

# 2007-08 Cross Country and Track & Field

Holly STEWART

## Cross Country 4K

15:50.4 (19th) Catamount Classic 2007  
16:02.90 Winthrop Invite 2005

## Cross Country 5K

18:57.71 Citadel Invite 2007  
18:58.19 SoCon Championship 2006  
19:11 Eye Opener Invite 2007  
19:13.12 SoCon Championship 2007  
19:39.38 Citadel Invite 2006  
19:46 Eye Opener Invite 2006  
19:49 Furman Invite 2007  
19:52 Furman Invite 2006  
19:52.21 SoCon Championship 2005  
20:03.06 Disney Classic 2007  
20:22 Clemson Invite 2005  
20:23.17 Furman Invite 2004  
20:39.22 Coastal Carolina Invite 2005  
21:19 Winthrop Invite 2006  
21:23 Furman Invite 2005

## Cross Country 6K

24:11 NCAA Regionals 2006

## Indoor 3,000m

10:57.35 ETSU Invite 2007  
11:37.51 Air Force Invite 2007

## Indoor 5,000m

18:34.70 Clemson Invite 2007  
18:38.02 SoCon Championship 2007  
19:16.65 SoCon Tourney 2008  
19:53.13 ETSU Invite 2006  
20:04.06 Tiger Invite 2006  
20:13.81 SoCon Championship 2006

## Outdoor 1,500m

5:15.23 Solid Orange 2007

## Outdoor 3,000m

12:12.20 Wake Forest 2005

## Outdoor 5,000m

18:07.93 Furman Invite 2007  
18:37.32 (11th) Tiger Invite 2007  
19:10.57 (6th) Emory Invite 2008  
19:11.00 (3rd) Furman Invite 2008  
19:15.54 (16th) SoCon Championship 2008  
19:27.45 Clemson Relays 2006  
19:32.67 (4th) CSU Invite 2008  
19:38.38 SoCon Finals 2006  
19:42.18 USC Invite 2006  
20:19.45 Solid Orange 2006  
20:21.66 Furman Invite 2006  
20:57.60 Clemson Relays 2007

## Outdoor 10,000m

39:27.82 (7th) SoCon Championship 2008  
40:45.41 (3rd) Emory Asics Invite 2008  
42:30.52 SoCon Finals 2007