

# Colonials Compliance Newsletter

ISSUE 2

DECEMBER 1, 2006

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## Student-Athletes, Academic Achievers



According to a NCAA study released on November 9th of this year, student-athletes have a higher rate of gradua-

tion than their non-athletic counterparts.

The study, as reported by The NCAA News, shows that sixty-three percent of student-athletes who entered college in 1999 graduated. By contrast, only sixty-one

percent of general student-body who entered that same year graduated.

In fact, studies have shown that student-athletes have graduated at a higher rate than the general student-body every year since 1986!

## Congratulations to our Graduates!

The GW Athletics family would like to wish the following student-athletes a big congratulations on their anticipated graduation in December 2007:

**Whitney Allen - Women's Basketball**

**Mark Daniel Morgan- Men's Cross Country**

Congratulations!

*"What lies behind us  
and what lies before  
us are small matters  
compared to what  
lies within us." --  
Ralph Waldo  
Emerson, author*



## Winter Break Reminders for Out-of-Season Teams

The following programs are currently or will be outside of their declared playing season during December. As a reminder during this time only 8 hours/week of athletically related activities are permitted with at least 2 days off/week. Only 2 hours of skill instruction are permitted with up to 6 hours of conditioning and/or weight training.

All athletically related activities MUST cease after Wednesday, December 6<sup>th</sup> for the following sports:

Baseball  
Cross Country  
Golf  
Lacrosse  
Soccer  
Softball  
Squash  
Tennis  
Volleyball  
Water Polo



Please note that **voluntary** athletic activity is permissible.



## Winter Break Athletics Participation

### Student-Athlete Page

#### Academic Reminders:

##### Important Dates:

**Dec. 1** - Resumes due from all student-athletes (turn in to your SAAC rep.)

**Dec. 11** - Last Day of Classes

**Dec. 12-13** - Reading Days

**Dec. 14-22** - Final Exams

**Jan. 16** - Spring 2007 classes begin

#### Reminders:

1. All juniors who have not requested a "balance sheet" (courses remaining to graduate) from their school, should do so before they leave for the holiday break.

2. All undergraduate students must carry a minimum of 12 credit hours in order to be eligible for spring practice and competition.

Registration is open to all degree-seeking students from November 16th until January 14th.

Now that the Fall 2006 semester is coming to a close, there are a few reminders for our Colonial student-athletes in regards to participation on an outside amateur team during Winter break, (December 23rd—January 15th).

\* Sports which **MAY NOT** compete as a member of an outside amateur team during the winter break are as follows:

1. Basketball

\* Sports which **MAY** compete as a member of an outside amateur team during the winter break are as follows (Student-athletes are required to complete, in full, the Outside Competition form located at [www.GWsports.com](http://www.GWsports.com) – Colonials Compliance – Rules for Current Student-Athletes):

1. Baseball: limit of 4 student-athletes
2. Cross Country: limit of 2 student-athletes
3. Golf: limit of 2 student-athletes
4. Gymnastics: limit of 2 student-athletes, however **ONLY** allowed from December 23<sup>rd</sup> – January 2<sup>nd</sup>
5. Lacrosse: limit of 5 student-athletes
6. Rowing: no limit on number of student-athletes, however **ONLY** allowed from December 23<sup>rd</sup> – January 2<sup>nd</sup>
7. Soccer: limit of 5 student-athletes
8. Softball: limit of 4 student-athletes
9. Squash: no limit
10. Swimming & Diving: no limit, however **ONLY** allowed from December 23<sup>rd</sup> – January 2<sup>nd</sup>
11. Tennis: limit of 2 student-athletes
12. Volleyball: limit of 2 student-athletes
13. Water Polo: no limit

And remember, any awards or prizes you may receive due to your participation must conform to the regulations of the amateur governing body in your sport. At **NO** time, under any circumstance, are you to receive cash. Any questions about permissible prizes or expenses you may be receiving from the outside amateur team should be directed to the Compliance Office in advance of the competition, so as not to jeopardize your eligibility.

### Will you be Eligible in Spring 2006?

**All student-athletes** must have earned at least six credits toward their degree during the Fall '06 Semester in addition to:

**Sophomores** (4th semester) - Cumulative GPA requirement of 1.800 or 90% of overall GPA required for major.

**Juniors** (6th semester) - Cumulative GPA requirement of 1.900 or 95% of overall GPA required for major.

**Seniors** (8th semester) - Cumulative GPA requirement of 2.00 or 100% of overall GPA required for major.

**5th year** (10th semester) - Cumulative GPA requirement of 2.00 or 100% of overall GPA required for major.

### Heading Home for the Holidays

Another academic semester is winding down here at GW, that means it's time for winter break. As you return home for the holidays you may have contact with prospective student-athletes. Please remember the following:

You may **NOT** provide any material assistance (e.g., place to stay, rides, meals, etc.) to any prospect, even if the prospect has signed a National Letter of Intent to attend GW. These student-athletes are all

considered to be prospects by the NCAA until the first day of fall classes in 2007-2008 or the first day of fall practice for 2007, whichever comes first.

You may be invited by your high school coach or a program planner for a local organization to speak to a group. You may do so, talking about your experiences as a member of the GW Athletics family. However, please be aware of the following:

- You may **NOT** make a recruiting "pitch" for the University or your program.
- You may **NOT** talk one-on-one with any student, who is in grades 9-12, other than casual civil conversation which does not involve recruitment.
- You may **NOT** comment publicly about any prospect that the University is recruiting.



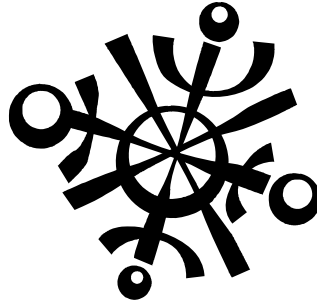
## Winter Break Reminders for In-Season Teams

With the winter break arriving, here are some reminders as it relates to practice and travel for those teams that are in season (basketball, gymnastics, swimming & diving, etc.).

✓ Daily and weekly hour limitations do not apply to countable athletically related activities. This means a coach can require as many hours a day or week as s/he would like.

✓ December 23<sup>rd</sup> - January 15<sup>th</sup> (University's vacation period) occurs during part of a week in which

classes are in session. This means the team is subject to the daily and weekly hour limitations during the portion of the week when classes are in session. Therefore you must be given a day off during the first and last week of the winter break period



and the daily and weekly hours must be monitored for those two weeks when classes are in session.

✓ A coaching staff member may provide a student-athlete transportation to campus from the nearest bus or train station or Reagan International airport. This transportation could occur only if the student-athlete were arriving to campus from another location and can only be provided once.

## Spring Semester is Almost Here!

Coaches, as the new transfer student-athletes enter the GW community, and student-athletes return from semesters abroad, here are some reminders to help the transition go smoothly:

- All incoming transfers AND student-athletes who were abroad during the Fall '06 semester must complete the walk-on form.

- There will be a new walk-on form for Spring '07 semester which will be available in the Athletics Office beginning the 1st of January.

- The Sports Medicine Office will be conducting physicals for our incoming/returning student-athletes on Thursday 1/18 from 2:30 until 4:00pm. All paperwork (the Assumption of Risk, Insurance and

Medical History forms) must be completed and on file with Sports Medicine by Monday, January 15<sup>th</sup> before student-athletes can receive a physical.

- There will be a **mandatory** Compliance meeting for incoming/returning student-athletes on Friday, January 19<sup>th</sup> at 4:00pm in the Smith Center conference room.

## GWorld Policies and Facilities Reminders

As a reminder, it is very important that all coaches, staff, and student-athletes swipe their GWorld card upon entering the Smith Center. No one should think of themselves as an exception to the rule. Beyond the obvious security measures, this mandate goes beyond the Athletic Department as the data is used for end of

the year University tax purposes.

We ask that you please do your part and set the example by adhering to this very simple and important policy.

Also, please remember to check with the Facilities and Operations staff frequently during the months of De-

ember and January for Smith Center closings due to athletic activities and other scheduled events.

If you have inquiries about Smith Center hours of operation during Winter Break, please call 202-994-8584





## GW Athletics Compliance Office

Chandra V. Bierwirth  
Assistant Athletics Director/Compliance  
202.994.6282  
cbwirth@gwu.edu

Katherine Chrisman  
Executive Assistant  
202.994.1497  
kloren7@gwu.edu

"Ability may get you to the top, but it takes character to keep you there."

-- John Wooden,  
college basketball player and coach

## Washington D.C. Trivia!

Did you know...

- The official bird of Washington D.C. is the wood thrush?
- The official flower of Washington D.C. is the American Beauty Rose?
- First Lady Martha Washington has a popular variety of green asparagus named for her?
- The geographic center of Washington D.C. is near 4th and L Streets, NW?
- The original city plan for the District of Columbia called for the district to be 100 square miles, including land from Maryland and Virginia?



## Recruiting Calendars

### Baseball

December 1 - December 31  
(Quiet Period)

### Men's Basketball

October 6 - March 28\*  
(Evaluation Period)

\*December 24 - December 26  
(Dead Period)

### Women's Basketball

September 16 - April 17\*  
(Evaluation Period / Quiet Period)

\*December 24 - December 26  
(Dead Period)



### Women's Lacrosse

December 1 - December 31  
(Quiet Period)

### Softball

December 1 - December 5  
(Quiet Period)

December 6 - December 10 (12:01am)  
(Dead Period)

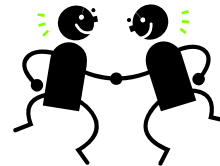
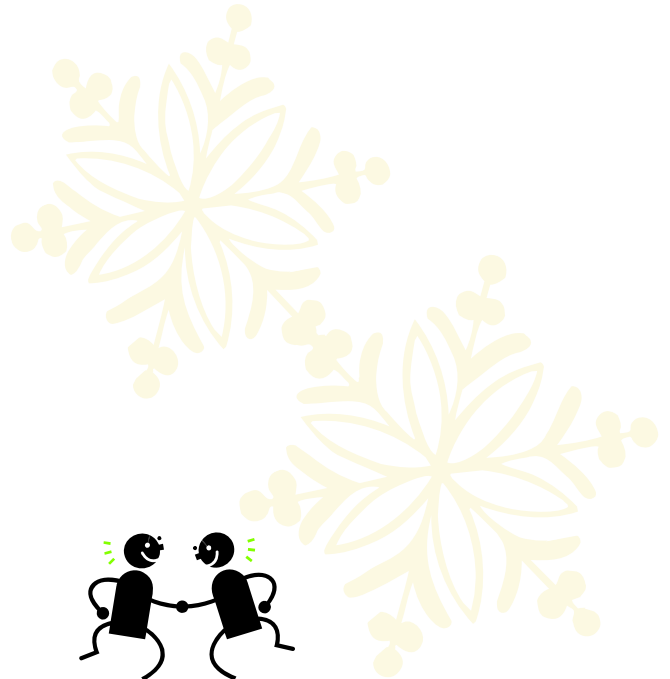
December 10 (12:02 am) - December 31  
(Quiet Period)

### Volleyball

December 1 - December 3  
(Contact/Evaluation Period)

December 4 - December 12  
(Quiet Period)

December 13 - December 31  
(Dead Period)



### All Other Sports

December 1 - December 31  
(Contact/Evaluation)

Remember: There will be no Colonials Compliance Newsletter for January 2007.  
Have a fun and safe Winter Break! See you in '07!!