

Penn Relays
April 26 – 28, 2007

Florida State University Results

WOMEN

Thursday

3,000 Meters

- 5. Debbie Huss – 9:39.23
- 9. Audrey Hand – 9:51.61
- 14. Lydia Willemse – 9:58.33

5,000 Meters

- 21. Laura Bowerman – 17:12.02

Shot Put

- 5. Sarah Reed – 50'2.75"/15.31m

4x100 Meter Relay Prelims (Heat 1)

- 4. 46.61 – Alyce Williams, Kamilah Salaam, India Pettus, Alycia Williams

4x400 Meter Relay Prelims (Heat 3)

- 3. 3:40.88 – Keyla Smith, Hshkeni Richemond, Kandia Batchelor, Alycia Williams

Friday

4x200 Meter Relay Prelims (Heat 4)

- 2. 1:37.03 (Alyce Williams, Kamilah Salaam, India Pettus, Alycia Williams)

100 Meter Hurdles (Heat 2)

- 9. Kamilah Salaam – 14.37

Triple Jump

- 2. Alyce Williams – 43'8.75"/13.33m

Saturday

4x400 Meter Relay Championship of America

- 2. 3:38.92 (Keyla Smith, India Pettus, Kandia Batchelor, Alycia Williams)

MEN

Friday

4x100 Meter Relay Prelims (Heat 6)

- 1. 40.09 (Greg Bolden, Walter Dix, Charles Clark, Cedric Nabe)

4x200 Meter Relay Prelims (Heat 6)

- 1. 1:23.00 (Greg Bolden, Ronald Wright, Tywayne Buchanan, Ricardo Chambers)

4x400 Meter Relay Prelims (Heat 3)

4. 3:11.77 (Willie Gaines, Hubert Mitchell, Javier Garcia-Tunon, Tywayne Buchanan)

Sprint Medley Relay Championship of America**

1. 3:14.68 (Walter Dix, Charles Clark, Ricardo Chambers, Tom Lancashire)

100 Meters Prelims (Heat 3)

5. Cedric Nabe – 10.70

Friday**4x200 Meter Championship of America****

1. 1:21.73 (Greg Bolden, Ronald Wright, Tywayne Buchanan, Ricardo Chambers)

4x100 Meter Championship of America

2. 39.78 (Greg Bolden, Walter Dix, Charles Clark, Ronald Wright)

4x400 Meter College Championship

1. 3:12.53 (Willie Gaines, Javier Garcia-Tunon, Hubert Mitchell, Tywayne Buchanan)

110 Meter Hurdles College Championship

4. Drew Brunson – 13.81

College Javelin

6. Bryan Howard – 203'9"/62.10m

*** - First time in FSU history the men's program won a Penn Relays Championship of America title and this year the men won two.*