



FRESNO STATE

ATHLETICS COMMUNICATIONS

Cross Country

Up Next ...

November 12 NCAA West Regional
Palo Alto, Calif.



2011 Schedule

Date	Opponent	Location/Result
September		
2	Nevada Chase Race Women's 4K Men's 6K	Reno, Nev. 3/4 2/4
10	Hornet Jamboree Women's 5K Men's 8K	Sacramento, Calif. 4/8 2/10
24	Roadrunner Invitational Women's 5K	Bakersfield, Calif. --
24	Stanford Invitational Women's 6K Men's 8K	Palo Alto, Calif. 12/32 10/28
30	Notre Dame Invitational Women's 5K Men's 8K	Notre Dame, Ind. 26/28 26/26
October		
15	Bronco Invitational Women's 5K Men's 8K	Santa Clara, Calif. 8/21 11/19
29	WAC Championship Women's 5K Men's 8K	Honolulu, Hawaii 4/8 4/6
November		
12	NCAA West Regionals Women's 6K Men's 10K	Palo Alto, Calif. 17/31 --
22	NCAA Championships Women's 6K Men's 10K	Terre Haute, Ind.

Fresno State Quick Facts

General Information

Location..... Fresno, Calif.
Enrollment..... 21,000
Nickname..... Bulldogs
Colors..... Red & Blue
Conference..... Western Athletic
President..... Dr. John D. Welty
Athletic Director..... Thomas Boeh
Home Course..... Woodward Park

Coaching Staff

Head Coach..... Sean McManus
Alma Mater (Yrs.)..... Notre Dame, '01 (fourth season)
Office Phone..... (559) 278-6833
Email..... smcmanus@csufresno.edu

2011 Men's Team Information

Letterwinners Returning/Lost..... 6/2
2010 WAC Finish..... 4th
2010 NCAA West Region Finish..... 19th

2011 Women's Team Information

Letterwinners Returning/Lost..... 7/1
2010 WAC Finish..... 5th
2010 NCAA West Region Finish..... 26th

Athletics Communications

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NCAA West Regional

The women's team concluded their season strong on Saturday at the NCAA West Regional in Palo Alto, Calif. The Bulldogs finished 17th overall which was better than they were seated heading into the race. The 'Dogs beat quite a few teams that finished in front of them earlier this season.

WAC Championship Recap

Lyndsie Etherton won the Freshman of the Year award at the WAC Championship in Honolulu, Hawaii on Saturday as well as First Team All-Conference. While Eric Battles and Carson Keller won Second Team All-Conference. The Fresno State men's and women's team finished fourth overall at the WAC Championship which met the Pre-Championship Coaches Poll announced last week.

Bronco Invitational Recap

Both the men and women's teams competed at the Bronco Invitational Saturday, Oct. 15, 2011 in Santa Clara, Calif. finishing their final meet of the regular season. Lyndsie Etherton, finished 14th with a time of 17:35 which is a personal best for her this season. As for the men's side, Paul Zwama led the Bulldogs finishing 28th with a time of 24:38.

Notre Dame Invitational Recap

The Fresno State men's and women's cross country teams competed at the Notre Dame Invitational in South Bend, Ind. on Friday, Sept. 30. The Invitational marked the longest journey the Bulldogs will encounter this season. The men's and women's teams both competed strongly in the blue division against some of the toughest teams in the nation. Both teams finished in 26th place.

Stanford and Roadrunner Recap

The Fresno State men and women's cross country teams competed in two separate invitationals on Saturday, Sept. 24. The women's team competed at the Roadrunner Invite hosted in Bakersfield, Calif. The top 'Dogs competed in Stanford, Calif. for one of the toughest competitions in California. Freshman, Lyndsie Etherton ran a 6K at Stanford in a time of 21:39. Paul Zwama led the Bulldogs in the 8K race at Stanford finishing with a time of 24:46.

Hornet Jamboree Recap

The Fresno State men and women's cross country teams finished within the top five at the Hornet Jamboree on Saturday Sept. 10. at Granite Regional Park. The Bulldogs' Paul Zwama earned seventh individually in the men's 4M competition with a time of 19:39 while Lyndsie Etherton was 13th in the women's 5K race (18:10).

2011 Women's Cross Country Results Meet-by-Meet

	Nevada Chase 4K	Hornet Jamboree 5K	Roadrunner 5K	Stanford 6K
Barserian, Saylah	19:43 (13th)	19:09 (37th)	--	23:06 (119th)
Brumwell, Stevie	21:03 (26th)	19:45 (54th)	18:56 (1st)	--
Castaneda, Kaitlynn	--	--	26:39(23rd)	--
Cruz, Pamela	20:27 (19th)	18:47 (25th)	--	22:37 (85th)
De La Rosa, Alyson	--	--	19:45 (4th)	--
De La Torre, Meghan	--	--	21:48(13th)	--
Duffy, Kelly	--	--	21:53(15th)	--
Etherton, Lyndsie	19:35 (10th)	18:10 (13th)	--	21:39 (28th)
Gambala, Alexandria	--	--	22:24(17th)	--
Jackson, Taylor	--	--	27:34(25th)	--
Jordan, Latrisha	--	--	22:19(16th)	--
Galvez, Kristen	20:32 (21st)	18:32 (18th)	--	22:53 (102nd)
Gonzales, Allison	22:22 (29th)	20:47 (69th)	20:18 (9th)	--
Molenhuis, Marrijtje	20:13(16th)	18:40 (21st)	--	23:09 (122nd)
Mendoza, Carina	20:36(22nd)	18:56 (32nd)	--	23:20 (141st)
Menefield, Brijon	--	--	20:57(10th)	--
Murillo, Marcela	--	--	21:40(12th)	--
Paracholski, Meagan	--	--	--	--
Poythress, Ann	19:03 (3rd)	18:12 (14th)	--	21:46(35th)
Ribeiro, Deanna	--	19:28 (46th)	18:45 (5th)	--
Taylor, Ann	--	22:47 (78th)	22:52(18th)	--
Thompson, Breeauna	--	--	24:19(20th)	--
Una'Dia, Sarah	--	--	27:33(24th)	--
Wells, Katherine	--	--	24:39(21st)	--

2011 Men's Cross Country Results Meet-by-Meet

	Nevada Twilight 6K	Hornet Jamboree 4M	Stanford 8K	Notre Dame 8K
Battles, Eric	19:54 (2nd)	19:45 (12th)	24:47 (28th)	26:02 (148th)
Bernard, Olivier	--	21:46 (62nd)	26:04 (94th)	26:12 (160th)
Grimble, Chriss	20:36 (14th)	20:26 (27th)	26:46 (136th)	27:55 (205th)
Jamieson, Michael	--	--	26:32(125th)	27:13 (198th)
Keller, Carson	20:00 (5th)	20:09 (20th)	25:24 (60th)	26:46 (186th)
Poythress, Kevin	21:27 (19th)	20:39 (30th)	26:06 (97th)	27:37 (202nd)
Zwama, Paul	20:21 (7th)	19:39 (7th)	24:46 (27th)	--

2011 Women's Cross Country Results Meet-by-Meet

	<u>Notre Dame Invitational</u>	<u>Santa Clara Invite</u>	<u>WAC Championship</u>	<u>NCAA West Regional</u>
-				
Barserian, Saylah	18:56 (183rd)	18:46 (105th)	20:02 (34th)	--
Brumwell, Stevie	--	--	--	--
Castaneda, Kaitlynn	--	--	--	--
Cruz, Pamela	19:03 (186th)	--	19:19.8 (18th)	22:32 (125th)
De La Rosa, Alyson	--	--	19:43.2 (26th)	23:19 (173rd)
De La Torre, Meghan	--	--	--	--
Duffy, Kelly	--	--	--	--
Etherton, Lyndsie	18:03 (81st)	17:35 (14th)	18:51.3 (7th)	21:16 (37th)
Galvez, Kristen	20:25 (222nd)	18:36 (93rd)	19:55.9 (32nd)	--
Gambala, Alexandria	--	--	--	--
Gonzales, Allison	--	--	--	--
Jackson, Taylor	--	--	--	--
Jordan, Latrisha	--	--	--	--
Molenhuis, Marrijtje	18:48 (166th)	18:00 (38th)	20:07.8 (36th)	22:28 (119th)
Mendoza, Carina	18:41 (151st)	18:23 (71st)	19:49.7 (29th)	23:01 (155th)
Menefield, Brijon	--	--	--	--
Murillo, Marcela	--	--	--	--
Paracholski, Meagan	18:56 (182nd)	18:10 (45th)	19:18.3 (17th)	22:15 (105th)
Poythress, Ann	18:54 (175th)	17:56 (35th)	19:46.7 (28th)	21:43 (63rd)
Ribeiro, Deanna	--	--	--	--
Taylor, Ann	--	--	--	--
Thompson, Breeauna	--	--	--	--
Una'Dia, Sarah	--	--	--	--
Wells, Katherine	--	--	--	--

2011 Men's Cross Country Results Meet-by-Meet

	<u>Santa Clara Invite</u>	<u>WAC Championship</u>
Battles, Eric	24:53 (38th)	26:23 (13th)
Bernard, Olivier	25:16 (56th)	26:54.6 (22nd)
Grimble, Chriss	25:53 (91st)	28:15.5 (36th)
Jamieson, Michael	25:53 (90th)	27:39.7 (28th)
Keller, Carson	25:19 (59th)	26:24 (14th)
Poythress, Kevin	25:55 (94th)	27:19.9 (25th)
Zwama, Paul	24:38 (28th)	26:43 (20th)