

Licensed to Flash Results, Inc. Hy-Tek's Meet Manager 1/12/2008 06:56 PM
 Virginia Tech Invitational - 1/11/2008 to 1/12/2008
 Rector Field House
 Blacksburg, Virginia
 Results

Women 55 Meter Dash

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 Top 8 Advance by Time

Rector FH: 6.82 1/13/2007 Jessica Young, Richmond
 NCAA Prov: 6.92
 NCAA Auto: 6.74

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Alexis Joyce		Unattached	6.93q	4
2 Patrice Potts		VT	6.94q	1
3 Lajarsha Moses		Charlotte	6.96q	6
4 Britni Spruill		VT	7.00q	2
5 Lamarra Currie		Charlotte	7.02q	5
6 Kristi Castlin		VT	7.04q	3
7 Tanique Carter		JMU	7.08q	3
7 Janne'a Bridgeford		Virginia	7.08q	1
9 Feyisara Adaramola		UCF	7.12	1
10 Loreal Smith		NC A&T	7.15	4
11 Andrea Beckles		Liberty	7.18	4
12 Crystal Carrington		NC A&T	7.23	5
13 Talia Wise		Virginia	7.24	3
14 Ladrea Dortch		Charlotte	7.25	2
15 Melissa Council		Wake Forest	7.26	6
16 Tiki James		Unattached	7.29	5
16 Dania Sanford		Norfolk St	7.29	4
18 Britney Streeter		George Mason	7.31	3
18 Dione Thomas		UCF	7.31	1
20 Kisha Garrick		Virginia	7.32	4
21 Lauren Smith		NC A&T	7.33	6
22 Chia Hudson		George Mason	7.34	1
22 Galyn Iloka		Virginia	7.34	2
22 Marie Fields		George Mason	7.34	5
22 Nae Nae Bailey		E Tennessee	7.34	6
26 Portia Davenport		Norfolk St	7.35	5
27 Tanisha Glover		E Carolina	7.38	5
28 Jasmine Jones-green		High Point	7.39	3
29 Nicole Castronuova		Wake Forest	7.43	2
30 Yolanda Hardy		SC State	7.44	1
30 Jilisha Thompson		High Point	7.44	2
32 Sarah Wernick		Georgetown	7.47	4
33 Samantha Shields		UCF	7.49	6
34 Mironda Scott		SC State	7.50	1
35 Jamia Foster		SC State	7.52	5
36 Candace Nelms		JMU	7.53	4
37 Shardal Twyman		Winthrop	7.55	6
38 Katie Tershel		Virginia	7.62	6
39 Cheri Hodges		Norfolk St	7.63	3
40 Latayvia Jackson		Howard	7.67	2
41 Krystle Landes		Lynchburg	7.84	3
42 Jessica Wayashe		High Point	7.90	3

Women 55 Meter Dash

Rector FH: 6.82 1/13/2007 Jessica Young, Richmond
 NCAA Prov: 6.92
 NCAA Auto: 6.74

Name	Year	School	Finals
=====			
Finals			
1 Alexis Joyce		Unattached	6.85
2 Lamarra Currie		Charlotte	6.93
3 Britni Spruill		VT	6.96
4 Lajarsha Moses		Charlotte	6.96
5 Kristi Castlin		VT	7.06
6 Tanique Carter		JMU	7.07
7 Janne'a Bridgeford		Virginia	7.11
-- Patrice Potts		VT	DNF

Women 200 Meter Dash

Rector FH: 22.85 1/18/2003 Michelle Collins, George Williams
 NCAA Prov: 23.90
 NCAA Auto: 23.30

Name	Year	School	Finals	H#
=====				
1 Lamarra Currie		Charlotte	24.42	1
2 Lizzie Harris		UCF	24.48	1
3 Lajarsha Moses		Charlotte	24.64	4
4 Tanique Carter		JMU	24.85	2
5 Landria Buckley		Howard	25.18	3
6 Crystal Carrington		NC A&T	25.29	6
7 Feyisara Adaramola		UCF	25.29	2
8 Sarah Wernick		Georgetown	25.30	9
9 Jasmine Jones-green		High Point	25.44	5
10 Dania Sanford		Norfolk St	25.52	4
11 Jilisha Thompson		High Point	25.73	4
12 Chalonda Silver		E Carolina	25.75	6
13 Heidi Paul		Maryland	25.77	7
14 Portia Davenport		Norfolk St	25.84	5
15 Michelle Duffey		Wake Forest	25.85	11
16 Andrea Beckles		Liberty	25.86	11
17 Abigail Johnson		Georgetown	25.90	9
18 Ladrea Dortch		Charlotte	25.97	9
19 Tolulope Olugbemi		Maryland	26.00	7
20 Lauren Smith		NC A&T	26.02	5
21 Mckayla Wimbley		UCF	26.13	4
22 Kandi Givner		High Point	26.18	10
23 Yolanda Hardy		SC State	26.20	8
24 Sheree Carter		UCF	26.33	6
25 Lydia Reddic		NC A&T	26.34	6
26 Sade Nero		UCF	26.36	2
27 Mironda Scott		SC State	26.37	8
28 Crystal Lawrence		George Mason	26.42	8
29 Victoria Chin		UCF	26.45	3
30 Samantha Shields		UCF	26.68	7
31 Kiara Branch		George Mason	26.70	2
32 Jonecia Gates		George Mason	26.70	10
33 Jamia Foster		SC State	26.81	8
34 Tiki James		Unattached	26.93	5
35 Asia Odum		George Mason	26.93	10
36 Caroline Vaughn		Wake Forest	26.94	11
37 Latayvia Jackson		Howard	27.30	8
38 Krystle Landes		Lynchburg	27.48	9

39	Christine Nicewonger	JMU	27.59	9
40	Cheri Hodges	Norfolk St	27.77	10
41	Libby Jenke	Duke	28.33	10
42	Jaslyn Grullon	E Carolina	28.68	6
--	Cynetheia Rooks	Unattached	DNF	1

Women 300 Meter Dash

=====				
Rector FH:	36.67	1/12/2007	Francena McCorory, Hampton	
Name	Year	School	Finals	H#
=====				
1	Britni Spruill	VT	37.93	1
2	Cynetheia Rooks	Unattached	38.68	1
3	Ebonie Cunningham	Charlotte	39.08	1
4	Patrice Potts	VT	39.21	2
5	Chenoa Freeman	Liberty	39.55	7
6	Kiani Profit	Maryland	39.79	4
7	Leslie Anderson	JMU	39.90	4
8	Michelle Federick	Maryland	40.01	2
9	Yvonna Hines	Charlotte	40.09	8
10	Rashonda Roberson	JMU	40.13	7
11	Judy Johnson	E Tennessee	40.17	2
12	Nicole Castronuova	Wake Forest	40.26	6
13	Shalice Anderson	E Carolina	40.30	4
14	Dania Sanford	Norfolk St	40.33	2
15	Shakirra Pinnock	VT	40.38	3
16	Olivia Brown	Charlotte	40.38	7
17	Jennifer Jackson	NC A&T	40.51	1
18	Crystal Bardge	Maryland	40.55	8
19	Christina Smith	Maryland	40.91	6
20	Abigail Johnson	Georgetown	41.27	5
21	Christina Gray	NC A&T	41.29	5
22	Natalee Allen	SC State	41.49	7
23	Charlene Hibbert	Liberty	41.59	5
24	Chalonda Silver	E Carolina	41.99	3
25	Katelyn Wohlford	Wake Forest	42.08	8
26	Portia Davenport	Norfolk St	42.28	4
27	Kandi Givner	High Point	42.61	8
28	Shari Sampson	SC State	42.75	6
29	Renee Mcwilliams	SC State	42.95	4
30	Olivia Alford	JMU	42.99	3
31	Keshia Ashe	Virginia	43.15	5
32	Krystle Landes	Lynchburg	43.36	8
33	Aisha Bilal-mack	E Carolina	44.07	5
34	Wanetta Kirby	Norfolk St	44.10	6
35	Danielle Garofalo	Lynchburg	46.33	8

Women 400 Meter Dash

=====				
Rector FH:	51.15	3/1/2003	Christine Amertil, Speed Dynamic	
NCAA Prov:	54.40			
NCAA Auto:	52.40			
Name	Year	School	Finals	H#
=====				
1	Lizzie Harris	UCF	56.36	1
2	Ebonie Cunningham	Charlotte	56.68	1
3	Chenoa Freeman	Liberty	56.69	4
4	Ashley Hubbard	Georgetown	56.73	3
5	Leslie Anderson	JMU	57.25	2
6	Yvonna Hines	Charlotte	57.33	1

7	Tempest Vance	SC State	57.37	3
8	Jaime Watson	Liberty	57.60	3
9	Kristina Chapman	Virginia	57.83	2
10	Rashonda Roberson	JMU	58.41	4
11	Olivia Brown	Charlotte	58.44	2
12	Deidra Sanders	Georgetown	59.06	4
13	Natalee Allen	SC State	59.63	1
14	Renee Lott	JMU	59.75	5
15	Libby Jenke	Duke	1:00.52	6
16	Sade Nero	UCF	1:00.76	2
17	Natalie Goodman	Maryland	1:00.83	6
18	Chidimma Uche	Virginia	1:00.92	4
19	Sasha Robinson	Winthrop	1:00.99	5
20	Kelly Pry	Maryland	1:01.04	3
21	Michelle Ranc	UCF	1:02.18	2
22	Katelyn Wohlford	Wake Forest	1:02.28	5
23	Samantha Shields	UCF	1:03.02	3
24	Bright Tara	E Carolina	1:04.47	6
25	Wendy Jaglom	Duke	1:05.51	6
--	Alexis Jenkins	E Carolina	DNF	5

Women 500 Meter Dash

=====				
Rector FH:	1:10.08	1/23/2004	Tamara King- Foster, Alapha Omega	
Name	Year	School	Finals	H#
=====				
1	Alexandria Spruiel	NC A&T	1:12.20	3
2	Shell Green	Unattached	1:12.75	1
3	Queen Harrison	VT	1:12.75	3
4	Asia Washington	VT	1:13.61	2
5	Ashley Hubbard	Georgetown	1:13.77	2
6	Michelle Duffey	Wake Forest	1:13.81	3
7	Melissa Council	Wake Forest	1:13.86	2
8	Jaime Watson	Liberty	1:14.93	3
9	Ayla Smith	Virginia	1:15.05	1
10	Kortnie Coleman	Charlotte	1:15.21	2
11	Allison Stankavage	Duke	1:16.35	7
12	Tempest Vance	SC State	1:16.39	4
13	Tiara Swindell	George Mason	1:16.56	2
14	Shanice Jones	Charlotte	1:16.95	1
15	Latasha Rivers	George Mason	1:17.43	5
16	Alex Gove	Wake Forest	1:17.46	5
17	Katie Rogus	Maryland	1:17.82	8
18	Libby Jenke	Duke	1:18.14	8
19	Devotia Moore	Duke	1:18.40	3
20	Lavonne Ellerb	JMU	1:18.56	7
21	Janee Cadlett	NC A&T	1:18.73	7
22	Christine Nicewonger	JMU	1:18.75	8
23	Michelle Seibert	Duke	1:18.82	5
24	Renee Lott	JMU	1:18.91	7
25	Carmenta Mitchell	NC A&T	1:19.26	1
26	Christen Harsha	Duke	1:19.60	8
27	Natasha Emmanuel	Maryland	1:19.81	4
28	Hilary Moen	Virginia	1:19.95	9
29	Shantile Blackburn	UCF	1:20.45	2
30	Crystal Lawrence	George Mason	1:20.48	7
31	Katie Apibunyopas	Duke	1:20.55	8
32	Kristen Zieminski	UCF	1:21.31	9
33	Molly Kennedy	Wake Forest	1:21.61	6
34	Christin Zink	E Tennessee	1:21.84	9

35	Allyssa Pickett	Norfolk St	1:21.98	8
36	Ericcka Charles	E Carolina	1:22.13	5
37	Melissa Ferry	George Mason	1:22.20	6
38	Ayana Wyse	Charlotte	1:22.42	5
39	Andranette Moss	SC State	1:22.99	4
40	Jonecia Gates	George Mason	1:23.92	9
41	Kia Haskins	E Carolina	1:24.11	9
42	Britttni Thomas	High Point	1:24.44	6
43	Candace Shoates	Norfolk St	1:25.10	6
44	Rachel Griffin	Norfolk St	1:25.86	6
45	Wendy Jaglom	Duke	1:26.73	5
46	Kristi Foster	SC State	1:27.92	6

Women 1 Mile Run

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Rector FH:	4:37.41	2/17/2001	Shalane Flanagan, North Carolina
NCAA Prov:	4:48.00		
NCAA Auto:	4:40.00		
Name	Year	School	Finals
=====			
1	Lise Ogradnick	Georgetown	4:56.08
2	Renee Tomlin	Georgetown	4:58.88
3	Natalie Sherbak	VT	5:00.82
4	Andrea Bolyki	High Point	5:09.47
5	Diana Burk	Virginia	5:11.41
6	Erin Reddan	VT	5:13.47
7	Kelsey Malmquist	Georgetown	5:13.49
8	Jennifer Chichester	Norfolk St	5:16.45
9	Kelly Clark	VT	5:17.20
10	Megan Durkee	Virginia	5:17.74
11	Lynne Colombo	JMU	5:18.21
12	Amanda Patterson	Duke	5:20.03
13	Cate Berenato	Wake Forest	5:20.36
14	Tiare Ferguson	Duke	5:22.67
15	Valarie Wilder	Virginia	5:23.41
16	Amanda Walsh	Georgetown	5:24.19
17	Shauna Marsh	High Point	5:24.48
18	Tia Miles	Norfolk St	5:28.84
19	Abigail Clement	Virginia	5:32.63
20	Jessica Trapeni	VT	5:33.22
21	Nichole Briggs	E Carolina	5:35.76
22	Jennie Pernisi	Lynchburg	5:36.87
23	Lisa Macpherson	VT	5:41.12
24	Whitney Curry	Wake Forest	5:45.56
25	Lindsey King	VT	5:49.04
26	Molly Galloway	Lynchburg	5:51.10
27	Tamila Myles	Howard	6:01.22
28	Chynell Gray	Norfolk St	6:04.42
29	Latasha Wright	SC State	6:12.87
30	Charisse Bullock	Howard	6:20.96
31	Kristi Foster	SC State	6:28.05
--	Geneva Winterink	High Point	DNF
--	Brittany Jackson	Howard	DNF

Women 800 Meter Run

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Rector FH:	2:03.79	3/6/2004	Beata Rudzinska, Akron
NCAA Prov:	2:09.00		
NCAA Auto:	2:05.00		
Name	Year	School	Finals

1	Ashley Hodges	Howard	2:18.30
2	Libby Babcock	Maryland	2:18.54
3	Melissa Mark	Maryland	2:18.72
4	Claire Smith	JMU	2:22.72
5	Shauna Marsh	High Point	2:23.82
6	Victoria Currie	E Tennessee	2:23.87
7	Katherine Sinacore	Wake Forest	2:24.05
8	Samantha Fickel	George Mason	2:24.88
9	Lisa Sickman	Winthrop	2:27.11
10	Jaclyn Johnson	UCF	2:27.19
11	Meghan Glassmacher	E Carolina	2:28.15
12	Lauren Lawson	SC State	2:29.63
13	Brittnay Strange	SC State	2:29.84
14	Joya Canfield	High Point	2:29.98
15	Jessica Nauta	JMU	2:30.56
16	Brittany Jackson	Howard	2:31.42
17	Sade Pugh	SC State	2:32.04
18	Amy Remmer	JMU	2:33.13
19	Kylee Jordan	High Point	2:41.56

Women 1000 Meter Run

Rector FH: 2:46.14 1/18/2003 Jill Snyder, Addias			
Name	Year	School	Finals
1	Tasmin Fanning	VT	2:47.07
2	Elizabeth Maloy	Georgetown	2:47.90
3	Molly Lehman	Duke	2:49.64
4	Susan Hendrick	Georgetown	2:52.40
5	Lauren Gregory	Georgetown	2:53.89
6	Joanna Rodgers	Georgetown	2:56.13
7	Jessica Fanning	VT	2:56.35
8	Asia Washington	VT	2:56.48
9	Anna Farias-eisner	Duke	2:57.85
10	Sumiyya Hunter	High Point	3:00.09
11	Katie Doswell	Duke	3:01.62
12	Alison Parris	JMU	3:02.27
13	Shantile Blackburn	UCF	3:02.52
14	Devotia Moore	Duke	3:02.53
15	Brittany Copeland	E Carolina	3:03.43
16	Morgan Bolen	Virginia	3:03.47
17	Kristy Tobin	VT	3:05.89
18	Kristen Zieminski	UCF	3:06.35
19	Christen Harsha	Duke	3:06.70
20	Janee Cadlett	NC A&T	3:09.76
21	Dana Robinson	High Point	3:10.26
22	Katherine Sinacore	Wake Forest	3:10.59
23	Katie Apibunyopas	Duke	3:11.44
24	Carole Spoth	JMU	3:12.03
25	Brittany Lussier	JMU	3:12.13
26	Joya Canfield	High Point	3:13.01
27	Megan Fuson	VT	3:13.95
28	Samantha Fickel	George Mason	3:14.20
29	Jackie Merrick	VT	3:15.58
30	Molly Fresher	Wake Forest	3:16.34
31	Jaclyn Johnson	UCF	3:16.45
32	Hollie Brooks	E Carolina	3:16.49
33	Lauren Lawson	SC State	3:20.84
34	Melissa Ferry	George Mason	3:22.49

35 Aisha Bilal-mack	E Carolina	3:32.41
-- Morgan Anderson	Duke	DNF
-- Sade Pugh	SC State	DNF

Women 3000 Meter Run

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Rector FH: 9:08.31 2/14/1998 Nnenna Lynch, Unattached
NCAA Prov: 9:34.00
NCAA Auto: 9:15.00
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Name	Year School	Finals
1 Maggie Infeld	Georgetown	10:04.01
2 Natasha Labeaud	Georgetown	10:04.18
3 Patricia Loughlin	Duke	10:11.80
4 Zsanett Kis	High Point	10:17.96
5 Aspen Foster	JMU	10:24.66
6 Shelley Forbes	Duke	10:27.28
7 Christy Adamyk	Duke	10:30.72
8 Kailin Collins	Georgetown	10:37.35
9 Caitlin O'Malley	JMU	10:48.83
10 Amber Lussier	JMU	10:49.58
11 Priya Khatri	Duke	10:50.03
12 Sarah Lorch	Georgetown	11:01.85
13 Emily Webb	High Point	11:23.60
14 Hayley Flynn	E Carolina	11:29.05
15 Lisa Delorenzo	E Carolina	11:30.75
16 Kelly Laffey	Wake Forest	11:47.69
17 Monica Delizo	High Point	12:08.80
18 Tesha Haggard	E Tennessee	12:11.45
19 Rochelle Crook	E Tennessee	12:32.87

Women 5000 Meter Run

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=====
Rector FH: 15:36.50 1979 Margaret Groos, Virginia
NCAA Prov: 16:45.00
NCAA Auto: 16:08.00
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Name	Year School	Finals
1 Kali Burt	High Point	17:49.74
2 Emily Hellmuth	JMU	18:27.11
3 Kelly Payne	JMU	19:09.79
4 Kate Atkinson	High Point	19:14.24

Women 55 Meter Hurdles

Top 8 Advance by Time

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=====
Rector FH: 7.61 1/12/2007 Kristi Castlin, VT
NCAA Prov: 7.86
NCAA Auto: 7.57
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Name	Year School	Prelims	H#
Preliminaries			
1 Kristi Castlin	VT	7.68q	1
2 Shell Green	Unattached	7.73q	3
3 Tiki James	Unattached	7.92q	2
4 Queen Harrison	VT	7.93q	2
5 Chanel Williams	Maryland	8.06q	2
6 Loreal Smith	NC A&T	8.10q	6
7 Ayla Smith	Virginia	8.14q	3
8 Christina Smith	Maryland	8.15q	1

9	Landria Buckley	Howard	8.17	2	
10	Lizzie Harris	UCF	8.22	3	
11	Tacara Morrisey	Charlotte	8.23	5	
12	Asia Odum	George Mason	8.26	6	
13	Caroline Vaughn	Wake Forest	8.27	5	
14	Kiani Profit	Maryland	8.28	3	
15	Chia Hudson	George Mason	8.30	4	
16	Alexandria Lemonious	Howard	8.30	1	
17	Sheree Carter	UCF	8.32	1	
18	Katie Rogus	Maryland	8.33	5	
19	Linaire Lindo	E Carolina	8.34	6	
20	Michelle Duffey	Wake Forest	8.34	7	
21	Lindsay Dolan	E Carolina	8.37	2	
22	Keshia Ashe	Virginia	8.44	2	
23	Renee Mcwilliams	SC State	8.47	7	
24	Kristina Chapman	Virginia	8.48	6	
25	Sarah Young	Winthrop	8.52	7	
26	Victoria Faulkner	Norfolk St	8.53	3	
27	Chidimma Uche	Virginia	8.53	4	
28	Alex Gove	Wake Forest	8.55	1	
29	Pat Springs	Charlotte	8.56	7	
30	Katelyn Guerriere	JMU	8.57	3	
31	Wanetta Kirby	Norfolk St	8.64	6	
32	Tanisha Jenkins	Norfolk St	8.66	7	
33	Victoria Chin	UCF	8.72	5	
34	Rebecca Holmes	Winthrop	8.73	1	
35	Rachel Houseknecht	Liberty	8.76	5	
36	Molly Kennedy	Wake Forest	8.79	1	
37	Christine Nicewonger	JMU	8.83	7	
38	Joellyn Graham	Liberty	8.84	6	
38	Kiara Branch	George Mason	8.84	4	
40	Marisa Biggins	JMU	8.87	4	
41	Mckayla Wimbley	UCF	8.88	5	
42	Tempest Vance	SC State	8.91	4	
43	Hilary Moen	Virginia	8.97	2	
44	Michelle Ranc	UCF	8.99	4	
45	Daniel Davis	E Tennessee	9.10	3	
46	Brandi Jefferson	SC State	9.14	1	
47	Krystle Matthews	Liberty	9.15	6	
48	Tori Jones	E Carolina	9.18	4	
49	Kyla Cook	Georgetown	9.19	5	
50	Ashton Bishop	E Tennessee	9.28	2	
51	Anna Grant	Virginia	9.29	7	
52	Alicia Garofalo	Lynchburg	10.41	7	
53	Crystal Bardge	Maryland	12.27	5	
--	Lydia Reddic	NC A&T	DQ	6	Pushed hurdle

Women 55 Meter Hurdles

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Rector FH:    7.61  1/12/2007  Kristi Castlin, VT
NCAA Prov:    7.86
NCAA Auto:    7.57

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Name          Year School          Finals
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Finals

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=====
1 Kristi Castlin      VT          7.59
2 Shell Green        Unattached  7.72
3 Queen Harrison     VT          7.77
4 Loreal Smith       NC A&T      7.91
5 Ayla Smith         Virginia    8.01

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6 Tiki James	Unattached	8.05
7 Christina Smith	Maryland	8.28

Women 4x200 Meter Relay

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Collegiate: C 1:36.5h 1979      Tennessee State
School                          Finals  H#
=====
1 Virginia Tech                1:36.43C  1
  1) Patrice Potts              2) Britni Spruill
  3) Kristi Castlin             4) Queen Harrison
2 Virginia                      1:38.93   1
3 George Mason                  1:38.97   1
4 SC State                      1:43.93   1
5 High Point                    1:44.27   2
6 E Carolina                    1:44.72   2
7 James Madison                 1:45.54   2
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Women 4x400 Meter Relay

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=====
Rector FH: 3:35.05 2/5/1999 Florida, Florida
NCAA Prov: 3:40.00
NCAA Auto: 3:33.00
School                          Finals  H#
=====
1 Virginia Tech                3:44.34   1
2 Wake Forest                  3:47.77   2
3 Charlotte                    3:48.37   1
4 Georgetown                   3:48.90   2
5 NC A&T                       3:49.32   1
6 James Madison                3:51.99   2
7 Maryland 'B'                 3:59.03   3
8 James Madison 'B'           3:59.82   4
9 Virginia                     4:00.12   2
10 Charlotte 'B'               4:00.26   3
11 Virginia 'E'                4:01.64   2
12 Virginia 'D'                4:02.78   4
13 SC State                    4:03.41   1
14 Virginia 'B'                4:03.74   3
15 Norfolk St                  4:05.34   2
16 E Carolina 'B'              4:05.91   4
17 Wake Forest 'B'             4:08.06   4
18 Virginia 'C'                4:08.35   4
19 SC State 'B'                4:13.60   4
-- Maryland                     DNF      1
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Women Distance Medley

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=====
Rector FH: 11:08.04 2/23/2002 North Carolina, North Carolina
NCAA Prov: 11:30.00
NCAA Auto: 11:09.00
School                          Finals
=====
1 Georgetown                    11:54.52
2 High Point                    12:07.18
3 Virginia                      12:08.15
4 Georgetown 'B'                12:14.68
5 James Madison                 12:15.06
6 Virginia 'B'                  12:30.77
7 James Madison 'B'             12:40.12
```

8 Central Florida	12:42.80
9 Norfolk St	12:43.28
10 Wake Forest	12:47.86

Women High Jump

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=====
Rector FH:  1.88m  2/25/2006  Sheena Gordon, UNC
NCAA Prov:  1.78m
NCAA Auto:  1.85m
```

Name	Year School	Finals	
1 Toni Aluko	Maryland	1.69m	5-06.50
2 Ashley Maddox	SC State	1.69m	5-06.50
2 Assiatu Williams	Virginia	1.69m	5-06.50
4 Valeria Moore	E Carolina	1.69m	5-06.50
5 She'anna Mitchell	Norfolk St	1.64m	5-04.50
5 Katie Trizna	Virginia	1.64m	5-04.50
7 Buky Bamigboye	Georgetown	1.64m	5-04.50
8 Mia Aghaji	Liberty	1.64m	5-04.50
9 Meghan Horne	E Carolina	1.59m	5-02.50
9 Danielle Brown	Charlotte	1.59m	5-02.50
-- Anna Grant	Virginia	NH	
-- Kallyn Falvo	Charlotte	NH	
-- Callie Hlavin	Virginia	NH	
-- Katie Roberts	Charlotte	NH	
-- Ashton Bishop	E Tennessee	NH	
-- Amanda Breeden	NC A&T	NH	
-- Ryan Olexson	JMU	NH	
-- Lindsay Dolan	E Carolina	NH	
-- Shaneka Lee	SC State	NH	

Women Pole Vault

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=====
Rector FH:  4.31m  2/24/2006  Lacy Janson, FSU
NCAA Prov:  3.95m
NCAA Auto:  4.20m
```

Name	Year School	Finals	
1 Ashley Early	VT	3.97m	13-00.25
2 Kelly Phillips	VT	3.85m	12-07.50
3 Erin Mahony	Unattached	3.85m	12-07.50
4 Elise Birnbaum	VT	3.85m	12-07.50
5 Caitlin Thornley	Unattached	3.70m	12-01.50
6 Stephanie Mcdougal	E Carolina	3.55m	11-07.75
7 Amy Fryt	Duke	3.40m	11-01.75
8 Kaitlyn Fitzgerald	Maryland	3.40m	11-01.75
9 Kathleen Darraugh	Virginia	3.40m	11-01.75
9 Cassie Ludwig	Duke	3.40m	11-01.75
11 Jill Ahrens	Wake Forest	3.40m	11-01.75
12 Diana Sciambi	VT	3.40m	11-01.75
13 Sally Liu	Duke	3.20m	10-06.00
14 Makenzie Mullinax	Charlotte	3.20m	10-06.00
-- Shannon Garzoni	Charlotte	NH	
-- Anne-marie Gordon	Duke	NH	
-- Anna Malone	Charlotte	NH	
-- Erin Harrison	JMU	NH	
-- Joseph Ashleigh	Norfolk St	NH	
-- Taylor Isgrig	E Tennessee	NH	

Women Long Jump

=====

Rector FH: 6.60m 2/24/2006 Kierra Foster, Maryland
 NCAA Prov: 6.10m
 NCAA Auto: 6.35m

Name	Year	School	Finals	
1 Dione Thomas		UCF	6.02m	19-09.00
2 Pat Springs		Charlotte	5.96m	19-06.75
3 Kimona Smith		NC A&T	5.86m	19-02.75
4 Camelia Morman		E Carolina	5.80m	19-00.50
5 Rashawnda James		Virginia	5.69m	18-08.00
6 Alexandria Lemonious		Howard	5.68m	18-07.75
7 Katie Tershel		Virginia	5.61m	18-05.00
8 Victoria Faulkner		Norfolk St	5.54m	18-02.25
9 Katie Rogus		Maryland	5.51m	18-01.00
10 Mia Aghaji		Liberty	5.46m	17-11.00
11 Sheree Carter		UCF	5.41m	17-09.00
12 Candace Nelms		JMU	5.38m	17-08.00
13 Kiani Profit		Maryland	5.31m	17-05.25
13 Krissy Kline		JMU	5.31m	17-05.25
15 Molly Kennedy		Wake Forest	5.28m	17-04.00
16 Danielle Brown		Charlotte	5.27m	17-03.50
17 Alex Baptiste		Georgetown	5.22m	17-01.50
18 Wanetta Kirby		Norfolk St	5.19m	17-00.50
18 Marie Fields		George Mason	5.19m	17-00.50
20 Taryn Wentz		Georgetown	5.16m	16-11.25
21 Ryann Hendricks		George Mason	5.15m	16-10.75
22 Ayana Wyse		Charlotte	5.13m	16-10.00
22 Tanique Carter		JMU	5.13m	16-10.00
24 Sarah Wernick		Georgetown	5.11m	16-09.25
25 Yolanda Hardy		SC State	5.08m	16-08.00
26 Kisha Garrick		Virginia	5.07m	16-07.75
27 Toni Aluko		Maryland	5.06m	16-07.25
28 Krystle Matthews		Liberty	4.97m	16-03.75
29 Lakeisha Williams		NC A&T	4.87m	15-11.75
30 Kiara Branch		George Mason	4.81m	15-09.50
31 Jasmine Smith		SC State	4.79m	15-08.75
31 Tiffani Long		Maryland	4.79m	15-08.75
33 Ashley Maddox		SC State	4.76m	15-07.50
34 Tanisha Glover		E Carolina	4.75m	15-07.00
35 Shardal Twyman		Winthrop	4.63m	15-02.25
36 Jessica Gibbs		Lynchburg	4.39m	14-05.00
-- Ashley Carbray		Maryland		ND

Women Triple Jump

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Rector FH: 14.12m 2/24/2001 Tiombe Hurd, Nike
 NCAA Prov: 12.65m
 NCAA Auto: 13.30m

Name	Year	School	Finals	
1 Ryann Hendricks		George Mason	12.65m	41-06.00
2 Camelia Morman		E Carolina	12.45m	40-10.25
3 Kimona Smith		NC A&T	12.22m	40-01.25
4 Brittany Dixson		NC A&T	12.13m	39-09.75
5 Rashawnda James		Virginia	12.13m	39-09.75
6 Mia Aghaji		Liberty	11.92m	39-01.25
7 Katie Tershel		Virginia	11.90m	39-00.50
8 Jasmine Smith		SC State	11.70m	38-04.75
9 Lakeisha Williams		NC A&T	11.57m	37-11.50

10	Alex Baptiste	Georgetown	11.55m	37-10.75
11	Katelyn Guerriere	JMU	11.41m	37-05.25
12	Tanisha Jenkins	Norfolk St	11.36m	37-03.25
13	Sarah Young	Winthrop	10.86m	35-07.75
14	Jen Healey	Liberty	10.80m	35-05.25
15	Sara Fox	Charlotte	10.79m	35-05.00
16	Taryn Wentz	Georgetown	10.76m	35-03.75
17	Rebecca Holmes	Winthrop	10.53m	34-06.75
18	Assiatu Williams	Virginia	10.35m	33-11.50
--	Krissy Kline	JMU		ND
--	Danielle Brown	Charlotte		FOUL
--	Brandi Jefferson	SC State		FOUL
--	Danielle Drummer	Norfolk St		FOUL
--	Lindsey Clayborn	Charlotte		FOUL
--	Tori Jones	E Carolina		FOUL

Women Shot Put

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Rector FH: 19.48m 2/14/2004 Cleopatra Borel, Unattached
 NCAA Prov: 15.20m
 NCAA Auto: 16.90m

Name	Year	School	Finals	
1		Cleopatra Borel-Brown	Trinidad&Tobago	17.40m 57-01.00
2		Brittany Pryor	VT	16.46m 54-00.00
3		Billie-jo Grant	Virginia	15.78m 51-09.25
4		Ciera Ayangbile	VT	15.10m 49-06.50
5		Jillian Anwah	Maryland	14.15m 46-05.25
6		Erika Schroeder	VT	14.08m 46-02.50
7		Jerrine Foster	NC A&T	14.00m 45-11.25
8		Alexa Manning	Virginia	13.67m 44-10.25
9		Ashley Williams	Maryland	13.43m 44-00.75
10		Amy Mueller	E Carolina	13.23m 43-05.00
11		Jessica Wade	JMU	13.12m 43-00.50
11		Aysha Gregory	Maryland	13.12m 43-00.50
13		Tanore Barrow	Georgetown	12.98m 42-07.00
14		Sasha Wilson	Norfolk St	12.76m 41-10.50
15		Felicia Boulware	Winthrop	12.71m 41-08.50
16		Christina Raphael	UCF	12.66m 41-06.50
17		Zachlynn Blackburn	E Tennessee	12.23m 40-01.50
18		Becky Eisenhauer	JMU	12.21m 40-00.75
19		Virginia Traynor	UCF	12.15m 39-10.50
20		Jessica Francis	UCF	12.06m 39-07.00
21		Danielle Eiler	E Carolina	12.01m 39-05.00
22		Christina Smith	Maryland	11.83m 38-09.75
23		Katherine Forrester	NC A&T	11.24m 36-10.50
24		Ashley Wiley	Charlotte	10.81m 35-05.75
24		Shanice Clark	SC State	10.81m 35-05.75
26		Victoria Faulkner	Norfolk St	10.80m 35-05.25
27		Ashley Allen	Lynchburg	10.71m 35-01.75
28		Jennifer Marinacci	JMU	10.19m 33-05.25
29		Molly Kennedy	Wake Forest	10.12m 33-02.50
30		Buky Bamigboye	Georgetown	10.06m 33-00.25
31		Lindsey Pate	Charlotte	9.92m 32-06.50

Women Weight Throw

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Rector FH: 21.82m 1/18/2003 Dawn Ellerbee, Unattached
 NCAA Prov: 18.75m
 NCAA Auto: 21.00m

Name	Year	School	Finals	
1 Kristen Callan		VT	18.81m	61-08.50
2 Brittany Pryor		VT	18.30m	60-00.50
3 Jillian Anwah		Maryland	17.85m	58-06.75
4 Alexa Manning		Virginia	15.87m	52-01.00
5 Aysha Gregory		Maryland	15.70m	51-06.25
6 Ashley Howard		Winthrop	15.62m	51-03.00
7 Virginia Traynor		UCF	14.90m	48-10.75
8 Zachlynn Blackburn		E Tennessee	14.87m	48-09.50
9 Ashley Wiley		Charlotte	14.62m	47-11.75
10 Charlene Grady		E Carolina	14.52m	47-07.75
11 Katelyn Poss		Maryland	14.46m	47-05.25
12 Amy Bilmanis		Virginia	14.19m	46-06.75
13 Christina Raphael		UCF	14.16m	46-05.50
14 Kristen Batts		Maryland	14.13m	46-04.25
15 Jessica Wade		JMU	13.86m	45-05.75
16 Amy Mueller		E Carolina	13.76m	45-01.75
17 Becky Eisenhauer		JMU	13.25m	43-05.75
18 Julie Tripson		George Mason	12.78m	41-11.25
19 Ashley Allen		Lynchburg	12.57m	41-03.00
20 Jessica Francis		UCF	12.24m	40-02.00
21 Jennifer Marinacci		JMU	11.72m	38-05.50
22 Lindsey Pate		Charlotte	11.34m	37-02.50
23 Jennifer Bailey		George Mason	9.90m	32-05.75

Men 55 Meter Dash

Top 8 Advance by Time

Rector FH: 6.17 1/13/2007 Travis Padgett, Clemson
 NCAA Prov: 6.26
 NCAA Auto: 6.14

Name	Year	School	Prelims	H#
Preliminaries				
1 Evander Wells		Tennessee	6.28q	3
2 Matthieu Pritchett		Tennessee	6.34q	4
3 Gyasi Isiah		E Carolina	6.36q	6
4 Reuben Jones		Virginia	6.39q	1
5 Calesio Newman		NC A&T	6.40q	4
6 Jason Moore		Charlotte	6.40q	6
7 Ryan Carter		Georgetown	6.42q	5
8 Adian Sanderson		E Carolina	6.43q	6
9 Kenny Mitchell		Georgetown	6.46	1
10 Aaron Anderson		Hampton	6.47	4
11 Marlon Woods		Norfolk St	6.48	1
12 Brandon Harris		Norfolk St	6.50	2
13 Stephen Small-warner		Howard	6.51	2
14 Durell Cull		Liberty	6.52	6
15 Brandon Carter		Virginia	6.52	4
16 Conlon Bonner		Virginia	6.55	1
17 Reggie Hill		Charlotte	6.55	2
18 Robert Martin		NC A&T	6.55	4
19 Devon Brown		Hampton	6.55	5
20 Kevin Thompson		E Carolina	6.56	3
21 Justin Conaway		High Point	6.57	1
22 Anthony Johnson		Charlotte	6.58	2
23 Allen Hunter		SC State	6.58	6
24 La'trico Blanding		SC State	6.59	5
25 Trayman Hill		Norfolk St	6.59	3

26	Blake Jones	Tennessee	6.60	5
27	Dan Newell	Liberty	6.60	3
28	Cedric Hudson	VT	6.61	3
29	Predist Walkers	Hampton	6.62	5
30	Keary Simms	Winthrop	6.70	5
31	Zack Titman	E Tennessee	6.71	6
32	Chris Kinney	Georgetown	6.72	2
33	Javin Hutchinson	Wake Forest	6.73	3
34	Anthony Penny	Howard	6.75	6
35	Michael Ayers	Tennessee	6.78	4
36	Mckinley Johnson	Lynchburg	6.80	3
37	Michael Hanna Jr.	SC State	6.84	1
38	Richard Noles	Lynchburg	6.85	5
39	Buzz Moorman	Duke	6.86	1
40	Brad Holtz	Tennessee	6.98	1
41	T.J. Brancaccio	High Point	7.03	2

Men 55 Meter Dash

=====

Rector FH: 6.17 1/13/2007 Travis Padgett, Clemson
 NCAA Prov: 6.26
 NCAA Auto: 6.14

Name	Year	School	Finals
=====			
Finals			
1	Evander Wells	Tennessee	6.23
2	Calesio Newman	NC A&T	6.31
3	Matthieu Pritchett	Tennessee	6.35
4	Ryan Carter	Georgetown	6.37
5	Jason Moore	Charlotte	6.37
6	Reuben Jones	Virginia	6.39
7	Adian Sanderson	E Carolina	6.40

Men 200 Meter Dash

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Rector FH: 20.42 2/18/2006 Milton Campbell, Unattached
 NCAA Prov: 21.23
 NCAA Auto: 20.83

Name	Year	School	Finals	H#
=====				
1	Trenton Guy	Clemson	21.58	1
2	Aaron Anderson	Hampton	21.68	2
3	Evander Wells	Tennessee	21.72	1
4	Jason Moore	Charlotte	21.80	1
5	Matthieu Pritchett	Tennessee	21.83	2
6	Reuben Jones	Virginia	21.95	2
7	Calesio Newman	NC A&T	21.99	4
8	Travis Padgett	Clemson	22.00	3
9	Trayman Hill	Norfolk St	22.09	3
10	Kevin Thompson	E Carolina	22.10	5
10	Adian Sanderson	E Carolina	22.10	4
12	Ryan Carter	Georgetown	22.31	11
13	Daryl Green	Winthrop	22.33	3
14	Reggie Hill	Charlotte	22.38	3
15	Troy Wilkerson	Norfolk St	22.39	2
16	Andrew Barber	High Point	22.40	8
17	Earl Graves	Lynchburg	22.45	10
18	Oronde Vassell	Liberty	22.64	9
19	Robert Duru	Maryland	22.67	9
20	Durell Cull	Liberty	22.75	8

21	Anthony Johnson	Charlotte	22.76	5
22	Ebenezer Amegashie	VT	22.85	11
23	Devon Brown	Hampton	22.89	6
24	Allen Hunter	SC State	22.89	7
25	Chris Best	Unattached	23.01	10
26	Zack Titman	E Tennessee	23.04	6
27	Mike James	E Tennessee	23.07	6
28	Tochi Odocha	Howard	23.19	9
29	Jacoby DuBose	Unattached	23.23	3
30	Terell Gissendanner	Georgetown	23.25	11
31	Justin Conaway	High Point	23.25	9
32	Anthony Penny	Howard	23.31	11
33	Blake Jones	Tennessee	23.32	4
34	Will Tolbert	Lynchburg	23.38	10
35	Billy Phillips	George Mason	23.47	10
36	Cedric Hudson	VT	23.54	9
37	La'mar Veale	Hampton	23.55	5
38	Richard Noles	Lynchburg	23.61	7
39	Jackson Andre	E Carolina	23.70	7
40	Michael Hanna Jr.	SC State	23.74	8
--	Gwantaveous Anderson	Clemson	DNF	4
--	Corey Vinston	Norfolk St	DNF	1

Men 300 Meter Dash

=====				
Rector FH:	33.44	1/12/2007	Michael Bingham, Wake Forest	
Name	Year	School	Finals	H#
=====				
1	Darius Law	Charlotte	34.16	2
2	Troy Wilkerson	Norfolk St	34.29	3
3	Ron Wright	E Carolina	34.38	4
4	Raymond Brown	Norfolk St	34.44	4
5	Allan Lunkenheimer	Wake Forest	34.61	4
6	Earl Gray	Maryland	34.61	1
7	Adams Abdulrazaaq	Virginia	34.63	8
8	Sean Suber	Georgetown	34.67	2
9	Nathan Grace	Tennessee	34.70	2
10	Conlon Bonner	Virginia	34.78	6
11	Kenny Mitchell	Georgetown	34.79	5
12	Samdi Fraser	Tennessee	34.87	1
13	Meikle Paschal	Virginia	34.94	8
14	Kevin Wilson	George Mason	34.98	2
15	Robert Martin	NC A&T	35.08	5
16	Josh Cloyd	E Tennessee	35.20	6
17	Mutsa Nyakabau	George Mason	35.22	3
18	Andrew Barber	High Point	35.27	5
19	Toby Ulm	Georgetown	35.41	1
20	Rainer Fiala	Virginia	35.42	6
21	Corey Vinston	Norfolk St	35.47	1
22	Korel Mack	Charlotte	35.75	3
23	Kenneth Rackins	SC State	35.82	4
24	Brandon Edwards	Lynchburg	35.90	6
25	Ebenezer Amegashie	VT	36.13	6
26	Chris Best	Unattached	36.24	8
27	Oronde Vassell	Liberty	36.30	7
28	Chris Hibbert	Liberty	36.42	8
29	Leandre Sherill	Virginia	36.48	7
30	Marvin Williams	SC State	36.67	5
31	Will Tolbert	Lynchburg	36.70	5
32	Akinwole Jordan	NC A&T	36.80	7

33	Dewayne Chandler	Charlotte	37.00	8
34	Billy Phillips	George Mason	37.00	7
35	Ian Mcnaughton	Lynchburg	37.21	7
36	Jackson Andre	E Carolina	37.94	7
37	Michael Hanna Jr.	SC State	38.24	8

Men 400 Meter Dash

=====				
Rector FH:	45.87	2/18/2006	Milton Campbell, Unattached	
NCAA Prov:	47.25			
NCAA Auto:	46.15			
Name	Year	School	Finals	H#
=====				
1	Phil Leineweber	Liberty	48.26	4
2	Cowin Mills	Clemson	48.30	2
3	Jeremy Samuels	Maryland	48.47	3
4	Sean Lowe	Maryland	48.53	1
5	Darius Law	Charlotte	48.71	1
6	Travis Swaggard	Clemson	48.79	3
7	Daryl Green	Winthrop	48.79	1
8	Andrew Porter	Clemson	48.88	2
9	Allan Lunkenheimer	Wake Forest	49.33	4
10	Danny Harris	Georgetown	49.53	3
11	Anthony Walker	Maryland	49.54	3
12	Garrett Blakely	SC State	49.63	2
13	Kenneth Rackins	SC State	49.68	2
14	Marcus Wyche	George Mason	50.31	5
15	Macgregor Lennarz	George Mason	50.40	6
16	Matt Danforth	Duke	50.53	3
17	Ryan Thompson	Charlotte	50.53	5
18	Handy Dawes	Charlotte	50.57	3
19	Chris Best	Unattached	50.81	6
20	Sam Bowler	Duke	50.87	6
21	Cory Woodley	Norfolk St	51.00	7
22	John Maloy	Georgetown	51.26	2
23	Kimery Williams	Howard	51.39	7
24	Brandon Edwards	Lynchburg	51.46	6
25	Mario Moreno	Duke	51.48	7
26	Marvin Williams	SC State	51.57	4
27	Andrew Wright-hall	George Mason	51.64	7
28	Sean-pat Oswald	Duke	52.50	6
29	Meredith Whitties	Norfolk St	53.23	4
30	Bryan Brown	Hampton	54.79	4
31	Gary Sumpster	Norfolk St	55.10	5
32	Harris Michael	E Carolina	55.17	6
--	Rashard Adams	Lynchburg	FS	5

Men 500 Meter Dash

=====				
Rector FH:	1:02.05	M Watts & M Dekcer, USC/Liberty		
Name	Year	School	Finals	H#
=====				
1	Phil Leineweber	Liberty	1:04.57	1
2	Danny Harris	Georgetown	1:04.87	2
3	Pete Lewellen	Duke	1:04.91	1
4	John Maloy	Georgetown	1:05.18	2
5	Matt Danforth	Duke	1:05.37	2
6	Tyrell Moon	Norfolk St	1:05.60	4
7	Gordon Smith	NC A&T	1:05.68	2
8	Josh Morgan	High Point	1:05.76	6

9	John Hewitt	Tennessee	1:05.79	3
10	Garrett Blakely	SC State	1:06.55	1
11	Tavaris Leak	Charlotte	1:06.60	6
12	Mario Moreno	Duke	1:06.64	3
13	Sam Bowler	Duke	1:06.64	1
14	Richardson Christopher	E Carolina	1:06.65	5
15	Justin Hansen	Tennessee	1:06.98	7
16	Tim O'Donnell	Liberty	1:07.01	7
17	Andrew Lobb	Virginia	1:07.08	4
18	Nate Harris	George Mason	1:07.39	5
19	Jonathan Galberth	Charlotte	1:07.92	2
20	Sean-pat Oswald	Duke	1:08.19	7
21	Mike Billington	Georgetown	1:08.91	7
22	Travanni Jett	NC A&T	1:08.93	4
23	Andrew Wright-hall	George Mason	1:09.00	6
24	Tyreese Clark	SC State	1:09.65	4
25	Gary Sumpter	Norfolk St	1:11.79	4
26	Meredith Whitties	Norfolk St	1:12.03	5
27	Deangelo Bolden	SC State	1:13.03	5
28	Bryan Brown	Hampton	1:13.11	7
29	James Savoy	Charlotte	1:14.75	5
--	Macgregor Lennarz	George Mason	FS	3

Men 1 Mile Run

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Rector FH: 3:59.44 2/24/2001 Hudson Souza, Brazil
NCAA Prov: 4:04.00
NCAA Auto: 3:59.50
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Name	Year	School	Finals
1		Georgetown	4:11.66
2		Georgetown	4:11.99
3		Georgetown	4:12.62
4		Winthrop	4:14.14
5		VT	4:16.52
6		George Mason	4:17.13
7		Norfolk St	4:19.02
8		Georgetown	4:19.54
9		George Mason	4:20.95
10		VT	4:23.19
11		Howard	4:25.37
12		VT	4:26.94
13		Virginia	4:27.27
14		Tennessee	4:27.67
15		E Tennessee	4:27.70
16		Wake Forest	4:28.51
17		VT	4:28.74
18		VT	4:31.07
19		VT	4:36.22
20		Norfolk St	4:38.53
21		Norfolk St	4:39.08
22		VT	4:40.13
23		Hampton	4:41.67
24		SC State	5:06.83
25		SC State	5:28.79
--	Sandy Roberts	Georgetown	DNF
--	Michael Pachella	George Mason	DNF

Men 800 Meter Run

Rector FH: 1:47.49 2/26/1999 Anders Christiansen, William & Mary
 NCAA Prov: 1:50.50
 NCAA Auto: 1:48.20

Name	Year School	Finals
1 Kyle Rauser	Maryland	1:54.63
2 Matt Cash	M Washington	1:54.74
3 Neil Grosscup	Georgetown	1:54.80
4 Josh Davis	Maryland	1:56.09
5 Keenan Harris	Norfolk St	1:57.23
6 Zach Martinez	Maryland	1:57.34
7 Yaphet Cross	Hampton	1:57.55
8 Richard Williams	Howard	1:57.97
9 Kelvin Hill	Georgetown	1:58.41
10 Corey Grove	High Point	1:59.35
11 Erin Mcwhorter	George Mason	1:59.78
12 Dan Leyh	Georgetown	2:00.11
13 Carlton Phipps	Norfolk St	2:00.97
14 Randy Lee	Norfolk St	2:01.50
15 Earl Graves	Lynchburg	2:01.59
16 Jared Matlick	Shepherd	2:02.09
17 Matt Gregory	Liberty	2:02.37
18 Richard Apgar	Lynchburg	2:02.49
19 Kevin Correa	Liberty	2:02.96
20 Brandon Lynch	Hampton	2:03.75
21 Richard Elisu	SC State	2:04.24
22 Chris Rice	George Mason	2:04.59
23 Ryan Gaul	George Mason	2:04.81
24 Thurman Sanders	Howard	2:05.40
25 Bradley Brown	Hampton	2:06.61
26 Dashan Axson	SC State	2:07.93
27 Mark Elmore	SC State	2:10.98

Men 1000 Meter Run

Name	Year School	Finals
1 Matt Debole	Georgetown	2:22.89
2 Andrew Bubmalough	Georgetown	2:24.16
3 Rasheed Thompson	Georgetown	2:25.83
4 Josh Morgan	High Point	2:27.47
5 Sam Horn	George Mason	2:27.59
6 James Scheiner	VT	2:27.64
7 Matt Dennish	E Carolina	2:27.76
8 Alex Bowman	Virginia	2:29.33
9 Newby Jarrett	E Carolina	2:29.37
10 Donnie Cowart	VMI	2:29.60
11 John Brockardt	Duke	2:29.77
12 Cory Nanni	Duke	2:30.01
13 Zach Martinez	Maryland	2:30.02
14 Tommy Friscia	Maryland	2:30.04
15 Keaton Morgan	Wake Forest	2:31.97
16 Matt Owen	Wake Forest	2:32.47
17 Mark Russell	Wake Forest	2:33.52
18 Erin Mcwhorter	George Mason	2:33.55
19 Ricky Barrios	Georgetown	2:34.86
20 Nick Mclaughlin	VT	2:34.90
21 Rashad Burnette	NC A&T	2:35.21
22 Eddie Judge	VT	2:35.43

23	Ryan Witt	VT	2:35.45
24	Josh Davis	Maryland	2:35.57
25	Corey Grove	High Point	2:35.75
26	Jeff Miller	VT	2:36.79
27	Kyle Guglielmo	VT	2:38.42
28	Edmund Dixon	Virginia	2:39.19
29	Josh Cashman	High Point	2:39.30
30	Chris Walizer	VT	2:39.73
31	Travanni Jett	NC A&T	2:39.86
32	Ryan Gaul	George Mason	2:42.22
33	Yaphet Cross	Hampton	2:42.70
34	Bradley Brown	Hampton	2:43.06
35	Leopold Green	Hampton	2:43.20
36	Richard Elisiu	SC State	2:47.26
37	Carlton Phipps	Norfolk St	2:47.39
38	Andre Willliams	Howard	2:51.58
39	Tyreese Clark	SC State	3:01.51
40	Deangelo Bolden	SC State	3:05.71
--	Brandon Bonsey	Georgetown	DNF
--	Neil Grosscup	Georgetown	DNF
--	Richard Armstrong	E Carolina	DNF
--	Andrew Palumbo	Duke	DNF

Men 3000 Meter Run

=====			
Rector FH:	7:53.26	1/22/1999	Tim Broe, Alabama
NCAA Prov:	8:05.00		
NCAA Auto:	7:54.50		
Name	Year	School	Finals
=====			
1	Tamas Kovacs	High Point	8:16.22
2	Mike Banks	Georgetown	8:18.59
3	Mike Krisch	Georgetown	8:20.62
4	Alex Bean	Georgetown	8:26.45
5	Bo Waggoner	Duke	8:27.06
6	Greg Billington	Wake Forest	8:34.43
7	Tradelle Ward	Duke	8:42.06
8	Brad Orr	Winthrop	8:43.37
9	John Compton	Wake Forest	8:48.28
10	Robert Eckardt	Virginia	8:48.44
11	Chris Platt	Tennessee	8:52.54
12	Jevin Monds	High Point	8:56.37
13	Ryan Van Alstien	Lynchburg	9:06.37
14	Travis Boccher	George Mason	9:12.65
15	Pat Jacobs	Lynchburg	9:12.83
16	Chris Rapp	Tennessee	9:18.49
17	Danel Slaydon	High Point	9:19.17
18	Nastasiak Andrew	E Carolina	9:27.05
19	Bryce Ratliff	Hampton	9:36.20
20	Kevin Peggs	Lynchburg	9:38.10
21	Devon Brumell	Hampton	9:47.41
--	Dan Nunn	Georgetown	DNF
--	Brendan O'Keefe	Zap Fitness	DNF
--	Justin Scheid	Georgetown	DNF
--	Jordan Ladd	E Tennessee	DNF
--	Patrick Russell	Wake Forest	DNF
--	Billy Berlin	Unattached	DNF

Men 5000 Meter Run

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Rector FH: 13:47.48 2/9/2001 Matthew Lane, Wiilliam & Mary
 NCAA Prov: 14:10.00
 NCAA Auto: 13:47.00

Name	Year	School	Finals
1 Trevor Beesley		Winthrop	15:13.29
2 Cory Reed		Liberty	15:35.40
3 Josh Brewer		Duke	15:36.42
4 Jonathan Simo		Norfolk St	15:51.26
5 Isaac Dunkelberger		Duke	15:55.41
6 Hillary Cheriyyot		Norfolk St	16:10.79

Men 55 Meter Hurdles

Top 8 Advance by Time

Rector FH: 7.23 1/12/2007 Thomas Hilliard, S.Carolina
 NCAA Prov: 7.38
 NCAA Auto: 7.17

Name	Year	School	Prelims	H#
Preliminaries				
1 Jangy Addy		Tennessee	7.23q	5
2 Dominic Berger		Maryland	7.36q	2
3 Jacoby DuBose		Unattached	7.38q	1
4 Delon Isom		Tennessee	7.40q	4
5 Adam Durham		Maryland	7.44q	3
6 Brian Hay		George Mason	7.49q	3
7 Daniel Kinney		Howard	7.51q	2
8 Terry Thornton		Hampton	7.53q	3
9 Chris Kinney		Georgetown	7.54	2
10 Adams Abdulrazaaq		Virginia	7.54	2
11 Predist Walkers		Hampton	7.56	5
12 Kris Fant		Tennessee	7.60	4
13 Korel Mack		Charlotte	7.60	5
14 Charlton Rolle		Tennessee	7.61	1
15 Terell Gissendanner		Georgetown	7.67	1
16 Matt Parker		Liberty	7.71	3
17 Andre Kennedy		SC State	7.73	5
18 Mike James		E Tennessee	7.74	4
19 Dewayne Chandler		Charlotte	7.81	2
20 Malicdem Aaron-john		E Carolina	7.83	4
21 Briscoe Mario		E Carolina	7.90	3
22 Ebenezer Amegashie		VT	8.02	2
23 Greg Nelson		Virginia	8.02	3
24 Derrick Eure		Charlotte	8.09	1
25 David Lewis		Virginia	8.09	1
26 Brad Holtz		Tennessee	8.14	2
27 Brandon Hoskins		Liberty	8.19	1
28 Taylor Wildwan		Wake Forest	8.22	4
29 Gary Sumpter		Norfolk St	8.35	5
30 John Moody		Wake Forest	8.36	5
31 Mckinley Johnson		Lynchburg	8.53	5
32 Michael Ayers		Tennessee	8.59	1
-- Barry Bostick		Hampton	FS	4
-- Kandrick Cooper		Winthrop	DNF	1

Men 55 Meter Hurdles

Rector FH: 7.23 1/12/2007 Thomas Hilliard, S.Carolina
 NCAA Prov: 7.38

NCAA Auto: 7.17

Name	Year School	Finals
=====		
Finals		
1 Jacoby DuBose	Unattached	7.33
2 Dominic Berger	Maryland	7.40
3 Adam Durham	Maryland	7.42
4 Brian Hay	George Mason	7.43
5 Daniel Kinney	Howard	7.46
6 Terry Thornton	Hampton	7.53
7 Delon Isom	Tennessee	7.64

Men 4x200 Meter Relay

Collegiate: C 1:25.18			
School	Finals	H#	
=====			
1 Clemson	1:27.05	1	
2 Norfolk St	1:27.64	1	
3 Georgetown	1:29.03	1	
4 Virginia	1:29.89	2	
5 SC State	1:31.54	2	
-- E Tennessee St	DNF	1	
-- E Carolina	DNF	2	

Men 4x400 Meter Relay

=====			
Rector FH:	3:07.08	2/5/1999	Baylor, Baylor
NCAA Prov:	3:11.60		
NCAA Auto:	3:07.50		
School	Finals	H#	
=====			
1 Tennessee	3:14.06	1	
2 Norfolk St	3:14.73	1	
3 Clemson	3:14.92	2	
4 Maryland	3:15.45	1	
5 Hampton	3:17.90	2	
6 Charlotte	3:19.09	1	
7 Virginia	3:19.13	2	
8 George Mason	3:21.02	3	
9 Norfolk St 'B'	3:21.20	4	
10 Georgetown	3:21.29	1	
11 Howard	3:22.55	5	
12 Tennessee 'B'	3:24.71	3	
13 Virginia 'B'	3:25.58	5	
14 Georgetown 'B'	3:29.79	5	
15 E Carolina 'B'	3:29.81	4	
16 SC State 'B'	3:33.65	5	
-- Clemson 'B'	DNF	4	
-- Charlotte 'B'	DNF	5	
-- George Mason 'B'	DNF	5	
-- SC State	DQ	2	Lane Violation
-- Liberty	DQ	4	Exchange Violat
-- Maryland 'B'	DQ	3	Exchange Violat

Men Distance Medley

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Rector FH: 9:33.73 2/12/1999 Arkansas, Arkansas
 NCAA Prov: 9:45.70
 NCAA Auto: 9:34.00

School	Finals
1 Georgetown 'B'	10:00.15
2 Georgetown	10:01.11
3 George Mason	10:01.21
4 Duke	10:03.56
5 George Mason 'B'	10:31.02
6 E Tennessee St	10:49.76

Men High Jump

Rector FH: 2.28m 2/14/1998 David Furman, Florida
 NCAA Prov: 2.14m
 NCAA Auto: 2.24m

Name	Year	School	Finals
1 Matt Parker		Liberty	2.14m 7-00.25
2 Anthony Bryant		Unattached	2.11m 6-11.00
3 Greg Nelson		Virginia	2.08m 6-09.75
4 David Edwards-brennan		Maryland	2.08m 6-09.75
5 Stephan Harris		Unattached	2.05m 6-08.75
6 Marlon Woods		Norfolk St	2.05m 6-08.75
6 Arthur Gennari		Virginia	2.05m 6-08.75
8 Clarence Powell		Liberty	2.00m 6-06.75
9 Scott Pauga		Clemson	2.00m 6-06.75
10 Mike Kotecki		Duke	2.00m 6-06.75
11 Barry Bostick		Hampton	1.95m 6-04.75
12 Henry Vaughn		Norfolk St	1.95m 6-04.75
13 Algernon cooper		Norfolk St	1.95m 6-04.75
14 Meikle Paschal		Virginia	1.95m 6-04.75
15 Shane Estes		E Tennessee	1.90m 6-02.75
-- Levar Knight		SC State	NH
-- Zach Zidek		Charlotte	NH
-- Mckenzie Cosby		E Carolina	NH
-- Jackson Waller		Charlotte	NH
-- Jake Wainwright		Charlotte	NH
-- Brandon Hoskins		Liberty	NH
-- La'mar Veale		Hampton	NH

Men Pole Vault

Rector FH: 5.80m 2/24/2001 Lawrence Johnson, adidas
 NCAA Prov: 5.20m
 NCAA Auto: 5.50m

Name	Year	School	Finals
1 Brian Mondshein		PV Power	5.35m 17-06.50
2 Mitch Greeley		Clemson	5.35m 17-06.50
3 Yavgeniy Olhovsky		VT	5.35m 17-06.50
4 Michael Hogue		Tennessee	5.25m 17-02.75
5 Elliott Hainey		Gardner Webb	5.25m 17-02.75
6 Adam Bingaman		Vertical Tec	5.25m 17-02.75
7 Joe Samaniuk		Vertical Tec	5.25m 17-02.75
8 Joe Davis		VT	5.15m 16-10.75
9 Brad Holtz		Tennessee	5.15m 16-10.75
9 Jonathan Hall		VT	5.15m 16-10.75
11 Jared Jodon		VT	5.00m 16-04.75
12 David Lewis		Virginia	4.85m 15-11.00
13 Joseph Berry		Tennessee	4.85m 15-11.00
13 Chris Spear		Clemson	4.85m 15-11.00

15	Kolby Shephard	Liberty	4.65m	15-03.00
16	Nick David	Maryland	4.65m	15-03.00
16	Michael Miller	VT	4.65m	15-03.00
16	Mike Seaman	Unattached	4.65m	15-03.00
19	Michael Ayers	Tennessee	4.45m	14-07.25
20	Pat Tenbrink	Duke	4.45m	14-07.25
21	Sam Hodapp	Charlotte	4.45m	14-07.25
22	Dave Thomas	E Tennessee	4.45m	14-07.25
23	Sid Palas	Duke	4.45m	14-07.25
24	Jonathan Bednarz	Duke	4.25m	13-11.25
24	Jangy Addy	Tennessee	4.25m	13-11.25
24	Brett Dodd	Norfolk St	4.25m	13-11.25
27	Tim Beierle	Unattached	4.25m	13-11.25
27	Avery Berkowitz	Duke	4.25m	13-11.25
27	Nick Benton	High Point	4.25m	13-11.25
27	Stephen Thompson	Virginia	4.25m	13-11.25
31	Taylor Wildwan	Wake Forest	4.25m	13-11.25
31	Macey Ruble	Charlotte	4.25m	13-11.25
--	Barrett Nicholas	Wake Forest	NH	
--	Justin Savini	Liberty	NH	
--	Jordan Briggs	E Tennessee	NH	
--	T.J. Brancaccio	High Point	NH	
--	Matt Baum	E Tennessee	NH	
--	Jonathan Phillips	Charlotte	NH	
--	Brandon Hoskins	Liberty	NH	

Men Long Jump

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Rector FH: 8.03m 2/14/1998 Roland McGhee, Unattached
 NCAA Prov: 7.50m
 NCAA Auto: 7.85m

Name	Year	School	Finals	
1	Marlon Woods	Norfolk St	7.39m	24-03.00
2	Stephan Harris	Unattached	7.31m	23-11.75
3	Akintunde Abisogun	E Carolina	7.18m	23-06.75
4	Jason Allen	Maryland	7.18m	23-06.75
5	Lamarcus Outing	Charlotte	7.14m	23-05.25
6	George Fields	Clemson	7.11m	23-04.00
7	Conlon Bonner	Virginia	7.07m	23-02.50
8	Predist Walkers	Hampton	7.05m	23-01.75
9	Tavaris Leak	Charlotte	7.01m	23-00.00
10	Dewayne Chandler	Charlotte	6.80m	22-03.75
11	Miller Moss	Clemson	6.77m	22-02.50
12	Matt Parker	Liberty	6.74m	22-01.50
13	Levar Knight	SC State	6.69m	21-11.50
14	Jeremy Ticey	Hampton	6.63m	21-09.00
15	Brandon Thomas	NC A&T	6.62m	21-08.75
16	Marcus Robinson	Virginia	6.58m	21-07.25
17	Terell Gissendanner	Georgetown	6.52m	21-04.75
18	Michael Feathers	Clemson	6.43m	21-01.25
19	Dan Newell	Liberty	6.42m	21-00.75
20	Earl Gray	Maryland	6.41m	21-00.50
21	Tarrish Alexander	NC A&T	6.23m	20-05.25
22	Barry Bostick	Hampton	6.21m	20-04.50
23	Cedric Hudson	VT	6.11m	20-00.50
24	Vincent Parker	Virginia	5.58m	18-03.75
--	James Malone	Howard	FOUL	
--	Stephen Small-warner	Howard	FOUL	

Men Triple Jump

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Rector FH: 16.80m 1/19/2001 Allen Simms, George Mason
 NCAA Prov: 15.40m
 NCAA Auto: 16.10m

Name	Year	School	Finals	
1 Ryan Mccoy		George Mason	15.66m	51-04.50
2 Marlon Woods		Norfolk St	15.30m	50-02.50
3 Clarence Powell		Liberty	15.08m	49-05.75
4 Anthony Bryant		Unattached	14.90m	48-10.75
5 Akeem Hardnett		Tennessee	14.75m	48-04.75
6 Jeremy Ticey		Hampton	14.74m	48-04.50
7 Kishuan English		High Point	14.52m	47-07.75
8 Marcus Robinson		Virginia	14.47m	47-05.75
9 Tarrish Alexander		NC A&T	14.41m	47-03.50
10 Lamarcus Outing		Charlotte	14.15m	46-05.25
11 Kyle Lindsay		Norfolk St	14.02m	46-00.00
12 Javin Hutchinson		Wake Forest	13.98m	45-10.50
13 Keary Simms		Winthrop	13.98m	45-10.50
14 Morris Leblanc		Charlotte	13.68m	44-10.75
-- Vincent Parker		Virginia		FOUL
-- Mcgilvary Michael		E Carolina		FOUL
-- Ryan Thompson		Charlotte		FOUL

Men Shot Put

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Rector FH: 21.05m 2/14/2004 Reese Hoffa, Georgia
 NCAA Prov: 17.75m
 NCAA Auto: 19.30m

Name	Year	School	Finals	
1 Clendon Henderson		Liberty	18.86m	61-10.50
2 Lonnie Phiifer		NC A&T	17.54m	57-06.50
3 Yemi Ayeni		Virginia	17.50m	57-05.00
4 Tyler Blatchley		WV Wesleyan	17.15m	56-03.25
5 Nick Panezich		Tennessee	16.98m	55-08.50
6 Richard Wooten		Tennessee	16.37m	53-08.50
7 Alex Padgett		Clemson	15.98m	52-05.25
8 Michael Schallmo		Duke	15.74m	51-07.75
9 Boomer Peterson		Wake Forest	15.42m	50-07.25
10 Jahwaun Blair		SC State	15.25m	50-00.50
11 Eric Pickle		Virginia	15.01m	49-03.00
12 Stephen White		Clemson	15.00m	49-02.50
13 Robert Boulware		NC A&T	14.87m	48-09.50
14 Thomas Sensing		Wake Forest	14.75m	48-04.75
15 Geoff Goidell		Maryland	14.60m	47-11.00
16 Marlon Powell		Norfolk St	14.39m	47-02.50
17 Jarryd Novotni		Charlotte	14.04m	46-00.75
18 Travis Coleman		Winthrop	13.82m	45-04.25
19 Reginald Sands		Norfolk St	13.70m	44-11.50
20 Matt Jimenez		Georgetown	13.48m	44-02.75
21 Jason Roberts		Charlotte	13.34m	43-09.25
22 Brian Coleman		SC State	13.09m	42-11.50
23 John Michael Pavia		Lynchburg	12.57m	41-03.00
24 Michael Ayers		Tennessee	12.23m	40-01.50
25 Dan Reed		Lynchburg	12.04m	39-06.00
26 Stephen Jones		Charlotte	11.63m	38-02.00
27 Brad Holtz		Tennessee	11.60m	38-00.75
28 Cory Vance		High Point	11.49m	37-08.50

29 Avery Webster	SC State	11.20m	36-09.00
30 Drew Blazure	High Point	10.83m	35-06.50

Men Weight Throw

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Rector FH:    23.63m  1/13/2006  Spyridon Jullien, Virginia Tech
NCAA Prov:    19.50m
NCAA Auto:    21.50m
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Name	Year	School	Finals	
1 Matej Muza		Unattached	20.10m	65-11.50
2 Jim Sexton		Unattached	19.10m	62-08.00
3 Clendon Henderson		Liberty	18.92m	62-01.00
4 Jon Hart		Liberty	18.66m	61-02.75
5 Richard Wooten		Tennessee	18.54m	60-10.00
6 Nick Panezich		Tennessee	17.49m	57-04.75
7 Matt Maloney		Tennessee	17.38m	57-00.25
8 Jarrod Burton		E Tennessee	16.90m	55-05.50
9 Doron White		Unattached	16.75m	54-11.50
10 Travis Coleman		Winthrop	15.53m	50-11.50
11 Jarryd Novotni		Charlotte	15.15m	49-08.50
12 Kyle Edwards		Lynchburg	13.62m	44-08.25
13 Guy Hornsby		E Tennessee	13.39m	43-11.25
14 Kyle Galle		Virginia	12.32m	40-05.00
15 Alex Cruz		Charlotte	12.23m	40-01.50
16 Jason Roberts		Charlotte	11.26m	36-11.50
-- Dan Reed		Lynchburg		FOUL