



FURMAN UNIVERSITY SPORTSMEDICINE CENTER

Dear Student-Athlete:

The Furman University Athletic Department recognizes that the use of abusive drugs and alcohol is a major problem facing society today. The use and abuse of prohibited drugs and alcohol represents a danger to the health and well-being of the student-athlete.

You as a student-athlete are subject to all aspects of the Furman University Substance Abuse Policy, all NCAA rules and regulations concerning drug testing and the use of banned substances. In addition, you are subject to the Furman University Athletic Department Substance Abuse and Drug Testing Policy and Procedures.

Failure to follow the guidelines of the above mentioned, policies and procedures can lead to dismissal from athletic participation as well as a potential loss of any or all financial assistance by Furman University.

Attached are the current Athletic Department Substance Abuse and Drug Testing Policy and Procedures. Please review with your parents or legal guardians. Once you have reviewed the policy, please sign the attached consent forms and return with your pre-participation packet information.

If you have any questions, please do not hesitate to contact our office.

Sincerely,

Elaine Baker, ATC, SCAT
Director of Sports Medicine/
Associate Director of Athletics

**Furman University
Athletic Department
Substance Abuse and Drug Testing Policy and Procedures**

I. Introduction:

The Athletic Department at Furman University recognizes that abusive drugs are a problem that mirrors contemporary modern society. The use of prohibited drugs, alcohol, and the abuse of drugs and alcohol and other controlled dangerous substances, as well as chemical dependency to such agents, constitute a threat to the integrity of intercollegiate athletics, represent a danger to the health, welfare and career of the Furman University student-athlete, and subject the Furman University student-athlete to exploitation. The main purpose of this policy is to protect the Furman University student-athlete from the risks and dangers of alcohol and drug abuse through such measures as drug and alcohol education, drug testing, drug counseling/rehabilitation, and when appropriate, sanctions.

II. Philosophy of Policy:

1. To educate Furman University student-athletes on the effects of alcohol and abusive drugs on their physical, psychological, and social selves.
2. To identify the chemical abuser and to provide a mechanism of counseling and rehabilitation.
3. On a departmental level, remove the stigma of drug abuse from those student-athletes who are not abusers.
4. To reassure athletes, parents, alumni, and the community that the health and academic progress of each of its student-athletes, is the department's primary goal.

III. Drug and Alcohol Abuse Education:

The Furman University Athletic Department will hold drug education meetings for all its athletes. The main speakers at these educational seminars, will be drawn from both Furman University based and community based resources. The objective of these meetings is to educate our athletes on the harmful effects of alcohol and drugs, the negligible positive effects of alcohol and drugs, and finally, the socio-legal implications resulting from drug misuse.

IV. Drug Testing:

Any prohibited drug found in the NCAA Banned Drug Reference List (the "NCAA Drug List") and any subsequent additions to the original list, regardless of whether such drugs are prescribed or non-prescribed, legal or illegal, and any other controlled dangerous substance may be tested. Included are "street drugs" (as defined by NCAA guidelines) are:

Cocaine
Heroin
Marijuana
Methamphetamine
THC(Tetrahydrocannabinol)
Anabolic steroids
Synthetic drugs
Others

Testing for the presence of any prohibited drug by the NCAA shall be in addition to, and not in place of, any testing done by Furman University under this policy.

Each student athlete is asked to sign a release/consent form (prior to the start of their freshman athletic participation), which states that he/she is aware that urine testing for the presence of drugs is permitted and mandatory during his/her intercollegiate athletic participation.

Once the policy is signed by the student-athlete, the student-athlete thereafter will be subjected to unannounced, observed and/or unobserved, random drug testing for the presence of any prohibited drug. The determination of which student-athlete will be tested and the frequency of testing shall be at the discretion of the Athletic Director, Director of Sports Medicine, and Head Athletic Trainer. In signing the release/consent form, each athlete understands that voluntary failure to undergo testing will result in loss of privilege to participate in any program of the athletic department. Refusal to provide a urine sample when selected will result in the following:

1. A refusal by a student-athlete to provide a urine sample upon request shall result in the student-athlete's suspension from further participation (scheduled athletic contests against opposing teams) in all intercollegiate athletics for 30 days from the date of first refusal.
2. A second refusal by a student-athlete to provide a urine sample, at any time while a student-athlete at Furman University, shall result in the student-athletes's suspension from further participation (team practice and scheduled athletic contests against opposing teams) in intercollegiate athletics for a period of 60 days, from the date of second refusal. Along with this, partial termination of all funding (scholarships, grant-in-aid, etc.) as may be deemed appropriate by the Athletic Director.
3. A third refusal by a student-athlete to provide a urine sample, at any time while a student-athlete, shall result in the student-athletes' dismissal and permanent termination from participation in all intercollegiate athletic programs at Furman University and termination of all funding (scholarships, grant-in-aid, etc.)

To ensure proper collection, analysis, and chain of custody of urine samples, a predetermined and certified laboratory will be responsible for the urine sample. A Certified Medical Review Officer will be made available by the predetermined and certified laboratory.

The results of the testing, by the certified laboratory, will be reported to the Head Athletic Trainer. All results then will be reported to the Director of Sports Medicine and the Athletic Director, by the Head Athletic Trainer, for possible disciplinary sanctions if needed. The parent/guardian, team physician, head sport coach, and other university officials may receive the results, if it is deemed appropriate by the Athletic Director.

V. Counseling:

Counseling may be helpful to the individual in preventing recurrence of drug or alcohol abuse. Information about counseling services will be made available to any athlete who is subject to sanctions under this policy. On a case-by-case basis, the Athletic Director may recommend counseling to assist an athlete or require the athlete to have an initial appointment to discuss the situation with a counselor and to explore the possible usefulness of counseling. Participation in ongoing counseling will be a voluntary basis and all information pertaining to counseling sessions will be confidential between the athlete and the counselor. With written approval from the student-athlete, selected information (deemed appropriate by the counselor) may be given to the Athletic Director, if sanctions are to be issued, to determine the extent of disciplinary actions.

VI. Drug Testing Sanctions:

A. First Violation (Positive Test):

1. The Athletic Director, Head Athletic Trainer, Director of Sports Medicine, Head Sport Coach, Team Physician, Parents/Guardians will be informed of the positive results.
2. Within 24 hours of notification of a positive test result, the student-athlete will be retested to rule out a false positive. If re-test results are positive sanctions will be issued.
3. The student-athlete will be strongly encouraged to participate in appropriate counseling sessions with professional counselors as determined by Furman University Counseling Center.
4. Student-Athlete will be required to undergo weekly urinalysis for a minimum of 3 weeks or until such time as the student-athlete does not test positive, which ever period of time is longer. If the test results during the continual urinalysis following a first violation, show an increase instead of a decrease of any prohibited drug, such an increase shall be deemed a second violation or if another prohibitive drug is found will be deemed a second violation.
5. A first violation will result in on or more of the following sanctions:
 - a. Suspension – temporary, indefinite or permanent suspension of the student athlete from further participation (scheduled athletic competition against opposing teams) in all intercollegiate athletics.
 - b. Cancellation of all or part of any room and/or board provided by Furman University to the student-athlete.
 - c. Cancellation of all or part of any grant-in-aid provided by Furman University.
 - d. Cancellation of all or part of any other benefits provided to the student-athlete by Furman University including tuition, books, and the like.

B. Second Violation:

1. The Athletic Director, Head Athletic Trainer, Director of Sports Medicine, Head Sports Coach, Team Physician, Parents/Guardians will be informed of positive results.
2. Within 24 hours of notification of a positive test result, the student-athlete will be retested to rule out a false positive. If re-test results are positive, sanctions will be issued.
3. The student-athlete will be required to participate in appropriate counseling sessions with professional counselors as determined by Furman University Counseling Center.
4. The student-athlete will be required to undergo weekly urinalysis for a minimum of 6 weeks or until such time as the student-athlete does not test positive, which ever period of time is longer. If a test result during the continual urinalysis following a first violation show an increase instead of a decrease of any prohibited drug, such an increase shall be deemed a second violation or if another prohibitive drug is found will be deemed a second violation.
5. A second violation will result in one or more of the following sanctions:
 - a. Suspension – temporary, indefinite or permanent suspension of the student athlete from further participation (scheduled athletic competition against opposing teams and scheduled team practice) in all intercollegiate athletics.

- b. Cancellation of all or part of any room and/or board provided by Furman University to the student-athlete
- c. Cancellation of all or part of any grant-in-aid provided by Furman University.
- d. Cancellation of all or part of any other benefits provided to the student-athlete by Furman University including tuition, books, and the like.

C. Third Violation:

1. The Athletic Director, Director of Sports Medicine, Head Athletic Trainer, Team Physician, Head Sport Coach, Parents/Guardians will be informed of the positive test results.
2. Within 24 hours of notification of positive test results, student-athlete will be re-tested to rule out a false positive. If re-test results are positive, sanctions will be issued.
3. The student-athlete will be required to participate in such counseling sessions with professional counselors as determined by Furman University.
4. A third violation will result in one or more of the following additional sanctions:
 - a. Suspension – permanent suspension of the student-athlete from further participation (all practice and scheduled athletic contests against opposing teams in any intercollegiate athletic programs).
 - b. Cancellation of all room and/or board provided by Furman University.
 - c. Cancellation of all grant-in-aid by Furman University.
 - d. Cancellation of all other benefits provided to the student-athlete by Furman University including tuition, books, and the like.

Violations of the Furman University Drug Policy are cumulative such that the number of violations of the policy, by a student-athlete, is calculated over each student-athletes's career at Furman University, not on a yearly basis.

Furman University maintains a Zero-Tolerance Policy, about the use of all **Anabolic Agents**. Those agents listed as part of the NCAA list of banned-drug classes and any "related compounds" comprising substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Violation (Positive Test):

The result of a positive drug test for an anabolic agent detected either in the administration of the Furman University Drug Testing program or NCAA Drug Testing program will result in an immediate loss of eligibility and dismissal from participation in Furman University athletics. All financial assistance provided by Furman University will be withdrawn.

All retesting protocols as outlined by the Furman University Drug Testing program and NCAA Drug Testing program, will be followed to verify any false positives.

Verification of a confirmed positive drug test for an anabolic agent will result in a permanent dismissal of the student-athlete for all intercollegiate participation with Furman University.

Each student-athlete is obligated to advise the Head Athletic Trainer prior to providing any urine sample of all medications, whether prescriptive or non-prescriptive, which the student-athlete is presently taking or has taken within the preceding thirty days, and along with the medical reason.

Any student-athlete, who has been suspended from participation in any intercollegiate athletic program at Furman University (except permanent suspension for which reinstatement is not permitted under any circumstance), whether such suspension is of limited duration or indefinite, may be reinstated only upon the consent and approval of the Head Sport Coach and Athletic Director, provided however, that as a condition of any reinstatement, the student-athlete (on a case-by-case review) may be required to undergo additional counseling and rehabilitation as determined by Furman University and provide urine samples resulting in negative test results for a minimum period of six months.

VII. Alcohol:

A. The Furman University student-athletes are subject to all local, state, and federal regulations concerning the use/consumption of alcoholic beverages. If the student-athlete is convicted of:

Driving under the influence
Drunken and disorderly conduct
Public intoxication
Minor in possession

or pleads guilty to, or forfeits bond to any other charge where legal intoxication is determined, one or more of the following sanctions will be imposed.

- a. Suspension – temporary, indefinite, or permanent suspension of the student-athlete from further participation (scheduled team practice and athletic competition against opposing teams) in all intercollegiate athletics.
- b. Cancellation of all or part of any room and/or board provided by Furman University to the student-athlete.
- c. Cancellation of all or part of any grant-in-aid provided by Furman University.
- d. Cancellation of all or part of any other benefits provided to the student-athlete by Furman University including tuition, books, and the like.
- e. Community service hours deemed appropriate by the Athletic Director.
- f. Mandatory participation in Furman University's O.C.T.A.A. program with fee being paid by the student-athlete.

B. If a student-athlete is charged with any of the offenses listed in paragraph A above, disciplinary procedures (suspension of athletic competition and/or practice, loss of financial aid, community service, etc.) as deemed necessary by the Athletic Director might be implemented pending final disposition of all charges.

VIII. Drug Trafficking/"Dealing":

The Furman University Student-Athlete is subject to all local, state, and federal regulations concerning drug trafficking/"dealing". If a student-athlete is charged with drug trafficking or other similar charge, disciplinary procedures (suspension of athletic competition and/or practice, loss of financial aid, community service, etc.) as deemed necessary by the Athletic Director, may be implemented pending final disposition of all charges

IX. Amendments/changes to policy:

The Furman University Athletic Department Drug Testing Policy is subject to change or amendment at any time. An attempt will be made to notify each student-athlete of any change or amendment to the policy.

X. Summary:

It is the intent of the Furman University Athletic Department to provide each of its athletes a mechanism of promoting self-satisfaction through sports participation. The Athletic Department also intends to provide a vehicle for the realization of each athletes' academic goals.



FURMAN UNIVERSITY ATHLETIC DEPARTMENT

SUBSTANCE ABUSE POLICY SIGNATURE PAGE

STATEMENT OF UNDERSTANDING AND RELEASE

I, _____, a student-athlete at Furman University hereby acknowledge receipt of a copy of the Furman University Athletic Department Policy on the Use of Abusive Drugs. I have read the policy, understand the policy and know my rights and responsibilities as described therein.

Student-Athlete Signature

Date

Witness Signature

Date

The above identified student-athlete is under eighteen years of age and I, _____, as parent/guardian of the student-athlete hereby acknowledge receipt of a copy of the Policy. I fully understand the Policy and give permission for my child to participate in the drug screening program.

Parent/Guardian Signature

Date

Witness Signature

Date

CONSENT TO PERFORM URINALYSIS FOR DRUG TESTING

I hereby consent to have a sample of my urine collected and tested for the presence of drugs in accordance with the Furman University Department of Athletics Drug Testing Program.

I understand that this testing will occur at such time or times as deemed appropriate by the team physician, the Athletic Director, Director of Sportsmedicine, my head coach or Athletic Trainer.

I understand that any urine samples will be sent only to a licensed medical laboratory for actual testing, and that the samples will be coded to provide confidentiality.

I hereby authorize the release of such urine testing results to the Athletic Director, team physician, Director of Sportsmedicine, head coach, Athletic Trainer, and other University officials and representatives as deemed appropriate by the Athletic Director. I understand that these results will also be made available to me.

I understand that I am free to withdraw this consent for urinalysis testing. However, I also understand that should I do so or refuse to submit to testing at the time requested, I will not be permitted to participate in any intercollegiate sporting program until such time as the Department of Athletics and Furman University shall deem appropriate, which also may result in loss of athletic financial aid.

I hereby authorize the release of the results of such testing to my parent/s or legal guardian upon receipt of a specific request.

I hereby release Furman University, its Trustees, officers employees, agents and representatives from legal responsibility or liability for the release of such information and records as authorized by this form.

Student-Athlete Signature

Date

Parent/Guardian Signature (*if under 18 years of age*)

Date

DRUG TESTING CONSENT

In the event I participate in any NCAA championship event or in any NCAA certified postseason football contest in behalf of any NCAA member institution during the current academic year, I hereby consent to be tested in accordance with procedures adopted by the NCAA to determine if I have utilized, in preparation for or participation in such event or contest, a substance on the list of banned drugs set forth in Executive Regulation 1-7-(b). I have reviewed the rules and procedures for NCAA drug testing and I understand that if I test "positive" I shall be ineligible for postseason competition for a minimum period of 90 days and may be charged thereafter upon further testing with the loss of postseason eligibility in all sports for the current and succeeding academic year. I further understand that this consent and my test results will become part of my educational records subject to disclosure only in accordance with my written Buckley Amendment consent and the Family Education Rights and Privacy Act of 1974.

Student-Athlete Signature

Date

Parent/Guardian Signature (*if under 18 years of age*)

Date

The National Collegiate Athletic Association
Mission, Kansas WB:jyn July 1986