

**Informed Consent  
Required**

All clinic participants will be required to fill out an Informed Consent Form.

This form will be sent to you upon receipt of your clinic application and registration fee.

Please provide the information requested below.

\_\_\_\_\_  
Parent/Guardian Print Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Cell #: \_\_\_\_\_

Allergies: \_\_\_\_\_

Notes: \_\_\_\_\_  
\_\_\_\_\_

**George Washington University Baseball**

**FOR INFO CALL**

**(202) 994-7399**



The George Washington University  
Winter Baseball Clinics  
Charles E. Smith Athletic Center  
600 22nd Street, NW  
Washington, DC 20052  
(202) 994-0327

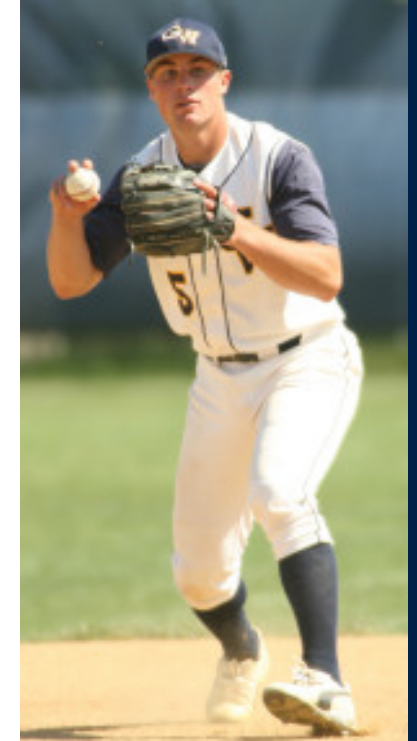
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*Steve Mrowka  
Winter  
Baseball  
Clinics*



**GEORGE  
WASHINGTON  
UNIVERSITY  
BASEBALL**

**For AGES 7-18**

**January 22nd & 29th**

**&**

**February 5th & 12th**

**"BASEBALL clinics dedicated to help baseball players improve and play baseball at a HIGHER LEVEL."**

This winter Steve Mrowka and The George Washington University baseball staff will conduct instructional clinics for any and all baseball players from ages 7-18. Participants will be grouped by age & grade.

**HITTING SESSIONS INCLUDE:**

- \*Lectures on Fundamentals \*Drill Work
- \*Batting Practice & Video Analysis
- \*Mental approach to hitting
- \* How we train a NCAA I baseball team.

**PITCHING-CATCHING & INFIELD INCLUDE:**

- \*Lectures on Fundamentals \*Drill Work
- \*Live Throwing/Bullpens & Video Analysis
- \*Mental approach to pitching
- \*How we train a NCAA I baseball team.

**LOCATION:**

The newly renovated Charles E Smith Center on the GW main campus.

**EQUIPMENT:**

Each camper must bring his own equipment. We will have a limited number of bats and helmets available. This is an indoor clinic (No cleats).

**LUNCH:**

Meals will not be provided during the lunch break. You will need to bring lunch or money to buy.

**FOR INFO EMAIL COACH MROWKA:**

**smrowka@gwu.edu**

**Or Call (202) 994-7399**

**GW BASEBALL COACHING STAFF**  
**CLINIC DIRECTORS:**

*Steve Mrowka, Head Coach*



Coch Mrowka enters his eighth year at GW. Over his seven seasons he has seen twenty of his Colonial players drafted or signed to professional contracts. His overall record is (589-441). Prior to GW, he was the head baseball coach at Georgia College. At GC, he led the Bobcats to several NCAA Div. II Regionals and #1 national rankings in 1998 and 2001. In addition, Coach Mrowka spent six summers as the head coach of the Hyannis Mets in the Cape Cod League. During his playing days, Coach Mrowka was drafted in the ninth round by the Boston Red Sox. He played and graduated from the University of North Carolina.

*Tim Brown, Assistant Coach*



Coch Brown is in his fourth season as a member of the GW baseball staff. He serves as primary recruiter and the pitching coach for the Colonials. Before coming to GW, Brown was the pitching coach for a very successful Mount St. Mary's team. He has seen 10 players sign professional contracts with various independent and affiliated professional baseball organizations over the past eight years.

*Jon Greenwich, Assistant Coach*



Coch Greenwich enters his second season as an assistant coach with the Colonials. His primary responsibilities include coaching the hitters & outfielders. He hails from McLean, VA and is a 2007 graduate of the University of Maryland. Jon played for the independent professional baseball team the Warner-Robins Aviators this past spring. He looks forward to helping the team win a conference championship in the upcoming 2012 season.

**2012 WINTER Clinic Application**

Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

Home phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_

EMAIL \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Age \_\_\_\_\_; Height \_\_\_\_\_; Weight \_\_\_\_\_

Primary Position: \_\_\_\_\_ Secondary \_\_\_\_\_

**\* CHECK THE SESSIONS YOU WILL ATTEND:**

**PITCHERS-CATCHERS-INFIELDER CLINIC**

\_\_\_ \$60 - Sunday, January 22 @ 2 pm – 5 pm

\_\_\_ \$60 - Sunday, January 29 @ 2 pm – 5 pm

\_\_\_ \$60 - Sunday, February 5 @ 10 am – 1 pm

\_\_\_ \$60 - Sunday, February 12 @ 10 am – 1 pm

**HITTING CLINIC DATES**

\_\_\_ \$60 - Sunday, January 22 @ 10 am – 1 pm

\_\_\_ \$60 - Sunday, January 29 @ 10 am – 1 pm

\_\_\_ \$60 - Sunday, February 5 @ 2 pm– 5 pm

\_\_\_ \$60 - Sunday, February 12 @ 2 pm– 5 pm

**DISCOUNT: 10% OFF if you enroll in 3 or more sessions**

**BONUS DEALS: \*\*\*\$100 FOR FULL DAY**

**\*\*\*\* \$300 IF YOU ATTEND ALL (8) CLINICS**

\$ \_\_\_\_\_ TOTAL ENCLOSED

**RETURN APPLICATION/CHECK TO:**

Steve Mrowka, Baseball Coach  
The George Washington University  
600 22nd Street, NW  
Washington, DC 20052

