



George Washington Cross Country
Men's Record Book



<u>Year</u>	<u>A-10 Finish</u>	<u>A-10 All-Conference</u>	<u>A-10 All-Academic</u>	<u>NCAA Regional Finish</u>
1991	7th of 8			DNC
1992	5th of 7			DNC
1993	4th of 8	Eric Woronick (7th)	Alex Murray	DNC
1994	5th of 8	Eric Woronick (3rd), David Sawyer (5th)	David Sawyer	DNC
1995	6th of 11	John Hammond (7th)	John Hammond	19th
1996	7th of 11			24th
1997	8th of 11			19th
1998	9th of 11		Nathan Converse	DNC
1999	10th of 11	Jeffrey McCarthy		DNC
2000	8th of 10			DNC
2001	5th of 11		Dave Azari, David Talbird	23rd
2002	5th of 11	Darrell Andruski (6th)	Darrell Andruski, Dave Azari	17th of 26
2003	6th of 11	Darrell Andruski (6th)	Darrell Andruski, Dave Azari	21st of 37
2004	10th of 11			23rd of 23
2005	10th of 14			22nd of 28
2006	10th of 14			23rd of 25
2007	7th of 14			21st of 28
2008	11th of 14			NTS
2009	10th of 14			24th of 28
2010	11th of 14			NTS
2011	13th of 14			NTS
2012	13th of 16			20th of 35
2013	11th of 13			19th of 26
2014	11th of 14			18th of 25
2015	11th of 14	Ryan Tucker (3rd)	Ryan Tucker	16th of 25
2016	10th of 14			17th of 22
2017	3rd of 14	Matt Lange (6th), Carter Day (11th)		14th of 26

All-Time Performance List (8K)

All-Time Performance List (10K)

1. Ryan Tucker	24:26.0	2015	1. Matt Lange	31:13.4	2017
2. Matt Lange	24:47.0	2017	2. Darrell Andruski	31:28.0	2003
3. Andrew Weber	24:48.6	2017	3. Ryan Tucker	31:31.0	2015
4. Ryan DePinto	24:49.0	2016	4. Carter Day	31:35.3	2017
5. Carter Day	24:53.0	2017	5. Seamus Roddy	32:00.0	2016
6. Jordan Pantalone	25:02.0	2016	6. David McCutcheon	32:01.0	2010
7. Charles Arnold	25:09.30	2017	7. Andrew Weber	32:06.6	2017
8. Carter Day	25:14.0	2016	8. Chris Shaffer	32:14.1	2017
9. Seamus Roddy	25:20.0	2015	9. Jackson Cronin	32:20.8	2017
10. Andrew Weber	25:18.0	2017	10. Colin Stevenson	32:26.0	2008
11. Chris Shaffer	25:21.4	2017	11. Ryan DePinto	32:30.0	2016
12. Chris Shaffer	25:23.0	2017	12. Dave Azari	32:32.0	2002
Colin Wills	25:23.0	2017	13. Jordan Pantalone	32:41.0	2016
14. Matt Lange	25:26.7	2017	Chris Pisano	32:41.0	2005
15. Dave Azari	25:27.0	2003	15. Keith Moody	32:42.0	2008



George Washington Cross Country
Women's Record Book



Year	A-10 Finish	A-10 All-Conference	A-10 All-Academic	NCAA Regional Finish
1991	7th of 8		Stacey LaFleur	DNC
1992	6th of 7		Stacey LaFleur	DNC
1993	7th of 8		Stacey LaFleur	DNC
1994	7th of 8			DNC
1995	8th of 11	Lauren Edwards (6th)	Lauren Edwards	15th
1996	7th of 11	Bridget Quenzer (2nd)		20th
1997	5th of 11			20th
1998	9th of 11			DNC
1999	10th of 11			DNC
2000	9th of 10			DNC
2001	10th of 11			21st
2002	9th of 11			16th of 27
2003	6th of 11			19th of 26
2004	8th of 11		Trina Bolton	16th of 24
2005	11th of 14			21st of 26
2006	10th of 14	Audrey Noonan (7th)	Audrey Noonan	21st of 28
2007	9th of 14	Audrey Noonan (9th)		18th of 28
2008	9th of 14	Megan Hogan (2nd)		20th of 26 (Megan Hogan 19th)
2009	8th of 14	Megan Hogan (1st), Jessica Stern (8th)	Megan Hogan	18th of 27 (Megan Hogan 11th)
2010	11th of 14	Megan Hogan (1st)	Megan Hogan	DNC (Megan Hogan 3rd)
2011	13th of 14			DNC (Julia Weir 105th)
2012	10th of 16	Heather Stevens (15th)		21st of 31
2013	13th of 13			NTS
2014	10th of 14	Macaulay Porter (15th)		NTS
2015	5th of 14	Ariana North (12th), Miranda DiBiasio (14th)		16th of 30
2016	6th of 14	Macaulay Porter (10th)		15th of 28
2017	6th of 14	Madison Yerke (14th)		T-16th of 28

Major Awards

Atlantic 10 Individual Champion

2010 - Megan Hogan
2009 - Megan Hogan

Atlantic 10 Performer of the Year

2010 - Megan Hogan
2009 - Megan Hogan

Atlantic 10 Student-Athlete of the Year

2010 - Megan Hogan
2009 - Megan Hogan

NCAA Championship History

2010 - Megan Hogan (8th of 253)
2009 - Megan Hogan (27th of 255)

NCAA All-American

2010 - Megan Hogan
2009 - Megan Hogan

All-Time Performance List (5K)

- Megan Hogan 16:56.0
- Macaulay Porter 17:38.4
- Ariana North 17:41.4
- Miranda DiBiasio 17:43.2
- Madison Yerke 18:12.2
- Halley Brown 18:12.1
- Angela Ryck 18:14.3
- Halley Brown 18:14.5
- Audrey Noonan 18:14.8
- Madison Yerke 18:19.1
- Heather Stevens 18:21.2
- Madison Yerke 18:22.4
- Lauren Edwards 18:25.3

All-Time Performance List (6K)

- | | | | |
|------|---------------------|---------|------|
| 2010 | 1. Megan Hogan | 19:58.0 | 2010 |
| 2016 | 2. Miranda DiBiasio | 20:53.0 | 2016 |
| 2015 | 3. Madison Yerke | 21:15.0 | 2017 |
| 2015 | 4. Macaulay Porter | 21:17.0 | 2016 |
| 2015 | 5. Halley Brown | 21:35.0 | 2017 |
| 2017 | 6. Madison Yerke | 21:35.2 | 2017 |
| 2013 | 7. Halley Brown | 21:35.6 | 2017 |
| 2016 | 8. Ariana North | 21:44.0 | 2015 |
| 2006 | 9. Lauren T'Kint | 21:51.0 | 2015 |
| 2017 | 10. Angela Ryck | 21:53.0 | 2013 |
| 2012 | 11. Gabby Vlattas | 21:56.0 | 2013 |
| 2017 | 12. Madison Yerke | 21:57.0 | 2016 |
| 1995 | | | |