

Directions To Practice Sites (Cross Country)

- Maclay (Forrest Meadows)
 - From campus head east on Tharpe till Monticello Rd. Take a left on Monticello and follow to and cross Monroe, and follow to Meridian. Take a left on Meridian and go ~5 miles to the Forrest Meadows Tennis complex on the left.
- Miccosukee Greenway
 - From campus head east on Tennessee, through town till the intersection of Tennessee and Capital Circle. Take a left onto Capital Circle heading north, ~1.5 miles on right is Miccosukee road, take the right and follow for ~3-4 miles to the Greenway which will be on the left (big open area).
- Clay Roads
 - Same as Greenway, except keep heading east on Miccosukee Rd. till it becomes a dirt road. Take a left and follow road for ~3-4 miles to a small white church on right hand side of road. Take right at church and pull off to side of road, practice starts from there.
- Silver Lake
 - Head west on Pensacola street, cross Capital Circle and continue west for ~5 miles until Silver Lake road, which will be on the left (there are two gas/convenience stores; BP & Express Lane). Take a left onto Silver Lake road and follow for ~4 miles till you see a big oak tree on your right (dirt roads) take a right and go off road.
- Munson
 - From campus head east on Gaines Street and go south on Monroe. Continue south on Monroe for ~5-6 miles, until you cross Capital Circle. After crossing Capital Circle park at the St. Marks Trailhead parking lot (although I believe they go further down the trail to park and start most workouts).
- San Luis
 - From campus head north on Stadium till Tennessee, go left on Tennessee till Ocala , follow Ocala till it ends at Tharpe, go left at Tharpe till San Luis road, go left on San Luis, park entrance is at bottom of hill on left, parking is located by bathrooms.
- Wakulla
 - Leaving campus head south on Lake Bradford, continue south crossing Capital Circle (treatment plant on left) ~10 miles and take a left on Route 267 and go east for ~10 miles following signs to the state park.
- Tom Brown Park
 - Follow Tennessee east and head south on Capital Circle and take a left at the Armory. Follow signs to the BMX track and park by the bathrooms.