



2016 East Carolina Track and Field Women's Indoor Times / Marks



2016 Indoor Schedule

Date	Meet	Location
Jan. 15	Dick Taylor Carolina Cup	Chapel Hill, N.C.
Jan. 16	Linda and Mallett UNC Open	Chapel Hill, N.C.
Jan. 29-30	Camel City Invitational	Winston-Salem, N.C.
Feb. 5-6	Doc Hale Elite Meet	Blacksburg, Va.
Feb. 19-20	Virginia Tech Challenge	Blacksburg, Va.
February 28-29	American Athletic Conference Indoor Championships	Birmingham, Ala.
March 11-12	NCAA Indoor Championships	Birmingham, Ala.

60-METER DASH

(@ NCAA Automatic 7.23)

ECU Record: Tania Minkins, 7.39 (2013)

Athlete	Meet	Place	Time		
Courtney Warner (7.43)	Dick Taylor Carolina Cup	.1st (finals)	7.43		
	Camel City Invitational	.2nd (finals)	7.46		
	Dick Taylor Carolina Cup	.1st (prelims)	7.47		
	AAC Indoor Championships	.5th (prelims)	7.48		
	Doc Hale Elite Meet	.4th (finals)	7.50		
	AAC Indoor Championships	.7th (finals)	7.51		
	Doc Hale Elite Meet	.4th (prelims)	7.55		
	Camel City Invitational	.3rd (prelims)	7.60		
	VT Challenge	.5th (prelims)	7.62		
	AAC Indoor Championships	.7th (prelims)	7.50		
	AAC Indoor Championships	.8th (finals)	7.51		
	Dick Taylor Carolina Cup	.3rd (prelims)	7.61		
Madison Rayfield (7.50)	VT Challenge	.6th (finals)	7.66		
	Dick Taylor Carolina Cup	.5th (finals)	7.67		
	Camel City Invitational	.8th (finals)	7.68		
	Camel City Invitational	.4th (prelims)	7.68		
	VT Challenge	.6th (prelims)	7.69		
	Doc Hale Elite Meet	.22nd (prelims)	7.74		
	Jasmine Dawson (7.58)	Dick Taylor Carolina Cup	.4th (prelims)	7.63	
		Doc Hale Elite Meet	.17th (prelims)	7.69	
		Dick Taylor Carolina Cup	.7th (finals)	7.71	
		Camel City Invitational	.11th (prelims)	7.73	
		AAC Indoor Championships	.17th (prelims)	7.79	
		Amanda Salami (7.71)	VT Challenge	.9th (prelims)	7.71
AAC Indoor Championships			.15th (prelims)	7.73	
Doc Hale Elite Meet			.21st (prelims)	7.74	
Camel City Invitational			.23rd (prelims)	7.91	
Atlanta Woodall (7.75)			AAC Indoor Championships	.16th (prelims)	7.75
			Dick Taylor Carolina Cup	.8th (prelims)	7.75
			Dick Taylor Carolina Cup	.8th (finals)	7.77



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	VT Challenge12th (prelims)	7.80
	UNC Open5th (prelims)	7.83
	UNC Open8th (finals)	7.84
	Camel City Invitational18th (prelims)	7.86
	Doc Hale Elite Meet33rd (prelims)	7.87
Cheyenne Hutchinson (7.82)	Doc Hale Elite Meet25th (prelims)	7.82
Cedrina Singletary (8.06)	VT Challenge24th (prelims)	8.06
	Doc Hale Elite Meet40th (prelims)	9.84

200-METER DASH

(@NCAA Automatic: 23.82 [<200], 23.62 [200], 23.12 [bnkd/>200])

ECU Record: Tyshonda Hawkins, 23.62 (2013)

Athlete	Meet.....	Place.....	Time
Courtney Warner (24.60)	AAC Indoor Championships14th	24.60
	Doc Hale Elite Meet18th	24.91
	Dick Taylor Carolina Cup5th	25.16
Jasmine Dawson (25.14)	Doc Hale Elite Meet27th	25.14
	VT Challenge16th	25.47
Atlanta Woodall (25.26)	AAC Indoor Championships25th	25.26
	VT Challenge15th	25.47
	Doc Hale Elite Meet37th	25.71
	Dick Taylor Carolina Cup10th	26.09
Janienne Palmer (25.39)	AAC Indoor Championships28th	25.39
	VT Challenge14th	25.39
	Doc Hale Elite Meet43rd	26.16
	UNC Open10th	26.66
Kierra Rountree (25.33)	AAC Indoor Championships27th	25.33
	VT Challenge23rd	25.85
	Doc Hale Elite Meet41st	25.95
	UNC OpenN/A	FS
Tia Jackson (25.51)	VT Challenge17th	25.51
Amanda Salami (25.48)	AAC Indoor Championships29th	25.48
	VT Challenge19th	25.58
	Doc Hale Elite Meet34th	25.61
	UNC Open4th	25.73

400-METER DASH

(@NCAA Automatic: 53.60 [<200], 53.30 [200], 52.60 [bnkd/>200])

ECU Record: Aiesha Goggins, 53.80 (2011)

Athlete	Meet.....	Place.....	Time
Janieyah Collins (56.07)	AAC Indoor Championships11th	56.07
	Doc Hale Elite Meet7th	57.18
	Dick Taylor Carolina Cup3rd	58.11
	Camel City Invitational15th	58.43



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Tia Jackson (56.46)	AAC Indoor Championships.....	15th.....	56.46
	VT Challenge	12th.....	58.18
	Dick Taylor Carolina Cup.....	6th.....	59.06
	Doc Hale Elite Meet.....	19th.....	1:00.51
	Camel City Invitational.....	47th.....	1:01.26
Janienne Palmer (58.89)	VT Challenge	16th.....	58.89
	Doc Hale Elite Meet.....	18th.....	1:00.47
	Camel City Invitational.....	46th.....	1:01.21
	UNC Open.....	10th.....	1:01.45
Kierra Rountree (58.97)	AAC Indoor Championships.....	22nd.....	58.97
	VT Challenge	17th.....	59.44
	Doc Hale Elite Meet.....	17th.....	1:00.13
	Dick Taylor Carolina Cup.....	8th.....	1:00.91
	Camel City Invitational.....	63rd.....	1:02.48
Amanda Salami (59.47)	Dick Taylor Carolina Cup.....	7th.....	59.47

600-METER RUN

ECU RECORD: Britney Kott, 1:33.28 (2012)

Athlete	Meet.....	Place.....	Time
Julia Brown (1:38.59)	VT Challenge	10th.....	1:38.59
Mason Kepley (1:38.86)	VT Challenge	11th.....	1:38.86

800-METER RUN

(@ NCAA Automatic: 2:05.80 [200/<], 2:05.50 [200], 2:04.50 [bnkd/>200])

ECU Record: Brooke Kott, 2:07.96 (2012)

Athlete	Meet.....	Place.....	Time
Julia Brown (2:19.36)	Doc Hale Elite Meet.....	22nd.....	2:19.36
	Camel City Invitational.....	33rd.....	2:23.59
Grace Sullivan (2:20.05)	Camel City Invitational.....	21st.....	2:20.05
Mason Kepley (2:20.35)	AAC Indoor Championships.....	17th.....	2:20.35
	Doc Hale Elite Meet.....	26th.....	2:20.38
	Camel City Invitational.....	43rd.....	2:27.66
Rachel Rice (2:28.93)	Dick Taylor Carolina Cup.....	4th.....	2:28.93
	VT Challenge	18th.....	2:29.97
Maura McDonnell (2:23.11)	Dick Taylor Carolina Cup.....	5th.....	2:28.95
Morgan Anderson (2:27.21)	VT Challenge	17th.....	2:29.29

1,000-METER RUN

ECU Record: Brooke Kott, 2:52.03 (2014)

Athlete	Meet.....	Place.....	Time
Maura McDonnell (3:04.66)	VT Challenge	9th.....	3:04.66
Samantha Teague (3:04.92)	VT Challenge	10th.....	3:04.92



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MILE RUN

(@ NCAA Automatic: 4:39.40 [200/<], 4:38.90 [200], 4:37.00 [bnkd/>200])

ECU Record: Brittany Copeland, 4:50.70 (2011)

Athlete	Meet.....	Place.....	Time
Grace Sullivan (5:04.34)	Camel City Invitational.....	12th.....	5:05.34
	Dick Taylor Carolina Cup.....	4th.....	5:10.58
Victoria Cooke (5:15.89)	Camel City Invitational.....	21st.....	5:15.89
	VT Challenge.....	10th.....	5:16.78
Maura McDonnell (5:19.10)	Doc Hale Elite Meet.....	42nd.....	5:19.10
	Camel City Invitational.....	32nd.....	5:20.65
Cayla Rodney (5:20.32)	Camel City Invitational.....	31st.....	5:20.32
	Doc Hale Elite Meet.....	43rd.....	5:20.90
Samantha Teague (5:21.38)	Doc Hale Elite Meet.....	44th.....	5:21.38
	Dick Taylor Carolina Cup.....	10th.....	5:29.13
	Camel City Invitational.....	45th.....	5:33.07
Caitlyn Sheva (5:19.89)	Dick Taylor Carolina Cup.....	9th.....	5:28.14
	VT Challenge.....	15th.....	5:28.71
Morgan Anderson (5:28.77)	Dick Taylor Carolina Cup.....	11th.....	5:32.38

3,000-METER RUN

(@ NCAA Automatic: 9:14.00 [200/<], 9:13.00 [200], 9:10.00 [bnkd/>200])

ECU Record: Brittany Copeland, 9:12.11 (2012)

Athlete	Meet.....	Place.....	Time
Grace Sullivan (10:07.39)	VT Challenge.....	1st.....	10:07.39
	Doc Hale Elite Meet.....	6th.....	10:08.42
	AAC Indoor Championships.....	N/A.....	DNF
Victoria Cooke (10:10.39)	AAC Indoor Championships.....	17th.....	10:10.39
	Doc Hale Elite Meet.....	10th.....	10:27.00
	Camel City Invitational.....	28th.....	10:35.84
Shewit Weldense (10:13.16)	Doc Hale Elite Meet.....	13th.....	10:28.55
	AAC Indoor Championships.....	35th.....	10:31.69
	Dick Taylor Carolina Cup.....	6th.....	10:45.43
Maura McDonnell (10:44.80)	AAC Indoor Championships.....	38th.....	10:44.80
	Camel City Invitational.....	39th.....	10:52.23
Cayla Rodney (10:52.23)	Camel City Invitational.....	44th.....	11:12.72
Samatha Teague (11:12.72)	Camel City Invitational.....	44th.....	11:12.72
Caitlyn Sheva (10:21.29)	VT Challenge.....	N/A.....	DNF
Morgan Anderson	VT Challenge.....	N/A.....	DNF

5,000-METER RUN

(@ NCAA Automatic: 9:14.00 [200/<], 9:13.00 [200], 9:10.00 [bnkd/>200])

ECU Record: Brittany Copeland, 16:15.66 (2012)

Athlete	Meet.....	Place.....	Time
Shewit Weldense (18:25.17)	AAC Indoor Championships.....	17th.....	18:25.17



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60-METER HURDLES

(@ NCAA Automatic: 8.10)

ECU Record: Erin Tucker, 8.24 (2014)

Athlete	Meet	Place	Time
Cheyenne Hutchinson (8.26)	AAC Indoor Championships	.2nd (prelims)	8.41
	Dick Taylor Carolina Cup	.2nd (finals)	8.44
	Doc Hale Elite Meet	.7th (prelims)	8.45
	AAC Indoor Championships	.3rd (finals)	8.50
	UNC Open	.1st (prelims)	8.53
	Dick Taylor Carolina Cup	.2nd (prelims)	8.54
	VT Challenge	.6th (finals)	8.54
	VT Challenge	.8th (prelims)	8.57
	Doc Hale Elite Meet	.8th (finals)	8.58
	Camel City Invitational	.18th (prelims)	8.75
Madison Rayfield (8.44)	Dick Taylor Carolina Cup	.1st (prelims)	8.44
	Dick Taylor Carolina Cup	.3rd (finals)	8.57
	AAC Indoor Championships	.9th (prelims)	8.69
	UNC Open	.2nd (prelims)	8.69
	Doc Hale Elite Meet	.12th (prelims)	8.69
	Camel City Invitational	.19th (prelims)	8.80
	Dick Taylor Carolina Cup	.4th (finals)	8.67
	VT Challenge	.15th (prelims)	8.83
	AAC Indoor Championships	.13th (prelims)	8.88
	Doc Hale Elite Meet	.16th (prelims)	8.91
Brittany Bryant (9.11)	Dick Taylor Carolina Cup	.6th (prelims)	8.94
	Camel City Invitational	.25th (prelims)	8.95
	Doc Hale Elite Meet	.20th (prelims)	9.11
Amber Holloway (9.25)	Dick Taylor Carolina Cup	.11th (prelims)	9.45
Kristen Stephens (9.58)	VT Challenge	.26th (prelims)	9.58

1,600-METER RELAY (4X400)

(@ NCAA Automatic: 3:38.00 [200/<], 3:36.80 [200m] 3:34.00 [bnkd/>200])

ECU Record: Hawkins, Harris, Minkins, Goggins, 3:34.02 (2012)

Athletes	Meet	Place	Time
Collins, Jackson, Ghaffar, Warner	AAC Indoor Championships	.8th	3:48.39
Collins, Dawson, Ghaffar, Jackson	VT Challenge	.2nd	3:50.26
Collins, Dawson, Ghaffar, Warner	Doc Hale Elite Meet	.3rd	3:50.57
Collins, Ghaffar, Jackson, Warner	UNC Open	.1st	3:55.44
Collins, Rountree, Ghaffar, Jackson	Dick Taylor Carolina Cup	.3rd	3:58.13
Jackson, Hutchinson, Palmer, Rountree	Doc Hale Elite Meet	.6th	4:01.74
Rountree, Salami, Palmer, Rayfield	UNC Open	.9th	4:12.10



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3,200-METER RELAY (4X800)

ECU Record: Hayes, Lash, Lattie, Livick, 9:03.83 (2001)

Athletes	Meet.....	Place.....	Time
Brown, Kepley, Sullivan, Rodney	Doc Hale Elite Meet.....	.5th.....	9:25.99
Cooke, McDonnell, Weldense, Teague	Doc Hale Elite Meet.....	.6th.....	9:44.23

DISTANCE MEDLEY RELAY

(@ NCAA AUTOMATIC: 11:08.90 [<200], 11:09.40 [200], 11:03.50 [BNKD/>200])

ECU Record: Lapp, Bri. Kott, Bro. Kott, Copeland, 11:24.51 (2012)

Athletes	Meet.....	Place.....	Time
McDonnell, Palmer, Brown, Sullivan	AAC Indoor Championships.....	.6th.....	11:54.86
Cooke, Palmer, Brown, McDonnell	VT Challenge.....	.4th.....	12:46.19
Sa. Teague, Rountree, Kepley, Rice	VT Challenge.....	.5th.....	12:57.40

HIGH JUMP

(@ NCAA Automatic: 1.85m)

ECU Record: Tynita Butts, 1.90m (2013)

Athlete	Meet.....	Place.....	Mark
Lauren Lubarski (1.75m)	AAC Indoor Championships.....	.3rd.....	1.75m (5-08.75)
	VT Challenge.....	.3rd.....	1.68m (5-06.00)
	Doc Hale Elite Meet.....	.N/A.....	.NH
Brittany Bryant (1.68m)	VT Challenge.....	.3rd.....	1.68m (5-06.00)
	Doc Hale Elite Meet.....	.7th.....	1.63m (5-04.25)
	Dick Taylor Carolina Cup.....	.5th.....	1.63m (5-04.25)
	UNC Open.....	.5th.....	1.55m (5-01.00)
	Camel City Invitational.....	.N/A.....	.NH
	AAC Indoor Championships.....	.N/A.....	.NH
Rachel Braesseale (1.63m)	Doc Hale Elite Meet.....	.8th.....	1.63m (5-04.25)
	UNC Open.....	.4th.....	1.55m (5-01.00)
	VT Challenge.....	.12th.....	1.53m (5-00.25)
	Dick Taylor Carolina Cup.....	.7th.....	1.50m (4-11.00)
	Camel City Invitational.....	.22nd.....	1.50m (4-11.00)
	AAC Indoor Championships.....	.N/A.....	.NH
Aminah Ghaffar (1.57m)	UNC Open.....	.6th.....	1.55m (5-01.00)
	Camel City Invitational.....	.16th.....	1.55m (5-01.00)

POLE VAULT

(@ NCAA Automatic: 4.35m)

ECU Record: Lindsay Rosales, 3.85m (2005)

Athlete	Meet.....	Place.....	Mark
Adell Remsberg (3.55m)	AAC Indoor Championships.....	.10th.....	3.67m (12-00.50)
	VT Challenge.....	.3rd.....	3.55m (11-07.75)
	Doc Hale Elite Meet.....	.9th.....	3.40m (11-01.75)
	Dick Taylor Carolina Cup.....	.6th.....	3.40m (11-01.75)



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Savannah Creed (3.40m)

Camel City Invitational.....	.6th	3.35m (10-11.75)
UNC Open.....	N/A	NH
Doc Hale Elite Meet.....	.11th	3.40m (11-01.75)
Dick Taylor Carolina Cup.....	.6th	3.40m (11-01.75)
UNC Open.....	.6th	3.35m (10-11.75)
Camel City Invitational.....	.14th	3.20m (10-06.00)

LONG JUMP

(@ NCAA Automatic: 6.45m)

ECU Record: Amanda Johnson, 6.20m (1995)

Athlete

Brittany Bryant (5.86m)

Olivia Walker (5.60m)

Jamie Stacey (5.53m)

Aminah Ghaffar (5.30m)

Courtney Miles (5.26m)

Cheyenne Hutchinson (5.78m)

Kristen Stephens (5.15m)

Meet.....	Place.....	Mark
UNC Open.....	.1st	5.80m (19-00.50)
AAC Indoor Championships.....	.7th	5.77m (18-11.25)
Doc Hale Elite Meet.....	.8th	5.67m (18-07.25)
VT Challenge.....	.7th	5.62m (18-05.25)
Dick Taylor Carolina Cup.....	.5th	5.57m (18-03.25)
Camel City Invitational.....	.6th	5.46m (17-11.00)
Doc Hale Elite Meet.....	.9th	5.60m (18-04.50)
Camel City Invitational.....	.12th	5.32m (17-05.50)
VT Challenge.....	.14th	5.29m (17-04.25)
Dick Taylor Carolina Cup.....	.6th	5.53m (18-01.75)
UNC Open.....	.3rd	5.50m (18-00.50)
Camel City Invitational.....	.13th	5.31m (17-05.25)
Doc Hale Elite Meet.....	N/A	FOUL
VT Challenge.....	N/A	FOUL
VT Challenge.....	.13th	5.30m (17-04.75)
Doc Hale Elite Meet.....	.21st	4.80m (15-09.00)
UNC Open.....	N/A	FOUL
Doc Hale Elite Meet.....	.16th	5.26m (17-03.25)
VT Challenge.....	.18th	5.17m (16-11.50)
AAC Indoor Championships.....	.16th	5.11m (16-09.25)
Camel City Invitational.....	.23rd	5.09m (16-08.50)
Dick Taylor Carolina Cup.....	.11th	5.15m (16-10.75)
AAC Indoor Championships.....	.15th	5.15m (16-10.75)

TRIPLE JUMP

(@ NCAA Automatic: 13.30m)

ECU Record: Camelia Morman, 12.68m (2008)

Athlete

Courtney Miles (11.39m)

Meet.....	Place.....	Mark
Dick Taylor Carolina Cup.....	.4th	11.39m (37-04.50)
VT Challenge.....	.3rd	11.13m (36-06.25)
UNC Open.....	.4th	11.02m (36-02.00)
Camel City Invitational.....	.25th	10.66m (34-11.75)
Doc Hale Elite Meet.....	.13th	10.55m (34-07.50)
AAC Indoor Championships.....	N/A	FOUL



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Kristen Stephens (11.36m)

VT Challenge	.2nd	11.36m (37-03.25)
Dick Taylor Carolina Cup	.6th	11.28m (37-00.25)
Doc Hale Elite Meet	.12th	11.15m (36-07.00)
UNC Open	.3rd	11.10m (36-05.00)
Camel City Invitational	.18th	10.91m (35-09.50)
AAC Indoor Championships	N/A	FOUL
Dick Taylor Carolina Cup	.7th	11.25m (36-11.00)
Doc Hale Elite Meet	.11th	11.18m (36-08.25)
Camel City Invitational	.22nd	10.71m (35-01.75)
UNC Open	.9th	10.52m (34-06.25)

Jamie Stacey (11.25m)

SHOT PUT

(@ NCAA Automatic: 17.20m)

ECU Record: Galissia Cause, 15.48m (2016)

Athlete

Galissia Cause (15.48m)

Meet	Place	Mark
AAC Indoor Championships	.3rd	15.48m (50-09.50)
Doc Hale Elite Meet	.5th	15.10m (49-06.50)
VT Challenge	.3rd	14.60m (47-11.00)
Dick Taylor Carolina Cup	.3rd	14.56m (47-09.25)
AAC Indoor Championships	.5th	15.15m (49-08.50)
VT Challenge	.2nd	14.84m (48-08.25)
Doc Hale Elite Meet	.8th	14.79m (48-06.25)
Dick Taylor Carolina Cup	.4th	14.37m (47-01.75)
AAC Indoor Championships	.7th	14.97m (49-01.50)
VT Challenge	.4th	14.25m (46-09.00)
Dick Taylor Carolina Cup	.5th	13.95m (45-09.25)
Doc Hale Elite Meet	.11th	13.67m (44-10.25)
Dick Taylor Carolina Cup	.9th	12.71m (41-08.50)
UNC Open	.10th	10.00m (32-09.75)
UNC Open	.15th	9.27m (30-05.00)
UNC Open	.18th	8.61m (28-03.00)

Raqrura Ishmar (15.15m)

Kayla Padgett (14.97m)

Kourtney Edwards-Campbell (13.85m)

Madison Rayfield (10.22m)

Aminah Ghaffar (9.23m)

Kristen Stephens (8.61m)

35-LB. WEIGHT THROW

(@ NCAA Automatic: 21.00m)

ECU Record: Kayla Padgett, 21.95m (2014)

Athlete

Raqrura Ishmar (21.09m)

Kayla Padgett (21.95m)

Meet	Place	Mark
VT Challenge	.2nd	@21.09m (69-02.50)
AAC Indoor Championships	.2nd	20.99m (68-10.50)
Dick Taylor Carolina Cup	.2nd	20.09m (65-11.00)
NCAA Indoor Championships	.11th	19.96m (65-06.00)
Camel City Invitational	.2nd	18.90m (62-00.25)
Doc Hale Elite Meet	.10th	17.89m (58-08.50)
AAC Indoor Championships	.3rd	20.89m (68-06.50)
VT Challenge	.3rd	20.40m (66-11.25)



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Mohogany Baker (20.39m)	Doc Hale Elite Meet	2nd	19.70m (64-07.75)
	Dick Taylor Carolina Cup	4th	18.80m (61-08.25)
	Camel City Invitational	3rd	18.56m (60-10.75)
	AAC Indoor Championships	4th	20.39m (66-10.75)
	Dick Taylor Carolina Cup	3rd	18.91m (62-00.50)
	VT Challenge	5th	18.65m (61-02.25)
	Camel City Invitational	5th	18.21m (59-09.00)
Kourtney Edwards-Campbell (13.70m)	Doc Hale Elite Meet	7th	18.20m (59-08.50)
	Dick Taylor Carolina Cup	11th	13.70m (44-11.50)

Pentathlon

(@ **NCAA Automatic:** 4,150 points)

ECU Record: Aminah Ghaffar, 3,526 points (2014)

Athlete

Aminah Ghaffar (3,526 points)

Meet	Place	Mark
AAC Indoor Championships	4th	3,526 points