2017-18 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following classes of drugs:

1. Stimulants.
2. Anabolic Agents.
3. Alcohol and Beta Blockers (banned for rifle only).
4. Diuretics and Other Masking Agents.
5. Illicit Drugs.
7. Anti-Estrogens.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

b. Gene Doping
c. Local Anesthetics (under some conditions).
d. Manipulation of Urine Samples.
e. Beta-2 Agonists permitted only by prescription and inhalation (i.e., Albuterol).

NCAA Nutritional/Dietary Supplements WARNING:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is taken at your own risk.

Check with your athletics department staff prior to using a supplement.
**Some Examples of NCAA Banned Substances in Each Drug Class.**

**THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES.**
**Do not rely on this list to rule out any label ingredient.**

**Stimulants:**
- amphetamine (Adderall);
- caffeine (guarana); cocaine; ephedrine; methamphetamine;
- methylphenidate (Ritalin); synephrine (bitter orange); methylhexanamine (DMAA); “bath salts” (mephedrone); Octopamine; DMBA; phenethylamines (PEAs); etc.
  *exceptions: phenylephrine and pseudoephedrine are not banned.*

**Anabolic Agents** (sometimes listed as a chemical formula, such as 3,6,17-androstanetriol):
- Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone;
- etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol;
- stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033); etc.

**Alcohol and Beta Blockers** (banned for rifle only):
- alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

**Diuretics** (water pills) and Other Masking Agents:
- bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

**Illicit Drugs:**
- heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

**Peptide Hormones and Analogues:**
- growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); IGF-1 (colostrum); etc.

**Anti-Estrogens:**
- anastrozole; tamoxifen; formestane; ATD, clomiphene; SERMS (nolvadex); Arimidex; clomid;
- evista; fulvestrant; aromatase inhibitors (Androst-3,5-dien-7,17-dione), etc.

**Beta-2 Agonists:**
- bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcoclaunine; etc.

*Any substance that is chemically related to one of the above classes, even if it is not listed as an example, is also banned!*

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting Drug Free Sport AXIS, 877-202-0769 or [www.drugfreesport.com/axis](http://www.drugfreesport.com/axis) password ncaa1, ncaa2 or ncaa3.

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