

# 2007-08 Cross Country and Track & Field

## Mo CAMPBELL

### Cross Country 2K

12:36 Western Carolina 2004

### Cross Country 4K

15:32.30 Winthrop Invite 2005  
16:07 Winthrop Invite 2004  
17:08.8 (48th) Catamount Classic 2007

### Cross Country 5K

19:21 Clemson Invite 2005  
19:47 SoCon Championship 2005  
19:25.36 Citadel Invite 2005  
19:46.53 Coastal Carolina Invite 2005  
19:48.75 SoCon Championship 2004  
19:49.16 Citadel Invite 2004  
20:03.76 SoCon Championship 2007  
20:03.83 Citadel Invite 2007  
20:07 Furman Invite 2005  
20:09.41 Furman Invite 2004  
20:12.31 SoCon Championship 2006  
20:21 Eye Opener Invite 2007  
20:31 Furman Invite 2007  
20:34.26 Disney Classic 2007  
20:45 Citadel Invite 2006  
21:20 Furman Invite 2006  
21:27 Winthrop Invite 2006

### Indoor 3,000m

11:00.89 Tiger Invite 2005

### Indoor 5,000m

19:07.82 UNC Invite 2005  
19:11.31 SoCon Championship 2005  
19:42.70 SoCon Championship 2007  
19:54.13 Tiger Invite 2007  
19:55.10 Clemson Invite 2007  
20:03.05 ETSU Invite 2007  
20:21.70 ETSU Invite 2006

### Outdoor 3,000m

11:25.50 Winthrop Invite 2007

### Outdoor 5,000m

19:19.38 Wake Forest 2005  
19:22.39 Furman Invite 2007  
19:33.01 Solid Orange 2005  
20:47.36 Furman Invite 2007

### Outdoor 10,000m

41:09.16 Clemson Invite 2007  
41:09.44 SoCon Championship 2007  
41:36.26 Clemson Invite 2005