



# Florida State Track and Field



## 2003 ACC Indoor Championships

Men's Champions: 1994

Women's Runner-up: 1997, 2000, 2001

### Florida State Top Performers in 2003

#### Men's

Event	Name	Time/Mark
55m Hurdles:	Danyne Brown	7.63
60m Hurdles:	n/a	
55m Dash:	Craphonso Thorpe	6.42
60m Dash:	n/a	
200m Run:	Brian Dzinglia	22.07
400m Run:	Derrick Baker	49.20
800m Run:	Sean Campbell	1:53.75
3000m Run:	Anthony Wilson	8:31.05
5000m Run:	Andrew Bautel	15:37.37
Mile Run:	Maarten van den Heuvel	4:09.30
4x400 Relay:		3:14.05
Distance Medley Relay:		10:40.44
Pole Vault:	Patrick Gerberich	15' 11" (4.85m)
High Jump:	Rashaad Curry	6' 6" (1.98m)
Triple Jump:	Rafeeq Curry	53' 7.5" (16.34m)!
Long Jump:	Kolby Jones	23' 10.25" (7.27m)
Shot Put:	Dorian Scott	61' 10.25" (18.85m)*
35lb. Weight Throw:	Josh Bowling	56' 2.50" (17.13m)

#### Women's

Event	Name	Time/Mark
55m Hurdles:	Kim Jones	7.77*
60m Hurdles:	Kim Jones	8.41*
55m Dash:	Kimberly Walker	7.20
60m Dash:	Kim Jones	7.71
200m Run:	Evelyne Niako	25.35
400m Run:	Tamara Campbell	57.29
800m Run:	Sara Swanson	2:37.79
3000m Run:	Vicky Gill	9:33.11*
5000m Run:	Vicky Gill	16:45.17*
Mile Run:	Natalie Hughes	5:00.57
4x400 Relay:		3:49.42
Distance Medley Relay:		14:11.09
Pole Vault:	Lacy Janson	13' 9.25" (4.20m)!
High Jump:	Marla Jackson	5' 6" (1.68m)
Triple Jump:	Sharneka Brown	40' 11.75" (12.49m)
Long Jump:	Kim Jones	20' 2.25" (6.15m)
Shot Put:	Cerenity Young	50' 9.5" (15.48m)*
20lb Weight Throw:	Amanda Kinney	55' 3.5" (16.85m)

\* NCAA Provisional ! NCAA Automatic

### Seminoles at the ACC

#### Indoor Championships in 2002

The Florida State men's track and field team finished in second place at last year's ACC Indoor Championships accumulating two first place finishes in the pole vault and triple jump events. **Jeff Atkinson** led the way in the pole vault for the Seminoles with a winning mark of 17' 3.5" (5.27m), which was a personal best and good for fourth all-time at Florida State. Mario Lowe picked up the other first place finish in the triple jump event with his mark of 49' 11" (15.21m). In the short track events, **Cedrick Robinson** paved the way for the Tribe finishing in fourth in the 200m and fifth in the 400m run. **Maarten van den Heuvel** picked up a second place finish in the 800m and **Joep Tigchelaar** led the Seminoles in the distance event finishing fourth in the 5000m. In the field events, **Kolby Jones** picked up second place in the long jump with a mark of 23' 9" (7.24m), while **Dorian Scott** (3<sup>rd</sup>) and **Josh Bowling** (5<sup>th</sup>) were top performers for the Garnet and Gold in the shot put and weight throw events, respectively.

Florida State's women's track and field team posted a tie for fifth place at last year's ACC Indoor Championships. **Kim Jones** led the Seminoles with two first place finishes in the 60m hurdles (8.38) and long jump (20' 10") events. The Tribe racked up another first place in the pole vault competition with **Lacy Janson** posting a jump of 13' 7.25" (4.15m). **Amanda Kinney** accumulated two top ten finishes in both the shot put and weight throw events. Kinney placed third in the shot put with a mark of 48' 2.5" (14.69m) and tenth in the weight throw at 52' 1" (15.87m). In the distance competition, **Natalie Hughes** was the Seminoles' top performer in the mile run finishing in second place with a time of 4:46.54.

## National Recognition

Heading into the ACC Indoor Championships this weekend, Florida State has seven athletes ranked nationally and two achieving spots in the top five. Freshman **Rafeeq Curry** jumped to an NCAA automatic qualifying mark at the Gator Invitational with his jump of **53' 7.5" (16.34m)** in the **men's triple jump** competition. He currently ranks fourth in the nation. For the women, sophomore **Lacy Janson** established a mark of **13' 9.25" (4.20m)** twice this season in the **women's pole vault** competition at the Purple Tiger Invite and then again at the Gator Invitational. Her mark was good for an NCAA Automatic qualifying height as well as a national ranking of third. Here is a look at the rest of Florida State's nationally ranked athletes in 2003:

Men's			
Name	Event	Time/Mark	Rank
Rafeeq Curry	Triple Jump	53' 7.5" (16.34m)	4 <sup>th</sup>
Dorian Scott	Shot Put	61' 10.25" (18.85m)	11 <sup>th</sup>
Garrett Johnson	Shot Put	59' 3" (18.06m)	20 <sup>th</sup>
Women's			
Name	Event	Time/Mark	Rank
Lacy Janson	Pole Vault	13' 9.25" (4.20m)	3 <sup>rd</sup>
Kim Jones	60m Hurdles	8.30	13 <sup>th</sup>
Vicky Gill	5000m	16:43.62	15 <sup>th</sup>
Vicky Gill	3000m	9:33.11	31 <sup>st</sup>
Cerenity Young	Shot Put	50' 9.5" (15.48m)	25 <sup>th</sup>

## Men's Championships by School

Maryland.....	26
Clemson.....	12
North Carolina.....	3
<b>Florida State.....</b>	<b>1</b>
NC State.....	1

## Women's Championships by School

North Carolina.....	13
Clemson.....	1
Georgia Tech.....	1
Virginia.....	1

## Seminole Record Holders At

### The ACC Indoor Championships

Year	Name	Event	Time/Mark
2000	Tonya Carter	60m Dash	7.15
1996	Relay Team	1,600m Relay	3:33.59
1993	Jeff Bray	Pole Vault	18'0.5"

## Rank in the ACC

The Seminoles have jumped out to a fast start this season in the ACC claiming 14 spots in the Women's Top 5, while holding the top mark in the 55m hurdles, the 60m hurdles, 5000m run, and pole vault events. Senior **Kim Jones** holds the top spots in the ACC in two events, the 55m and 60m hurdles. Her times of 7.77 in the 55m hurdles and 8.41 in the 60m hurdles were good for an NCAA provisional qualifying mark. The men have been equally impressive accumulating 11 spots in the Top 5, while maintaining a hold on first place in the triple jump and shot put events.

## Head of the Class

Freshman **Rafeeq Curry** and **Garrett Johnson** have been a pleasant surprise for the Seminole Track and Field team early this season. **Curry and Johnson rank as the top freshmen in both the men's triple jump and shot put events.** Curry's mark of 53' 7.5" (16.34m) leads all freshman and places him fourth in the national rankings. Johnson is the leading freshman in the shot put with a throw of 59' 3" (18.06m), which is good for a national ranking of 20<sup>th</sup> overall.

Sophomore **Lacy Janson** has continued to shine for the Garnet and Gold in only her second season at Florida State. In all three meets the Seminoles have competed in this season, **Janson has taken first place each time in the women's pole vault event.** She jumped to a career best mark of 13' 9.25" (4.20m) twice this season and **currently shares the top spot** with Fanni Juhasz of Georgia as **top sophomores in the nation in the pole vault competition.**

## It's 'Q' - Time

The Seminoles travel to Chapel Hill, NC for the ACC Indoor Championships with two athletes already receiving automatic qualifying bids for the 2003 NCAA Championships, along with seven others who have established provisional qualifying marks. **Lacy Janson** and **Rafeeq Curry** lead Florida State with an NCAA automatic bid in the women's pole vault and men's triple jump events, respectively.

FSU Track & Field Media Information:

Contact: Jason Leturmy

Phone: (850) 644-4836; Fax (850) 644-3820

email: jal7968@garnet.acns.fsu.edu



## Top Performers

Through six weeks this season, Florida State has garnered three ACC Performers of the Week in 2003, two on the women's side and one for the men. The Seminoles' three award winners are the second highest of any other school in the ACC behind only North Carolina who leads the conference with eight award winners. The Tribe received its first award in Week 3, January 27<sup>th</sup>, when **Lacy Janson** finished first in the pole vault competition at the Purple Tiger Invite. Janson vaulted to an NCAA automatic qualifying mark of 13' 9.25" (4.20m), which was good to share Co-Performer of the Week honors with UNC's Laura Gerraughty. Then in Week 5, February 10<sup>th</sup>, the Garnet and Gold swept both the men and women's award with **Rafeeq Curry** and **Kim Jones**. Curry posted a career best mark of 53' 7.5" (16.34m) in the men's triple jump, which automatically qualified him for the NCAA Championships. Jones received the award after two top five finishes at the Gator Invitational, as well as earning an NCAA provisional qualifying time of 7.77 in the 55m hurdles.

## Hit Me With Your Best Shot

**Cerenity Young** has led the Seminoles in the women's shot put event in all three meets this season and currently sits second in the ACC with a throw of 50' 9.5" (15.48m), good for an NCAA provisional qualifying bid.

On the men's side, **Dorian Scott** and **Garrett Johnson** have led the way for the Seminoles in the shot put. Scott has garnered two first place finishes at the Gator Invitational and Florida Intercollegiates and picked up second place at the Purple Tiger Invite. Scott's throw of 61' 10.25" (18.85m) at the Gator Invitational earned him an NCAA provisional qualifying mark as well as the top spot in the ACC. Johnson's best performance of the year came in Gainesville, Fla. at the Gator Invitational where the freshman achieved a career high throw of 59' 3" (18.06m), good for a third place finish.

## Mile Marker Maarten

Senior distance runner **Maarten van den Heuvel** has compiled two first place finishes in the mile run at the Gator Invitational and Florida Intercollegiates. His season high time of 4:09.30 at the Gator Invitational is good for second place in the mile in the ACC.



Here is a look at Florida State's honorary members selected to the ACC's 50th Anniversary Women's & Men's Indoor Track & Field Team:

### **Tonya Carter, 1997-2000**

Carter was the 2000 NCAA National Champion in the 60m dash, while earning All-American honors in 1999 and 2000 in the 60m dash. She set the ACC record in the 60m dash in 2000 with a time of 7.15, which still stands today. At the 2000 ACC Championships, she garnered first place finishes in the 60m and 200m dashes and earned All-ACC honors for her outstanding performances in 2000.

### **Sheryl Covington, 1991-1994**

Covington earned All-American honors in 1993 in the 55m and 200m dashes. She received the MVP award at the 1994 ACC Championships and was crowned ACC champion in the 55m dash in 1993 and 1994 and in the 200m dash in 1994. Covington was a three-time member of the All-ACC team as a Seminole.

### **Samantha George, 1996-2000**

George received All-American honors in the 400m dash, while running to an ACC championship in the same event all in 2000. She was an All-ACC honoree in both 1999 and 2000. George represented her native land of Canada at the 2000 Summer Olympics in Atlanta in the 400m hurdles and 400m dash. She left her mark in the Seminole record book as the school leader in the 400m dash.

### **Laura Gerber, 1999-2002**

Gerber earned All-American honors in 2001 for her third place finish at the NCAA Championships in the 800m run. She was the 1999 ACC Champion in the 800m, as well as a two-time member of the All-ACC team in 1999 and 2001.

### **Erica Shepard, 1994-1997**

Shepard garnered All-American status in the 800m run in 1996 and then in the 4x400 relay in 1996 and 1997. She ran to an ACC championship in the 800m in 1996 and 1997 and was a member of the NCAA runner-up 4x400 relay team.

### **Jeff Bray, 1991-1993**

Bray was a two-time champion in the pole vault event at the 1992 and 1993 ACC Championships. His mark of 18' 0.5" in the pole vault at the 1993 championships still holds as an ACC record in that event. Bray received All-American accolades for his performance in the pole vault in 1993.

### **Phillip Riley, 1994-1995**

Riley ran to two ACC championships in the 110m hurdles in 1994 and 1996. He was crowned an All-American in 110m hurdles in 1996.