

VISITING TEAM INFORMATION

On behalf of the athletic training team at Florida State University, we would like to welcome you to Tallahassee! We hope your stay here is most enjoyable. Please do not hesitate to let us know how we can assist you and your team while in the Capital City. Best of luck and continued safe travels to you!

Before you begin your trip to Florida State University and the Tallahassee area, please view the following information to help make your trip easier and more successful.

[Link to emergency management plan](#)

Florida State University Athletic Training Services:

The following services will be provided to your team during your stay in Tallahassee. A certified athletic trainer will be on site for every event and a team physician will either be on site or on call. You will have full access to the athletic training rooms for taping and treatment needs.

The following supplies will be provided:

- Cups
- Water
- Hydrocollater
- Injury/treatment ice and bags
- Flexi-wrap
- OSHA regulated first aid supplies
- Emergency supplies: AED, splints, crutches, spineboard, etc.

The athletic training staff asks that you contact us prior to your travel, so that we can meet any specific need that you may have. If you will be traveling without a certified athletic trainer or a non-certified athletic trainer please notify us in advance by calling Sam Lunt at (850) 644-6223 or Robin Gibson at (850) 644-2139. If treatments are needed and you will be traveling without a certified athletic trainer, please provide a note from your certified specifying each treatment so we may fully accommodate your team in a timely manner.

The following sports will report to the athletic training room stated below:

Tully Training Room

- Men's and Women's Cross Country
- Women's Golf
- Men's and Women's Swimming
- Men's and Women's Tennis
- Men's and Women's Track and Field
- Women's Volleyball

Soccer/Softball Medical Prep Area

- Women's Soccer
- Women's Softball

Dick Howser Baseball Training Room

- Baseball

Moore Athletic Training Room

- Football
- Men's Golf

FSU Basketball Training Center

- Women's Basketball
- Men's Basketball

RESTAURANTS

Applebee's- 1170 Apalachee Pkwy, (850) 222-1254

Atlanta Bread Company- 1504 Governors Square Blvd., (850) 656-5449

Bagel Bagel- 2401 W. Pensacola St., (850) 574-1814

Bonefish Grill- 3491 Thomasville Rd., (850) 297-0460

Bruegger's Bagel- 1216 N. Monroe St., (850) 224-1409

California Chicken Grill- 1904 W. Pensacola St, (850) 576-1890

Carrabba's Italian Grill- 2752 Capital Circle NE, (850) 297-1100

Chili's- 719 Apalachee Pkwy, (850) 877-2148

Crispers- 1241 Apalachee Pkwy, (850) 656-4222

Firehouse Subs- 2580 N. Monroe St., (850) 385-4280

Friday's- 3390 NE Capital Circle, (850) 422-8443

Hobbit Hoagies- 2020 W. Pensacola St., (850) 576-1009

Jimmy John's- 1080 W. Tennessee St., (850) 521-9988

Larry's Giant Subs- 2101 W. Pensacola St., (850) 580-5050

Longhorn Steakhouse- 2400 N Monroe St., (850) 385-4028

The Loop- 609 W Tennessee St., (850) 224-2891

Macaroni Grille- 1498 Apalachee Parkway, (850) 877-1706

Marie Livingston's Steakhouse- 2714 Graves Rd., (850) 562-2525

Moe's Southwest Grill- 1444 W Tennessee St., (850) 561-6637

Momo's Pizza- 1416 Tennessee St., (850) 224-9808

Olive Garden- 1103 Apalachee Pkwy., (850) 878-2949

On The Border Mexican Grill- 1650 N Monroe., (850) 521-9887

Outback Steakhouse- 1820 Raymond Diehl Rd., (850) 385-1998

Qdoba Mexican Grill- 1350 W Tennessee St., (850) 222-3334

Roadhouse Grill- 2226 N Monroe St., (850) 386-3361

Ruby Tuesday- 1775 W Tennessee St., (850) 915-0632

Subway- 1964 W Tennessee St. (850) 425-1091

Tropical Smoothie Café- 800 Ocala Rd., (850) 576-4300

ATHLETIC TRAINING CONTACTS:

Randy Oravetz

Director of Sports Medicine/Head Football ATC

(850) 644-2556, roravetz@mailers.fsu.edu

Robin Gibson

Associate Director of Sports Medicine/Head Softball ATC

(850) 644-2139, rgibson@mailers.fsu.edu

Sam Lunt

Associate Director of Sports Medicine/Head Men's Basketball ATC

(850) 644-6223, slunt@mailers.fsu.edu

Jeronimo Boche

Assistant Athletic Trainer/Head Men's and Women's Track and Field/Cross Country ATC,

(850) 644-1849, jboche@fsu.edu

Shanda Fuqua

Assistant Athletic Trainer/Don Fauls Athletic Training Room Supervisor

(850) 644-3305, sfuqua@mailers.fsu.edu

Eunice Hernandez

Assistant Athletic Trainer/Head Women's Soccer ATC

Women's Golf ATC.

(850) 644-5948, ehernand@mailers.fsu.edu

Nick Pappas

Insurance and Risk Coordinator

(850) 645-2700, (850) 645-2701 Fax, npappas@mailers.fsu.edu

Cheryl Pfeil

Assistant Athletic Trainer/Head Women's Basketball ATC

(850) 644-1206, cpfeil@mailers.fsu.edu

Jake Pfeil

Assistant Athletic Trainer/Head Men's Basketball ATC

(850) 644-7038, jpfeil@mailers.fsu.edu

Al Soumah

Assistant Athletic Trainer/Football ATC

(850) 644-7435, asoumah@mailers.fsu.edu

David Walls

Assistant Athletic Trainer/Football ATC
(850) 644-9943, dwalls@mailers.fsu.edu

Mary Anderson

Graduate Assistant/Women's Volleyball ATC
(850) 645-1939, mcander21@yahoo.com

Matt Biancuzzo

Graduate Assistant/Men's and Women's Swimming and Diving ATC
(850) 645-1939, mbiancuzzo83@yahoo.com

Ben Cleveland

Graduate Assistant/Football ATC
(850) 645-1939, ben@cleveco.org

Anthony Rupansingh

Graduate Assistant/Football ATC
(850) 644-9376, anthonyrupansingh@hotmail.com

Kellie Cox

Graduate Assistant/Men's and Women's Tennis ATC
(850) 645-9376, kellie_115@hotmail.com

Brandon Harris

Graduate Assistant/Men's and Women's Track and Field/Cross Country
(850) 645-9376, bharrisnoles@yahoo.com

TEAM PHYSICIANS:

Dr. Thomas Haney

Dr. Doug Henderson

Dr. Steve Jordan

Dr. Kris Stowers

Dr. William Thompson

Tallahassee Orthopedic Clinic
3334 Capital Medical Blvd.
Tallahassee, FL 32317. (850) 877-8174

OTHER IMPORTANT NUMBERS:

FSU Campus Police- (850) 644-1234

Emergency Medical Services- 911

Capital Regional Hospital- 2626 Capital Medical Blvd, (850) 656-5000

Tallahassee Memorial Hospital- 1300 Miccosukee Rd, (850) 431-1155

FSU Thagard Student Health Center- (850) 644-2026, *Pharmacy-* (850) 644-3517

WALK-IN CLINICS:

*Patients First Medical Center- 1690 N Monroe St, (850) 385-2222
(clinic has x-ray capabilities), M-Su 8a-10p*

PHARMACIES:

*CVS Drug- 2109 West Tennessee St, (850) 580-1899, Fax (850) 580-1739
(open 24hours a day)*