

School Records

Cross Country

Event	Record	Athlete	Date
Women's 5K	17:33.00	Friederike Feil	10/15/10
Women's 6K	20:38:44	Friederike Feil	11/13/10
Men's 5K	15:54.25	Trey Andrews	09/05/09
Men's 8K	25:21.60	Trey Andrews	09/18/09
Men's 10K	33:46.51	Greg Burke	11/15/03

Outdoor Track and Field

Event	Record	Athlete	Date
100m	00:11.81	Yanique Booth	04/30/05
200m	00:23.92	Malika Clary	04/16/05
400m	00:54.32	Marilyn Stephens	04/16/05
800m	02:07.94	Patricia Gumbs	05/14/10
1,500m	04:28.15	Raynell Hagberg	03/19/05
3,000m	09:52.77	Friederike Feil	06/27/10
5,000m	16:55:83	Rebecca Hallam	04/07/12
10,000m	35:53:01	Rebecca Hallam	04/28/11
100m hurdles	00:13.43	Yanique Booth	03/24/07
400m hurdles	00:59.15	Danielle Aromashodu	04/28/11
2,000m steeplechase	07:59.00	Amy Springer	03/06/04
3,000m steeplechase	10:20.36	Friederike Feil	07/05/09
4x100m relay	00:45.28	Jones, McCoy, Stephens, Clary	04/16/05
4x200m relay	01:36.93	Jones, McCoy, Stephens, Clary	03/28/03
4x400m relay	03:40.92	Wilson, Clary, Glover, Stephens	04/16/05
4x800m relay	08:56.54	Feil, Jackson, Gumbs, Luxama	04/25/09
4x1,500m relay	19:53.00	Modin, Saridakis, Moxey, Grabowiecka	03/25/05
4x1,600m relay	22:31.80	Modin, Moxey, Saridakis, Ashley Wilcox	03/11/05
Sprint medley	03:58.52	Clarke, Smith, Mattear, Gumbs	04/24/09
Distance medley	12:31.48	Beitel, Saridakis, Springer, Grabowiecka	03/27/04
High jump	01.70m	Jian Jones	03/12/06
Long jump	05.92m	Courtney Barge	03/16/02
Triple jump	12.70m	Ashani Roberts	05/16/11
Pole vault	03.87m	Jennifer Holly	04/17/10
Shot put	13.11m	Ashley Stough	02/03/02
Hammer throw	48.32m	Ashley Stough	04/05/03
Discus	46.19m	Ashley Stough	04/17/04
Javelin	37.72m	Nina Panebianco	04/01/05
Heptathlon	4,275 pts	Amber McGillicuddy	05/10/08

Indoor Track and Field

Event	Record	Athlete	Date
55m	00:06.92	Yanique Booth	02/24/08
60m	00:07.61	Yanique Booth	02/18/06

200m	00:24.55	Trishauna Clarke	02/23/08
400m	00:55.59	Annakay Dennis	02/26/12
800m	02:11.59	Patricia Gumbs	02/27/10
1 mile (1,609m)	04:53.42	Claudia Beitel	02/01/04
3,000m	09:27.70	Friederike Feil	02/11/11
5,000m	16:50.18	Rebecca Hallam	02/10/12
55m hurdles	00:07.79	Yanique Booth	02/23/08
60m hurdles	00:08.40	Yanique Booth	01/19/08
4x400m relay	03:47.40	T. Mattear, Y. Booth, B. Prather, T. Clarke (conv.)	02/24/08
DMR	12:07.78	C. Dutko, L. Glover, A. Saridakis, R. Hagberg	02/18/06
High jump	01.63m	Anna-Lisa Myers	02/27/10
Long jump	05.77m	Idalis Velazquez	02/08/08
Triple jump	12.33m	Ashani Roberts	02/26/12
Pole vault	03.65m	Jennifer Holly	02/27/10
Shot put	12.97m	Krystena Castro	02/18/06
Weight toss	14.68m	Ashley Stough	02/23/03
Pentathlon	3,010 pts	Ashani Roberts	02/27/10

Men's Outdoor Track and Field

Event	Record	Athlete	Date
800m	01:54.73	Michael Vidal	03/23/12
1,500m	03:55.07	Michael Vidal	03/16/12
3,000m	08:40.04	Taylor Reeves	03/14/09
5,000m	15:06.71	Taylor Reeves	03/08/09
10,000m	33:44.96	Jordan Dopkins	03/05/11
3,000m steplechase	09:33.30	Taylor Reeves	03/21/09

Men's Indoor Track and Field

Event	Record	Athlete	Date
3,000m	08:40.36	Taylor Reeves	02/09/09

Individual Champions and Postseason Awards

Cross Country

All-Freshman in Atlantic Sun Conference

Friederike Feil – 2006

Elodie Mouthon – 2005

Trisha Doyle – 2004

Monika Grabowiecka – 2003

Highest Conference Championship Finishes

Men's Cross Country – 7th (2002, 2009, 2010)

Women's Cross Country – 2nd (2004, 2010)

Women's Outdoor Track and Field – 2nd (2004)

Women's Indoor Track and Field – 2nd (2006)

All-Conference

Rebecca Hallam – 2011
Friederike Fiel – 2010
Rebecca Hallam – 2010
Friederike Fiel – 2009
Friederike Feil – 2007
Trisha Doyle – 2006
Friederike Feil – 2006
Raynell Hagberg – 2004
Claudia Beitel – 2003
Manny Huerta – 2003

Track and Field

Outstanding Freshman

Friederike Feil – 2007 (Indoor)
Vicki Briggs – 2002

Individual Outdoor Track and Field Champions

2011

3,000m steeple chase – Friederike Feil
400m hurdles – Danielle Aromashodu
10K – Rebecca Hallam

2010

400m hurdles – Toyria Mattear

2008

400 meter hurdles – Toyria Mattear
3,000 meter steeplechase – Friederike Feil

2006

Discus – Krystena Castro

2005

200m – Malika Clary
4x100m – Jian Jones, Malika Clary, Daquia McCoy, Marilyn Stephens
4x400m – Helenor Wilson, Lindsay Glover, Marilyn Stephens, Malika Clary

2004

100m – Daquia McCoy
200m – Daquia McCoy
4x100m – Daquia McCoy, Jian Jones, Ariel Davis, Marilyn Stephens
Discus – Ashley Stough

2003

800m – Raynell Hagberg
4x100m relay – Jian Jones, Daquia McCoy, Malika Clary, Marilyn Stephens

Hammer – Ashley Stough
Pole vault – Katrina Lindsey

Individual Indoor Track and Field Champions

2011

3,000m – Friederike Feil
Mile – Friederike Feil
800m – Charlene Luxama

2010

800m – Patricia Gumbs

2007

Mile – Friederike Feil
3,000 – Friederike Feil

2006

Shot put – Krystena Castro
60m hurdles – Yanique Booth
800m – Raynell Hagberg
1,600m – Raynell Hagberg
DMR – Christina Dutko, Lindsay Glover, Artemis Saridakis, Raynell Hagberg