

2007 Furman Women's Track & Field Outdoor Best Lists

100 Meter Dash

NCAA Regional — 11.75

Furman — 12.14, Candi Woodson 2002

A. Sullivan (1st)	12.99	FU '06
A. Sullivan (9th)	12.55	SO '05
A. Sullivan (2nd)	13.29	FU '05
A. Sullivan (6th)	12.78	USC '06
A. Sullivan (16th)	12.84	SoCon '05
A. Sullivan (12th)	13.15	CU '06

100 Meter Hurdles

NCAA Regional — 13.92

Furman — 15.12, Whitney Jones 2006

W. Jones (3rd)	15.02	WIN '07
W. Jones (6th)	15.12	CU '06
W. Jones (7th)	15.15	SO '06
W. Jones (9th)	15.29	SoCon '05
W. Jones (12th)	15.43	USC '06
W. Jones (10th)	15.45	SO '05
W. Jones (2nd)	15.54	FU '07
W. Jones (P)	15.66	SoCon '07
W. Jones (P)	16.09	SO '06
W. Jones (20th)	16.34	CU '05
W. Jones (9th)	16.41	CU '07
W. Jones (2nd)	17.45	FU '05
W. Jones (P)	19.95	SoCon '06

200 Meter Dash

NCAA Regional — 23.96

Furman — 24.37, Shiree Cutts, Salima Fountain 1994

T. Small (24th)	26.88	SoCon '05
T. Small (17th)	27.05	SO '05
T. Small (P)	27.68	SoCon '07
T. Small (5th)	28.15	FU '07
A. Sullivan (4th)	25.70	WF '05
A. Sullivan (21st)	26.42	SoCon '05

400 Meter Dash

NCAA Regional — 54.61

Furman — 54.95, Shiree Cutts 1994

K. Holtfreter (2nd)	1:01.53	FU '07
D. May (P)	1:04.24	SoCon '07
D. May (6th)	1:04.61	WIN '07
T. Small (4th)	1:02.20	WF '05
T. Small (3rd)	1:03.15	FU '05
T. Small (P)	1:05.00	SoCon '07

400 Meter Hurdles

NCAA Regional — 1:00.82

Furman — 1:02.30 Monica Hill 2001

J. Lucas (4th)	1:08.76	SO '05
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800 Meter Run

NCAA Regional — 2:09.80

Furman — 2:11.24, McKenzie Sharpe 2006

L. Barker (P)	2:17.43	SoCon '07
L. Barker (3rd)	2:18.50	SO '06
L. Barker (2nd)	2:18.52	SO '07
L. Barker (1st)	2:19.08	FU '07
L. Barker (7th)	2:20.50	SCF '07
L. Barker (6th)	2:20.68	USC '06

R. Mullen (4th)	2:12.59	SCF '06
R. Mullen (P)	2:13.80	SoCon '06
R. Mullen (1st)	2:14.82	USC '06
R. Mullen (30th-B)	2:16.92	Stanford '07
R. Mullen (P)	2:17.66	SoCon '05
R. Mullen (P)	2:19.54	SoCon '07
R. Mullen (4th)	2:21.91	FU '07
R. Mullen (4th)	2:20.91	WF '05
R. Mullen (6th)	2:21.33	SoCon '05
R. Mullen (2nd)	2:21.80	WIN '07
R. Mullen (10th)	2:24.55	SO '05

M. Sharpe (1st)	2:11.24	SoCon '06
M. Sharpe (25th)	2:12.00	NCAA '06
M. Sharpe (1st)	2:12.50	FU '06
M. Sharpe (P)	2:14.59	SoCon '06
M. Sharpe (1st)	2:15.23	SO '06
M. Sharpe (2nd)	2:15.56	USC '06
M. Sharpe (26th-B)	2:15.57	Stanford '07
M. Sharpe (P)	2:15.71	SoCon '05
M. Sharpe (2nd)	2:16.47	SoCon '07
M. Sharpe (2nd)	2:16.71	WF '05
M. Sharpe (2nd)	2:16.89	SO '05
M. Sharpe (3rd)	2:17.01	SoCon '05
M. Sharpe (P)	2:17.62	SoCon '07
M. Sharpe (1st)	2:18.50	FU '05
M. Sharpe (2nd)	2:19.55	FU '07
M. Sharpe (5th)	2:22.44	WIN '07

1,500 Meter Run

NCAA Regional — 4:27.80

Furman — 4:30.84, H. VandeBrake 1995

L. Barker (5th)	5:10.43	FU '06
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R. Mullen (1st)	4:46.35	FU '06
R. Mullen (4th)	5:01.10	FU '05
H. Stewart (7th)	5:15.23	SO '07

3,000 Meter Steeplechase

NCAA Regional — 10:50.25

Furman — 11:19.38, Page Bridges 2006

P. Bridges (1st)	11:10.32	FU '07
P. Bridges (4th)	11:19.38	SoCon '06
P. Bridges (2nd)	11:22.41	USC '06
P. Bridges (1st)	11:26.39	FU '06
P. Bridges (5th)	11:26.77	SoCon '07
P. Bridges (2nd)	11:30.17	FU '05
P. Bridges (4th)	11:31.79	SoCon '05

P. Bridges (2nd)	11:32.80	CU '06
P. Bridges (4th)	11:35.57	SO '05
P. Bridges (2nd)	11:47.87	SO '06
P. Bridges (3rd)	12:02.51	WF '05

3,000 Meter Run

Furman — 9:57.17, H. VandBrake 1995

M. Campbell (13th)	11:25.50	WIN '07
G. Garrett (6th)	10:45.52	WIN '07
B. Johnson (15th)	11:27.50	WIN '07
L. Mulvey (10th)	11:12.35	WIN '07
L. Mulvey (6th)	11:24.03	WF '05
H. Stewart (8th)	12:12.20	WF '05

5,000 Meter Run

NCAA Regional — 16:52.00

Furman — 17:05.53, Jill Braley 2001

M. Campbell (2nd)	19:19.38	WF '05
M. Campbell (6th)	19:22.39	FU '07
M. Campbell (5th)	19:33.01	SO '05
M. Campbell (18th)	20:47.36	FU '07
G. Garrett (3rd)	18:40.24	FU '07
G. Garrett (5th)	19:22.71	CU '07
G. Garrett (12th)	20:00.73	USC '06
G. Garrett (23rd)	20:11.53	SoCon '06
G. Garrett (8th)	20:16.62	CU '06
G. Garrett (20th)	20:44.64	SoCon '07
G. Garrett (10th)	20:47.87	CU '05
G. Garrett (10th)	20:35.00	FU '05
G. Garrett (5th)	21:27.20	FU '06
G. Garrett (9th)	21:46.71	SO '06

B. Johnson (21st)	20:45.62	SoCon '07
M. Lordi (8th)	19:48.83	FU '07
M. Lordi (2nd)	20:00.70	SO '07
M. Lordi (19th)	20:24.47	SoCon '07
M. Lordi (12th)	21:10.84	CU '07

L. Mulvey (5th)	18:54.70	FU '07
L. Mulvey (3rd)	19:02.06	CU '06
L. Mulvey (6th)	19:06.09	USC '06
L. Mulvey (17th)	19:20.55	SoCon '06
L. Mulvey (7th)	20:09.82	CU '05
L. Mulvey (8th)	20:23.90	FU '05

H. Stewart (1st)	18:07.93	FU '07
H. Stewart (4th)	19:27.45	CU '06
H. Stewart (18th)	19:38.38	SoCon '06
H. Stewart (10th)	19:42.18	USC '06
H. Stewart (4th)	20:19.45	SO '06
H. Stewart (3rd)	20:21.66	FU '06
H. Stewart (10th)	20:57.60	CU '07

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10,000 Meter Run

NCAA Automatic — 33:55.00

NCAA Provisional — 35:00.00

Furman — 35:25.41, Jill Braley 2001

M. Campbell (2nd)	41:09.16	CU '07
M. Campbell (10th)	41:09.44	SoCon '07
M. Campbell (3rd)	41:36.26	CU '05
H. Stewart (13th)	42:30.52	SoCon '07

4x100 Meter Relay

NCAA Regional — 45.70

**Furman — 47.69, Moon, Fountain
Krueger, Cutts 1994**

Furman (1st)	48.00	FU '06
Furman	49.48	USC '06
Edgar, Sharpe (5th) Handley, Jones	49.89	SoCon '06
Edgar, Sharpe (4th) Handley, Sullivan	50.50	SO '06
Furman (8th)	50.70	SoCon '07
Sharpe, Aguocha (2nd) Holtfreter, Jones	50.99	FU '07
Sullivan, Sharpe (5th) Jones, Holtfreter	51.45	WIN '07
Small, Sharpe (10th) Holtfrether, Jones	51.49	CU '07

4x400 Meter Relay

NCAA Regional — 3:42.00

**Furman — 3:52.43 Denison, Rivas,
Hill, Highbaugh 1999**

Edgar, Handley (3rd) Mullen, Sharpe	3:53.77	SoCon '06
Furman (4th)	3:57.42	USC '06
Edgar, Handley (3rd) Sharpe, Mullen	3:58.75	SO '06
Furman (7th)	4:02.66	SoCon '07
Mullen, Barker (9th) Small, Sharpe	4:07.24	CU '07
Mullen, Barker (3rd) Holtfreter, Sharpe	4:04.80	FU '07

Long Jump

NCAA Regional — 5.97m

Furman — 5.80m, Chibuzo Aguocha 2007

C. Aguocha (1st)	5.80m	FU '07
C. Aguocha (1st)	5.78m/18-11.50	FU '06
C. Aguocha (6th)	5.73m/18-10.50	SoCon '07
C. Aguocha (2nd-B)	5.69m/18-0.80	Stanford '07
C. Aguocha (1st)	5.68m/	WIN '07
C. Aguocha (4th)	5.65m/18-4.50	SoCon '06
C. Aguocha (2nd)	5.60m/18-3.25	SO '06
C. Aguocha (4th)	5.57m/18-3.25	CU '06
C. Aguocha (P)	5.48m/17-11.75	CU '06
C. Aguocha (P)	5.34m/17-11.75	SO '05
C. Aguocha (6th)	5.34m/17-6.25	SO '05
C. Aguocha (1st)	17-5.00	FU '05
C. Aguocha (P)	5.22m/17-1.50	SO '06
C. Aguocha (18th)	4.85m/15-11.0	SoCon '05
W. Jones (2nd)	16-05.50	FU '05
W. Jones (P)	4.83m/15-10.25	SO '05
W. Jones (21st)	4.62m/15-2.0	SoCon '05

Triple Jump

NCAA Regional — 12.32m

Furman — 12.74m, Chibuzo Aguocha 2007

C. Aguocha (2nd)	12.74m/41-9.75	SoCon '07
C. Aguocha (21st)	12.24m/	NCAA '07
C. Aguocha (1st)	11.99m/	WIN '07
C. Aguocha (8th)	11.86m/	Stanford '07
C. Aguocha (6th)	11.81m/38-09.00	SoCon '05
C. Aguocha (1st)	11.77m/	FU '07
C. Aguocha (2nd)	11.67m/38-3.50	USC '06
C. Aguocha (1st)	11.48m/37-8	FU '06
C. Aguocha (6th)	11.47m/37-7.75	CU '06
C. Aguocha (1st)	37-7.50	FU '05
C. Aguocha (1st)	11.24m/36-10.5	WF '05
C. Aguocha (P)	10.79/35-5.0	SO '05
C. Aguocha (9th)	10.79m/35-5.0	SO '05
W. Jones (2nd)	10.58m/34-8.5	WF '05
W. Jones (13th)	10.33m/33-10.75	SoCon '05
W. Jones (3rd)	33-9.25	FU '05

Legend of Events

USC	USC Invite	03/18/06
CU	Clemson Relays	03/25/06
		03/23/07
		03/26/05
FU	Furman Invite	04/01/06
		04/07/07
		04/02/05
NCAA	NCAA Regional	05/27/06
		05/26/07
SO	Solid Orange	04/15/06
		04/14/07
		04/16/05
Stanford	Stanford Invite	03/31/07
SoCon	SoCon Champs.	04/30/06
		04/22/07
		05/01/05
WIN	Winthrop Invite	03/17/07
WF	Wake Forest	03/19/05
P	Preliminaries	