

### Men Outdoor By Event

#### 800 meters

1:51.76	Kinsly Smith	4/1, UCLA
1:52.20	Kinsly Smith	4/7, WAR
1:54.03	Kinsly Smith	5/12, POR
1:54.28	Zac Garrard	4/7, WAR
1:54.41	Brandon Pollard	5/12, POR
1:55.29	Kinsly Smith	3/23, SAM
1:55.76	Troy Fraley	3/23, SAM
1:56.62	Scott Kopczynski	3/23, SAM
1:56.87	Kinsly Smith	4/13, CLAY
1:56.91	Sumner Goodwin	4/21, SPO
1:57.15	Sammy Truax	3/23, SAM
1:57.42	Brandon Pollard	4/21, SPO
1:57.72	Sumner Goodwin	3/23, SAM
1:57.85	Zac Garrard	3/18, BUC
1:58.21	Kinsly Smith	4/21, SPO
1:58.80	Nathan Vanos	4/29, COUG
2:01.70	Nathan Vanos	3/23, SAM
2:02.38	Forest Tarbath	3/23, SAM
2:05.63	Jerry Sicalo	3/18, BUC
2:08.81	Max Kaderabek	3/23, SAM

#### 1500 meters

3:50.12	Zac Garrard	4/13, CLAY
3:50.65	Scott Kopczynski	4/29, COUG
3:51.53	Scott Kopczynski	4/21, SPO
3:52.44	Zac Garrard	4/29, COUG
3:52.45	Conor McCandless	4/21, SPO
3:52.94	Troy Fraley	4/7, WAR
3:52.99	Troy Fraley	3/23, SAM
3:53.31	Jake Perrin	3/23, SAM
3:53.54	Conor McCandless	4/29, COUG
3:54.02	Kyle Thompson	4/13, CLAY
3:54.56	Kyle Thompson	4/1, UCLA
3:54.91	Ian Goldizen	4/13, CLAY
3:55.69	Conor McCandless	3/18, BUC
3:55.93	Sumner Goodwin	3/23, SAM
3:56.40	Zac Garrard	3/18, BUC
3:56.80	Zac Garrard	5/12, POR
3:56.97	Jerry Sicalo	4/13, CLAY
3:57.40	Jake Perrin	4/7, WAR
3:57.40	Kyle Thompson	3/23, SAM
3:58.30	Mitchell Beard	4/29, COUG
3:58.40	Mitchell Beard	4/13, CLAY
3:58.73	Scott Kopczynski	4/7, WAR
3:58.79	Sumner Goodwin	4/29, COUG
3:59.56	Brandon Pollard	4/13, CLAY
3:59.95	Conor McCandless	3/23, SAM
4:00.00	Stefan Bradley	4/29, COUG
4:00.01	Mitchell Beard	5/12, POR
4:00.79	Stefan Bradley	4/21, SPO
4:00.86	Jerry Sicalo	4/7, WAR
4:01.17	Jerry Sicalo	4/29, COUG
4:01.54	Mitchell Beard	4/7, WAR
4:01.65	Mitchell Beard	3/18, BUC

4:02.37	Scott Kopczynski	3/23, SAM
4:02.65	Jerry Sicalo	5/12, POR
4:02.76	Ian Goldizen	3/23, SAM
4:02.77	Henry Morris	4/29, COUG
4:02.97	Mitchell Beard	3/23, SAM
4:03.72	Forest Tarbath	3/23, SAM
4:04.79	Bennett Gagnon	3/23, SAM
4:04.85	Kinsly Smith	3/18, BUC
4:04.95	Max Kaderabek	4/21, SPO
4:04.95	Forest Tarbath	4/7, WAR
4:05.12	Nathan Vanos	5/12, POR
4:05.67	Nathan Vanos	4/7, WAR
4:05.75	Max Kaderabek	3/23, SAM
4:06.26	Alex Heffelfinger	4/29, COUG
4:06.81	Brandon Pollard	4/29, COUG
4:07.54	Max Kaderabek	4/7, WAR
4:08.72	Jerry Sicalo	3/18, BUC
4:09.28	Jerry Sicalo	3/23, SAM
4:10.53	Philip Fishburn	3/23, SAM
4:10.55	Nathan Vanos	3/23, SAM
4:13.07	Brandon Pollard	4/7, WAR
4:13.35	Nathan Vanos	3/18, BUC
4:14.84	Phillip Fishburn	4/7, WAR
4:17.45	Bennett Gagnon	4/7, WAR
4:31.29	Devin Roche	3/23, SAM

#### Mile

4:05.62	Zac Garrard	4/1, UCLA
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#### 3000 meters

8:31.57	Ian Goldizen	4/29, COUG
8:36.25	Kyle Thompson	4/29, COUG
8:45.50	Phillip Fishburn	4/29, COUG
8:48.67	Bennett Gagnon	4/29, COUG
8:49.99	Hunter Simpson	4/29, COUG
8:50.33	Ciaran O'Leary	4/29, COUG
8:54.13	William Thompson	4/29, COUG
9:08.06	Coby Eastwood	4/29, COUG

#### 5000 meters

13:57.58	Troy Fraley	5/12, POR
14:04.82	Jake Perrin	4/1, UCLA
14:09.16	Scott Kopczynski	4/1, UCLA
14:12.35	Sumner Goodwin	4/1, UCLA
14:22.26	Max Kaderabek	4/1, UCLA
14:23.12	Troy Fraley	4/21, SPO
14:26.07	Conor McCandless	4/13, SAC
14:29.39	Scott Kopczynski	5/12, POR
14:33.26	Bennett Gagnon	4/1, UCLA
14:33.30	Jake Perrin	5/12, POR
14:34.48	Kyle Thompson	5/12, POR
14:38.70	Dillon Quintana	5/12, POR
14:47.59	Dillon Quintana	4/21, SPO
14:47.75	Jake Perrin	3/18, BUC
14:47.76	Sumner Goodwin	3/18, BUC
14:47.78	Scott Kopczynski	3/18, BUC
14:49.53	Kyle Thompson	4/21, SPO



14:49.60	Kyle Thompson	4/7, WAR
14:49.65	Conor McCandless	4/7, WAR
14:52.24	Bennett Gagnon	3/18, BUC
14:52.25	Max Kaderabek	3/18, BUC
14:52.38	Ian Goldizen	5/12, POR
14:52.49	Phillip Fishburn	4/21, SPO
14:57.04	Stefan Bradley	5/12, POR
14:57.10	Ian Goldizen	4/21, SPO
15:00.72	Coby Eastwood	5/12, POR
15:00.78	Hunter Simpson	4/21, SPO
15:03.49	Sammy Truax	4/7, WAR
15:03.54	Stefan Bradley	3/23, SAM
15:07.54	Jerry Sicalo	4/21, SPO
15:07.98	Ciaran O'Leary	4/21, SPO
15:09.10	Forest Tarbath	3/18, BUC
15:10.99	Dillon Quintana	4/7, WAR
15:12.64	Coby Eastwood	4/7, WAR
15:13.52	Hunter Simpson	3/23, SAM
15:14.24	Coby Eastwood	3/23, SAM
15:14.46	Ciaran O'Leary	3/23, SAM
15:17.46	William Thompson	4/21, SPO
15:18.86	Daniel Thompson	4/21, SPO
15:19.71	Henry Morris	4/7, WAR
15:21.74	Coby Eastwood	4/21, SPO
15:23.22	Daniel Thompson	5/12, POR
15:23.88	Kyle Thompson	3/18, BUC
15:25.79	Stefan Bradley	4/7, WAR
15:30.76	Coby Eastwood	3/18, BUC
15:37.76	Ian Goldizen	3/18, BUC
15:39.37	Hunter Simpson	3/18, BUC
15:47.79	Mitchell Beard	4/21, SPO
15:48.46	Stefan Bradley	4/13, CLAY
15:54.22	Forest Tarbath	4/21, SPO
15:55.13	Nathan Vanos	4/21, SPO
16:39.66	Devin Roche	3/18, BUC
16:40.17	Devin Roche	4/7, WAR

#### 10000 meters

29:54.06	Sumner Goodwin	4/13, SAC
29:57.53	Max Kaderabek	5/12, POR
30:04.06	Troy Fraley	4/13, SAC
30:10.68	Max Kaderabek	4/13, SAC
30:14.81	Jake Perrin	4/13, SAC
30:27.62	Scott Kopczynski	4/13, SAC
30:35.61	Philip Fishburn	4/1, UCLA
30:37.38	Philip Fishburn	5/12, POR
30:49.05	Dillon Quintana	4/13, SAC
31:02.75	Forest Tarbath	4/1, UCLA
31:06.06	Philip Fishburn	4/13, SAC
31:06.39	Hunter Simpson	5/12, POR
31:27.11	Ciaran O'Leary	5/12, POR
31:33.72	Hunter Simpson	4/7, WAR
31:34.61	William Thompson	5/12, POR
31:43.28	Forest Tarbath	4/13, SAC
31:44.57	William Thompson	4/7, WAR
31:55.70	Philip Fishburn	3/18 BUC
32:15.26	Ciaran O'Leary	4/7, WAR
32:25.80	Ciaran O'Leary	3/18 BUC

#### 3000 Steeplechase

8:39.30	Troy Fraley	5/5, JPI
8:45.14	Troy Fraley	4/1, UCLA
9:04.36	Troy Fraley	3/18 BUC

9:05.13	Sammy Truax	5/12, POR
9:14.75	Henry Morris	5/12, POR
9:16.89	Henry Morris	4/1, UCLA
9:17.32	Henry Morris	4/13, CLAY
9:18.95	Alex Heffelfinger	
9:19.12	Sammy Truax	4/1, UCLA
9:24.56	Henry Morris	4/21, SPO
9:27.24	Alex Heffelfinger	4/13, CLAY
9:29.33	Alex Heffelfinger	4/7, WAR
9:35.87	Sammy Truax	4/13, SAC
9:39.25	Henry Morris	3/23, SAM
9:39.37	Henry Morris	3/18 BUC
9:41.15	Alex Heffelfinger	4/21, SPO
9:42.47	Alex Heffelfinger	3/18 BUC
9:43.27	Sammy Truax	4/21, SPO
9:44.46	Sammy Truax	3/18 BUC
9:44.61	Alex Heffelfinger	3/23, SAM
9:50.74	Stefan Bradley	3/18 BUC
10:08.12	Daniel Thompson	3/18 BUC
10:08.64	Daniel Thompson	4/7, WAR
10:11.49	Daniel Thompson	4/29, COUG

### Men Outdoor By Individual

#### Mitchell Beard

3/18	Buc Scoring Meet	1500m	4:01.65	6
3/23	Sam Adams Classic	1500m	4:02.97	14
4/7	WAR 10	1500m	4:01.54	10
4/13	Bryan Clay Invite	1500m	3:58.40	166
4/21	Spokane Memorial	5000m	15:47.79	25
4/29	Cougar Invitational	1500m	3:58.30	4
5/12	Portland Twilight	1500m	4:00.01	31

#### Stefan Bradley

3/18	Buc Scoring Meet	3000 Steeple	9:50.74	8
3/23	Sam Adams Classic	5000m	15:03.54	1
4/7	WAR 10	5000m	15:25.79	7
4/13	Bryan Clay Invite	5000m	15:48.46	20
4/21	Spokane Memorial	1500m	4:00.79	3
4/29	Cougar Invitational	1500m	4:00.00	10
5/12	Portland Twilight	5000m	14:57.04	22

#### Coby Eastwood

3/18	Buc Scoring Meet	5000m	15:30.76	15
3/23	Sam Adams Classic	5000m	15:14.24	5
4/7	WAR 10	5000m	15:12.64	5
4/21	Spokane Memorial	5000m	15:21.74	20
4/29	Cougar Invitational	3000m	9:08.06	12
5/12	Portland Twilight	5000m	15:00.72	25

#### Phillip Fishburn

3/18	Buc Scoring Meet	10000m	31:55.70	1
3/23	Sam Adams Classic	1500m	4:10.53	24
4/1	UCLA Legends Invite	10000m	30:35.61	5
4/7	WAR 10	1500m	4:14.84	27
4/13	Mt. SAC Relays	10000m	31:06.06	22
4/21	Spokane Memorial	5000m	14:52.49	5
4/29	Cougar Invitational	3000m	8:45.50	3
5/12	Portland Twilight	10000m	30:37.38	8

#### Troy Fraley

3/18	Buc Scoring Meet	3000 Steeple	9:04.36	1
3/23	Sam Adams Classic	800m	1:55.76	2
3/23	Sam Adams Classic	1500m	3:52.99	1



4/1	UCLA Legends Invite	3000 Steeple	8:45.14	2
4/7	WAR 10	1500m	3:52.94	1
4/13	Mt. SAC Relays	10000m	30:04.06	44
4/21	Spokane Memorial	5000m	14:23.12	1
5/5	Jordan Payton Invite	3000 Steeple	8:39.30	4
5/12	Portland Twilight	5000m	13:57.58	1

#### **Bennett Gagnon**

3/18	Buc Scoring Meet	5000m	14:52.24	9
3/23	Sam Adams Classic	1500m	4:04.79	17
4/1	UCLA Legends Invite	5000m	14:33.26	13
4/7	WAR 10	1500m	4:17.45	31
4/29	Cougar Invitational	3000m	8:48.67	4

#### **Zac Garrard**

3/18	Buc Scoring Meet	800m	1:57.85	2
3/18	Buc Scoring Meet	1500m	3:56.40	2
4/1	UCLA Legends Invite	Mile	4:05.62	5
4/7	WAR 10	800m	1:54.28	2
4/13	Bryan Clay Invite	1500m	3:50.12	84
4/29	Cougar Invitational	1500m	3:52.44	2
5/12	Portland Twilight	1500m	3:56.80	25

#### **Ian Goldizen**

3/18	Buc Scoring Meet	1500m	15:37.76	16
3/23	Sam Adams Classic	1500m	4:02.76	13
4/13	Bryan Clay Invite	1500m	3:54.91	122
4/21	Spokane Memorial	5000m	14:57.10	8
4/29	Cougar Invitational	3000m	8:31.57	1
5/12	Portland Twilight	5000m	14:52.38	17

#### **Sumner Goodwin**

3/18	Buc Scoring Meet	5000m	14:47.76	2
3/23	Sam Adams Classic	800m	1:57.62	7
3/23	Sam Adams Classic	1500m	3:55.93	3
4/1	UCLA Legends Invite	5000m	14:12.35	8
4/13	Mt. SAC Relays	10000m	29:54.06	38
4/21	Spokane Memorial	800m	1:56.91	3
4/29	Cougar Invitational	1500m	3:58.79	7

#### **Alex Heffelfinger**

3/18	Buc Scoring Meet	3000 Steeple	9:42.47	5
3/23	Sam Adams Classic	3000 Steeple	9:44.61	2
4/7	WAR 10	3000 Steeple	9:29.33	3
4/13	Bryan Clay Invite	3000 Steeple	9:27.24	28
4/21	Spokane Memorial	3000 Steeple	9:41.15	4
4/29	Cougar Invitational	1500m	4:06.26	16
5/12	Portland Twilight	3000 Steeple	9:18.95	10

#### **Max Kaderabek**

3/18	Buc Scoring Meet	5000m	14:52.25	5
3/23	Sam Adams Classic	800m	2:08.81	21
3/23	Sam Adams Classic	1500m	4:05.75	19
4/1	UCLA Legends Invite	5000m	14:22.26	12
4/7	WAR 10	1500m	4:07.54	18
4/13	Mt. SAC Relays	10000m	30:10.68	8
4/21	Spokane Memorial	1500m	4:04.95	4
5/12	Portland Twilight	10000m	29:57.53	6

#### **Scott Kopczynski**

3/18	Buc Scoring Meet	5000m	14:47.78	3
3/23	Sam Adams Classic	800m	1:56.62	4
3/23	Sam Adams Classic	1500m	4:02.37	11

4/1	UCLA Legends Invite	5000m	14:09.16	6
4/7	WAR 10	1500m	3:58.73	6
4/13	Mt. SAC Relays	10000m	30:27.62	50
4/21	Spokane Memorial	1500m	3:51.53	1
4/29	Cougar Invitational	1500m	3:50.65	1
5/12	Portland Twilight	5000m	14:29.39	10

#### **Conor McCandless**

3/18	Buc Scoring Meet	1500m	3:55.69	1
3/23	Sam Adams Classic	1500m	3:59.95	7
4/7	WAR 10	5000m	14:49.65	2
4/13	Mt. SAC Relays	5000m	14:26.07	38
4/21	Spokane Memorial	1500m	3:52.41	2
4/29	Cougar Invitational	1500m	3:53.54	3

#### **Henry Morris**

3/18	Buc Scoring Meet	3000 Steeple	9:39.37	4
3/23	Sam Adams Classic	3000 Steeple	9:39.25	1
4/1	UCLA Legends Invite	3000 Steeple	9:16.89	6
4/7	WAR 10	5000m	15:19.71	6
4/13	Bryan Clay Invite	3000 Steeple	9:17.32	20
4/21	Spokane Memorial	3000 Steeple	9:24.56	1
4/29	Cougar Invitational	1500m	4:02.77	13
5/12	Portland Twilight	3000 Steeple	9:14.75	9

#### **Ciaran O'Leary**

3/18	Buc Scoring Meet	10000m	32:25.80	2
3/23	Sam Adams Classic	5000m	15:14.46	6
4/7	WAR 10	10000m	32:15.26	5
4/21	Spokane Memorial	5000m	15:07.98	14
4/29	Cougar Invitational	3000m	8:50.33	7
5/12	Portland Twilight	10000m	31:27.11	11

#### **Jake Perrin**

3/18	Buc Scoring Meet	5000m	14:47.75	1
3/23	Sam Adams Classic	1500m	3:53.31	2
4/1	UCLA Legends Invite	5000m	14:04.82	4
4/7	WAR 10	1500m	3:57.40	2
4/13	Mt. SAC Relays	10000m	30:14.81	47
5/12	Portland Twilight	5000m	14:33.30	13

#### **Brandon Pollard**

4/7	WAR 10	1500m	4:13.07	23
4/13	Bryan Clay Invite	1500m	3:59.56	174
4/21	Spokane Memorial	800m	1:57.42	6
4/29	Cougar Invitational	1500m	4:06.81	17
5/12	Portland Twilight	800m	1:54.41	21

#### **Dillon Quintana**

4/7	WAR 10	5000m	15:10.99	4
4/13	Mt. SAC Relays	10000m	30:49.05	19
4/21	Spokane Memorial	5000m	14:47.59	3
5/12	Portland Twilight	5000m	14:38.70	15

#### **Devin Roche**

3/18	Buc Scoring Meet	5000m	16:39.66	27
3/23	Sam Adams Classic	1500m	4:31.29	41
4/7	WAR 10	5000m	16:40.17	23

#### **Jerry Sicalo**

3/18	Buc Scoring Meet	800m	2:05.63	10
3/18	Buc Scoring Meet	1500m	4:08.72	10
3/23	Sam Adams Classic	1500m	4:09.28	22

## 2017 Performance List



4/7	WAR 10	1500m	4:00.86	8
4/13	Bryan Clay Invite	1500m	3:56.97	144
4/21	Spokane Memorial	5000m	15:07.54	13
4/29	Cougar Invitational	1500m	4:01.17	12
5/12	Portland Twilight	1500m	4:02.65	36

#### Hunter Simpson

3/18	Buc Scoring Meet	5000m	15:39.37	17
3/23	Sam Adams Classic	5000m	15:13.52	4
4/7	WAR 10	10000m	31:33.72	2
4/21	Spokane Memorial	5000m	15:00.78	11
4/29	Cougar Invitational	3000m	8:49.99	5
5/12	Portland Twilight	10000m	31:06.39	31

#### Kinsly Smith

3/18	Buc Scoring Meet	1500m	4:04.85	9
3/23	Sam Adams Classic	800m	1:55.29	1
4/1	UCLA Legends Invite	800m	1:51.76	4
4/7	WAR 10	800m	1:52.20	1
4/13	Bryan Clay Invite	800m	1:56.87	90
4/21	Spokane Memorial	800m	1:58.21	7
5/12	Portland Twilight	800m	1:54.03	16

#### Forest Tarbath

3/18	Buc Scoring Meet	5000m	15:09.10	8
3/23	Sam Adams Classic	800m	2:02.38	13
3/23	Sam Adams Classic	1500m	4:03.72	16
4/1	UCLA Legends Invite	10000m	31:02.75	8
4/7	WAR 10	1500m	4:04.95	13
4/13	Mt. SAC Relays	10000m	31:43.28	29
4/21	Spokane Memorial	5000m	15:54.22	27

#### Daniel Thompson

3/18	Buc Scoring Meet	3000 Steeple	10:08.12	10
4/7	WAR 10	3000 Steeple	10:08.64	7
4/21	Spokane Memorial	5000m	15:18.86	17
5/12	Portland Twilight	5000m	15:23.22	34

#### Kyle Thompson

3/18	Buc Scoring Meet	5000m	15:23.88	10
3/23	Sam Adams Classic	1500m	3:57.40	4
4/1	UCLA Legends Invite	1500m	3:54.56	5
4/7	WAR 10	5000m	14:49.60	1
4/13	Bryan Clay Invite	1500m	3:54.02	110
4/21	Spokane Memorial	5000m	14:49.53	4
4/29	Cougar Invitational	3000m	8:36.25	2
5/12	Portland Twilight	1500m	14:34.48	14

#### William Thompson

4/7	WAR 10	10000m	31:44.57	3
4/21	Spokane Memorial	5000m	15:17.46	16
4/29	Cougar Invitational	3000m	8:54.13	9
5/12	Portland Twilight	10000m	31:34.61	15

#### Sammy Truax

3/18	Buc Scoring Meet	3000 Steeple	9:44.46	6
3/23	Sam Adams Classic	800m	1:57.15	6
3/23	Sam Adams Classic	1500m	3:58.41	6
4/1	UCLA Legends Invite	3000 Steeple	9:19.12	7
4/7	WAR 10	5000m	15:03.49	3
4/13	Mt. SAC Relays	3000 Steeple	9:35.87	46
4/21	Spokane Memorial	3000 Steeple	9:43.27	5
5/12	Portland Twilight	3000 Steeple	9:05.13	5

#### Nathan Vanos

3/18	Buc Scoring Meet	1500m	4:13.35	15
3/23	Sam Adams Classic	800m	2:01.70	12
3/23	Sam Adams Classic	1500m	4:10.55	25
4/7	WAR 10	1500m	4:05.67	14
4/21	Spokane Memorial	5000m	15:55.13	28
4/29	Cougar Invitational	800m	1:58.80	9
5/12	Portland Twilight	1500m	4:05.12	40

### Men Indoor By Event

#### 800 meters

1:54.85	Kinsly Smith	1/14, UWPRE
1:56.51	Kinsly Smith	1/28, UWINV
2:01.30	Graham Wendle	2/03, IDDUAL
2:03.18	Ben Hogan	2/03, IDDUAL
2:03.44	Stefan Bradley	2/03, IDDUAL
2:04.51	Nathan Vanos	2/03, IDDUAL
2:06.83	Coby Eastwood	2/03, IDDUAL

#### Mile

4:10.81	Zac Garrard	2/11, UWCLA
4:10.95	Zac Garrard	1/28, UWINV
4:14.83	Jerry Sicalo	1/14, UWPRE
4:15.84	Jerry Sicalo	1/28, UWINV
4:17.02	Peter Hogan	1/14, UWPRE
4:17.95	Zac Garrard	1/14, UWPRE
4:19.06	Mitchell Beard	1/14, UWPRE
4:19.59	Kyle Thompson	2/03, IDDUAL
4:20.32	Mitchell Beard	1/27, UWINV
4:21.79	Bennett Gagnon	1/14, UWPRE
4:24.54	Sammy Truax	1/20, WSUOP
4:24.90	Ben Hogan	2/03, IDDUAL
4:26.03	Henry Morris	2/03, IDDUAL
4:26.77	Stefan Bradley	2/03, IDDUAL
4:28.00	Nathan Vanos	2/03, IDDUAL
4:28.21	Ben Hogan	1/20, WSUOP
4:28.95	Phillip Fishburn	1/20, WSUOP
4:30.00	Graham Wendle	1/20, WSUOP
4:30.00	Graham Wendle	2/03, IDDUAL
4:31.51	Stefan Bradley	1/20, WSUOP
4:32.11	Daniel Thompson	2/03, IDDUAL
4:35.41	Nathan Vanos	1/20, WSUOP
4:37.06	Coby Eastwood	2/03, IDDUAL
4:52.56	Coby Eastwood	1/20, WSUOP

#### 3000 meters

7:58.14	Troy Fraley	1/28, UWINV
8:00.54	Troy Fraley	1/14, UWPRE
8:09.02	Jake Perrin	2/11, UWCLA
8:10.10	Troy Fraley	2/11, UWCLA
8:13.14	Jake Perrin	1/28, UWINV
8:16.17	Scott Kopczynski	1/28, UWINV
8:17.25	Jake Perrin	1/14, UWPRE
8:18.52	Scott Kopczynski	2/11, UWCLA
8:21.57	Conor McCandless	1/28, UWINV
8:21.59	Kellen Manley	2/11, UWCLA
8:22.13	Conor McCandless	2/11, UWCLA
8:22.28	Conor McCandless	1/14, UWPRE
8:23.47	Dillon Quintana	2/11, UWCLA
8:23.48	Kellen Manley	1/28, UWINV
8:24.04	Kellen Manley	1/14, UWPRE

## 2017 Performance List



8:24.85	Kyle Thompson	1/14, UWPRE
8:26.03	Scott Kopczynski	1/14, UWPRE
8:27.40	Dillon Quintana	1/28, UWINV
8:30.21	Forest Tarbath	2/11, UWCLA
8:30.24	Dillon Quintana	1/14, UWPRE
8:31.32	Max Kaderabek	2/11, UWCLA
8:33.10	Forrest Tarbath	1/14, UWPRE
8:34.60	Daniel Thompson	1/28, UWINV
8:35.25	Phillip Fishburn	2/11, UWCLA
8:35.55	Phillip Fishburn	1/14, UWPRE
8:35.94	Sammy Truax	1/14, UWPRE
8:42.63	Daniel Thompson	2/11, UWCLA
8:43.67	Max Kaderabek	1/14, UWPRE
8:44.06	Kyle Thompson	2/11, UWCLA
8:44.70	Kyle Thompson	1/27, UWINV
8:45.80	Forest Tarbath	2/03, IDDUAL
8:48.60	Sammy Truax	1/27, UWINV
8:50.89	Mitchell Beard	2/03, IDDUAL
8:54.76	Jerry Sicalo	2/03, IDDUAL
8:55.57	Daniel Thompson	1/20, WSUOP
8:58.05	Ciaran O'Leary	2/03, IDDUAL
8:58.68	Alex Heffelfinger	2/03, IDDUAL
8:59.68	Alex Heffelfinger	1/20, WSUOP
9:05.41	Ciaran O'Leary	1/20, WSUOP
9:20.66	Henry Morris	1/20, WSUOP
9:37.51	Hunter Simpson	1/20, WSUOP
10:00.96	Devin Roche	1/20, WSUOP

#### 4x400 Relay

3:37.69	Sicalo/Beard/Thompson/Wendle	2/03, IDDUAL
4:43.42	Vanos/Eastwood/Hogan/Bradley	1/20, WSUOP

#### 4x800 Relay

8:08.27	Gagnon/Sicalo/Hogan/Garrard	1/14, UWPRE
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### Men Indoor By Individual

#### Mitchell Beard

2/03	Idaho Duals	800m	2:03.44	15
1/14	UW Preview	Mile	4:19.06	21
1/27	UW Invitational	Mile	4:20.32	53
2/03	Idaho Duals	3000m	8:50.89	4

#### Stefan Bradley

2/03	Idaho Duals	Mile	4:26.77	8
1/20	WSU Open	Mile	4:31.51	9

#### Coby Eastwood

2/03	Idaho Duals	800m	2:06.83	17
2/03	Idaho Duals	Mile	4:37.06	15
1/20	WSU Open	Mile	4:52.56	35

#### Phillip Fishburn

1/20	WSU Open	Mile	4:28.95	6
2/11	Husky Classic	3000m	8:35.25	94
1/14	UW Preview	3000m	8:35.55	46

#### Troy Fraley

1/14	UW Preview	3000m	8:00.54	2
1/28	UW Invitational	3000m	7:58.14	7
2/11	Husky Classic	3000m	8:10.10	33

#### Bennett Gagnon

1/14	UW Preview	Mile	4:21.79	24
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#### Zac Garrard

2/11	Husky Classic	Mile	4:10.81	54
1/28	UW Invitational	Mile	4:10.95	28
1/14	UW Preview	Mile	4:17.95	17

#### Alex Heffelfinger

2/03	Idaho Duals	3000m	8:58.68	9
1/20	WSU Open	3000m	8:59.68	4

#### Ben Hogan

2/03	Idaho Duals	800m	2:03.18	14
2/03	Idaho Duals	Mile	4:24.90	6
1/20	WSU Open	Mile	4:28.21	5

#### Peter Hogan

1/14	UW Preview	Mile	4:17.02	14
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#### Max Kaderabek

1/14	UW Preview	3000m	8:43.67	54
2/11	Husky Classic	3000m	8:31.32	87

#### Scott Kopczynski

1/14	UW Preview	3000m	8:26.03	28
2/11	Husky Classic	3000m	8:18.52	58
1/28	UW Invitational	3000m	8:16.17	23

#### Kellen Manley

2/11	Husky Classic	3000m	8:21.59	64
1/14	UW Preview	3000m	8:24.04	23
1/28	UW Invitational	3000m	8:23.48	37

#### Conor McCandless

1/14	UW Preview	3000m	8:22.28	19
2/11	Husky Classic	3000m	8:22.13	65
1/28	UW Invitational	3000m	8:21.57	32

#### Henry Morris

2/03	Idaho Duals	Mile	4:26.03	7
1/20	WSU Open	3000m	9:20.66	11

#### Ciaran O'Laery

2/03	Idaho Duals	3000m	8:58.05	8
1/20	WSU Open	3000m	9:05.41	6

#### Jake Perrin

2/11	Husky Classic	3000m	8:09.02	30
1/14	UW Preview	3000m	8:17.25	13
1/28	UW Invitational	3000m	8:13.14	21

#### Dillon Quintana

2/11	Husky Classic	3000m	8:23.47	68
1/14	UW Preview	3000m	8:30.24	34
1/28	UW Invitational	3000m	8:27.40	46

#### Devin Roche

1/20	WSU Open	3000m	10:00.96	24
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#### Jerry Sicalo

1/14	UW Preview	Mile	4:14.83	12
1/28	UW Invitational	Mile	4:15.84	43
2/03	Idaho Duals	3000m	8:54.76	6



**Hunter Simpson**

1/20	WSU Open	3000m	9:37.51	18
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**Kinsly Smith**

1/14	UW Preview	800m	1:54.85	6
1/28	UW Invitational	800m	1:56.51	37

**Forest Tarbath**

2/11	Husky Classic	3000m	8:30.21	85
1/14	UW Preview	3000m	8:33.10	42
2/03	Idaho Duals	3000m	8:45.80	3
1/27	UW Invitational	5000m	15:02.70	23

**Daniel Thompson**

2/03	Idaho Duals	Mile	4:32.11	13
2/11	Husky Classic	3000m	8:42.63	98
1/20	WSU Open	3000m	8:55.57	2
1/28	UW Invitational	3000m	8:34.60	64

**Kyle Thompson**

2/03	Idaho Duals	Mile	4:19.59	3
1/14	UW Preview	3000m	8:24.85	25
2/11	Husky Classic	3000m	8:44.06	100
1/28	UW Invitational	3000m	8:44.70	73

**Sammy Truax**

1/20	WSU Open	Mile	4:24.54	1
1/14	UW Preview	3000m	8:35.94	47
1/28	UW Invitational	3000m	8:48.60	76

**Nathan Vanos**

2/03	Idaho Duals	800m	2:04.51	16
2/03	Idaho Duals	Mile	4:28.00	10
1/20	WSU Open	Mile	4:35.41	16

**Graham Wendle**

2/03	Idaho Duals	800m	2:01.30	10
2/03	Idaho Duals	Mile	4:30.00	12
1/20	WSU Open	Mile	4:30.00	7