



## Florida Atlantic University Sports Medicine Pre-Participation Examination Policy

### Incoming freshman / transfers:

All Incoming Freshman and Transfers student-athletes must complete the following BEFORE a student-athlete is issued equipment and/or permitted to attend any practice, strength and conditioning sessions, and/or compete in any intercollegiate athletic events.

- Health History Questionnaire / emergency contact info
- Health Insurance Information / Copy of insurance card
- Protected Health Information Release form
- Medical Consent for treatment
- Assumption of Risk
- Assignment of Benefits / Insurance Release
- Supplement Notification form

Following completion of all required medical information a Pre-participation physical will be issued by a Florida Atlantic University Team Physician. **At no time will a previous physical from another University be used for clearance on a transfer student-athlete.** All medical information for student athlete transfers will be requested from previous school and should be present at time of physical exam. Physical exams will consist of the following and may require further examination or diagnostic testing at the discretion of the Florida Atlantic University Team Physician.

- Height, Weight, Vision, Blood Pressure, Pulse, Baseline ECG
- Medical History Review
- General Medical Exam
- Orthopedic Medical Exam
- Sickle Cell Test
- Mouthpiece fitting (as needed)

Additional testing may include the following for selected athletes:

- Blood test
- Urinalysis
- Echocardiogram; stress echocardiogram
- X-ray, MRI, CT scan, and/or bone scan;
- Isokinetic Evaluation
- Other diagnostic test(s) as prescribed by the Florida Atlantic University Medical Staff.

If the Florida Atlantic University Medical Staff determines that a student athlete is unable to participate in intercollegiate athletics, the student athlete will be notified by the Team Physician at the end of the PPE examination process.

- Costs associated with any tests, consultations, and/or medical procedures needed to gain medical approval / certification for participation will be sent to the student-athlete's primary health insurance for payment first.
- Costs not paid by the student-athlete's primary health insurance will be the responsibility of the student / athlete and his / her family.



### **Returning Student – Athletes:**

Athletes who are returning to FAU who have already completed the initial pre-participation physical process for incoming freshman / transfers will be responsible to provide the following to the sports medicine staff on an annual basis.

- Follow-up Health History Questionnaire / emergency contact info
- Health Insurance Information / Copy of insurance card
- Protected Health Information Release form
- Medical Consent for treatment
- Assumption of Risk
- Assignment of Benefits / Insurance Release
- Supplement Notification form

Once student – athletes have completed these forms they will then be reviewed by a member of the sports medicine staff and / or a team physician. **Returning student – athletes who need to be re-evaluated as seen necessary by the team physician and / or sports medicine staff member will be selected for a follow up physical on the assigned date.**

**Student – athletes who have completed all paperwork reviewed by a member of the sports medicine staff, and do not need to see the team physician at that time will be cleared after a height, weight, and blood pressure screen is done.**

### **Walk-ons:**

Invited Walk-ons, who have completed their walk-on form and have it signed by both the designated Coach, and compliance office may begin the PPE process. The prospective student-athlete may pick up a medical history questionnaire at any time, but he must have all the following components completed BEFORE a student-athlete is issued equipment and/or permitted to attend any practice, strength and conditioning sessions, and/or compete in any intercollegiate athletic events.

- Height, Weight, Vision, Blood Pressure, Pulse
- Medical History Review
- General Medical Exam
- Orthopedic Medical Exam
- Sickle Cell Screen

Walk-ons are permitted to use an outside physical to attend conditioning sessions and off season workouts if done in the past 6 months. All walk-ons must fill out the pre-participation medical history form and use the FAU physical form when seeing an outside physician. **Only physicals from a board certified (M.D. / D.O.) medical doctor will be accepted.** Once an athlete is added to the official roster they will be selected for a physical by the team physician at the appropriate time. Walk on Pre-participation physicals will be done on a designated date that team physicians will be available on. Coaches will be notified prior to the semester / or academic year regarding dates and times.



Additional testing may include the following for selected athletes:

- Blood test
- Urinalysis
- ECG; Echocardiogram; stress echocardiogram
- X-ray, MRI, CT scan, and/or bone scan;
- Isokinetic Evaluation
- Other diagnostic test(s) as prescribed by the Florida Atlantic University Medical Staff.

#### **NCAA Bylaw 17.1.5 Mandatory Medical Examination**

**Effective Date: May 01, 2007 (Division I); August 01, 2007 (Division II, Division III)**

Prior to participation in any practice, competition or out-of-season conditioning activities (or, in Division I, permissible voluntary summer conditioning in basketball and football or voluntary individual workouts pursuant to the safety exception), student-athletes who are beginning their initial season of eligibility shall be required to undergo a medical examination or evaluation administered or supervised by a physician (e.g., family physician, team physician). The examination or evaluation must be administered within six months prior to participation in any practice, competition or out-of-season conditioning activities. In following years, an updated history of the student-athlete's medical condition shall be administered by an institutional medical staff member (e.g., sports medicine staff, team physician) to determine if additional examinations (e.g., physical, cardiovascular, neurological) are required. The updated history must be administered within six months prior to the student-athlete's participation in any practice, competition or out-of-season conditioning activities for the applicable academic year.