



FRESNO STATE

ATHLETICS COMMUNICATIONS

Contact: Kelly Mason

Feb. 21, 2012

Bulldog Swimming and Diving

This Week In Swimming and Diving

WAC Championship

San Antonio, Texas

Dates: Feb. 22-25, 2012

Time: Prelims start at 9 a.m.

Finals start at 4:30 p.m.



2011-12 Bulldog Swimming and Diving Schedule/Results

	Opponent/Site	Time
October		
22	Fresno Pacific	W, 169-118
29	Nevada (Reno, Nev.)	L, 141.5-158.5
November		
4	Pacific Seattle University (Stockton, Calif.)	L, 93-112 W, 142-63
4-5	USC Diving Invite (Los Angeles, Calif.)	Luke 5th (1-m) Luke 6th (3-m)
12	UC Davis	L, 106-914
17-19	Arena Invitational (Long Beach, Calif.)	14th/21
December		
1-2	USA Senior Nationals (Atlanta, Ga.)	TBA
3	Idaho	L, 135-165
January		
14	CSU Bakersfield CSU East Bay San Diego State	W, 206-87 W, 233-47 L, 174.5-114.5
15	Stanford Diving Invite (Palo Alto, Calif.)	
20	The USD Beach Cup (University of San Diego, Loyola Marymount, Pepperdine)	2nd/4
21	The USD Beach Cup	2nd/4
February		
4	San Jose State	L, 184-115
22-25	WAC Championships (San Antonio, Texas)	TBA
March		
9-11	NCAA Zone E Diving	TBA
16-19	NCAA Championships (Auburn, Ala.)	TBA

Fresno State Heads To WAC Championships

The Fresno State swimming and diving team heads south to San Antonio, Texas for the Western Athletic Conference Championships. The championships will be held at the Palo Alto Natatorium at Palo Alto College from February 22-25, 2012. In 2011, the Bulldogs finished in seventh, one place higher than their eighth place finish in 2010. Last year, Fresno State broke multiple school records at this event.

WAC Championship Schedule

The championships begin on Wednesday night at 4:30 p.m., with both the finals of the 200 medley and 800 free relays. Prelims will begin at 9:00 a.m. Thursday, Friday and Saturday while finals will start at 4:30 p.m. each night.

For a complete line-up of the events, please see the swimming and diving page on www.wacsports.com.

WAC Championships Recaps, Results and Live Streaming

All recaps and results will be posted on GoBulldogs.com for the Fresno State swimming and diving teams. Live results will be posted following every heat on www.wacsports.com. The WAC will be streaming the finals of all four nights. Viewers can sign up by visiting www.WAC.tv. Viewers that sign up will be able to watch Wednesday relays for free. The remaining three nights can be viewed for a subscription of \$5.95 per night or a full championship package can be purchased for \$9.95.

Prigge Picks Up WAC Honor

Hannah Prigge was named the Verizon WAC Diver of the Week for the week of Jan. 30-Feb. 5. This was her first WAC honor of the season. Prigge won the 3-meter diving competition during the dual meet against San Jose State Saturday. With a score of 310.65, she broke her own school record of 295.73, which she set earlier this season.

'Dogs Make A Splash On Senior Day

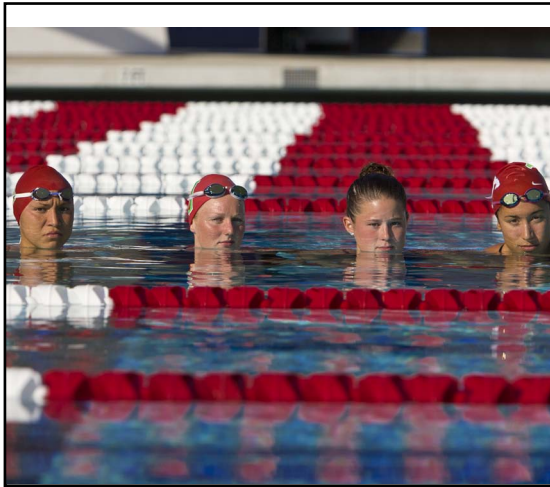
In the last Fresno State home meet for seniors Heidi Gjoen, Jordan Morillo and Dede Torres, the 'Dogs delivered solid swims and record breaking dives as they fell to the San Jose State Spartans 184-115. The divers had an outstanding day off the boards starting with sophomore Hannah Prigge taking the 3-meter with a score of 310.65, breaking the school record she set a couple months ago with a 295.73. Stacey Luke also had a personal best score with a 279.37. Luke took the 1-meter with a 276.97 and while Prigge came in right behind her with a 267.52.

Luke Earns Second WAC Honor

Fresno State's Stacey Luke was named the Verizon WAC Diver of the Week for the week of Jan. 16-22. This was Luke's second WAC honor this season. Luke, a junior from Kenmore, Wash. (Inglemoor HS), set a career high and broke a school record while taking first in the 1-meter diving competition at the University of San Diego Beach Cup. Her score of 294.70 was 30 points higher than the second-place finisher and broke the 10-year-old Fresno State record, previously held by Ashleigh Raley.

'Dogs Finish 2nd At USD Beach Cup

The Fresno State swimming and diving team competed in The USD Beach Cup in San Diego, Calif. against the University of San Diego, Loyola Marymount and Pepperdine. Fresno State came in a solid second place finish with 285 behind USD with 352 points. The Bulldogs delivered strong performances all weekend highlighted with Stacey Luke's school-record breaking 1-meter dive.



Bulldogs Explosive Off The Blocks

The Bulldogs were explosive off the blocks at the Fresno State Aquatics Center downing Cal State East Bay 233-47 as well as Cal State Bakersfield 206-87. The 'Dogs battled hard the whole meet against the Aztecs, but came in short falling 174.5-114.5. Junior Dani Yoho swam the 50 Yard Free in a 23.62 good for a first place finish in the event. Sophomore Brittany Buna also had a first place finish in the 200 Yard IM with a time of 2:12.35 and Michelle Dockendorf swam in right behind for a second place time of 2:13.28.

Luke Sets Career Best, Nguyen Wins Two

In the final home match of 2011, the 'Dogs fell to the Idaho Vandals 165-135 at the Fresno State Aquatics Center, despite great performances by juniors Stacey Luke and Rayanne Nguyen. For the second time this season, Luke (Kenmore, Wash.) set a new career best dive in the 1 meter event scoring a 278.78. She set a new pool record and broke her previous record by more than three points. Nguyen, a junior from Santa Barbara, Calif., won the 100 Butterfly with a speedy time of 59.60 and won the 200 Butterfly with a 2:08.66.

Team Huddle



Two School Records Set At Arena Invitational

Junior Dani Yoho and sophomore Brittany Buna each broke a Fresno State school record at the Arena Invitational in Long Beach, Calif. Yoho swam a 23.04 in the 50 Free slashing one hundredth of a second off her previous school record set last season. Buna set a new school record in the 400 IM swimming in at 4:24.73 clipped the previous-top mark of 4:25.27. The Bulldogs set season best times every event and finished fourteenth out of 21 teams in a very competitive setting.

Sheehan Named Verizon WAC Swimmer Of The Week

Fresno State's Courtney Sheehan was named the Verizon WAC Swimmer of the week, respectively, for Oct. 31-Nov. 6. Her times in the 1650 and 500 were the fastest times recorded in the WAC this season. Sheehan, a freshman from Waukesha, Wis. (Waukesha South HS), delivered a dynamic performance, winning the 1650-yard freestyle and 500-yard freestyle, and finishing a close third in the 200-yard freestyle, as the 'Dogs went 1-1 in a double-dual meet at the University of the Pacific.

'Dogs Dive Well At USC

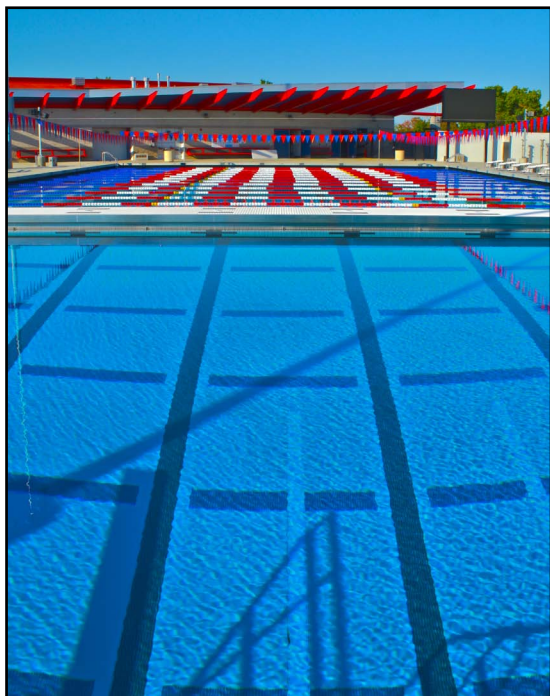
The Fresno State divers traveled to the USC Diving Invitational to compete against nine other schools. Junior Stacey Luke, a junior from Kenmore, Wash., delivered strong, consistent dives all weekend finishing fifth in the 1-meter dive on Friday and sixth in the 3-meter on Saturday, both events had 25 divers competing. Hannah Prigge finished fifteenth in the 1-meter and fourteenth in the 3-meter, barely missing the finals each day.

Prigge Named Sysco Student-Athlete Of The Week

Fresno State's Hannah Prigge broke an eight year old 3-meter dual meet diving school record at Nevada's Lombardi pool in Reno, Nev. on Saturday, Oct. 29. Prigge, a sophomore from Rocklin, Calif. scored a 295.73 on the 3-meter dive, breaking the Fresno State school record from 2002-03 previously held by Ashleigh Raley's 288.15. Prigge's high score was good for a NCAA Zone E Qualifying score, which needed to be a total of 280 points or higher. The 3-meter dive, 295.18 was also a new career best for Prigge, breaking her old best score of 283.75 in 2010-11. This record breaking dive helped name Prigge as the Fresno State Sysco Student Athlete of the Week for Oct. 24-31.

Luke Earns First WAC Honor

Fresno State's Stacey Luke was named the Verizon WAC Diver of the Week for Oct. 17-23. Luke, a junior from Kenmore, Wash. (Inglemoor HS), won the 1-meter and 3-meter diving competitions against Fresno Pacific. She scored a 267.05 on the 1-meter dive, good for a NCAA Zone diving qualification mark, and scored 272.10 on the 3-meter dive. Luke's performance helped Fresno State open the new Fresno State Aquatics Center with a 169-118 victory.



Fresno State Quick Facts

LocationFresno, Calif.
 Enrollment 21,000
 Founded 1911
 Nickname..... Bulldogs
 Colors Red and Blue
 President Dr. John D. Welty
 Director of Athletics..... Thomas Boeh
 Deputy AD (SWA)..... Betsy Mosher

SWIMMING QUICK FACTS

Head Coach.....Jeanne Fleck
 Alma Mater/Year Iowa State, '87
 Career Record 145-203-1 (20th year)
 School Record 7-24 (Fourth year)
 Assistant Swimming Coach Pat Ota
 Alma Mater/Year UCSB '06
 Office Phone.....(559) 278-2006
 Newcomers..... 4

DIVING QUICK FACTS

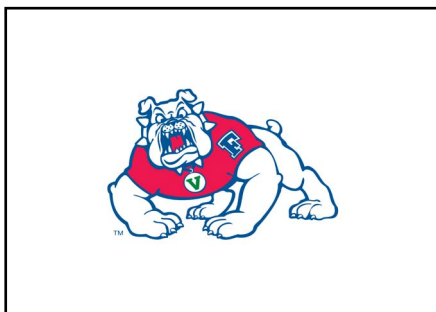
Diving Coach Taryn Patrick
 Alma Mater/Year Kentucky, '07
 Diving Office Phone.....(559) 278-2006
 Newcomers..... 1

PROGRAM HISTORY

First Year of Swimming..... 1971
 First Year of Diving 1996
 All-time school record 198-137
 2011-12 record 4-6

ATHLETICS COMMUNICATIONS

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2011-12 Swimming and Diving Team Roster

Name	Height	Year	Hometown (Previous school)
Brittany Buna	5-6	So.	Victoria, BC (Claremont HS)
Michelle Dockendorf	5-5	So.	Santa Barbara, Calif. (Dos Pueblos HS)
Brooke Fuller	5-7	So.	Modesto, Calif. (Johansen HS)
Heidi Gjoen	5-8	Sr.	Oslo, Norway (Lambertseter HS)
Darah Hall	5-4	Fr.	Clovis, Calif. (Buchanan HS)
Jen Hicks	5-7	Jr.	Cincinnati, Ohio (Anderson HS)
Stacey Luke (Diver)	5-3	Jr.	Kenmore, Wash. (Inglemoor HS)
Alexis Melnikov	5-8	So.	Rocklin, Calif. (Rocklin HS)
Alex Madsen	5-11	Fr.	Walnut Creek, Calif. (Las Lomas HS)
Jordan Morillo	5-6	Sr.	Lindsay, Calif. (Lindsay HS)
Rayanne Nguyen	5-3	Jr.	Goleta, Calif. (Dos Pueblos HS)
Sarah Pino	5-8	Jr.	Canyon Country, Calif. (Canyon HS)
Hannah Prigge (Diver)	5-9	So.	Rocklin, Calif. (Whitney HS)
Taylor Scilufso	5-5	Fr.	Pleasantville, N.Y. (Pleasantville HS)
Courtney Sheehan	5-7	Fr.	Waukesha, Wis. (Waukesha South HS)
Lucy Titchin	5-5	Fr.	England (Millfield)
Dede Torres	5-9	Sr.	Fresno, Calif. (Clovis East HS)
Britney Vogel	5-9	Jr.	Fairfield, Calif. (Armijo HS)
Dani Yoho	5-11	Jr.	Sugar Land, Texas (Clements HS)

2011-12 Tracking Top Times

50 Free:

23.04*!- Dani Yoho (@ Arena Invitational 11-17-11)

100 Free:

51.87- Dani Yoho (@ Arena Invitational 11-19-11)

200 Free:

1:52.38 - Lucy Titchin (@ Arena Invitational 11-18-11)

500 Free:

5:00.42- Courtney Sheehan (@ Arena Invitational 11-17-11)

1000 Free:

10:24.54 - Courtney Sheehan (vs. SDSU, CSUB, CSUEB 1-14-12)

1650 Free:

17:13.21 - Courtney Sheehan (@ Arena Invitational 11-19-11)

100 Back:

57.06 - Heidi Gjoen (@ Arena Invitational 11-18-11)

200 Back:

2:04.83- Heidi Gjoen (@ Arena Invitational 11-19-11)

100 Breast:

1:04.66- Michelle Dockendorf (@ Arena Invitational 11-18-11)

200 Breast:

2:16.86* - Michelle Dockendorf (@ Arena Invitational 11-19-11)

100 Fly:

58.85- Lucy Titchin (@ Arena Invitational 11-18-11)

200 Fly:

2:08.05 - Rayanne Nguyen (@ Arena Invitational 11-19-11)

200 IM:

2:08.74* - Michelle Dockendorf (@ Arena Invitational 11-17-11)

400 IM:

4:24.73*!- Brittany Buna (@ Arena Invitational 11-18-11)

200 Free Relay:

1:36.19- Dani Yoho, Lucy Titchin, Brooke Fuller, Dede Torres (@ Arena Invitational 11-17-11)

400 Free Relay:

3:27.89- Lucy Titchin, Brooke Fuller, Dede Torres, Dani Yoho (@ Arena Invitational 11-19-11)

800 Free Relay:

7:39.18- Lucy Titchin, Courtney Sheehan, Heidi Gjoen, Brooke Fuller (@ Arena Invitational 11-18-11)

200 Medley Relay:

1:46.49- Heidi Gjoen, Britney Vogel, Rayanne Nguyen, Dani Yoho (@ Arena Invitational 11-18-11)

400 Medley Relay:

3:52.37- Heidi Gjoen, Britney Vogel, Rayanne Nguyen, Dani Yoho (@ Arena Invitational 11-17-11)

1-Meter Dive:

Stacey Luke- 294.70*! (@USD Beach Cup 1-21-12)

3-Meter Dive:

Hannah Prigge- 310.65*! (vs. San Jose State 2-4-12)

*=Career Best

!-School Record

2010-11 Season Review

The Fresno State swimming and diving team, led by third-year head coach Jeanne Fleck finished the 2010-11 season that was highlighted by two divers competing at the NCAA Zones, seven Fresno State records broken at the WAC Championship meet, three 'Dogs earning WAC swimmer and diver of the week honors and many other outstanding performances. The 'Dogs had a successful 2010-11 season earning four dual meet victories, broken records and improvement through the water and on the diving boards.