



FRESNO STATE

ATHLETICS COMMUNICATIONS

FRESNO STATE TRACK & FIELD INDOOR

TRACK AND FIELD CONTACT: Brienne Doan - Communications

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2012 SCHEDULE

DATE	OPPONENT	LOCATION
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Indoor Season (women only)

January

20	Run for the Dream	Fresno, Calif.
27-28	Jackson Invitational	Boise, Idaho

February

10-11	Husky Classic	Seattle, Wash.
12	UW Indoor Open	Seattle, Wash.
23-25	WAC Indoor Championships	Boise, Idaho

March

11-12	NCAA Champ.	College Station, Texas
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Outdoor Season

March

3	Cal Quad	Berkeley, Calif
10	vs. Cal Poly	San Luis Obispo, Calif.
17	Hornet Invite	Sacramento, Calif.
24	Cal Poly Invite	San Luis Obispo, Calif
31	Bulldog Invite	Clovis, Calif

April

7	Mondo Invite	Sacramento, Calif.
19-21	Mt. Sac Relays	Walnut, Calif.
27-28	Brutus Hamilton Invite	Berkeley, Calif.

May

8-11	WAC Outdoor Championships	Moscow, Idaho
24-26	NCAA Outdoor Round 1	Eugene, Ore.

June

6-9	NCAA Outdoor Champ.	Des Moines, Iowa
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KEY

- All home games in **BOLD**
- All games/times are subject to change



Week Three of the 2012 Season:

WAC Indoor Championships

Date: Thurs, Fri & Sat. Feb. 23-25, 2012

Site: Jacksons Indoor Track; Nampa, Idaho.

What's Next: Cal Quad
Berkeley Calif.

Paracholski Shatters School Record

The University of Washington Open was a huge success for the distance team on Sunday as freshman Meagan Paracholski shattered a new school record in the indoor 1000-meters, finishing with a time of 2:54.96. The old record was 3:12.72 set in 1987 by Magda Saravia-Williams.

Returning Talent

Shanelle Stephens, Meagan McKee, and Ann Poythress are all great leaders for the Bulldogs both on the track and in the classroom. Stephens, had two metal rods put into her shins last year and has shown a tremendous amount of perseverance and is ready to compete this season. McKee and Poythress give everything they have both academically and athletically. Saylah Barsarian, Breeauna Thompson, Marrijtje Molenhuis, Latrisha Jordan, and Stephens all competed in the WAC indoor championship meet last year.

Newcomers

Freshmen, Lyndsie Etherton and Meagan Paracholski both finished strong during their first collegiant cross country season this past fall. Etherton was awarded WAC Freshman of the Year and first-team all-conference at the WAC Championship on October 29 in Honolulu. Paracholski showed her running and competitive ability at the WAC Championship finishing 17th against athletes with much more experience. Both student-athletes will be very successful this season in distance races.

Schedule

The Bulldogs open up the season in the Save Mart Center for the annual Run for the Dream indoor meet. They then head out to Boise for the Jackson Invitational where they will face some tough competition. The WAC Championships are held in Boise, Idaho this year so the early season meet should come as a helpful preview.

2011 WAC Indoor Champ

Fresno State's Meagan McKee took first in the women's weight throw with a toss of 58 ft., 11.50 in. (17.97m.) giving the Bulldogs their first gold medal of the WAC Indoor Championships last season. McKee was a freshman at the time and is returning strong as the 2012 indoor season gets underway.

Academic All-WAC

J'Quyra Moncur-Blue, Ann Poythress, Marrijtje Molenhuis, and Tiffani Boone all received Academic All-WAC during the 2011 indoor season. To be eligible, a student-athlete must have completed at least one academic year, have at least a 3.00 cumulative grade point average and have participated in at least 50 percent of the team's contests.

GET CONNECTED

Facebook: Fresno State Athletics

Twitter: FSathletics

YouTube: CSUFBulldogs

Web: gobulldogs.com





MEDIA INFORMATION

Media Availability

All interviews for Bulldog student-athletes and coaches must be coordinated through the Fresno State Athletics Communications Office. Contact Brienne Doan at (559) 389-1946 or bdoan@csufresno.edu to schedule.

QUICK FACTS

University Information

Location: Fresno, Calif.
Founded: 1911
Enrollment: 21,000
President: Dr. John D. Welty
Nickname: Bulldogs
Colors: Red & Blue
Conference: Western Athletic Conference
Facility: Warmerdam Field
Director of Athletics: Thomas C. Boeh
Deputy AD/SWA Betsy Mosher

Coaching Staff

Head Coach..... Scott Winsor
Alma Mater (Yr.) *Loras College, '87*

Assistant Coach..... Chris Baptista
Alma Mater (Yr.) *UAB, '97*
Sprints and Hurdles

Assistant Coach..... Sean McManus
Alma Mater (Yr.) *Notre Dame, '01*
Distance

Assistant Coach..... Lisa Misipeka
Alma Mater (Yr.) *South Carolina, '98*
Throws

Athletics Communications

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Track and Field E-Mail List

If you would like to be added to the Bulldog track and field e-mail list to receive breaking news about the team, please contact:
Brienne Doan: bdoan@csufresno.edu

School Identification

The official name of the school is:
California State University, Fresno

For athletics department purposes:

The University asks to be called **Fresno State** – never Fresno State University and never shorten to Fresno.

For graphics or abbreviations, we ask that you please use **FS** or **Fresno St.** – never FSU, CSUF or Fresno.

gobulldogs.com

HEAD COACH SCOTT WINSOR

Entering his fourth season as head coach of the Fresno State men's and women's track and field teams is Scott Winsor.



Winsor took over Fresno State's track and field program as the Bulldog's head coach on July 10, 2008, after coaching 20 years at the University of Notre Dame. During his time in South Bend, Winsor served as an assistant coach to Joe Paine, working with both jumpers and throwers for 15 years.

After Notre Dame expanded its staff in 2003, Winsor could finally focus solely on the jumping events. Winsor's record of success is an impressive one. During his tenure at Notre Dame, he coached 13 All-Americans and 25 NCAA Regional Qualifiers. After entering the Big East in 1996, Winsor coached 23 Big East Conference Champions and five conference record-setting student-athletes. Winsor coached his athletes to 20 qualifications for the NCAA Championships, with finishes among the top 10 in the country on 11 occasions.

Winsor's athletes have pursued excellence in the classroom as well as on the field. Two of Winsor's athletes earned Academic All-American honors and one student-athlete was named an NCAA Post Graduate Scholarship Winner.

Winsor's record with women's pole vaulting fits seamlessly with the tradition of pole vault excellence at Fresno State. In 2008, Winsor coached Mary Saxer to the Big East title, Big East record and Notre Dame record of 13-feet, 6.75 inches in the pole vault. Winsor's guidance also helped Jamie Volkmer evolve as the pioneer in women's pole vault at Notre Dame, winning seven All-Big East citations and becoming the first Irish female vaulter to clear the 13-foot barrier.

Under Winsor, Notre Dame broke new ground in 1997 as Jennifer Engelhardt became the first member of Notre Dame's women's track & field team to qualify for the NCAA Championships in a field event. Engelhardt placed ninth in the indoor high jump en route to the first of her three All-America honors.

Winsor also coached Tameisha King to long jump All-America honors four times including top-eight finishes in both the indoor and outdoor NCAA events in 2003. Some of Winsor's notable protégés on the men's side include two-time long jump All-American Marshaun West and indoor pole vault All-American Mike Brown.

Prior to his arrival at Notre Dame in 1988, Winsor spent two years as the varsity track coach at Fulton High School in Middleton, Mich., as well as one season as an assistant at his alma mater, Loras College in Dubuque, Iowa.

A 1987 graduate of Loras College with a bachelor's degree in physical education, Winsor was a standout performer on the track squad, specializing in the jumping events. He was the team's captain for his final two seasons, helping Loras win the 1987 Iowa Intercollegiate Athletic Conference title. For nearly two decades, he also held the school record in the outdoor high jump (7-0) until the mark was topped in 2005.

Winsor went on to earn his master's of science in administration from University of Notre Dame in 1995.

Fresno State Coaching Staff



Chris Baptista
Assistant Coach
Sprints & Hurdles



Sean McManus
Assistant Coach
Distance



Lisa Misipeka
Assistant Coach
Throws



2012 Women's Track and Field Roster

Name	Height	Year	Event	Hometown (Last School)
Chloe Allen	5-9	Jr.	Distance	Fresno, Calif. (Arizona)
Tianna Arredondo				
Saylah Barserian	5-2	So.	Distance	Clovis, Calif. (Clovis HS)
Tiffani Boone	5-5	Jr.	Jumps	Clovis, Calif. (Clovis East HS)
Kelli Boyd				
Kayley Braucher				
Stevie Brumwell	5-8	Sr.	Distance	Palmdale, Calif. (Quartz Hill HS)
Caitlin Byrd	5-10.5	So.	Throws	Carson, Calif. (Carson HS)
Christina Cabias	5-5	Sr.	Javelin	Madera, Calif. (Fresno Christian HS)
Kaitlynn Castaneda	5-5	Sr.	Sprints	Dearborn Heights, Mich. (FCC)
Pamela Cruz	5-0	Sr.	Distance	Quito, Ecuador (Katella HS)
Meghan de la Torre	5-4	Jr.	Sprints	Hollister, Calif. (San Benito HS)
Alyson DeLaRosa	5-4	So.	Mid-Distance	Bakersfield, Calif. (Frontier HS)
Kelly Duffy				
Lyndie Etherton				
AnaManu Folau	5-9	So.	Throws	Sacramento, Calif. (Florin HS)
Kristen Galvez	5-5	So.	Distance	Rowland Heights, Calif. (J.A.Rowland HS)
Alexandria Gambala	5-4	Jr.	Mid-Distance	Oxnard, Calif. (Hueneme HS)
Sofia Garcia				
Allison Gonzales				
Brittany Heyano	5-5	So.	Sprints	Kingsburg, Calif. (Kingsburg HS)
Taylor Jackson	5-9	So.	Hurdles	Bakersfield, Calif. (Frontier HS)
Latrisha Jordan	5-6	Sr.	Sprints/Hurdles	Ceres, Calif. (Central Valley HS)
Meagan McKee	5-10	So.	Throws	San Jose, Calif. (Santa Teresa HS)
Hope McNutt				
Carina Mendoza	5-6	So.		Madera, Calif. (Madera High)
Brijon Menefeld	5-3	Sr.	Sprints	Palmdale, Calif. (Louisville HS)
Marrijtje Molenhuis	5-7	Jr.	Distance	Assen, Netherlands (Vincent Van Gogh Christian)
J'Quyra Moncur-Blue	5-9	Jr.	Throws	Miami, Fla. (East Side HS)
Marcela Murillo	5-4	Sr.	Sprints/Hurdles	Delano, Calif. (Delano HS)
Meagan Paracholski				
Ann Poythress	5-4	Sr.	Distance	Madera, Calif. (Madera HS)
Deanna Ribeiro	5-2	So.	Distance	Chowchilla, Calif. (Chowchilla Union HS)
Jennifer Rose				
Michelle Rose				
Jenna Rogers	5-6	Sr.	Distance	Riverside, Calif. (John W. North HS)
Je'Nia Sears				
Cassandra Sheanh				
Shanelle Stephens	5-4	Sr.	Sprints	Compton, Calif. (Dominquez HS)
Ruby Sultan				
Ann Taylor				
Breeauna Thompson	5-3	Jr.	Sprints	Fresno, Calif. (Edison HS)
Augun Taylor				
Sarah Una'Dia	5-10	So.	Heptathalon	Gilroy, Calif. (Gilroy HS)
Annette Washington	5-5.5	So.	Sprints	Temecula, Calif. (Great Oaks HS)
Katherine Wells	5-2	So.	Sprints	Salinas, Calif. (North Salinas HS)





2012 Men's Track and Field Roster

Name	Height	Year	Event	Hometown (Last School)
Gabriel Acero	6-0	Sr.	Throws	La Verne, Calif. (Moorepark College)
Adan Adan				
Eric Battles	5-10	Sr.	Distance	Fresno, Calif. (Clovis West HS)
Olivier Bernard	5-11	So.	Distance	Laval, Quebec, Canada (College Laval)
Remington Blair	6-1	Sr.	Sprints	Reedley, Calif. (Modesto Junior College)
Joseph Blue				
Christopher Brusenback				
Vincent Cabias				
Deleon Carter				
Justin Cutler	6-3	Sr.	Throws	Templeton, Calif. (Templeton HS)
Roderick Dash				
Brennen Davis	6-0	So.	Sprints	Tehachapi, Calif. (Tehachapi HS)
Jeffrey Dewall				
Jayjoel Fernandez				
Ben Fox	5-9	So.	Mid-Distance	Sanger, Calif. (Sanger HS)
Chriss Grimble				
Devin Harrison				
Darian Hutson	6-0	Jr.	Jumps	Davis, Calif. (Davis HS)
Emmanuel Jackson	6-3	Sr.	Jumps	Rancho Cucamonga, Calif. (Mt. San Antonio JC)
Michael Jamieson	6-0	Jr.	Distance	Walnut Creek, Calif. (Las Lomas HS)
Carson Keller	5-8	So.	Distance	Clovis, Calif. (Buchanan HS)
Immanuel Lovingood	6-0	So.	Jumps	Fontana, Calif. (Summit)
Darin Maiden				
Daniel Martz				
Christian Olivas				
Derek Oliver	5-10	Jr.	Javelin	Clovis, Calif. (Fresno City College)
Cameron Parker	6-0	Jr.	Sprints	Fresno, Calif. (Buchanan HS)
Demetri Payton				
Kevin Poythress	6-0	So.	Distance	Madera, Calif. (Madera High)
Brice Sandri	6-4	So.	Throws	Visalia, Calif. (El Diamante)
Wilita Sanguma	6-0	Jr.	Sprints	Lafayette, Calif. (Campolinda HS)
Jalen Saunders				
Kory Stephens	5-11	Jr.	Javelin	Corona, Calif. (Santiago HS)
Tyler Brice				
Danny Vartanian	5-9	Jr.	Distance	Fresno, Calif. (Buchanan HS)
Jordan Walker	6-1	Jr.	Sprints	Fresno, Calif. (Clovis West HS)
Daniel Williford	6-1.5	So.	Hurdles/Sprints	Stockton, Calif. (Franklin HS)
Shane Wilson				
Paul Zwama	5-8	Sr.	Distance	Leens, Netherlands (CSG Dingstede)

Head Coach: Scott Winsor (Loras College, 1987) - Fourth Season

Assistant Coaches: Chris Baptista (UAB, '97) - Seventh Season
Sean McManus (Notre Dame, '01) - Fourth Season
Lisa Misipeka (South Carolina, '98) - Fourth Season





2012 Women's Indoor Track and Field

WOMEN'S PERFORMANCE LIST

55m			
7.08	Shanelle Stephens	Run for the Dream	Jan. 20
7.24	Breeauna Thompson	Run for the Dream	Jan. 20
7.39	Tanae Turner	Run for the Dream	Jan. 20
7.59	Annette Washington	Run for the Dream	Jan. 20
60m			
7.76	Shanelle Stephens	Husky Invitational	Feb. 11
7.70	Je'Nia Sears	Jacksons Invitational	Jan. 27
55m Hurdles			
8.69	Latrisha Jordan	Run for the Dream	Jan. 20
60m Hurdles			
200m			
24.41	Breeauna Thompson	Jacksons Invitational	Jan. 27
400m			
55.83	Breeauna Thompson	Jacksons Inviational	Jan. 28
56.59	Latrisha Jordan	UW Open	Feb. 12
600m			
1:36.63	Marcela Murillo	Run for the Dream	Jan. 20
1:38.45	Meghan De La Torre	Run for the Dream	Jan. 20
1:39.62	Alyson DeLaRosa	UW Open	Feb. 12
800m			
2:18.11	Saylah Barsarian	UW Open	Feb. 12
2:23.10	Alyson DeLaRosa	Husky Invitational	Feb. 11
2:28.37	Deanna Ribeiro	Run for the Dream	Jan. 20
2:33.45	Kelly Duffy	Run for the Dream	Jan. 20
1000m Run			
2:54.56	Meagan Paracholski	UW Open	Feb. 12
Mile Run			
3000m Run			
10:08.54	Marrijtje Molenhuis	Husky Invitational	Feb. 11
10:11.56	Ann Poythress	Husky Invitational	Feb. 11
10:15.09	Kristen Galvez	UW Open	Feb. 12
10:18.23	Lyndsie Etherton	UW Open	Feb. 12
5000m Run			
High Jump			
1.60m	Tiffani Boone	UW Open	Feb. 12
1.60m	Sarah Una'Dia	UW Open	Feb. 12
Long Jump			
5.19m	Je'Nia Sears	Jacksons Inviational	Jan. 28
4.50m	Kaitlynn Castaneda	Run for the Dream	Jan. 20
Triple Jump			
Shot Put			
15.55m	Meagan McKee	Run for the Dream	Jan. 20
13.05m	Anamanu Folau	UW Open	Feb. 12
12.75m	J'Quyra Moncur-Blue	Husky Invitational	Feb. 12
11.84m	Caitlin Byrd	Jacksons Invitational	Jan. 27
Weight Throw			
18.81m	Caitlin Byrd	Run for the Dream	Jan. 20
18.54m	Meagan McKee	UW Open	Feb. 12
16.68m	J'Quyra Moncur-Blue	UW Open	Feb. 12
16.14m	Anamanu Folau	Husky Invitational	Feb. 11
Pentathlon			
Distance Medley			
4x400 Relay			

