

# Recruiting Regulations

## Recruiting Terms

**Contact.** A contact occurs any time a coach has any face-to-face contact with you or your parents off the college's campus and says more than hello. A contact also occurs if a coach has any contact with you or your parents at your high school or any location where you are competing or practicing.

**Contact Period.** During this time, a college coach may have any in-person contact with you and/or your parents on or off the college's campus. The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you and your parents during this period.

**Dead Period.** The college coach may not have any in-person contact with you or your parents at any time during this period. The coach may write and telephone you and your parents during this period.

**Evaluation.** An evaluation is any off-campus activity by a coach to evaluate your academic or athletics ability. This would include visiting your high school or watching you practice or compete.

**Evaluation Period.** The college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents off the college's campus. You and your parents may visit a college campus and the coach may write and telephone you and your parents during this period.

**Prospective student-athlete:** You become a "prospect" when:

- \* You start ninth-grade classes; or
- \* Before your ninth-grade year, a college gives you, your relatives or your friends any financial aid or other benefits that the college does not provide to students generally

**Official Visit.** Any visit to a college campus by you or your parents paid for by the college. The college may pay the following expenses:

- \* Your transportation to and from the college;
- \* Room and meals (three per day) while you are visiting the college; and
- \* Reasonable entertainment expenses, including three complimentary admissions to a home athletics event.
- \* Before a college may invite you on an official visit, you must provide them with a copy of your high school transcript (Division I only) and SAT, ACT or PLAN score and register with the NCAA Eligibility Center.

**Unofficial Visit.** Any visit by you or your parents to a college campus paid for you or your parents. The only expenses you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take them at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

## Summary of recruiting rules for each sport - Division I

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>FRESHMAN YEAR</b>	<b>Recruiting materials</b>	* You may receive brochures for camps and questionnaires.	* You may receive brochures for camps and questionnaires.	* You may receive brochures for camps and questionnaires.	* You may receive brochures for camps and questionnaires.
	<b>Telephone calls</b>	* You may make calls to coach at your expense. *College coach cannot call you.	* You may make calls to coach at your expense. *College coach cannot call you.	* You may make calls to coach at your expense. *College coach cannot call you.	* You may make calls to coach at your expense. *College coach cannot call you.
	<b>Off-campus contact</b>	* None allowed.	* None allowed.	* None allowed.	* None allowed.
	<b>Official Visit</b>	* None allowed.	* None allowed.	* None allowed.	* None allowed.
	<b>Unofficial visit</b>	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number
	<b>Evaluations</b>	* Up to seven times during your freshman year.	* Up to five times during your freshman year.	* Three evaluations with no more than one during September, October and November.	* Up to seven times during your freshman year.

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>SOPHOMORE YEAR</b>	<b>Recruiting materials</b>	* You may receive brochures for camps and questionnaires.  * You may begin receiving recruiting materials June 15 after your sophomore year.	* You may receive brochures for camps and questionnaires.	* You may receive brochures for camps and questionnaires.	* You may receive brochures for camps and questionnaires.  <i>* Men's Ice Hockey - you may begin receiving recruiting materials June 15 after your sophomore year.</i>
	<b>Telephone calls</b>	* You may make calls to coach at your expense.  * College may accept collect calls from you at end of year.  *College coach may call you once per month beginning June 15 <b>after</b> your sophomore year.	* You may make calls to coach at your expense.  *College coach cannot call you.	* You may make calls to coach at your expense.  *College coach cannot call you.	* You may make calls to coach at your expense.  *College coach cannot call you.  <i>* Women's Ice Hockey - if you are an international prospect, a college coach may call you once in July <b>after</b> sophomore year.</i>
	<b>Off-campus contact</b>	* None allowed.	* None allowed.	* None allowed.	* None allowed.
	<b>Official Visit</b>	* None allowed.	* None allowed.	* None allowed.	* None allowed.
	<b>Unofficial visit</b>	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number
	<b>Evaluations</b>	* Up to seven times during your sophomore year.	* Up to five times during your sophomore year.	* Three evaluations with no more than one during September, October and November.	* Up to seven times during your sophomore year.

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>JUNIOR YEAR</b>	<b>Recruiting materials</b>	* Allowed. * You may begin receiving recruiting materials June 15 after your sophomore year.	* You may begin receiving September 1 of junior year.	* You may begin receiving September 1 of junior year.	* You may begin receiving September 1 of junior year.  <i>* Men's Ice Hockey - you may begin receiving recruiting materials June 15 after your sophomore year.</i>
	<b>Telephone calls</b>	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.
	<b>College coaches may call you</b>	* Once per month beginning June 15 before your junior year through July 31 after your junior year.	*Once per month in April, May and June 1-20.  * Once between June 21 and June 30 after your junior year.  * Three times in July after your junior year.	* Once from April 15 to May 31 of your junior year.	* Once per week starting July 1 after your junior year.  <i>* Men's Ice Hockey - once per month beginning June 15 before your junior year through July 31 after your junior year.</i>
	<b>Off-campus contact</b>	*None allowed.	*None allowed.	*None allowed.	* Allowed starting July 1 after your junior year.  <i>* For gymnastics - allowed after July 15 after your junior year.</i>
	<b>Official Visit</b>	* None allowed.	* None allowed.	* None allowed.	* None allowed.
	<b>Unofficial visit</b>	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number	* You may make an unlimited number
<b>Evaluations</b>	* Up to seven times during your junior year.	* Up to five times during your junior year.	* Three evaluations with no more than one during September, October and November.	* Up to seven times during your junior year.	

RECRUITING METHOD		MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>SENIOR YEAR</b>	<b>Recruiting materials</b>	* Allowed.	* Allowed.	* Allowed.	* Allowed.
	<b>Telephone calls</b>	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.	* You may make calls to coach at your expense.
	<b>College coaches may call you</b>	* Twice per week beginning August 1	* Once per week beginning August 1	* Once per week beginning September 1	* Once per week beginning July 1 <i>*Men's Ice Hockey - Once per week beginning August 1</i>
	<b>Off-campus contact</b>	* Allowed beginning September 9.	* Allowed beginning September 16.	* Allowed beginning November 25	* Allowed.
	<b>Official Visit</b>	* Allowed beginning opening day of classes your senior year.  * You are limited to one official visit per college up to a maximum of five official visits of Division I and II colleges.	* Allowed beginning opening day of classes your senior year.  * You are limited to one official visit per college up to a maximum of five official visits of Division I and II colleges.	* Allowed beginning opening day of classes your senior year.  * You are limited to one official visit per college up to a maximum of five official visits of Division I and II colleges.	* Allowed beginning opening day of classes your senior year.  * You are limited to one official visit per college up to a maximum of five official visits of Division I and II colleges.
	<b>Unofficial visit</b>	* You may make an unlimited number of unofficial visits.	* You may make an unlimited number of unofficial visits.	* You may make an unlimited number of unofficial visits.	* You may make an unlimited number of unofficial visits.
	<b>Evaluation and contacts</b>	* Up to seven times during your senior year.	* Up to five times during your senior year.	* Up to six times during your senior year.	* Up to seven times during your senior year.
<b>How often can a coach see me or talk to me off the college's campus.</b>	* A college coach may contact you or your parents/legal guardians not more than three times during your senior year.	* A college coach may contact you or your parents/legal guardians not more than three times during your senior year.	* A college coach may contact you or your parents/legal guardians (including evaluations) not more than six times during your senior year.  * Once evaluation during September, October and November.	* A college coach may contact you or your parents/legal guardians not more than three times during your senior year.	

### Summary of recruiting rules - Division II and III

	DIVISION II	DIVISION III
<b>Recruiting Materials</b>	* A college coach may begin sending you printed recruiting materials September 1 of your junior year in high school.	* You may receive printed materials anytime.
<b>Telephone calls</b>	* A college coach may call you once per week beginning June 15 between your junior and senior year.  * You may make calls to the coach at your expense.	* No limit on number of calls or when they can be made by the college coach.  * You may make calls to the coach at your expense.
<b>Off-campus contacts</b>	* A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 after your junior year.  * A college coach is limited to three in-person contacts off campus.	* A college coach can have contact with you or your parents/legal guardians off the college's campus after your junior year.
<b>Unofficial visits</b>	* You may make an unlimited number of unofficial visits any time.	* You may make an unlimited number of unofficial visits any time.
<b>Official visits</b>	* Allowed beginning opening day of classes your senior year.  * You are limited to one official visit per college up to a maximum of five official visits of Division I and II colleges.	* Allowed beginning opening day of classes your senior year.  * You may make only one official visit per college.