



Colonials Compliance Newsletter

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INSIDE THIS ISSUE:

Welcome 1

Tax-Exempt
Status 1

Student-
Athlete Page 2

CAP Penalty
Structure 3

NLI Reminders 3

Coaches and
Staff Quiz 3

Recruiting
Calendar 4

Greeting Coaches, Staff and Student-Athletes

This is the first issue of the Colonials Compliance Newsletter for the 2006 – 2007 academic year. The Compliance Office will be producing a monthly newsletter containing valuable information for coaches, staff, student-athletes, alumni, parents and friends of the GW Department of Athletics.

We would enjoy feedback on each issue as well as suggestions of topics for future is-

sues that you might like to know more about.

All of these inquiries can be directed to cbwirth@gwu.edu.



Coaches and Athletics Department Staff:

Please remember that our next Compliance Meeting will be Monday, November 6th at either 10 a.m. or 2 p.m. in the AD's Club. All department staff are required to attend one of the two meetings.

House committee questions tax-exempt status for college sports

The U.S. House of Representatives Committee on Ways and Means has sent a letter to NCAA President Miles Brand questioning whether the Association and its member institutions meet their stated core educational purpose that merits a tax-exempt status.

The letter challenges several Association principles, including the amateur status of student-athletes, the validity of the Division I academic performance program (e.g., APR and GSR) and the educational purpose of inter-collegiate athletics, specifically football and men's basketball.

"Officials from the NCAA, athletics conferences and universities have explained that college football and basketball should be tax-exempt because some universities generate a profit from these sports that is used for other university-sponsored sports," Bill Thomas (R-California), member of the Committee wrote. "To be tax-exempt, however, the activity itself must contribute to the accomplishment of the university's educational purpose (other than through the production of income)."

However, shouldn't the NCAA and member institutions be considered charitable organizations as education is considered to be a public benefit, and therefore a charitable purpose?

The NCAA has until early November to respond to the letter.



Student-Athlete Page



Reminders:

- Friday, November 3rd—
Privileged registration—
make sure you don't have
any holds (e.g., financial)
so you can take
advantage of this.
- Presidential Administrative
Fellowship (PAF) Program
(seniors only):
- Information session—
Monday, November 6th
in MC 101 at 5 p.m. or
Tuesday, November 7th
in MC 310 at 4 p.m.
- Sunday, November 12th—
Coffee to meet current
PAFs in University Club
from 4—6 p.m.
- Friday, November 17th—
Applications due
- Saturday, November 18th—
Walk for Homeless (see
your SAAC rep for details)
- Friday, December 1st—
resumes due (SAAC reps
will collect)
- Student-Athlete Semi-
Formal—Early December—
Date TBA



Q & A for Student-Athletes

Q: May a GW student-athlete receive prize money for placing at an outside competition as long as the prize money does not exceed actual expenses?

A: No. Once a student-athlete enrolls in college, they may not receive any type of prize money (cash, gift certificate, etc.) and may not forward any prize money to other parties (friends, teammates, charities, etc.).

Q: Would it be permissible for a parent or family member of a student-athlete to share a room with the athlete during an away trip or travel with the team on the trip if it doesn't increase the cost of the room or transportation?

A: No. NCAA Bylaw 16.6.1 states an institution may not provide any expenses to a student-athlete's rela-

tives or friends, except as specifically permitted. The specifically permitted situations are that the institution may provide the cost of actual and necessary expenses (e.g., transportation, lodging, meals and expenses associated with team entertainment functions) for the spouse and children (not parents or other family members) of an eligible student-athlete to accompany the student-athlete to one round (conducted at the site) of any NCAA championship in which the student-athlete is a participant. Also, an institution may reserve or secure lodging at any postseason event (other than a conference event) at a reduced or special rate for the parents (or legal guardians) and immediate family of a student-athlete who is a participant. It is not

permissible for an institution to cover any portion of the cost of lodging, including any cost associated with reserving or securing lodging.

Q: What is countable athletically related activity?

A: The NCAA defines countable athletically related activity as any required activity with an athletics purpose involving student-athletes and at the direction of, or supervised by one or more of an institution's coaching staff (including strength and conditioning coaches) and must be counted within the weekly and daily limitations under Bylaw 17.1.5.1 and 17.1.5.2. Administrative activities (e.g., academic meetings, compliance meetings) shall not be considered as countable athletically related activities.

Preparation for Peak Performance

As an athlete, preparation for peak performance includes proper training and conditioning combined with dedication and skill. Sometimes athletes forget that proper nutrition is a key component to gaining the competitive edge. Even the best trained and conditioned athlete, when not eating properly, will find it difficult to perform at maximum potential.

Between early morning workouts, classes, weight lifting, and practice, it is hard to take the

time to prepare meals or snacks, let alone sit down and eat. No matter where you are heading, you have time to grab a nutritious snack. The key is to plan ahead and be prepared. Here are some nutritious ideas:

Bagel—Muffin—Raw veggies—Popcorn—Juice box—Nuts—Dried fruit—Trail mix—Low-fat cookies—Graham crackers—Raisin bread—Cheese sticks—Fresh fruit—Fig bars—Cereal—

Granola bar—Pretzels—Peanut-butter crackers

Vending machine grabs:

Rice Krispie treats—cheese crackers—graham crackers—Zoo crackers—Peanut-butter crackers—Dried fruits—Chocolate milk—Pretzels—Juices



Parents of Student-Athletes

Under NCAA legislation parents of student-athletes are considered "representatives of athletics interest." Therefore, please remind your parents they need to keep the following two things in mind:

They **MAY NOT** speak to prospects or their parents about the team or the athletics program even if the prospect is on an official visit as representatives **MAY NOT** have any contact with the prospects and their family or friends.

They **MAY** invite team members out for an occasional meal at any location however, they need to contact the GW Department of Athletics first to ensure all applicable NCAA rules are being followed.



CAP Proposes Stage Two Penalty Structure



The Committee on Academic Performance (CAP) recommended a tiered system of penalties for teams that reach the second stage of the historically based penalty structure.

The proposed tiers for the occasion-two penalties emphasize improvement as a factor in determining the level at which a team is penalized. Earlier this year a structure in which teams falling below an Academic Progress Rate (APR) of 900 would be subject to a simultaneous examination of several factors, including meaningful team improvement based on a multi-year APR, was approved. Teams that

meet both the improvement standard and one of several other comparative factors would not be subject to historical penalties.

CAP members proposed that teams with APRs below 900 that meet only the improvement standard be subject in their second year of historically based penalties to a reduction of total official visits hosted by the institution, a reduction of practice time by two hours per week throughout the playing season and either an automatic reduction of scholarships by 5 percent (deducted from total aid awarded) or the team's total contemporaneous pen-

alties, whichever is greater.

Teams in their second year of historically based penalties that do not meet the improvement standard would be subject to a reduction of total official visits hosted by the institution, a reduction of practice time by four hours per week throughout the playing season and an automatic reduction of scholarships by 10 percent of the total aid awarded.

CAP also would require the missed practice time to be replaced with academic support activities.



**November
6th—9th:
DEAD
PERIOD in
ALL sports
except soccer
and men's
water polo**

National Letter of Intent (NLI) Reminders

Early signing period is Wednesday, November 8—Wednesday, November 15, 2006 for all sports except soccer and men's water polo.

NLI Provision 2: Financial Aid Requirement

NLI must be accompanied by one full academic year's worth of athletic financial aid (two semesters). As such, it is not permissible for a non-scholarship student to sign a valid NLI (e.g., ceremonial NLI). Also, the financial aid agreement offered at the time of signing must be valid in order for the NLI to be valid.

Institutions may not issue an NLI to prospects who will not receive an offer of athletics aid, even when a

ceremonial signing is the motive. Institutions which engage in this practice will be considered in violation of the expectations of the NLI program and may be subject to sanctions from the NLI Steering Committee.

NLI Provision 7: Letter Becomes Null and Void

Recruiting Rules Violation- If the institution (or representative of its athletics interests) violate NCAA or conference rules while recruiting a prospect, the NLI shall be declared null and void if the violation results in the need for the prospect's eligibility to be reinstated by the NCAA student-athlete reinstatement staff.

NLI Provision 8: Only One Valid NLI Permitted

Prospect may only sign one valid NLI in a given academic year. This is true even if an NLI becomes null and void based on any section of Provision 7.

NLI Provision 13: 14-Day Signing Deadline

If a parent/legal guardian and prospect fail to sign the NLI within 14 days from the date issued, it will be invalid. In that event, another NLI may be issued within the appropriate signing period. (NOTE: This does not apply to the early signing period from November 8-15, 2006)

Coaches and Staff Test Your Knowledge (Answers are on page 4)

- Which of the following is NOT a prohibited form of pay?
 - Actual and necessary expenses for practice and competition from an amateur sports team.
 - Cash.
 - Educational expenses provided directly to a prospect (as opposed to the educational institution on behalf of the prospect).
 - All are prohibited.
- Does an individual who has started classes for the 9th grade remain a prospect until s/he officially registers and enrolls in a minimum full-time program of studies and attends classes in any term of a 4-yr collegiate institution's regular academic year?
 - Questionnaire
 - Game program
 - Media guide
 - All of the above
- Is it permissible for a representative of GW's athletics interest (e.g., booster) to attend a prospect's high school game, notify the prospect of GW's interest and correspond with the prospect through e-mail?
 - Questionnaire
 - Game program
 - Media guide
 - All of the above
- Outside of the playing season how many days off must a student-athlete have during the programs declared week?
 - Questionnaire
 - Game program
 - Media guide
 - All of the above

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“The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.”

- Vince Lombardi

Test Your Knowledge...From Page 3

1. NCAA Bylaws 12.1.1.1; 12.1.1.1.3.1; 12.1.1.1.4.1; 12.1.1.1.4.3 — A.

Actual and necessary expenses for practice and competition from an amateur sports team is not a prohibited form of pay.

2. NCAA Bylaw 13.02.11 — YES.

An individual who has started classes for the 9th grade remains a prospect until s/he officially registers and enrolls in a minimum full-time program of studies and attends classes in any term of a 4-yr collegiate institution's regular academic year.

3. NCAA Bylaws 13.01.4; 13.1.2.4 — NO.

It is not permissible for a representative of GW's athletics interest (e.g., booster) to attend a prospect's high school game, notify the prospect of GW's interest and correspond with the prospect through e-mail.

4. NCAA Bylaw 13.4.1 — A.

Questionnaires may be sent to a prospect during his or her sophomore year in high school.

5. NCAA Bylaw 17.1.5.5 — 2 DAYS.

Outside the playing season during the academic year, all countable athletically related activities are prohibited during 2 calendar days per week.



Recruiting Calendars

Baseball

November 1st—November 5th
(Contact/Evaluation Period)

November 6th—November 9th
(Dead Period)

November 10th—November 30th
(Quiet Period)

Men's Basketball

October 6th—March 28th*
(Evaluation Period)

* November 6th—November 9th
(Dead Period)

Women's Basketball

September 16th—April 17th*
(Evaluation Period)

* November 6th—November 9th
(Dead Period)

Women's Lacrosse

November 1st—November 5th
(Contact/Evaluation Period)

November 6th—November 9th
(Dead Period)

November 10th—November 21st
(Contact/Evaluation Period)

Soccer and Men's Water Polo

November 22nd—November 30th

(Quiet Period)

November 1st—November 30th
(Contact/Evaluation Period)

Softball

November 1st—November 5th
(Contact/Evaluation Period)

November 6th—November 9th
(Dead Period)

November 10th—November 22nd

(Contact/Evaluation Period)

November 23rd—November 30th
(Quiet Period)

Volleyball

November 1st—November 5th
(Contact/Evaluation Period)

November 6th—November 9th
(Dead Period)

November 10th—November 30th
(Contact/Evaluation Period)

All Other Sports

November 1st—November 5th
(Contact/Evaluation Period)

November 6th—November 9th
(Dead Period)

November 10th—November 30th
(Contact/Evaluation Period)



Outside Competition
Do's and Don'ts during vacation period.

Going Home
Do's and Don'ts with regard to student-athletes and interactions with prospects.

Eligibility
What do you need to be eligible this spring?

Athletic Activities
Do's and Don'ts during vacation period.

Upcoming News