

2007 FSU X-C Invitational

Saturday, September 22, 2007

@ Miccosukee Greenway Park, Tallahassee, FL

Schedule:

College:	7:30 am	Male	8000m
	8:10 am	Female	5000m
High School:	8:40am	Varsity Male	5000m
	9:10am	Varsity Female	5000m
Open:	9:45am	Open Male	5000m
	10:20am	Open Female	5000m

**** Open races are open to all age groups ****

11:00am College & High School Team Awards

All Athletes should be on the line and in their team's designated boxes 15 minutes before the start of their scheduled race!!

Awards:

High School Division

Team: Varsity Race: Team Champions & Runner-Ups
Individual: Varsity Race: Top 20

Collegiate Division

Team: Team Champions
Individual: Top 20 Overall individuals will receive shirts

Open Division

Top 5 overall receive shirts

Contact Information:

Head Cross Country Coach:
Bob Braman
850-645-1250
rbraman@mailier.fsu.edu

Meet Director:
Althea Belgrave
850-644-3270
ab03j@fsu.edu