

Licensed to Christopher Newport University Track

Hy-Tek's Meet Manager 1/26/2008 04:16 PM

CAPTAIN'S INVITATIONAL & MULTIS 2008 - 1/25/2008 to 1/26/2008

VINCE BROWN TRACK

Results

Event 1 Women High Jump

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D III Provo: # 1.64m
D III Auto: $ 1.71m
Freeman Reco: % 1.77m 12/1/2000 STACY TAYLOR, U OF PITTSBURGH
Name Year School Seed Finals
=====
Finals
1 Moore, Valeria East Carolina 1.69m 1.65m# 5-05.00
2 Jones, Aisha Unc-Wilmington 1.70m 1.60m 5-03.00
3 Dolan, Lindsay East Carolina 1.58m 1.55m 5-01.00
4 Grabowski, Jennifer Unc-Wilmington 1.70m J1.55m 5-01.00
5 Horne, Meghan East Carolina 1.65m 1.50m 4-11.00
6 Didlake, Christin Christopher Newp 1.50m J1.50m 4-11.00
-- Connor, Taylor East Carolina 1.54m NH
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Event 2 Men High Jump

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D III Provo: # 2.01m
D III Auto: $ 2.09m
Freeman Reco: % 2.18m 12/1/2000 JERMICHALE WATTS, NORTH CAROLINA A & T U
Name Year School Seed Finals
=====
1 Hall, Maurice Saint Paul's Col 1.98m 2.05m# 6-08.75
2 Jordan, Ty Johnson C. Smith 1.87m 1.95m 6-04.75
2 Owens, Joseph Christopher Newp 2.03m 1.95m 6-04.75
4 Rosemond, John Johnson C. Smith 1.87m 1.85m 6-00.75
4 Wright, Julius Johnson C. Smith 1.87m 1.85m 6-00.75
6 Long, Josh Unc-Wilmington 1.93m 1.80m 5-10.75
7 Carradine, Alex Unc-Wilmington 1.93m 1.75m 5-08.75
7 Mathews, Grant VCU 1.75m 1.75m 5-08.75
9 Everett, Justin Hood 1.70m 1.65m 5-05.00
-- McKenzie, Cosby East Carolina 1.93m NH
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Event 3 Women Pole Vault

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=====
D III Provo: # 3.40m
D III Auto: $ 3.71m
Freeman Reco: % 4.27m 2/9/2002 ANDREA WILDRICK, LIBERTY UNIVERSITY
Name Year School Seed Finals
=====
1 Powell, Annie Unc-Wilmington 3.66m 3.45m# 11-03.75
2 McDougal, Stephanie East Carolina 3.65m J3.45m# 11-03.75
3 Gnass, Erin William & Mary 3.30m 3.30m 10-10.00
4 Bost, Nicole William & Mary 3.30m J3.30m 10-10.00
4 Whittaker, Tracy Emory 3.20m J3.30m 10-10.00
6 Boettler, Brigid Unc-Wilmington 3.36m 3.15m 10-04.00
6 Helmink, Jenna Unc-Wilmington 3.36m 3.15m 10-04.00
8 Garrott, Jennifer William & Mary 3.20m 3.00m 9-10.00
9 Flint, Ashley Emory 2.90m J3.00m 9-10.00
10 Jordan, Maggie Unc-Wilmington 3.20m 2.85m 9-04.25
11 Rivers, Elizabeth Unc-Wilmington 3.05m J2.85m 9-04.25
12 Joseph, Ashleigh Norfolk State 3.09m 2.79m 9-01.75
-- Hart, Amy East Carolina 3.65m NH
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-- Jeremiah, Emily	William & Mary	3.00m	NH
-- Kazuba, Nicole	William & Mary	3.85m	NH
-- Quirk, Michelle	Unc-Wilmington	3.20m	NH
-- Ezell, Sarah	Virginia Wesleya	2.28m	NH

Event 4 Men Pole Vault

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D III Provo: # 4.67m					
D III Auto: \$ 5.03m					
Freeman Reco: % 5.00m 12/1/2000 BRENT CALLOWAY, U OF NORTH CAROLINA					
Name	Year	School	Seed	Finals	
=====					
1 Lofland, Kiernan		William & Mary	4.90m	4.65m	15-03.00
2 Weaver, Colton		Unc-Wilmington	4.72m	J4.65m	15-03.00
3 Schaefer, Mike		Unc-Wilmington	4.42m	4.50m	14-09.00
4 Wiggins, Aaron		Unc-Wilmington	4.57m	4.35m	14-03.25
5 Dodd, Brett		Norfolk State	4.25m	4.20m	13-09.25
6 Rader, Jared		Christopher Newp	4.27m	J4.20m	13-09.25
7 Sovick, Cameron		VCU	4.25m	4.05m	13-03.50
8 Sandridge, Matthew		VCU	4.25m	J4.05m	13-03.50
9 Knight, Jordan		Emory	4.00m	3.90m	12-09.50
10 Lane, David		Emory		3.75m	12-03.50
11 Sandridge, Eric		William & Mary	4.00m	J3.75m	12-03.50
12 Owens, Ryan		Norfolk State	3.81m	3.60m	11-09.75
13 Berke, Bob		Unattached		3.45m	11-03.75
14 Mathews, Grant		VCU	3.75m	3.30m	10-10.00
-- Constance, Keith		William & Mary	4.00m	NH	

Event 5 Women Long Jump

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D III Provo: # 5.41m					
D III Auto: \$ 5.70m					
Freeman Reco: % 6.36m 12/1/2000 OLA SECAY, U OF NORTH CAROLINA					
Name	Year	School	Seed	Finals	
=====					
1 Morman, Camelia		East Carolina	5.95m	5.71m\$	18-09.00
2 Jordan, Whitney		Unc-Wilmington	5.49m	5.53m#	18-01.75
3 Portee, Sarah		Unc-Wilmington	5.79m	5.50m#	18-00.50
4 Brown, Janet		Norfolk State	5.63m	5.46m#	17-11.00
5 Higgs, LaSheena		Saint Paul's Col	5.61m	5.37m	17-07.50
6 Foster, Shanelle		Unc-Wilmington	5.34m	5.33m	17-06.00
7 Sessoms, Chante		Unattached	5.90m	5.29m	17-04.25
8 Mines, Marquita		Unattached	5.41m	5.19m	17-00.50
9 Glover, Tanisha		East Carolina	5.50m	5.14m	16-10.50
10 Jones, Aisha		Unc-Wilmington	5.64m	5.13m	16-10.00
11 Gonzalez, India		East Carolina	5.30m	4.96m	16-03.25
12 Grabowski, Jennifer		Unc-Wilmington	5.18m	4.80m	15-09.00
13 Donino, Brittany		Emory	5.68m	4.72m	15-06.00
14 Edwards, Jami		Emory	5.00m	4.69m	15-04.75
15 Beall, Jordan		Emory	5.00m	4.61m	15-01.50
16 Jacobs, Brittany		Christopher Newp	4.13m	4.47m	14-08.00
17 Lewis, Naomi		East Carolina	5.45m	4.42m	14-06.00

Event 6 Men Long Jump

=====					
D III Provo: # 6.97m					
D III Auto: \$ 7.24m					
Freeman Reco: % 7.90m 2/9/2002 MARCUS O'NEAL, UNATTACHED					
Name	Year	School	Seed	Finals	
=====					

1	Mitchell, Brandyn	Unc-Wilmington	7.16m	7.06m#	23-02.00
2	Bell, Issac	Christopher Newp	6.85m	6.76m	22-02.25
3	Rodriquez, Robert	Christopher Newp	6.60m	6.57m	21-06.75
4	Prevette, Justin	Unc-Wilmington	6.86m	6.54m	21-05.50
5	Hamilton, Okechi	Unattached	6.55m	6.51m	21-04.25
6	Smith, Mike	Unc-Wilmington	7.01m	6.48m	21-03.25
7	Tolliver, Henry	Virginia Union	6.95m	6.32m	20-09.00
8	Jones, Brandon	Hampton-UNattach	6.68m	6.24m	20-05.75
9	LePorte, Jim	Emory	6.50m	6.15m	20-02.25
10	Whitney, Brandon	Emory	6.25m	5.91m	19-04.75
11	Everett, Justin	Hood	6.40m	5.76m	18-10.75
12	McGilvary, Michael	East Carolina	6.35m	5.68m	18-07.75
13	Everett, Andrew	Christopher Newp	5.79m	5.61m	18-05.00
14	Ables-Sinclair, Chris	Christopher Newp	5.53m	4.88m	16-00.25
15	Cypress, Rashawn	Virginia Union	6.70m	4.76m	15-07.50
16	Rinaldo, Richard	Unattached	3.70m	3.54m	11-07.50
--	Grayer, James	Unattached	7.25m	FOUL	

Event 7 Women Triple Jump

D III Provo: # 11.18m

D III Auto: \$ 11.82m

Freeman Reco: % 13.05m 12/7/2007 KWONYA FERGUSON, UNATTACHED

Name	Year School	Seed	Finals	
1	Portee, Sarah	Unc-Wilmington	11.57m	11.31m# 37-01.25
2	Jordan, Whitney	Unc-Wilmington	11.28m	11.02m 36-02.00
3	Drummner, Danielle	Norfolk State	11.68m	10.46m 34-04.00
4	Whittaker, Tracy	Emory	11.00m	10.30m 33-09.50
5	Jones, Tori	East Carolina	11.39m	10.21m 33-06.00
6	Price, Sara	Emory	10.67m	9.87m 32-04.75
7	Lewis, Naomi	East Carolina	11.70m	9.79m 32-01.50
8	Jacobs, Brittany	Christopher Newp	10.00m	9.65m 31-08.00

Event 8 Men Triple Jump

D III Provo: # 14.00m

D III Auto: \$ 14.68m

Freeman Reco: % 16.11m 12/2/2000 TIM RUSAN, ST. AUGUSTINE'S

Name	Year School	Seed	Finals	
1	Jones, Brandon	Hampton-UNattach	14.98m	14.65m# 48-00.75
2	Bell, Issac	Christopher Newp	14.15m	13.81m 45-03.75
3	Rodriquez, Robert	Christopher Newp	14.00m	13.68m 44-10.75
4	McGilvary, Michael	East Carolina	13.75m	13.26m 43-06.00
5	Mitchell, Brandyn	Unc-Wilmington	13.72m	13.16m 43-02.25
6	Tolliver, Henry	Virginia Union	14.14m	13.15m 43-01.75
7	Carradine, Alex	Unc-Wilmington	13.11m	12.06m 39-07.00
8	Whitney, Brandon	Emory	12.50m	11.78m 38-07.75
9	Everett, Justin	Hood	12.49m	11.35m 37-03.00
--	Everett, Andrew	Christopher Newp	12.37m	FOUL
--	Smith, Mike	Unc-Wilmington	14.02m	FOUL

Event 9 Women Shot Put

D III Provo: # 12.75m

D III Auto: \$ 14.00m

Freeman Reco: % 14.70m 12/8/2001 AMANDA WALKER, U OF PITTSBURGH

Name	Year School	Seed	Finals
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1	Mueller, Amy	East Carolina	13.60m	13.54m#	44-05.25
2	Wilson, Sasha	Norfolk State	13.48m	13.13m#	43-01.00
3	Watkins, Jocelyn	Hampton	12.25m	12.60m	41-04.25
4	Eiler, Danielle	East Carolina	12.77m	12.57m	41-03.00
5	Harris, Tiphani	Norfolk State	11.63m	11.57m	37-11.50
6	Blaylock, Nielah	Hampton	12.25m	11.25m	36-11.00
7	Clark, Rachael	Christopher Newp	13.40m	11.20m	36-09.00
8	Harrell, Alyce	Norfolk State	11.48m	10.82m	35-06.00
9	Cutrona, Kara	Emory	10.82m	10.37m	34-00.25
10	Ladyman, Ashley	Virginia Wesleya	10.47m	10.32m	33-10.25
11	Farmer, Kelsey	Christopher Newp	11.00m	9.29m	30-05.75
12	Clay, Kristen	Virginia Union		9.05m	29-08.25
13	Hawley, Sarah	Christopher Newp		7.75m	25-05.25
14	Martell, Kendra	Virginia Union	9.39m	7.63m	25-00.50
15	Johnson, Alisha	Panther Track Cl	9.27m	7.48m	24-06.50
16	Scott, Beverly	Johnson C. Smith	7.67m	6.76m	22-02.25
17	McRae, China	Johnson C. Smith	6.70m	6.65m	21-10.00

Event 10 Men Shot Put

D III Provo: # 15.54m

D III Auto: \$ 17.00m

Freeman Reco: % 18.83m 12/7/2007 MITCHELL POPE, ADIDAS

Name	Year School	Seed	Finals		
1	Pope, Mitchell	Adidas	20.00m	19.01m%	62-04.50
2	Frasure, Eric	Unat-East Caroli	16.50m	16.10m#	52-10.00
3	Joseph, Linvell	East Carolina	15.20m	14.96m	49-01.00
4	Gordon, Ryan	Christopher Newp	15.30m	14.73m	48-04.00
5	Danso, Luke	East Carolina	13.20m	14.53m	47-08.00
6	Sands, Reginald	Norfolk State	14.66m	14.11m	46-03.50
7	Davis, Marquis	Virginia Union	14.86m	13.51m	44-04.00
8	Reida, Scott	Unattached	12.50m	12.92m	42-04.75
9	Banks, Chris	Christopher Newp	12.16m	12.30m	40-04.25
10	Allen, shawn	VCU	14.10m	12.28m	40-03.50
11	McNeil, Coleman	Johnson C. Smith	11.30m	12.27m	40-03.25
12	Edison, Marvin	VCU	14.25m	12.11m	39-08.75
13	Williams, Andy	Virginia Union	13.13m	12.06m	39-07.00
14	Warsaw, Zac	Emory	12.87m	11.60m	38-00.75
15	Yanki, Cypan	VCU	13.10m	10.59m	34-09.00
16	Laws, Rakeem	Saint Paul's Col	11.12m	10.44m	34-03.00
17	Augustus, Kevin	Johnson C. Smith	9.57m	9.98m	32-09.00
18	Isaac, Robert	Johnson C. Smith		8.96m	29-04.75
19	Smith, Troy	Unattached	9.00m	8.41m	27-07.25
20	Hickey, Edward	Christopher Newp	10.00m	7.81m	25-07.50
21	Carter, Artis	Johnson C. Smith	10.87m	7.45m	24-05.50
--	Dykes, Kevin	Virginia Union	14.56m	FOUL	

Event 11 Women Weight Throw

D III Provo: # 14.80m

D III Auto: \$ 17.00m

Freeman Reco: % 17.10m 12/8/2001 KELLY SMOKE, NORTH CAROLINA STATE

Name	Year School	Seed	Finals		
1	Grady, Charlene	East Carolina	15.13m	15.34m#	50-04.00
2	Lemon, Abby	Unattached	14.00m	14.58m	47-10.00
3	Mueller, Amy	East Carolina	15.30m	13.76m	45-01.75
4	Brown, Donisha	East Carolina	13.20m	12.91m	42-04.25
5	Clark, Rachael	Christopher Newp	12.85m	11.84m	38-10.25

6 Farmer, Kelsey	Christopher Newp	12.50m	10.60m	34-09.50
7 Lapp, Stephanie	Richmond	11.43m	10.31m	33-10.00

Event 12 Men Weight Throw

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D III Provo: # 16.56m
D III Auto: $ 18.44m
Freeman Reco: % 19.89m 12/7/2007 DAN ROYAL, UNATTACHED
Name Year School Seed Finals
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1 Frasure, Eric	Unat-East Caroli	20.50m	19.93m%	65-04.75
2 Gordon, Ryan	Christopher Newp	13.95m	15.24m	50-00.00
3 Banks, Chris	Christopher Newp	13.64m	13.97m	45-10.00
4 Garrison, Ahmad	East Carolina	14.87m	13.84m	45-05.00
5 Gawne, Adam	William & Mary	13.25m	J13.84m	45-05.00
6 Ball, Alex	William & Mary	12.85m	13.79m	45-03.00
7 Oliver, Brandon	William & Mary	14.89m	13.72m	45-00.25
8 Warsaw, Zac	Emory	12.23m	12.38m	40-07.50
9 Varela, Daniel	East Carolina	15.02m	12.22m	40-01.25
10 Wang, Don	Emory	11.45m	10.95m	35-11.25
11 Page, Phil	Unattached	11.00m	8.11m	26-07.25
12 Slotterback, Neil	Unattached	11.00m	7.74m	25-04.75

Event 13 Women 60 Meter Hurdles

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D III Provo: # 9.14
D III Auto: $ 8.85
Freeman Reco: % 8.23 1/24/2004 KIA DAVIS, ELITE ATHLETES INTERNAT
Name Year School Seed Prelims H#
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Preliminaries

1 Islam, Samaiyah	Norfolk Real Dea	8.30	\$ 8.53q	5
2 Williams, Shermaine	Johnson C. Smith	8.43	\$ 8.65q	4
3 Jones, Aisha	Unc-Wilmington	8.80	# 8.95q	1
4 Lindo, Lanair	East Carolina	8.60	# 9.02q	2
5 Dolan, Lindsay	East Carolina	8.56	# 9.05q	3
6 Wright, Cortney	Unc-Wilmington	9.20	9.46q	2
7 Muhammad, Nia	Unattached	9.00	9.46q	5
8 Alston, Devin	Christopher Newp	9.50	9.47q	1
9 Newlin, Bethany	Unc-Wilmington	9.20	9.51q	3
10 Grullon, Jaslyn	East Carolina	9.46	9.58q	1
11 Jones, Tori	East Carolina	9.56	9.59q	4
12 Bright, Tara	East Carolina	9.51	9.61q	3
13 Portee, Sarah	Unc-Wilmington	9.30	9.63	4
14 Rose, Sheronda	Christopher Newp	10.20	9.97	3
15 Boston, Nikki	Johnson C. Smith	9.10	10.05	1
16 Ward, Amy	Christopher Newp	9.80	10.10	5
17 Grabowski, Jennifer	Unc-Wilmington	9.50	10.26	2
18 Thomas, Katie	Hood	10.00	10.98	4
19 Kwiatkowski, Amanda	Hood	11.00	12.66	2

Event 13 Women 60 Meter Hurdles

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=====
D III Provo: # 9.14
D III Auto: $ 8.85
Freeman Reco: % 8.23 1/24/2004 KIA DAVIS, ELITE ATHLETES INTERNAT
Name Year School Prelims Finals H#
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Finals

1 Islam, Samaiyah	Norfolk Real Dea	8.53	8.54\$	2
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2	Williams, Shermaine	Johnson C. Smith	8.65	8.62\$	2
3	Lindo, Lanaire	East Carolina	9.02	8.82\$	2
4	Jones, Aisha	Unc-Wilmington	8.95	9.10#	2
5	Dolan, Lindsay	East Carolina	9.05	9.13#	2
6	Wright, Cortney	Unc-Wilmington	9.46	9.30	2
7	Newlin, Bethany	Unc-Wilmington	9.51	9.47	1
8	Bright, Tara	East Carolina	9.61	9.51	1
9	Grullon, Jaslyn	East Carolina	9.58	9.54	1
10	Alston, Devin	Christopher Newp	9.47	9.59	1
11	Jones, Tori	East Carolina	9.59	9.62	1
12	Muhammad, Nia	Unattached	9.46	11.68	1

Event 14 Men 60 Meter Hurdles

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D III Provo: #	8.29				
D III Auto: \$	8.09				
Freeman Reco: %	7.62	12/8/2001	GABRIELLE BENNETT, UNATTACHED		
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Pierre, Karriem	Norfolk Elite TC	8.05	\$ 8.08q	5
2	Asante, Ernest	Unc-Wilmington	8.10	# 8.14q	4
3	Brisco, Mario	East Carolina	8.21	8.45q	1
4	Bell, Kristopher	East Carolina	8.30	8.47q	3
5	Malicdem, Aaron-John	East Carolina	8.45	8.50q	2
6	Watlington, Devon	Unc-Wilmington	8.30	8.58q	5
7	Wyatt, Jerre	Unc-Wilmington	8.60	8.64q	3
8	Dry, Steve	Emory	8.61	8.79q	4
9	Higgins, Xavier	Christopher Newp	8.85	8.81q	5
10	Wilson, Travis	Unat-Norfolk Eli	8.31	8.88q	4
11	Sumpster, Gary	Norfolk State	8.31	9.00q	5
12	Mathews, Grant	VCU	9.25	9.08q	3
13	Hain, Fritz	Emory	8.89	9.10	4
14	Tondereau, Alvin	Unattached		9.11	2
15	Paco, David	Virginia Wesleya		9.55	1
16	Ables-Sinclair, Chris	Christopher Newp	9.50	9.66	1

Event 14 Men 60 Meter Hurdles

=====					
D III Provo: #	8.29				
D III Auto: \$	8.09				
Freeman Reco: %	7.62	12/8/2001	GABRIELLE BENNETT, UNATTACHED		
Name	Year	School	Prelims	Finals	H#
=====					
Finals					
1	Pierre, Karriem	Norfolk Elite TC	8.08	8.06\$	2
2	Asante, Ernest	Unc-Wilmington	8.14	8.18#	2
3	Dry, Steve	Emory	8.79	8.22#	1
4	Wyatt, Jerre	Unc-Wilmington	8.64	8.41	1
5	Malicdem, Aaron-John	East Carolina	8.50	8.46	2
6	Brisco, Mario	East Carolina	8.45	8.48	2
7	Watlington, Devon	Unc-Wilmington	8.58	8.56	2
8	Higgins, Xavier	Christopher Newp	8.81	8.67	1
9	Wilson, Travis	Unat-Norfolk Eli	8.88	8.83	1
10	Sumpster, Gary	Norfolk State	9.00	8.98	1
11	Mathews, Grant	VCU	9.08	9.03	1
--	Bell, Kristopher	East Carolina	8.47	DNF	2

Event 15 Women 60 Meter Dash

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D III Provo: # 7.85
 D III Auto: \$ 7.66
 Freeman Reco: % 7.40 1/24/2004 RACHELLE BOONE, HATC

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1 Islam, Samaiyah		Norfolk Real Dea	7.50	# 7.81q	4
2 Moore, Shayne		Unc-Wilmington	7.60	# 7.82q	2
3 Sessoms, Chante		Unattached	7.81	# 7.84q	5
4 Williams, Shermaine		Johnson C. Smith	7.79	7.86q	2
5 Hodges, Cheri		Norfolk State	7.69	7.92q	1
6 Edwards, Jami		Emory	7.80	7.93q	3
7 Dalton, Corrine		Unc-Wilmington	7.80	7.95q	4
8 Darcus, Happy		Unattached	7.90	7.98q	4
9 Glover, Tanisha		East Carolina	7.83	8.03q	6
10 Walton, Tiffany		Unc-Wilmington	7.90	8.04q	5
11 Smalls, Brittany		Saint Paul's Col	8.08	8.08q	2
12 Johnson, Maria		Unc-Wilmington	8.00	8.17q	1
13 Tyler, Lakaevia		Johnson C. Smith	8.09	8.18	3
14 Phillips, Alicia		Unc-Wilmington	8.00	8.24	1
15 Kellam, Brandi		Unattached	7.60	8.25	3
16 White, Candace		Christopher Newp	8.34	8.30	6
17 Grayson, Jasmine		Saint Paul's Col	8.15	8.37	4
18 Lindo, Lanair		East Carolina	8.00	8.50	2
19 Ramsey, Melanie		East Carolina	8.75	8.51	2
20 Mims, Nichele		East Carolina	8.79	8.85	3
21 Thomas, Katie		Hood	8.50	9.11	1
22 McNeil, Monique		Johnson C. Smith	8.23	9.27	5

Event 15 Women 60 Meter Dash

D III Provo: # 7.85
 D III Auto: \$ 7.66
 Freeman Reco: % 7.40 1/24/2004 RACHELLE BOONE, HATC

Name	Year	School	Prelims	Finals	H#
=====					
Finals					
1 Islam, Samaiyah		Norfolk Real Dea	7.81	7.66\$	2
2 Glover, Tanisha		East Carolina	8.03	7.83#	1
3 Moore, Shayne		Unc-Wilmington	7.82	7.83#	2
4 Dalton, Corrine		Unc-Wilmington	7.95	7.84#	1
5 Edwards, Jami		Emory	7.93	7.91	2
6 Hodges, Cheri		Norfolk State	7.92	7.96	2
7 Darcus, Happy		Unattached	7.98	8.00	1
8 Walton, Tiffany		Unc-Wilmington	8.04	8.07	1
9 Smalls, Brittany		Saint Paul's Col	8.08	8.10	1
10 Johnson, Maria		Unc-Wilmington	8.17	8.26	1

Event 16 Men 60 Meter Dash

D III Provo: # 6.96
 D III Auto: \$ 6.85
 Freeman Reco: % 6.55 2/11/2004 JASON SMOOTS, NORTH CAROLINA CENTRAL U

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1 Linton, Frederick		Emory	6.88	7.04q	3
2 Thompson, Kevin		East Carolina	6.94	7.06q	3
3 Farmer, Kyle		Norfolk Real Dea	6.62	7.13q	8
4 Rucker, David		East Carolina	6.97	7.14q	8

4	Greenhouse, Alex	Emory	6.99	7.14q	7
6	LePorte, Jim	Emory	7.09	7.15q	1
7	Toler, Gregory	Saint Paul's Col	6.95	7.15q	5
8	Evans, John-Tyler	Unc-Wilmington	6.90	7.16q	1
9	Peacock, Maurice	Unc-Wilmington	6.90	7.16q	1
10	Harper, Jr., Leroy	Christopher Newp	7.10	7.21q	2
11	Donaldson, Tarian	Virginia Union	6.98	7.26q	8
12	Anderson, Justin	Unc-Wilmington	7.00	7.30q	5
13	Richardson, Christopher	East Carolina	7.18	7.30	7
14	Jones, Gregory	Christopher Newp	7.20	7.36	8
15	Jackson, Andre	East Carolina	7.25	7.40	6
16	Rossum, Levar	Unattached	7.02	7.43	3
17	Taylor, Jason	Virginia Wesleya	7.56	7.43	3
18	Williams, Jermaine	Saint Paul's Col	7.34	7.48	1
19	Ransom, Aaron	East Carolina	7.30	7.55	2
20	Cahill, Mike	Hood	7.80	7.59	6
21	Ogun, Fela-Tunde	Christopher Newp	7.25	7.62	4
22	Franklyn, Jeremy	Johnson C. Smith	6.94	7.64	4
23	Hamilton, Okechi	Unattached	7.45	7.65	2
24	Johnson, Fazial	Hood	7.25	7.79	5
25	Komolafe, Tomilayo	Hood	7.90	7.81	7
26	Jenkins, Ryan	Hood	7.80	7.95	5
27	Frazier, David	Hood	8.00	8.02	8
28	Jackson, Jonathan	Johnson C. Smith	7.10	8.07	3
29	Isaac, Robert	Johnson C. Smith	7.02	8.32	2

Event 16 Men 60 Meter Dash

D III Provo: #	6.96				
D III Auto: \$	6.85				
Freeman Reco: %	6.55	2/11/2004	JASON SMOOTS, NORTH CAROLINA CENTRAL U		
Name	Year	School	Prelims	Finals	H#

Finals

1	Thompson, Kevin	East Carolina	7.06	6.96#	2
2	Farmer, Kyle	Norfolk Real Dea	7.13	6.97	2
2	Linton, Frederick	Emory	7.04	6.97	2
4	Donaldson, Tarian	Virginia Union	7.26	6.99	1
5	Harper, Jr., Leroy	Christopher Newp	7.21	7.12	1
6	Rucker, David	East Carolina	7.14	7.13	2
7	Toler, Gregory	Saint Paul's Col	7.15	7.17	1
8	Evans, John-Tyler	Unc-Wilmington	7.16	7.18	1
9	Peacock, Maurice	Unc-Wilmington	7.16	7.20	1
10	Anderson, Justin	Unc-Wilmington	7.30	7.26	1
11	LePorte, Jim	Emory	7.15	7.52	2

Event 17 Women 4x800 Meter Relay

School	Seed	Finals
1 Unc-Wilmington 'A'	9:40.00	9:49.40
1) Darden, Amanda	2) Mifsud, Samantha	
3) Holt, Taylor	4) Patterson, Lillian	
2 Unc-Wilmington 'B'	9:50.00	10:41.76
1) Prasnikar, Melissa	2) Clifton, Carly	
3) Calnan, Kerry	4) Casto, Kathleen	

Event 18 Men 4x800 Meter Relay

School	Seed	Finals
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1	Unc-Wilmington 'B'	8:00.00	8:00.52
	1) Higginbotham, Frank	2) Monroe, Ross	
	3) Tamer, Remy	4) Kolk, Aaron	
2	Unc-Wilmington 'A'	7:50.00	8:00.84
	1) Courson, Chris	2) Mattocks, William	
	3) Naro, Jeff	4) Dixon, Devin	
3	Emory 'A'	7:54.00	8:06.76
	1) Price, Nick	2) Lundy, Nicolai	
	3) Robin, Alex	4) Campbell, Jason	
4	Unc-Wilmington 'C'	8:10.00	8:38.24
	1) Asante, Ernest	2) Watlington, Devon	
	3) Wyatt, Jerre	4) Carradine, Alex	

Event 19 Women 4x200 Meter Relay

School	Seed	Finals	H#
1	Unc-Wilmington 'A'	1:40.00	1:45.74 2
	1) Barnes, Bryerica	2) Moore, Shayne	
	3) Dalton, Corrine	4) Donaldson, Lauren	
2	Unc-Wilmington 'B'	1:44.00	1:47.19 2
	1) Walton, Tiffany	2) Johnson, Maria	
	3) Foster, Shanelle	4) Phillips, Alicia	
3	Saint Paul's College 'A'	1:47.00	1:49.35 2
4	East Carolina 'A'	1:46.00	1:51.13 2
	1) Jones, Tori	2) Haskins, Kia	
	3) Gonzalez, India	4) Charles, Ericka	
5	Unc-Wilmington 'C'	1:48.00	1:58.41 2
	1) Irby, Jasmine	2) Wright, Cortney	
	3) Jordan, Whitney	4) Newlin, Bethany	
--	Christopher Newport University 'A'	1:56.00	DQ 2

Event 20 Men 4x200 Meter Relay

School	Seed	Finals	H#
1	East Carolina 'B'	1:33.00	1:32.42 1
	1) Brisco, Mario	2) Currie, Le'Patrick	
	3) Lindsay, Corin	4) Bell, Kristopher	
2	Unc-Wilmington 'A'	1:28.00	1:33.15 2
	1) Robinson, Uri	2) Evans, John-Tyler	
	3) Pederzolli, Nick	4) Clark, Jared	
3	Christopher Newport University 'A'	1:32.00	1:33.49 2
	1) Griffis, Matthew	2) Jones, Gregory	
	3) Ogun, Fela-Tunde	4) Harper, Jr., Leroy	
4	Unc-Wilmington 'B'	1:30.00	1:33.98 2
	1) Anderson, Justin	2) Prevette, Justin	
	3) Mitchell, Brandyn	4) Peacock, Maurice	
5	East Carolina 'A'	1:33.00	1:34.19 1
	1) Harris, Michael	2) Jackson, Andre	
	3) Malicdem, Aaron-John	4) Richardson, Christopher	
6	Virginia Union 'A'	1:34.50	1:36.48 1
	1) Stevens, Terell	2) Smith, Brandon	
	3) Tolliver, Henry	4) Nash, Brandon	
7	Virginia Wesleyan 'A'		1:36.64 1
	1) Taylor, Jason	2) Paco, David	
	3) Magana, Luis	4) Hicks, Brandon	
8	East Carolina 'C'	1:37.00	1:36.69 1
	1) Heneson, Steven	2) Ransom, Aaron	

3) Richardson, Shawn	4) Warren, Graham			
9 Norfolk State 'A'	1:30.35	1:37.24	2	
1) Dodd, Brett	2) Sumpter, Gary			
3) Woodley, Corey	4) Jones, Lyle			
10 Hood 'A'	1:35.00	1:41.15	1	
1) Cahill, Mike	2) Everett, Justin			
3) Frazier, David	4) Jenkins, Ryan			
-- Saint Paul's College 'A'	1:32.00	DQ	2	

Event 21 Women 5000 Meter Run

Freeman Reco: % 9:34.92 1/24/2004 KATHY NEWBERRY, UNATTACHED

Name	Year School	Seed	Finals
1 Bissell, Elizabeth	Christopher Newp	19:30.00	19:07.69
2 Roane, Ashley	Virginia Wesleya	19:27.00	19:14.21
3 Nault, Edie	Christopher Newp	20:30.00	19:50.69
4 Roberts, Megan	Christopher Newp	20:00.00	19:51.53
5 Gregg, Amanda	Unc-Wilmington	19:30.00	20:39.09
6 Calnan, Kerry	Unc-Wilmington	20:00.00	20:53.92

Event 22 Men 5000 Meter Run

Freeman Reco: % 8:26.01 2/7/2003 MIKE RYAN, UNATTACHED

Name	Year School	Seed	Finals
1 Woodson, David	Christopher Newp	15:50.00	15:40.78
2 Aaron, Robert	Virginia Wesleya	15:42.70	15:50.43
3 Ashby, Evan	Virginia Wesleya		16:09.56
4 Kidd, David	Virginia Wesleya		16:16.83
5 Sweeney, Dustin	Shenandoah	15:20.00	16:33.52
6 Wallace, Nate	Unattached		16:35.05
7 Lauter, Nick	Virginia Wesleya		16:40.84
8 Berry, Daniel	Christopher Newp	16:40.00	16:43.68
9 Bell, Rob	Virginia Wesleya		17:28.26
-- Piggott, John	Unattached	16:20.05	DNF

Event 23 Men Distance Medley

School	Seed	Finals
1 Hood 'A'	12:00.00	12:42.56
1) Ames, Blair	2) Andrews, William	
3) Delaney, Steve	4) Greenlees, Brendan	

Event 24 Women Distance Medley

School	Seed	Finals
1 Emory 'A'	12:45.00	12:37.50
1) Reynolds, Alisha	2) Jones, Melissa	
3) Waryck, Natalie	4) Shores, Lauren	
2 Unc-Wilmington 'A'	12:30.00	13:16.38
1) Mohr, Lauren	2) Clifton, Carly	
3) Casto, Kathleen	4) Borowiec, Christina	

Event 25 Women 1 Mile Run

D III Provo: # 5:05.00
D III Auto: \$ 4:55.50

Freeman Reco: % 4:53.57 12/7/2007 KATHY NEWBERRY, UNATTACHED

Name	Year School	Seed	Finals
1 Shores, Lauren	Emory	5:18.57	5:12.75
2 Casto, Kathleen	Unc-Wilmington	5:20.00	5:17.24
3 Jones, Melissa	Emory	5:18.67	5:22.36
4 Borowiec, Christina	Unc-Wilmington	5:25.00	5:28.64
5 Patterson, Lillian	Unc-Wilmington	5:20.00	5:30.02
6 Mohr, Lauren	Unc-Wilmington	5:25.00	5:43.29
7 Rowe, Brooke	Christopher Newp	5:40.00	5:55.40
8 Gray, Chynell	Norfolk State	5:29.00	5:59.82
9 Tran, Lan	Virginia Wesleya	5:45.00	6:04.97
10 Summerson, Renee	Shenandoah	6:00.00	6:18.32
11 Melton, Kristen	Shenandoah	6:10.00	6:18.80
12 Hickie, Sarah	Shenandoah	6:15.00	6:20.65

Event 26 Men 1 Mile Run

D III Provo: # 4:16.00

D III Auto: \$ 4:11.00

Freeman Reco: % 5:16.18 1/21/2006 MATT WOLAK, COLLEGE WILLIAM & MARY

Name	Year School	Seed	Finals
1 Oakes, Kyle	Christopher Newp	4:30.00	4:30.45%
2 Carroll, Ryan	Unattached	4:35.00	4:31.33%
3 Woodson, David	Christopher Newp	4:40.00	4:32.76%
4 Sweeney, Dustin	Shenandoah	4:26.80	4:34.62%
5 Robin, Alex	Emory	4:37.12	4:35.07%
6 Langat, Geoffrey	Virginia Union	4:39.50	4:39.43%
7 Lewis, Trevorr	High Definition	4:37.00	4:50.12%
8 McCracken, IV, Franklin	Christopher Newp	4:45.00	4:53.69%
9 Jackson, Jeffery	High Definition	4:23.00	4:58.57%
10 Bugos, Zachary	Shenandoah	4:40.50	5:03.66%
11 Andrews, William	Hood	4:54.00	5:04.33%
12 loffer, nick	Salisbury Alumni	4:39.00	5:05.08%
13 Leon, Nathan	Shenandoah	4:50.00	5:05.55%

Event 27 Women 600 Meter Run

Name	Year School	Seed	Finals	H#
1 Darden, Amanda	Unc-Wilmington	1:38.00	1:38.43	2
2 Kauffman, Alexis	Unc-Wilmington	1:40.00	1:39.11	2
3 Barnes, Bryerica	Unc-Wilmington	1:40.00	1:39.32	2
4 Donaldson, Lauren	Unc-Wilmington	1:39.00	1:39.55	2
5 Bilal-Mack, Aisha	East Carolina	1:37.10	1:40.48	2
6 Charles, Ericka	East Carolina	1:38.00	1:41.51	2
7 Hill, Anya	Unc-Wilmington	1:39.00	1:41.69	2
8 Lichtner, Samantha	East Carolina	1:37.00	1:44.65	2

Event 28 Men 600 Meter Run

Name	Year School	Seed	Finals	H#
1 Merritt, LaShawn	Norfolk Real Dea	1:20.00	1:21.60	3
2 Courson, Chris	Unc-Wilmington	1:21.00	1:21.92	3
3 Dixon, Devin	Unc-Wilmington	1:23.00	1:22.50	2
4 Pederzolli, Nick	Unc-Wilmington	1:22.00	1:22.58	2
5 Robinson, Uri	Unc-Wilmington	1:21.00	1:22.68	3
6 Mattocks, William	Unc-Wilmington	1:22.00	1:23.00	3

7	Clark, Jared	Unc-Wilmington	1:22.00	1:23.42	3
8	Semanick, Kevin	Unat-Emory	1:24.30	1:23.48	2
9	Naro, Jeff	Unc-Wilmington	1:22.00	1:23.90	3
10	Armstrong, Richard	East Carolina	1:22.00	1:24.03	2
11	Burkhardt, Brian	Unc-Wilmington	1:23.00	1:24.53	2
12	Daisey, Daniel	Shenandoah	1:31.10	1:34.03	1
13	Komolafe, Tomilayo	Hood	1:26.00	1:37.38	1

Event 30 Men 1000 Meter Run

Name	Year School	Seed	Finals
1 Carroll, Ryan	Unattached	2:45.00	2:36.59
2 Monroe, Ross	Unc-Wilmington	2:40.00	2:36.86
3 Higginbotham, Frank	Unc-Wilmington	2:35.00	2:37.01
4 Delaney, Steve	Hood	2:35.00	3:08.68

Event 31 Women 400 Meter Dash

D III Provo: # 58.70					
D III Auto: \$ 56.80					
Freeman Reco: % 54.88 12/7/2007 FRANCENA McCORORY, HAMPTON UNIVERSITY					
Name	Year School	Seed	Finals	H#	
1 Mani, Myriam	norfolk Internat	52.00	57.99#	5	
2 Anderson, Shalice	East Carolina	56.68	58.48#	5	
3 Guy, LaDerda	norfolk Internat	54.00	58.55#	5	
4 Sessoms, Chante	Unattached	56.10	1:00.23	5	
5 Silver, Chalonda	East Carolina	57.00	1:01.51	5	
6 Donino, Brittany	Emory	1:00.00	1:02.01	3	
7 Reynolds, Alisha	Emory	1:01.23	1:02.27	2	
8 Griffin, Rachel	Norfolk State	58.60	1:02.50	5	
9 Irby, Jasmine	Unc-Wilmington	1:00.00	1:02.97	3	
10 Stauffer, Michelle	Christopher Newp	1:05.00	1:03.76	2	
11 Grayson, Jasmine	Saint Paul's Col	1:01.44	1:04.41	2	
12 Bright, Tara	East Carolina	1:01.09	1:04.42	2	
13 Salisbury, Roberta	Virginia Union	1:00.67	1:05.06	3	
14 Jenkins, Alexis	East Carolina	1:00.84	1:05.19	3	
15 Grullon, Jaslyn	East Carolina	1:00.22	1:06.27	3	
16 Price, Sara	Emory	1:03.70	1:06.31	2	
17 Gonzalez, India	East Carolina	1:00.13	1:07.34	3	
18 Thomas, Katie	Hood	1:05.00	1:09.53	1	
19 Hawley, Sarah	Christopher Newp	1:12.00	1:11.07	1	

Event 32 Men 400 Meter Dash

D III Provo: # 49.60					
D III Auto: \$ 48.40					
Freeman Reco: % 48.08 12/8/2001 CHARLES SHOFFNER, NOTH CAROLINA A & T U					
Name	Year School	Seed	Finals	H#	
1 Green, Leford	Johnson C. Smith	48.90	49.17#	9	
2 Asante, Ernest	Unc-Wilmington	50.50	50.60	7	
3 Currie, Le'Patrick	East Carolina	50.14	51.41	7	
4 Watlington, Devon	Unc-Wilmington	51.00	51.43	5	
5 Ndri, eric	norfolk Internat	49.00	51.53	9	
6 Harris, Michael	East Carolina	49.22	51.54	9	
7 Griffis, Matthew	Christopher Newp	50.50	51.65	7	
8 Lindsay, Corin	East Carolina	50.71	51.70	6	
9 Russell, Reuben	Unattached	48.50	51.79	9	

10	Murai, Naoki	Emory	50.23	51.96	7
11	Wyatt, Jerre	Unc-Wilmington	50.50	52.00	7
12	Woodley, Corey	Norfolk State	50.12	52.10	7
13	Rosemond, John	Johnson C. Smith	51.20	52.23	5
14	Taylor, Jason	Virginia Wesleya	51.50	52.77	4
15	Warren, Graham	East Carolina	50.79	53.03	6
16	Simmons, Josh	Christopher Newp	53.00	53.06	2
17	Moroff, Adam	Emory	51.37	53.18	5
18	Kindermann, Ryan	Emory	51.54	53.23	4
19	Shannon, Edwin	Unat-Norfolk Eli	53.97	53.23	1
20	Magana, Luis	Virginia Wesleya	52.50	53.53	3
21	Heneson, Steven	East Carolina	50.86	53.94	6
22	Richardson, Shawn	East Carolina	51.89	54.07	3
23	Eubanks, Josh	Emory	51.29	54.37	5
24	Hawkins, Demetrius	Johnson C. Smith	51.40	54.44	4
25	Stevens, Terell	Virginia Union	51.20	54.56	5
26	Brennen, Chike	Emory	52.13	54.78	3
27	Paco, David	Virginia Wesleya	52.50	55.03	2
28	Cahill, Mike	Hood	55.00	55.29	1
29	Mcduffie, Quetin	Panther Track Cl	50.85	55.61	6
30	Jones, Lyle	Norfolk State	51.99	55.64	3
31	Scott, Tim	Bad News Track	56.50	56.38	1
32	Hutcheson, Jesse	Bad News Track	56.50	59.39	1
33	loffer, nick	Salisbury Alumni	53.00	59.44	2

Event 33 Women 800 Meter Run

D III Provo: # 2:16.90

D III Auto: \$ 2:13.85

Freeman Reco: % 2:12.31 12/8/2001 ELIZABETH ROCKS, U OF PITTSBURGH

Name	Year School	Seed	Finals
1	Belizaire, Marlene	Unattached	2:17.05 2:18.33
2	Mifsud, Samantha	Unc-Wilmington	2:22.05
3	Lofland, Glennis	Unattached	2:22.20 2:23.81
4	Prasnikar, Melissa	Unc-Wilmington	2:29.14
5	Kellam, Brandi	Unattached	3:30.00 2:31.78
6	Bilal-Mack, Aisha	East Carolina	2:19.00 2:33.08
7	Clifton, Carly	Unc-Wilmington	2:47.21
8	Sobanko, Brandi	Virginia Wesleya	2:51.35

Event 34 Men 800 Meter Run

D III Provo: # 1:55.00

D III Auto: \$ 1:52.90

Freeman Reco: % 1:53.43 12/8/2001 CURTIS PARKER, HAMPTON UNIVERSITY

Name	Year School	Seed	Finals
1	Tamer, Remy	Unc-Wilmington	1:58.00 1:59.62
2	Campbell, Jason	Emory	1:57.23 2:00.62
3	Price, Nick	Emory	1:57.64 2:00.83
4	Winkler, Matthew	Christopher Newp	2:00.00 2:02.00
5	Barnett, Michael	East Carolina	2:00.00 2:03.39
6	Lundy, Nicolai	Emory	1:57.91 2:04.81
7	Lewis, Trevorr	High Definition	1:58.00 2:05.55
8	Bugos, Zachary	Shenandoah	2:02.90 2:07.46
9	Gass, Astway	Saint Paul's Col	2:06.00 2:08.67
10	Turner, Brendon	Saint Paul's Col	2:12.00 2:09.27
11	Tondereau, Alvin	Unattached	2:10.07
12	Daisey, Daniel	Shenandoah	2:02.10 2:10.75

13 Hill, Eric	Saint Paul's Col	2:06.00	2:17.73
14 Leon, Nathan	Shenandoah	2:10.00	2:18.28
-- Jackson, Jeffery	High Definition	1:56.00	DNF
-- loffer, nick	Salisbury Alumni	2:08.00	DNF

Event 35 Women 200 Meter Dash

Freeman Reco: % 24.20 1/24/2004 RACHELLE BOONE, HATC

Name	Year	School	Seed	Finals	H#
1 Edwards, Jami		Emory	25.98	26.08	7
2 Sessoms, Chante		Unattached	24.90	26.25	10
3 Dalton, Corrine		Unc-Wilmington	25.90	26.34	8
4 Glover, Tanisha		East Carolina	25.91	26.34	7
5 Moore, Shayne		Unc-Wilmington	25.00	26.38	10
6 Grayson, Jasmine		Saint Paul's Col	26.76	26.77	5
7 Smalls, Brittany		Saint Paul's Col	26.83	26.87	5
8 Hodges, Cheri		Norfolk State	24.80	26.92	10
9 Foster, Shanelle		Unc-Wilmington	25.90	27.03	8
10 Haskins, Kia		East Carolina	27.27	27.03	4
11 Walton, Tiffany		Unc-Wilmington	25.80	27.13	8
12 Johnson, Maria		Unc-Wilmington	26.00	27.28	7
13 Phillips, Alicia		Unc-Wilmington	26.00	27.30	6
14 Alston, Devin		Christopher Newp	27.00	27.57	5
15 Griffin, Rachel		Norfolk State	25.90	27.62	8
16 Jordan, Whitney		Unc-Wilmington	26.00	27.64	7
17 Reynolds, Alisha		Emory	27.12	27.68	4
18 Newlin, Bethany		Unc-Wilmington	26.20	27.94	6
19 Higgs, LaSheena		Saint Paul's Col	26.99	28.14	5
20 Wright, Cortney		Unc-Wilmington	26.20	28.16	6
21 Brown, Janet		Norfolk State	24.97	28.24	10
22 White, Candace		Christopher Newp	28.37	28.62	3
23 Ward, Amy		Christopher Newp	28.95	28.75	2
24 Stauffer, Michelle		Christopher Newp	29.00	28.76	2
25 Salisbury, Roberta		Virginia Union	27.24	28.88	4
26 Ramsey, Melanie		East Carolina	28.00	29.48	3
27 Mims, Nichele		East Carolina	28.20	29.68	3
28 Jacobs, Brittany		Christopher Newp	30.50	29.98	1
29 Thomas, Katie		Hood	28.50	30.09	3
30 Rose, Sheronda		Christopher Newp	31.20	30.74	1
31 Hawley, Sarah		Christopher Newp	32.00	32.10	1
32 Kwiatkowski, Amanda		Hood	29.40	34.69	1

Event 36 Men 200 Meter Dash

Freeman Reco: % 21.87 12/3/2006 JOSH SCOTT, UNATTACHED

Name	Year	School	Seed	Finals	H#
1 Green, Leford		Johnson C. Smith	21.70	21.84%	13
2 Harper, Jr., Leroy		Christopher Newp	22.50	22.27	11
3 Linton, Frederick		Emory	22.07	22.58	13
4 Donaldson, Tarian		Virginia Union	22.09	23.01	13
5 Russell, Reuben		Unattached	22.00	23.04	13
6 Jones, Brandon		Hampton-UNattach		23.08	12
7 LePorte, Jim		Emory	22.49	23.14	12
8 Griffis, Matthew		Christopher Newp	22.50	23.30	11
9 Anderson, Justin		Unc-Wilmington	22.80	23.35	8
10 Hargrove, Rodney		Panther Track Cl	22.35	23.44	12
11 Taylor, Jason		Virginia Wesleya	23.00	23.51	6
12 Bell, Kristopher		East Carolina	22.91	23.56	7

13	Rosemond, John	Johnson C. Smith	22.50	23.62	11
14	Mitchell, Brandyn	Unc-Wilmington	23.00	23.63	6
15	Hawkins, Demetrius	Johnson C. Smith	22.60	23.71	10
16	Sumpster, Gary	Norfolk State	22.46	23.75	12
17	Evans, John-Tyler	Unc-Wilmington	22.70	23.79	10
18	Simmons, Josh	Christopher Newp	23.75	23.90	3
19	Eubanks, Josh	Emory	23.10	23.92	5
20	Prevette, Justin	Unc-Wilmington	22.90	23.94	8
21	Murai, Naoki	Emory	23.00	23.97	6
22	Peacock, Maurice	Unc-Wilmington	22.90	24.06	8
23	Long, Josh	Unc-Wilmington	23.00	24.08	6
24	Chesnut, Donta	Saint Paul's Col	22.95	24.09	7
25	Rossum, Levar	Unattached	24.00	24.09	2
26	Eddison, Melvin	Virginia Union	22.86	24.14	8
27	Higgins, Xavier	Christopher Newp	23.50	24.23	4
28	Jackson, Donte	Virginia Union	22.77	24.25	8
29	Kindermann, Ryan	Emory	23.46	24.28	4
30	Blount, Derrick	Panther Track Cl	22.15	24.30	13
31	Moroff, Adam	Emory	23.23	24.34	5
32	Mcduffie, Quetin	Panther Track Cl	22.21	24.35	13
33	Wilson, Travis	Unat-Norfolk Eli	22.62	24.38	10
34	Blackwell, Terrance	Saint Paul's Col	22.98	24.49	7
35	Franklyn, Jeremy	Johnson C. Smith	22.58	24.54	11
36	Cahill, Mike	Hood	24.40	24.59	1
37	Weissenborn, Matt	Bad News Track	23.00	24.62	6
38	Magana, Luis	Virginia Wesleya	23.50	24.68	4
39	Ransom, Aaron	East Carolina	23.91	24.69	2
40	Dry, Steve	Emory	23.23	24.69	5
41	Hain, Fritz	Emory	23.70	24.75	3
42	Korang, Daniel	Saint Paul's Col	22.99	24.78	7
43	Cypress, Rashawn	Virginia Union	22.75	24.79	8
44	Tolliver, Henry	Virginia Union	22.75	25.02	10
45	Brennen, Chike	Emory	23.89	25.02	3
46	Komolafe, Tomilayo	Hood	23.50	25.11	4
47	Ogun, Fela-Tunde	Christopher Newp	23.40	25.41	5
48	Jenkins, Ryan	Hood	23.26	25.49	5
49	Frazier, David	Hood	24.50	25.97	1
50	Jackson, Jonathan	Johnson C. Smith		26.05	1
51	Mills, Patrick	Virginia Union	22.95	26.51	7
52	Everett, Justin	Hood	24.00	26.97	2

Event 37 Women 3000 Meter Run

Name	Year School	Seed	Finals
1 Waryck, Natalie	Emory	10:30.00	10:38.75
2 Bissell, Elizabeth	Christopher Newp		11:13.36
3 Nault, Edie	Christopher Newp		11:21.09
4 Kilby, Natalie	Unc-Wilmington	10:50.00	11:23.79
5 Hennessy, Jeanne	Unc-Wilmington	11:10.00	11:24.21
6 Krawczewicz, Jill	Unc-Wilmington	10:50.00	11:33.26
7 Huber, Jennifer	Unc-Wilmington	11:15.00	11:46.08
8 Melton, Kristen	Shenandoah	12:30.00	12:49.42

Event 38 Men 3000 Meter Run

Name	Year School	Seed	Finals
1 Carroll, Ryan	Unattached	9:15.00	9:03.97
2 Langat, Geoffrey	Virginia Union	9:25.60	9:29.29

3 Chantry, Stephen	Colonial Road Ru	9:25.00	9:40.99
4 Marrocco, Andrew	Unattached	9:15.00	9:46.43
5 Greenlees, Brendan	Hood	10:15.00	10:34.75

Event 39 Women 4x400 Meter Relay

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D III Provo: # 4:01.00
D III Auto: $ 3:55.00
Freeman Reco: % 3:47.78 1/24/2004 , ELITE ATHLETES INTERNAT
School Seed Finals H#
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1 Unc-Wilmington 'A'	3:56.00	3:58.25#	2
1) Darden, Amanda			
2) Donaldson, Lauren			
3) Kauffman, Alexis			
4) Barnes, Bryerica			
2 Unc-Wilmington 'B'	3:58.00	4:11.20	2
1) Hill, Anya			
2) Holt, Taylor			
3) Irby, Jasmine			
4) Walton, Tiffany			
3 East Carolina 'A'	3:56.00	4:16.14	2
1) Charles, Ericka			
2) Dolan, Lindsay			
3) Haskins, Kia			
4) Morman, Camelia			
4 Unc-Wilmington 'C'	4:00.00	4:27.05	2
1) Dalton, Corrine			
2) Foster, Shanelle			
3) Moore, Shayne			
4) Newlin, Bethany			
5 Christopher Newport University 'A'	4:13.00	4:27.25	1
6 Unc-Wilmington 'D'	4:02.00	4:28.33	1
1) Johnson, Maria			
2) Jordan, Whitney			
3) Phillips, Alicia			
4) Wright, Cortney			
7 Virginia Wesleyan 'A'		4:43.49	1
1) Sobanko, Brandi			
2) Roane, Ashley			
3) Tran, Lan			
4) Ezell, Sarah			

Event 40 Men 4x400 Meter Relay

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D III Provo: # 3:21.30
D III Auto: $ 3:16.70
Freeman Reco: % 3:14.99 1/24/2004 , HAMPTON TRACKCLUB
School Seed Finals H#
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1 Unc-Wilmington 'A'	3:16.00	3:20.55#	4
1) Robinson, Uri			
2) Clark, Jared			
3) Pederzolli, Nick			
4) Courson, Chris			
2 High Definition Track Club 'A'	3:20.00	3:23.80	4
1) Lewis, Trevorr			
2) Stanley, Willie			
3) Jackson, Jeffery			
4) Simmons, Eric			
3 Unc-Wilmington 'B'	3:18.00	3:25.09	4
1) Asante, Ernest			
2) Watlington, Devon			
3) Wyatt, Jerre			
4) Mattocks, William			
4 East Carolina 'A'	3:16.00	3:26.92	4
1) Brisco, Mario			
2) Currie, Le'Patrick			
3) Sanderson, Adian			
4) Richardson, Christopher			
5 East Carolina 'B'	3:16.00	3:26.94	4
1) Harris, Michael			
2) Rucker, David			
3) Thompson, Kevin			
4) Wright, Ron			
6 Christopher Newport University 'A'	3:27.00	3:32.83	2
1) Griffis, Matthew			
2) Harper, Jr., Leroy			
7 Unc-Wilmington 'C'	3:20.00	3:32.89	3
1) Anderson, Justin			
2) Evans, John-Tyler			
3) Dixon, Devin			
4) Burkhardt, Brian			
8 Emory 'A'	3:24.99	3:33.58	3
1) Dry, Steve			
2) Brennen, Chike			

3) Murai, Naoki	4) Eubanks, Josh			
9 Norfolk State 'A'		3:23.24	3:34.13	3
1) Woodley, Corey	2) Sumpster, Gary			
3) Dodd, Brett	4) Jones, Lyle			
10 Virginia Wesleyan 'A'		3:40.00	3:35.79	1
1) Taylor, Jason	2) Lauter, Nick			
3) Paco, David	4) Magana, Luis			
11 Saint Paul's College 'A'		3:34.00	3:37.49	2
12 Norfolk Elite TC 'A'		3:30.15	3:45.28	2
1))	2) Fraser, Andre			
3))	4) Pierre, Karriem			
13 Virginia Union 'A'		3:25.50	3:46.28	2
1) Saunders, Micheal	2) Rainey, Niles			
3) Mills, Patrick	4) Cypress, Rashawn			
14 Hood 'A'		3:43.35	3:49.55	1
1) Ames, Blair	2) Andrews, William			
3) Cahill, Mike	4) Delaney, Steve			
15 Virginia Wesleyan 'B'		3:48.00	3:49.97	1
1) Kidd, David	2) Bell, Rob			
3) Ashby, Evan	4) Hicks, Brandon			

Event 41 Women Indoor Pentathlon

Name	Year School	Seed	Finals
1 Guevel, Katie	William & Mary	3500	3530
2 DeMarco, Ashley	Unat-Emory		3098
3 Gaeto, Alyssa	William & Mary	3023	3024
4 Brower, Katie	William & Mary	3000	2995
5 Ney, Megan	Richmond		2766
6 Sheehan, Katie	Emory		2575
7 Lapp, Stephanie	Richmond		1265

Event 41 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Guevel, Katie	William & Mary	9.00	2	910
2 Brower, Katie	William & Mary	9.82	2	746
3 DeMarco, Ashley	Unat-Emory	9.83	2	744
4 Gaeto, Alyssa	William & Mary	9.96	1	720
5 Sheehan, Katie	Emory	10.41	1	637
6 Ney, Megan	Richmond	11.18	2	507
7 Lapp, Stephanie	Richmond	12.85	1	273

Event 41 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Brower, Katie	William & Mary	1.61m	5-03.25 747
2 DeMarco, Ashley	Unat-Emory	1.58m	5-02.25 712
2 Guevel, Katie	William & Mary	1.58m	5-02.25 712
4 Ney, Megan	Richmond	1.52m	4-11.75 644
5 Sheehan, Katie	Emory	1.40m	4-07.00 512
5 Gaeto, Alyssa	William & Mary	1.40m	4-07.00 512
-- Lapp, Stephanie	Richmond	NH	

Event 41 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
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1	Guevel, Katie	William & Mary	10.52m	34-06.25	564
2	DeMarco, Ashley	Unat-Emory	9.59m	31-05.75	503
3	Gaeto, Alyssa	William & Mary	9.40m	30-10.25	490
4	Lapp, Stephanie	Richmond	8.01m	26-03.50	400
5	Sheehan, Katie	Emory	7.95m	26-01.00	396
6	Ney, Megan	Richmond	7.53m	24-08.50	369
7	Brower, Katie	William & Mary	7.50m	24-07.25	367

Event 41 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1	Ney, Megan	Richmond	5.52m 18-01.50 706
2	Gaeto, Alyssa	William & Mary	5.32m 17-05.50 648
3	Guevel, Katie	William & Mary	5.15m 16-10.75 601
4	Brower, Katie	William & Mary	4.87m 15-11.75 524
5	Sheehan, Katie	Emory	4.71m 15-05.50 482
6	DeMarco, Ashley	Unat-Emory	4.62m 15-02.00 459
7	Lapp, Stephanie	Richmond	4.28m 14-00.50 374

Event 41 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1	Guevel, Katie	William & Mary	2:26.05 743
2	DeMarco, Ashley	Unat-Emory	2:31.07 680
3	Gaeto, Alyssa	William & Mary	2:33.17 654
4	Brower, Katie	William & Mary	2:36.73 611
5	Sheehan, Katie	Emory	2:42.15 548
6	Ney, Megan	Richmond	2:42.87 540
7	Lapp, Stephanie	Richmond	3:17.68 218

Event 42 Men Heptathlon

Name	Year School	Seed	Finals
1	Blumenstein, Brian	Unc-Wilmington	4600 4670
2	Black, Chris	Unc-Wilmington	4600 4579
3	Miller, Matt	Unc-Wilmington	4600 4508
4	Newkirk, David	Unc-Wilmington	4600 4147
5	Campbell, William	Emory	3809
6	Pruente, Brad	Emory	3806
7	Cooper, Algeran	Norfolk State	3639
8	Whitties, Meredith	Norfolk State	3630
9	Beehler, Steven	Emory	3154

Event 42 Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points
1	Newkirk, David	Unc-Wilmington	7.18	1 819
2	Blumenstein, Brian	Unc-Wilmington	7.28	2 785
3	Black, Chris	Unc-Wilmington	7.29	1 782
4	Cooper, Algeran	Norfolk State	7.50	2 713
5	Whitties, Meredith	Norfolk State	7.53	2 703
6	Miller, Matt	Unc-Wilmington	7.55	2 697
7	Pruente, Brad	Emory	7.56	1 694
8	Beehler, Steven	Emory	7.78	2 625
9	Campbell, William	Emory	7.99	1 563

Event 42 Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1 Black, Chris	Unc-Wilmington	6.34m 20-09.75	661
2 Prunte, Brad	Emory	6.28m 20-07.25	648
3 Whitties, Meredith	Norfolk State	6.23m 20-05.25	637
4 Newkirk, David	Unc-Wilmington	6.22m 20-05.00	635
5 Blumenstein, Brian	Unc-Wilmington	6.20m 20-04.25	630
6 Campbell, William	Emory	5.80m 19-00.50	544
7 Miller, Matt	Unc-Wilmington	5.59m 18-04.25	500
8 Cooper, Algeran	Norfolk State	5.46m 17-11.00	473
9 Beehler, Steven	Emory	5.01m 16-05.25	384

Event 42 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Miller, Matt	Unc-Wilmington	12.20m 40-00.50	619
2 Blumenstein, Brian	Unc-Wilmington	11.32m 37-01.75	565
3 Black, Chris	Unc-Wilmington	10.65m 34-11.25	525
4 Newkirk, David	Unc-Wilmington	10.54m 34-07.00	518
5 Prunte, Brad	Emory	9.93m 32-07.00	481
6 Whitties, Meredith	Norfolk State	9.54m 31-03.75	458
7 Cooper, Algeran	Norfolk State	9.53m 31-03.25	457
8 Beehler, Steven	Emory	9.12m 29-11.25	433
9 Campbell, William	Emory	8.61m 28-03.00	403

Event 42 Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1 Miller, Matt	Unc-Wilmington	1.94m 6-04.25	749
2 Campbell, William	Emory	1.88m 6-02.00	696
3 Cooper, Algeran	Norfolk State	1.82m 5-11.50	644
3 Prunte, Brad	Emory	1.82m 5-11.50	644
3 Blumenstein, Brian	Unc-Wilmington	1.82m 5-11.50	644
6 Black, Chris	Unc-Wilmington	1.70m 5-07.00	544
-- Newkirk, David	Unc-Wilmington	NH	
-- Whitties, Meredith	Norfolk State	NH	
-- Beehler, Steven	Emory	NH	

Event 42 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 Whitties, Meredith	Norfolk State	8.63	1	829
2 Newkirk, David	Unc-Wilmington	8.82	2	786
3 Miller, Matt	Unc-Wilmington	8.92	3	764
4 Black, Chris	Unc-Wilmington	8.96	3	755
5 Blumenstein, Brian	Unc-Wilmington	9.09	1	726
6 Prunte, Brad	Emory	9.29	1	683
7 Campbell, William	Emory	9.52	3	635
8 Beehler, Steven	Emory	9.82	2	576
9 Cooper, Algeran	Norfolk State	10.01	2	539

Event 42 Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
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1	Newkirk, David	Unc-Wilmington	4.05m	13-03.50	631
2	Blumenstein, Brian	Unc-Wilmington	3.85m	12-07.50	576
3	Black, Chris	Unc-Wilmington	3.75m	12-03.50	549
3	Miller, Matt	Unc-Wilmington	3.75m	12-03.50	549
5	Beehler, Steven	Emory	3.15m	10-04.00	393
6	Campbell, William	Emory	2.95m	9-08.00	345
7	Whitties, Meredith	Norfolk State	2.85m	9-04.25	321
8	Cooper, Algeran	Norfolk State	2.65m	8-08.25	275
--	Pruente, Brad	Emory		NH	

Event 42 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Black, Chris	Unc-Wilmington	2:50.20	763
2 Newkirk, David	Unc-Wilmington	2:50.72	758
3 Blumenstein, Brian	Unc-Wilmington	2:52.10	744
4 Beehler, Steven	Emory	2:52.15	743
5 Whitties, Meredith	Norfolk State	2:58.23	682
6 Prunte, Brad	Emory	3:00.89	656
7 Miller, Matt	Unc-Wilmington	3:03.53	630
8 Campbell, William	Emory	3:04.26	623
9 Cooper, Algeran	Norfolk State	3:13.49	538