

2007 FSU XC Invitational

< High School Information >

Divisions: One high school division – *Varsity*

Entry Limitations: Each school may enter (7) eligible athletes per team in the Varsity races. All other athletes must run in the Open division. There will be no “B” teams in the varsity division.

Entry Fees: \$50 per varsity team (Boys & Girls separate – 7 runners only!)
Make Checks payable to: **Florida State Officials Association**

****Send checks to:****
Cross Country
FSU Athletics
PO BOX 2195
Tallahassee, FL 32316

Individuals wishing to run without their team need to e-mail request to Coach Braman

<University/College Information>

Divisions: One division – *University*

Entry Fees: \$100 per varsity team (Men & Women separate – Unlimited Squad Size)

\$10 per open/individual competitor
Make Checks payable to: **Florida State Officials Association**

****Send checks to:****
Cross Country
FSU Athletics
PO BOX 2195
Tallahassee, FL 32316

<General Meet Information>

ALL Entries will be done via Direct Athletics this year!

Visit www.directathletics.com

A list of teams and competitors will be listed Wednesday, Sept. 19th @ 1pm on:
www.Seminoles.com, under "Cross Country," then "Home Meet Information."

<Open Division>

There will be no high school JV race this year, rather an open race available to high school, college, open, and community runners. Entry fees: \$3 per runner.

Email open entries to Coach Belgrave by Sept. 13th

Late entries add \$5 per runner.

THERE WILL BE NO RACE DAY ENTRIES

Entry Deadline: All entries must be received by September 13th. Schools failing to meet the entry deadline will be charged a \$25 late fee, or rejected. Late entry requests email Coach Braman.

Roster Changes: Roster changes can be made on directathletics.com until noon on Monday, September 17th. Changes after that must be e-mailed to: ab03j@fsu.edu

Course Inspection: The course will be open 2:00-6:00 Friday, September 21st. Please stay off the course during active racing on Saturday morning.

Packet Pick-up: Teams can pick-up packets and course maps on Friday (2:00-6:00pm) or Saturday morning. Please pick-up packets at least 1 hour before Race.