7
14	Olivia Evans	14:42.3
17	Julie Henling	14:53.1
23	Lauren Bourgeois	15:17.3

#### Men's Individual Finishes:

2	Max Kaderabek	18:36.9
5	Scott Kopczynski	18:44.6
6	Dillon Quintana	18:48.7
10	Kellen Manley	18:53.4
13	Conor McCandless	19:00.7

### GONZAGA / IDAHO DUAL

SEPT. 17 | SPOKANE

WOMEN- 2ND, MEN- 1ST

HOSTED BY GONZAGA UNIVERSITY

#### Women's Individual Finishes:

1	Jordan Thurston	17:32.8
7	Olivia Evans	18:36.4
11	Katy Culver	18:59.3
12	Lauren Bourgeois	19:10.3
13	Claire Swafford	19:20.4

#### Men's Individual Finishes:

2	Max Kaderabek	24:52.2
3	Scott Kopczynski	25:00.1
9	Jerry Sicalo	25:42.8
12	Sammy Truax	25:51.8
14	Quentin Purtzer	25:52.7

### MONTANA INVITATIONAL

SEPT. 30 | MISSOULA, MONT.

WOMEN- 3RD, MEN- 1ST

HOSTED BY UNIVERSITY OF MONTANA

#### Women's Individual Finishes:

1	Jordan Thurston	21:09.2
5	Jessica Mildes	22:17.1
10	Katy Culver	23:04.4
12	Olivia Evans	23:20.7
13	Lauren Bourgeois	23:24.3

#### Men's Individual Finishes:

2	Max Kaderabek	25:25.6
5	Sumner Goodwin	25:52.1
6	Scott Kopczynski	26:00.0
7	Kellen Manley	26:04.0
8	Jake Perrin	26:08.3

### NCAA PRE NATIONALS

OCT. 15 | TERRE HAUTE, IND.

WOMEN- 14TH, MEN- 31ST

HOSTED BY INDIANA STATE UNIVERSITY

#### Women's Individual Finishes:

6	Jordan Thurston	21:07.5
40	Jessica Mildes	22:13.1
66	Katy Culver	22:35.3
88	Olivia Evans	22:56.8
106	Julie Henling	23:13.4

#### Men's Individual Finishes:

62	Max Kaderabek	24:59.1
122	Dillon Quintana	25:24.7
127	Jake Perrin	25:26.7
222	Kellen Manley	26:15.6
229	Kyle Thompson	26:25.5

### INLAND EMPIRE CHAMPIONSHIPS

OCT. 15 | LEWISTON, IDAHO

WOMEN- 5TH, MEN- 2ND

HOSTED BY LEWIS-CLARK STATE COLLEGE

#### Women's Individual Finishes:

35	Amanda Kiefer	18:34
37	Kate Wagner	18:37
47	Megan Glenski	18:50
56	Elena Slavoski	19:04
57	Jenny Albrecht	19:06

#### Men's Individual Finishes:

6	Quentin Purtzer	24:35
8	Ian Goldizen	24:52
14	Henry Morris	25:13
19	Sammy Truax	25:20
22	Zac Garrard	25:25

### WCC CHAMPIONSHIPS

OCT. 28 | SAN DIEGO, CALIF.

WOMEN- 4TH, MEN- 4TH

HOSTED BY USD AND WEST COAST CONFERENCE

#### Women's Individual Finishes:

4	Jordan Thurston	20:58.7
29	Jessica Mildes	22:25.0
30	Katy Culver	22:25.6
42	Julie Henling	23:09.2
49	Lauren Bourgeois	23:28.4

#### Men's Individual Finishes:

16	Dillon Quintana	25:04.6
25	Max Kaderabek	25:22.3
30	Jake Perrin	25:34.4
31	Sumner Goodwin	25:40.7
36	Kellen Manley	26:00.0

### NCAA WEST REGIONALS

NOV. 11 | SACRAMENTO, CALIF.

WOMEN- 16TH, MEN- 12TH

HOSTED BY SACRAMENTO STATE

#### Women's Individual Finishes:

40	Jordan Thurston	20:31.0
71	Jessica Mildes	21:09.5
102	Katy Culver	21:38.8
131	Julie Henling	22:00.2
156	Lauren Bourgeois	22:19.3

#### Men's Individual Finishes:

52	Max Kaderabek	30:45.4
61	Dillon Quintana	30:49.3
63	Jake Perrin	30:51.7
82	Kellen Manley	31:37.5
88	Ian Goldizen	31:41.0

## PROGRAM BEST TIMES

### WOMEN

#### 4,000 METERS

1.	Jordan Thurston	Jr	13:40.6	Clash of the Inland Northwest	9/1/2016
2.	Julie Henling	RSo	13:58.9	Clash of the Inland Northwest	9/1/2015
3.	Amelia Evans	Sr	14:05.0	Clash of the Inland Northwest	9/1/2015
4.	Lindsey Drake	RSr	14:11.2	Clash of the Inland Northwest	9/1/2012
5.	Emily Thomas	RJr	14:16.6	Clash of the Inland Northwest	9/1/2012
6.	Maggie Jones	So	14:20.5	Clash of the Inland Northwest	9/1/2012
7.	Olivia Evans	So	14:29.7	Clash of the Inland Northwest	9/1/2015
8.	Jessica Mildes	Sr	14:31.7	Clash of the Inland Northwest	9/1/2016
9.	Lauren Bergam	RSr	14:35.0	Clash of the Inland Northwest	8/31/2013
10.	Zoe Urcadez	Jr	14:38.8	Clash of the Inland Northwest	8/30/2014

#### 5,000 METERS

1.	Amelia Evans	Jr	16:52.0	Inland Empire Classic	10/18/2014
2.	Shelby Mills	Sr	16:56	Inland Empire Challenge	10/17/2015
3.	Jessica Mildes	Jr	16:57	Inland Empire Challenge	10/17/2015
4.	Jordan Thurston	So	17:06	Inland Empire Challenge	10/17/2015
5.	Lindsey Drake	RSr	17:13.0	Bill Dellinger Invitational	9/29/2012
6.	Cheska Fairbanks	So	17:15.0	NCAA Region VIII	11/16/1996
7.	Emily Thomas	Rso	17:23.5	Inland Northwest Classic	10/14/2011
8.	Lauren Bergam	RJr	17:35.0	Bill Dellinger Invitational	9/29/2012
9.	Maggie Jones	So	17:36.0	Bill Dellinger Invitational	9/29/2012
10.	Erin Bergmann	RJr	17:38.0	Inland Empire Classic	10/18/2014

#### 6,000 METERS

1.	Shelby Mills	Jr	20:06.1	West Coast Conference Championship	11/1/2014
2.	Jessica Mildes	Jr	20:25.3	Washington Invitational	10/2/2015
3.	Amelia Evans	Jr	20:29.2	West Coast Conference Championship	11/1/2014
4.	Jordan Thurston	So	20:30.5	Washington Invitational	10/2/2015
5.	Emily Thomas	RJr	20:45.0	NCAA West Regional	11/9/2012
6.	Lindsey Drake	RSr	20:49.8	West Coast Conference Championship	10/27/2012
7.	Lauren Bergam	RSr	20:53.0	NCAA West Regional	11/15/2013
8.	Maggie Jones	Jr	21:01.0	NCAA West Regional	11/15/2013
9.	Julie Henling	So	21:21.6	Bill Dellinger Invitational	9/11/2015
10.	Alison Fraher	Jr	21:25.0	NCAA West Regional	11/15/2013

### MEN

#### 8,000 METERS

1.	Wille Milam	23:32	Inland Empire Classic	2013
2.	Troy Fraley	23:39	Washington Invitational	2015
3.	Nick Roche	23:51	West Coast Conference Championships	2014
4.	Kyle Branch	23:57	Washington Invitational	2015
5.	Matthew Crichlow	24:04	Washington Invitational	2015
6.	Tate Kelly	24:12	West Coast Conference Championships	2012
7.	Vince Hamilton	24:13	Washington Invitational	2015
8.	Scott Kopczynski	24:14	Washington Invitational	2015
9.	Colin O'Neil	24:15	Inland Empire Classic	2014
10.	Danny Lunder	24:26	West Coast Conference Championships	2014

#### 10,000 METERS

1.	Troy Fraley	30:16.1	NCAA Western Regionals	Nov. 14, 2014	Palo Alto, Calif.
2.	Nick Roche	30:16.8	NCAA Western Regionals	Nov. 14, 2014	Palo Alto, Calif.
3.	Willie Milam	30:35	NCAA Western Regionals	Nov. 15, 2013	Sacramento, Calif.
4.	Chris Boyle	30:41	NCAA Western Regionals	Nov. 13, 2010	Springfield, Ore.
5.	Colin O'Neil	30:44	NCAA Western Regionals	Nov. 14, 2014	Palo Alto, Calif.
6.	Max Kaderabek	30:45	NCAA Western Regionals	Nov. 11, 2016	Sacramento, Calif.
7.	Dillon Quintana	30:49	NCAA Western Regionals	Nov. 11, 2016	Sacramento, Calif.
8.	Jake Perrin	30:51	NCAA Western Regionals	Nov. 11, 2016	Sacramento, Calif.
9.	Kyle Branch	30:55	NCAA Western Regionals	Nov. 14, 2014	Palo Alto, Calif.
10.	Tate Kelly	30:59	NCAA Western Regionals	Nov. 9, 2012	Seattle, Wash.