

EMMANUEL COLLEGE

CROSS COUNTRY / INDOOR & OUTDOOR TRACK & FIELD

Post Season Awards

Cross Country

Honor	Year	Location
All-NCAA Regional Cathryn LaRiviere	2008	Williams College
All-New England Cathryn LaRiviere	2008	Williams College
USTFCCCA Academic All-American Cathryn LaRiviere	2008	
Women's Team	2009	

Indoor Track & Field

Honor	Year	Event	Location
All-ECAC Chris Conway	2009	55m Hurdles	Tufts
All-New England Chris Conway	2009	55m Hurdles	MIT
Simone Ford	2010	Long Jump	USM

Outdoor Track & Field

Honor	Year	Event	Location
All-ECAC: Cathryn LaRiviere	2009	10k	Springfield
Chris Conway	2009	110m Hurdles	Springfield
All-New England: Robert Allen	2005	Long Jump	Springfield
	2005	110m Hurdles	Springfield
Ashley Dion	2005	High Jump	Bates
Brittany Bushman	2007	Javelin	Springfield
Ryan Meagher	2008	110m Hurdles	Coast Guard
Chris Conway	2009	110m Hurdles	Springfield
Ben Cleveland	2009	400m	Springfield
Irene Limlengco	2010	High Jump	Tufts