



2006 Cross Country Synopsis

UNCW Seahawk Invitational

The men's and women's cross country team competed in their first meet of 2006 when they ran in the UNC Wilmington Seahawk Invitational. Nicole Briggs (third, 19:29:46) was the highest finisher on the women's side for ECU, while the top finisher for the men's division was Stephen Tausend (10th, 16:36:08). Overall UNC Wilmington won the men's race and Campbell won the women's division. The top men's finisher in the event was Verrelle Taylor (Campbell), who ran the 5K in 15:31:37. Pacing the women was Charlotte Farquharson (Campbell), who ran the 5K in 19:02:10. Nicole Briggs, Hayley Flynn (fifth, 19:36:50) and Samantha Lichtner (seventh, 19:52:12) were the top finishers on the women's side, while the men's side was paced by Stephen Tausend, Chris Belfiore (11th, 16:40:98) and Rich Saunders (12th, 16:41:71).

Coastal Carolina Invite

The men's and women's cross country team competed in a meet that was scored as a double dual hosted by Coastal Carolina University. After a chal-

lenging and hard-fought effort by both squads, the Lady Pirates and men's team finished last in the Coastal Carolina Invite. For the second consecutive meet, Nicole Briggs had the best time for the women. On the men's side Chris Belfiore finished in 17th place, the highest finisher for the ECU men's team just a split second ahead of Stephen Tausend. Last week, it was Tausend followed by Belfiore.

McAlister's Deli

The East Carolina Women's cross country team finished first at the McAlister's Deli Invite hosted by ECU at Lake Kristi. The first-place finish was the highest finish for the Lady Pirates since Oct. 4, 2004, spanning 20 events. Nicole Briggs led the way for the women for the fourth consecutive week with a time of 18:54. Michele Milner (Gardner-Webb) won for the women, just eight seconds ahead of Briggs. Five of the top-ten runners on the women's side were from East Carolina. The men's team finished in third-place and has been steadily improving throughout the course of the season. Stephen Tausend was the highest men's finisher, finishing in fifth place and a

time of 26:46. Will Collins finished tenth (27:24) and John Loehr finished 12th (27:30). The men's team had five runners in the top-20.

Furman Invitational

The men's and women's cross country team competed in the Furman Invitational and have continued to show their improving ways. Nicole Briggs finished eighth out of 125 female runners. Stephen Tausend finished 41st in the men's division out of 131 runners. The Lady Pirates finished in seventh place and the men ended up in 9th place out of 16 teams. Throughout the course of the season both the men's and women's team have shown tremendous improvement.

C-USA Championships

The East Carolina cross country teams hosted the conference championship at Lake Kristi. The ECU men finished seventh while the women took ninth. The top male finisher for the Pirates was Drew Jenkins (38th - 27:39) while Nicole Briggs (32nd - 19:37) took the top spot among the ECU ladies.

Year-By-Year Results

Women's 2006 Cross Country Results

Date	Meet	Place/Teams
09/09	Seahawk Invitational	2/3
09/16	Coastal Carolina Invite	3/3
9/23	Old North State Invite	3/5
9/30	McAlister's Deli Invite	1/5
10/14	Furman Invite	9/16
10/28	Conference USA Championships	9/12

Men's 2006 Cross Country Results

Date	Meet	Place/Teams
09/09	Seahawk Invite	3/3
09/16	Coastal Carolina Invite	3/3
9/24	McAlister's Deli Invite	3/4
10/14	Furman Invite	9/16
10/28	Conference USA Championships	7/8

Women's 2005 Cross Country Results

Date	Meet	Place/Teams
09/09	UNC-Wilmington Open	2/7
09/17	North Carolina Invite	3/4
9/24	McAlister's Deli Invite	2/5
10/15	Pre NCAA Invitational	34/34
10/29	Conference USA Championships	8/11
11/12	NCAA Southeast Regional	26/28

Men's 2005 Cross Country Results

Date	Meet	Place/Teams
09/09	UNC-Wilmington Open	5/7
09/17	North Carolina Invite	3/3
9/24	McAlister's Deli Invite	3/5
10/15	Pre NCAA Invitational	No Score; Partial Team
10/29	Conference USA Championships	7/8
11/12	NCAA Southeast Regional	30/30

Women's 2004 Cross Country Results

Date	Meet	Place/Teams
09/11	Wake Forest Invitational	5/5
09/18	Adidas Raleigh Invitational	2/11
10/02	Overton/Pirates Invitational	7/7

10/02	Great American Cross Country Festival	6/13
10/16	N. Carolina Collegiate Championships	2/6
10/30	Conference USA Championships	9/14
11/13	NCAA Southeast Regional	21/25

Men's 2004 Cross Country Results

Date	Meet	Place/Teams
09/11	Wake Forest Invitational	4/5
09/18	Adidas Raleigh Invitational	2/9
10/02	Overton/Pirates Invitational	6/8
10/02	Great American Cross Country Festival	2/16
10/16	N. Carolina Collegiate Championships	1/5
10/30	Conference USA Championships	5/12
11/13	NCAA Southeast Regional	17/29

Women's 2003 Cross Country Results

Date	Meet	Place/Teams
09/06	Elon Invitational	1/4
09/13	Dual Meet vs. North Carolina A&T	1/2
09/26	Great American Cross Country Festival	9/18
10/04	Overton/Pirates Invitational	1/6
10/18	N. Carolina Collegiate Championships	4/10
11/01	Conference USA Championships	8/14
11/15	NCAA Southeast Regional	21/26
11/22	IC4A/ECAC Championships	4/15

Men's 2003 Cross Country Results

Date	Meet	Place/Teams
09/06	Elon Invitational	1/3
09/13	Dual Meet vs. North Carolina A&T	1/2
09/26	Great American Cross Country Festival	11/21
10/04	Overton/Pirates Invitational	2/4
10/18	N. Carolina Collegiate Championships	5/12
11/01	Conference USA Championships	8/12
11/15	NCAA Southeast Regional	20/22
11/22	IC4A/ECAC Championships	5/12

Women's 2002 Cross Country Results

Date	Meet	Place/Teams
09/07	Elon Invitational	2/8

09/28	Lake Kristi Invitational	2/2
10/05	Overton/Pirates Invitational	3/6
10/12	N. Carolina Collegiate Championships	4/8
10/19	NCAA Preview Meet	
11/02	Conference USA Championships	8/14
11/16	NCAA Regional	
11/23	IC4A/ECAC Championships	
11/25	NCAA Championships	

Men's 2002 Cross Country Results

Date	Meet	Place/Teams
08/30	Lake Kristi Sundown Invitational	2/2
09/07	Elon Invitational	2/8
09/21	Wolfpack Invitational	2/2
09/28	Lake Kristi Invitational	2/2
10/05	Overton/Pirates Invitational	3/6
10/12	N. Carolina Collegiate Championships	4/8
10/19	NCAA Preview Meet	
11/02	Conference USA Championships	8/14
11/16	NCAA Regional	
11/23	IC4A/ECAC Championships	
11/25	NCAA Championships	

Women's 2001 Cross Country Results

Date	Meet	Place/Teams
09/08	Elon Invitational	1/4
09/22	Lake Kristi Invitational	1/3
09/29	Colonial Cross Country Invitational	3/10
10/06	Overton Invitational	1/4
10/13	North Carolina Intercollegiate	1/7
10/27	Conference USA Championships	5/14
11/12	NCAA Southeast Regional	13/26
11/17	ECAC Championships	1/20

Men's 2001 Cross Country Results

Date	Meet	Place/Teams
09/08	Elon Invitational	2/4
09/22	Lake Kristi Invitational	1/3
09/29	Colonial Cross Country Invitational	3/7
10/06	Overton Invitational	1/4



10/13	North Carolina Intercollegiate	2/6
10/27	Conference USA Championships	9/12
11/12	NCAA Southeast Regional	17/29
11/17	ECAC Championships	17/23

Women's 2000 Cross Country Results

Date	Meet	Place/Teams
09/02	High Point Invitational	2/4
09/09	Seahawk Invitational	1/3
09/16	N.C. State Invitational	3/7
09/30	Barton Invitational	1/4
10/07	ECU Invitational	2/6
10/14	North Carolina Intercollegiate	9/12
10/28	CAA Championship	17/29
11/11	NCAA Regional	17/23
11/18	ECAC Championship	13/24

Men's 2000 Cross Country Results

Date	Meet	Place/Teams
09/02	High Point Invitational	2/8
09/09	Seahawk Invitational	1/2
09/16	N.C. State Invitational	4/11
10/07	ECU Invitational	1/2
10/14	North Carolina Intercollegiate	3/11
10/28	CAA Championship	1/3
11/11	NCAA Regional	13/28
11/18	IC4A Championship	7/21
11/20	NCAA Championship	N/A

Women's 1999 Cross Country Results

Date	Meet	Place/Teams
09/04	Elon/High Point Invitational	5/8
09/11	UNCW Seahawk Invitational	2/5
10/02	Campbell European Invitational	3/4

10/16	N.C. State Championship	7/10
10/30	CAA Championship	5/9
11/13	NCAA Regional	21/29

Men's 1999 Cross Country Results

Date	Meet	Place/Teams
09/04	Elon/High Point Invitational	2/8
09/11	UNCW Seahawk Invitational	1/4
10/02	Campbell European Invitational	3/4
10/16	N.C. State Championship	10/14
10/30	CAA Championship	4/7
11/13	NCAA Regional	15/25



ALL-TIME CROSS COUNTRY RECORDS

Women's 5k

Participant	Time	Year
1. Johanna Allen	17:00	2001
2. Caitlin Littlefield	17:35	2003
3. Ann Marie Welch	17:44	1991
4. Jessica Collins	17:47	2004
5. Kelli Litten	17:48	2001
6. Dava Rhodes	17:50	1994
7. Jessica Collins	17:54	2003
8. Kay Livick	17:57	2001
9. Jessica Collins	17:58	2005
10. Johanna Allen	17:58	2003
11. Johanna Allen	18:00	2004
12. Johanna Allen	18:01	2004
13. Kay Livick	18:05	2002
14. Suzanne Bellamy	18:09	1995
15. Jessica Collins	18:10	2003
16. Johanna Allen	18:10	2001
17. Johanna Allen	18:13	2004
18. Tara Rhodes	18:17	1993
19. Stacy Green	18:18	1994
20. Kerri Hartling	18:19	1996

Women's 6k

1. Kay Livick	21:26	2002
2. Caitlin Littlefield	21:35	2003
3. Jessica Collins	21:38	2004
4. Caitlin Littlefield	21:48	2003
5. Johanna Allen	22:00	2004
6. Johanna Allen	22:09	2003
7. Jessica Collins	22:09	2002
8. Kay Livick	22:13	2002
9. Kelli Litten	22:21	2002
10. Johanna Allen	22:21	2003
11. Jessica Collins	22:30	2004
12. Linda Dubose	22:33	2002
13. Johanna Allen	22:35	2001
14. Kelli Litten	22:51	2001
15. Melinda Dubose	22:59	2002
16. Caitlin Littlefield	23:07	2005
17. Caitlin Littlefield	23:15	2004
18. Megan Walling	23:22	2005
19. Hayley Flynn	24:01	2004
20. Caitlin Littlefield	24:06	2004

Men's 5k

1. Justin England	15:20	1997
2. Brian Beil	15:23	1997
3. Stuart Will	15:23	1997
4. Matt Hanlon	15:34	2004
5. John McKenzie	15:42	2004
6. James Mance	15:43	1997
7. Michael Marini	15:55	1997
8. Craig Schmidt	16:01	2004
9. Jamie Mance	16:06	1996
10. Justin England	16:07	1996
11. John Loehr	16:16	2004
12. David Balon	16:18	1997
13. Carl Robbins	16:21	1997
14. Kristian Jorgensen	16:21	2004
15. Stephen Tausend	16:21	2004
16. Andrew Worth	16:22	1997
17. Steve Arnold	16:23	1977
18. Kristian Jorgensen	16:25	2002
19. Kyle MacKenzie	16:25	2002
20. James McLellan	16:30	2004

Men's 8k

1. Kyle MacKenzie	23:53	2003
2. Justin England	24:10	1998
3. Kyle MacKenzie	24:17	2003
4. Matt Hanlon	24:26	2003
5. Justin England	24:27	1998
6. Stuart Will	24:29	1998
7. Justin England	24:47	1998
8. Matt Hanlon	24:48	2003
9. Jamie Mance	24:52	1996
10. Kyle MacKenzie	24:52	2002
11. Steve Arnold	24:52	1998
12. Steve Arnold	24:54	1998
13. Justin England	24:57	1998
14. Ryan Strohl	25:02	2000
15. Kyle MacKenzie	25:02	2001
16. Kyle MacKenzie	25:03	2004
17. Brian Beil	25:07	1998
18. Matt Hanlon	25:07	2004
19. Kyle MacKenzie	25:07	2003
20. Charlie Nickum	25:08	2001

Men's 10k

1. Justin England	30:48	2000
2. Justin England	31:03	1998
3. Stuart Will	31:28	1998
4. Kyle MacKenzie	31:35	2002
5. Kyle MacKenzie	31:51	2003
6. Justin England	31:52	2000
7. Matt Hanlon	32:07	2004
8. Stuart Will	32:14	2000
9. Brian Beil	32:14	1999
10. Brian Beil	32:26	1998
11. Craig Schmidt	32:30	2004
12. Stuart Will	32:41	1997
13. Kyle MacKenzie	32:46	2004
14. Jamie Mance	32:48	1999
15. Kristian Jorgensen	32:54	2004
16. Kristian Jorgensen	33:04	2002
17. Chris Belfiore	33:07	2005
18. John Loehr	33:08	2004
19. Will Collins	33:48	2005
20. Matt Gorman	33:59	2004

Men's 6400

1. Kyle MacKenzie	21:05	2004
2. Craig Schmidy	21:21	2004
3. Kristian Jorgensen	21:38	2004
4. John Loehr	21:39	2004
5. Stephen Townsend	21:58	2004
6. Matt Gorman	22:05	2004
7. James McLellan	22:16	2004
8. Matt Dennish	22:33	2004
9. Preston Holman	22:46	2004

Men's 7700

1. James Mance	24:55	1996
2. Jamie Mance	24:55	1996
3. Justin England	25:16	1996
4. Andrew Worth	25:47	1996
5. Brian Beil	25:54	1996
6. Matt Cox	26:02	1996
7. Jeremy Coleman	26:26	1996