



STAFF

Steve Mrowka, Head Coach
Tim Brown, Assistant Coach
Jon Greenwich, Assistant Coach
Jake Wald, Assistant Coach



The George Washington University
Summer Baseball Camp
Charles E. Smith Center
600 22nd Street, NW
Washington, DC 20052

www.GWsports.com

 www.facebook.com/GWsports

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**THE GEORGE WASHINGTON UNIVERSITY
INSTRUCTIONAL BASEBALL CAMP**

Monday, July 16–Friday, July 20, 2012

Barcroft Park
Arlington, VA



Dear Campers,

We are excited to announce this year's dates for the 2012 GW Instructional Baseball Camp from July 16-20.

My staff and I are excited to offer a baseball camp designed to teach basic skills and fundamentals in a college-level atmosphere. GW's beautiful new stadium at Barcroft Park is the perfect environment for each participant to receive the instruction and encouragement needed to develop his game and confidence. In addition to individual instruction, campers will enjoy scrimmage games each day. Teams will be created by age, ability and prior experience.

GO COLONIALS!



Head Coach Steve Mrowka



GW INSTRUCTIONAL BASEBALL CAMP DETAILS

Participants will be grouped by age and grade.

HITTING INSTRUCTIONS INCLUDE:

- Lectures on Fundamentals
- Drill Work
- Batting Practice & Video Analysis
- Mental Approach to Hitting
- How we Train an NCAA Division I Baseball Team

DEFENSIVE INSTRUCTIONS INCLUDE:

- Lectures on Fundamentals
- Drill Work
- Live Throwing/Bullpens & Video Analysis
- Mental Approach to Pitching & Playing Defense
- How we Train an NCAA Division I Baseball Team

LUNCH:

Meals will not be provided during the lunch break. You will need to bring lunch. Drinking water will be available throughout the day.

EQUIPMENT:

Each camper must bring his own equipment (glove, bat, helmet, batting glove, sunscreen, sunglasses, water bottle, etc.). We will have a limited number of bats and helmets available.

LOCATION:

The newly renovated GW field at Barcroft Park is a fully synthetic surface installed by the industry leader FIELDTURF, Inc. In addition to the new surface is brand new stadium seating, restrooms, dugouts, batting cages, and bull pens. A perfect environment to play baseball.

Barcroft Park - Field #6
4200 South Four Mile Run Drive
Arlington, VA 22206
For directions, please visit www.GWsports.com.



APPLICATION

Name:	
Email:	
DOB:	Age:
Height:	Weight:
School & Grade Entering Fall 2012:	
Primary Position:	Secondary:
Address:	
City/State/Zip Code:	
Allergies:	
T-Shirt Size:	
Summer Team & League:	
Summer Team Coach(es):	
Parent/Guardian 1: Home Phone 1: Cell Phone 1: Email 1:	
Parent/Guardian 2: Home Phone 2: Cell Phone 2: Email 2:	
Emergency Contact Name & Number:	

Camp is open to all baseball players from ages 8 to 12. (Limited only by number, age, and grade level)

Date: July 16-20
Times: 9am-4pm
Half Day: 9am-12pm
Extended Hours: 7-9am; 4-6pm

COST:

Full day: \$240	Please make checks payable to: GW Baseball 600 22nd Street, NW Washington, DC 20052
Half Day: \$140	
Extended Hours: AM- \$25; PM- \$30	
Discount: 20% off for second child or multi-session	

For online registration go to www.GWsports.com and under Fan Zone, click on the Camps & Clinics tab.

For additional information, please contact Coach Mrowka at 202.994.7399 or smrowka@gwu.edu.