GW Softball will host THE ELITE Softball Clinic on February 4th.

Instruction will be provided by The GW Softball Coaching staff and players.

February 4th
8:30am-10:00am  Pitching OR Catching—limited to first 24 P's and 24 C's
During the Pitchers' Session, pitchers will focus on proper mechanics, work on movement pitches, increasing velocity, the mental aspects of pitching, as well as a pitching showcase ***Each pitcher MUST bring their own catcher***
(These catchers will not have to pay)
The Catchers' Session will include work on the mechanics of receiving, framing, blocking, transitions, throwing, footwork, and how to set up a batter (pitch calling), as well as receiving live pitchers.

10:00am-11:30am  Hitting/Slapping—limited to first 30 to register
The hitting and slapping session will focus on all aspects of fundamental mechanics including increasing power, bat speed, proper balance and footwork, and the mental aspects of hitting.

12:30pm – 2:00pm  Defense (Infield or Outfield)—limited to first 25 IF and 25 OF
The defensive session will work on positional breakdown, proper mechanics and footwork, angles, glove work, throwing, and situational instruction.

2:00pm-3:30pm  Game Simulation Showcase—limited to first 30 to register
Showcase your entire game! You will be put on teams to play full game speed. Pitching, Hitting, Defense and Base Running.

Ages: 12-18yrs.
Cost: $75 single session, $145 for 2 sessions, $210 for 3 sessions, $275 for 4 sessions.

PRIOR TO JANUARY 26:
Mail Registration Forms Along with Payment To:
George Washington University Softball, Attn: James DeFeo
600 22nd St. NW, Washington DC, 20052

AFTER JANUARY 26:
Please email hallieblackney@gwu.edu stating which sessions you plan to attend. Payment will be accepted at registration for camp (cash or check only).

(Please make checks payable to GW Softball)

Contact us by email at DeFeo9@gwu.edu or hallieblackney@gwu.edu

*GW Softball Camps are open to any and all entrants (limited only by age, number, gender, and grade level).
*If checks are returned for insufficient funds, entry to future GW Camps/Clinics will be denied.