



2016 East Carolina Track and Field Women's Outdoor Times / Marks



2016 Outdoor Schedule

Date	Meet	Location
March 18-19	Dennis Craddock Carolina Relays	Chapel Hill, N.C.
March 25-26	Raleigh Relays	Raleigh, N.C.
April 1-2	Florida Relays	Gainesville, Fla.
	High Point VertKlasse Meeting	High Point, N.C.
April 8-9	Bill Carson Invitational	Greenville, N.C.
April 22-23	Duke Invitational	Durham, N.C.
May 12-15	American Athletic Conference Outdoor Championships	Orlando, Fla.
May 26-28	NCAA East Preliminary	Jacksonville, Fla.
June 8-11	NCAA Outdoor Championships	Eugene, Ore.

100-METER DASH

ECU Record: Tania Minkins, 11.45 (2015)

Athlete	Meet	Place	Time [Wind]
Courtney Warner (11.63)	Duke Invitational	1st (finals)	11.63 [1.2]
	AAC Outdoor Championships	10th (prelims)	11.78 [0.2]
Madison Rayfield (11.87)	Duke Invitational	1st (prelims)	11.81 [0.6]
	Bill Carson Invitational	4th	11.91 [2.9]
	Carolina Relays	3rd	12.17 [+0.0]
	Bill Carson Invitational	2nd	11.87 [2.9]
Amanda Salami (12.01)	AAC Outdoor Championships	15th (prelims)	12.02 [-0.2]
	Duke Invitational	4th (finals)	12.03 [1.2]
	Duke Invitational	5th (prelims)	12.14 [0.2]
	Carolina Relays	6th	12.17 [+0.0]
	AAC Outdoor Championships	14th (prelims)	12.01 [0.2]
Janienne Palmer (12.21)	VertKlasse Meeting	7th	12.12 [1.5]
	Bill Carson Invitational	10th	12.15 [2.9]
	Duke Invitational	12th (prelims)	12.28 [0.6]
Cedrina Singletary (12.18)	VertKlasse Meeting	12th	12.21 [1.5]
	Bill Carson Invitational	N/A	SCR
	AAC Outdoor Championships	19th (prelims)	12.18 [-0.2]
Atlanta Woodall (12.24)	Duke Invitational	11th (prelims)	12.23 [0.1]
	Bill Carson Invitational	9th	12.12 [0.4]
	Carolina Relays	11th	12.52 [+0.0]
	Bill Carson Invitational	12th	12.24 [-0.7]
	Duke Invitational	14th (prelims)	12.29 [0.6]
Janieyah Collins (12.22)	Carolina Relays	9th	12.49 [0.2]
	AAC Outdoor Championships	N/A	DNF
	Bill Carson Invitational	16th	12.39 [-0.7]
Kierra Rountree (12.54)	VertKlasse Meeting	12th	12.54 [3.2]
	Bill Carson Invitational	N/A	SCR
Courtney Miles (12.82)	Bill Carson Invitational	21st	12.82 [0.4]
	Bill Carson Invitational	N/A	SCR
Nishedra Brown			



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200-METER DASH

ECU Record: Tyshonda Hawkins, 23.29 (2014)

Athlete	Meet	Place	Time [Wind]
Courtney Warner (23.91)	Duke Invitational	2nd	23.91 [+0.0]
	AAC Outdoor Championships	14th (prelims)	24.14 [0.3]
	Carolina Relays	1st	24.33 [-0.2]
Amanda Salami (24.24)	Bill Carson Invitational	6th	25.05 [3.0]
	AAC Outdoor Championships	15th (prelims)	24.24 [1.1]
	Duke Invitational	15th	25.06 [-0.1]
	VertKlasse Meeting	11th	25.24 [-0.4]
Cedrina Singletary (24.55)	Bill Carson Invitational	N/A	SCR
	Duke Invitational	9th	24.55 [-0.1]
	AAC Outdoor Championships	21st (prelims)	24.68m [1.1]
	Bill Carson Invitational	4th	25.02 [0.9]
	Carolina Relays	7th	25.30 [-0.2]
Janienne Palmer (24.87)	VertKlasse Meeting	5th	24.87 [3.5]
	AAC Outdoor Championships	29th (prelims)	25.23 [+0.0]
	Carolina Relays	5th	25.24 [-1.8]
	Duke Invitational	21st	25.51 [0.8]
	Bill Carson Invitational	N/A	SCR
Janieyah Collins (24.89)	Carolina Relays	2nd	24.89 [-0.2]
Atlanta Woodall (24.95)	Duke Invitational	14th	24.95 [-0.1]
	AAC Outdoor Championships	27th	24.98 [0.5]
	Carolina Relays	4th	25.18 [-0.2]
	Bill Carson Invitational	9th	25.26 [4.8]
	AAC Outdoor Championships	31st (prelims)	25.55 [0.1]
Kierra Rountree (25.95)	VertKlasse Meeting	21st	25.70 [1.0]
	Duke Invitational	27th	25.95 [-0.1]
	Bill Carson Invitational	14th	25.98 [0.9]
	Carolina Relays	16th	26.42 [-1.8]
	Carolina Relays	10th	25.62 [-0.2]
Tia Jackson (25.62)	Bill Carson Invitational	N/A	SCR
Cheyenne Hutchinson (24.86)	Carolina Relays	12th	25.81 [-1.8]
	Bill Carson Invitational	N/A	SCR
Madison Rayfield (24.86)	Bill Carson Invitational	13th	25.86 [4.8]
Courtney Miles (26.59)	Bill Carson Invitational	23rd	26.59 [2.4]
Angelica Gonzalez (27.11)	Carolina Relays	17th	27.11 [-1.8]
	Bill Carson Invitational	N/A	SCR
Tyra Baptiste (29.64)	VertKlasse Meeting	86th	29.27 [-1.9]
	Carolina Relays	18th	29.64 [-0.2]
Nishedra Brown	Bill Carson Invitational	N/A	SCR



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400-METER DASH

ECU Record: Aiesha Goggins, 51.48 (2015)

Athlete

Tia Jackson (56.71)

Janienne Palmer (58.25)

Kierra Rountree (59.10)

Tyra Baptiste (1:05.25)

Jasmine Dawson

Meet	Place	Time [Wind]
AAC Outdoor Championships	14th (prelims)	56.71
Duke Invitational	16th	56.79
Bill Carson Invitational	1st	57.44
Carolina Relays	4th	57.87
Duke Invitational	22nd	58.25
AAC Outdoor Championships	17th (prelims)	58.51
Bill Carson Invitational	7th	59.10
Duke Invitational	28th	1:00.27
AAC Outdoor Championships	N/A (prelims)	DNF
VertKlasse Meeting	45th	1:05.25
Carolina Relays	N/A	DNF
Bill Carson Invitational	N/A	DNS
Carolina Relays	N/A	DNF

800-METER RUN

ECU Record: Minnie McPhatter, 2:06.30 (1980)

Athlete

Julia Brown (2:19.53)

Mason Kepley (2:20.33)

Samantha Teague (2:23.38)

Rachel Rice (2:25.76)

Morgan Anderson (2:21.24)

Meet	Place	Time [Wind]
AAC Outdoor Championships	16th (prelims)	2:19.53
Duke Invitational	26th	2:23.29
Bill Carson Invitational	10th	2:24.40
Carolina Relays	6th	2:28.56
VertKlasse Meeting	6th	2:20.33
Duke Invitational	20th	2:20.89
Bill Carson Invitational	13th	2:28.93
Bill Carson Invitational	8th	2:23.38
Duke Invitational	29th	2:25.76
VertKlasse Meeting	34th	2:31.08
Carolina Relays	7th	2:37.82
Bill Carson Invitational	14th	2:41.22
Bill Carson Invitational	11th	2:26.57

1,500-METER RUN

ECU Record: Brittany Copeland, 4:18.39 (2012)

Athlete

Grace Sullivan (4:44.66)

Samantha Teague (4:46.88)

Morgan Anderson (4:49.02)

Meet	Place	Time [Wind]
Bill Carson Invitational	2nd	4:44.66
Duke Invitational	15th	4:46.88
AAC Outdoor Championships	17th (prelims)	4:49.04
VertKlasse Meeting	26th	4:53.71
Bill Carson Invitational	7th	4:55.94
Bill Carson Invitational	5th	4:52.64
Duke Invitational	21st	4:58.42



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Kayla Fisher (4:57.69)
Rachel Rice (4:56.12)

VertKlasse Meeting.....32nd 4:57.69
Bill Carson Invitational15th..... 5:22.62

MILE RUN

ECU Record: Linda Mason, 4:58.5h (1979)

Athlete
Grace Sullivan (5:05.13)
Shewit Weldense (5:14.14)
Samantha Teague (5:18.51)
Victoria Cooke (5:20.75)
Kayla Fisher (5:26.79)
Morgan Anderson (5:27.65)
Caitlyn Sheva (5:28.15)
Maura McDonnell (5:43.20)

Meet	Place	Time [Wind]
Carolina Relays	3rd	5:05.13
Carolina Relays	7th	5:14.14
Carolina Relays	8th	5:18.51
Carolina Relays	9th	5:20.75
Carolina Relays	11th	5:26.79
Carolina Relays	12th.....	5:27.65
Carolina Relays	13th.....	5:28.15
Carolina Relays	16th	5:43.20

3,000-METER RUN

ECU Record: Kay Livick, 9:47.14 (2003)

Athlete

Meet	Place	Time [Wind]
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3,000-METER STEEPLECHASE

ECU Record: Grace Sullivan, 10:36.34 (2016)

Athlete
Grace Sullivan (10:36.34)
Kayla Fisher (11:08.73)

Caitlyn Sheva (11:15.14)

Maura McDonnell (11:45.10)

Meet	Place	Time [Wind]
AAC Outdoor Championships	3rd	10:36.34
AAC Outdoor Championships	11th	11:08.73
Bill Carson Invitational	2nd	11:39.29
Duke Invitational	11th	11:40.62
AAC Outdoor Championships	14th	11:21.88
Duke Invitational	8th	11:26.63
Bill Carson Invitational	1st	11:31.67
VertKlasse Meeting.....	10th	11:36.77
Duke Invitational	10th	11:36.47
AAC Outdoor Championships	18th.....	11:53.65
VertKlasse Meeting.....	21st	12:04.52
Bill Carson Invitational	5th	12:07.38

5,000-METER RUN

ECU Record: Brittany Copeland, 16:09.67 (2012)

Athlete
Grace Sullivan (17:12.01)

Victoria Cooke (17:40.77)

Meet	Place	Time [Wind]
Duke Invitational	8th	17:12.01
AAC Outdoor Championships	9th	17:17.22
Raleigh Relays	52nd	17:45.16
Duke Invitational	9th.....	17:40.77
AAC Outdoor Championships	26th.....	18:04.44
Raleigh Relays	66th.....	18:08.58



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Shewit Weldense (17:49.30)

AAC Outdoor Championships22nd17:57.83

Sydney Teague (17:44.27)

Raleigh Relays75th18:17.12

AAC Outdoor Championships19th17:44.27

Raleigh Relays80th18:01.33

Duke Invitational13th18:14.86

Caitlyn Sheva (18:01.63)

AAC Outdoor Championships25th18:01.63

Kayla Fisher (18:19.65)

AAC Outdoor Championships28th18:19.65

Maura McDonnell (19:09.58)

AAC Outdoor Championships35th19:09.58

Samantha Teague (19:12.89)

AAC Outdoor Championships37th19:12.89

10,000-METER RUN

ECU Record: Dava Rhodes, 35:10.74 (1994)

Athlete

Shewit Weldense (36:00.65)

Meet Place Time [Wind]

Duke Invitational1st37:01.42

AAC Outdoor Championships11th37:35.90

100-METER HURDLES

ECU Record: Cheyenne Hutchinson, 13.31 (2015)

Athlete

Cheyenne Hutchinson (13.31)

Meet Place Time [Wind]

AAC Outdoor Championships2nd (finals)13.46 [-1.2]

AAC Outdoor Championships7th (prelims)13.64 [0.2]

Duke Invitational2nd (finals)13.75 [0.6]

Duke Invitational2nd (prelims)13.92 [0.4]

Bill Carson Invitational3rd13.92 [4.9]

Madison Rayfield (13.60)

AAC Outdoor Championships5th (prelims)13.60 [0.3]

Bill Carson Invitational2nd13.69 [4.9]

AAC Outdoor Championships6th (finals)13.80 [-1.2]

Raleigh Relays7th (prelims)13.88 [3.5]

Raleigh Relays6th (finals)13.94 [+0.0]

Duke Invitational3rd (finals)14.04 [0.6]

Carolina Relays2nd14.47 [1.2]

Aminah Ghaffar (14.09)

Duke Invitational8th (prelims)15.09 [0.8]

Duke Invitational5th (prelims)14.38 [0.7]

Duke Invitational5th (finals)14.50 [0.6]

Bill Carson Invitational7th14.50 [4.9]

Carolina Relays5th14.99 [1.2]

Kristen Stephens (15.21)

VertKlasse Meeting14th15.21 [3.5]

Bill Carson Invitational11th15.46 [1.9]

Duke Invitational10th (prelims)15.49 [0.4]

Angelica Gonzalez (16.66)

Carolina Relays7th16.66 [1.3]

VertKlasse MeetingN/ADNF

Bill Carson InvitationalN/ASCR



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400-METER HURDLES

ECU Record: Ayana Coleman, 58.78 (2000)

Athlete

Janieyah Collins (58.84)

Aminah Ghaffar (1:02.63)

Maura McDonnell (1:15.13)

Caitlyn Sheva (1:15.92)

Meet	Place	Mark [Wind]
AAC Outdoor Championships	2nd (finals).....	59.43
Duke Invitational	5th.....	59.97
AAC Outdoor Championships	3rd (prelims)	1:00.78
Florida Relays.....	20th.....	1:01.22
Bill Carson Invitational	1st	1:02.32
Carolina Relays	2nd	1:03.70
Duke Invitational	7th	1:02.63
AAC Outdoor Championships	8th (prelims)	1:02.89
AAC Outdoor Championships	7th (finals).....	1:02.99
Raleigh Relays	15th.....	1:03.01
Florida Relays.....	39th.....	1:03.35
Bill Carson Invitational	4th.....	1:04.00
Bill Carson Invitational	7th.....	1:15.13
Bill Carson Invitational	8th.....	1:15.92

400-METER RELAY (4X100)

ECU Record: Minkins, Hawkins, Tucker, Dawson, 44.38 (2014)

Athletes

Rayfield, Warner, Singletary, Salami

Rayfield, Singletary, Warner, Woodall

Hutchinson, Salami, Collins, Palmer

Gonzalez, Salami, Palmer, Rountree

Hutchinson, Palmer, Rountree, Salami

Meet	Place	Time [Wind]
AAC Outdoor Championships	4th.....	44.76
Florida Relays.....	29th.....	45.95
Raleigh Relays	7th.....	46.37
Bill Carson Invitational	2nd	46.56
Carolina Relays	3rd	46.88
Duke Invitational	N/A	DQ
Bill Carson Invitational	3rd	46.62
VertKlasse Meeting.....	4th.....	47.27
Raleigh Relays	13th.....	47.28
Carolina Relays	4th.....	47.38

800-METER RELAY (4X200)

ECU Record: Minkins, Dawson, Collins, Hawkins, 1:34.26 (2014)

Athletes

Woodall, Collins, Rayfield, Warner

Singletary, Palmer, Jackson, Hutchinson

Meet	Place	Time [Wind]
Raleigh Relays	5th.....	1:36.99
Florida Relays.....	23rd.....	1:40.92
Raleigh Relays	10th	1:38.28

1,600-METER RELAY (4X400)

ECU Record: Hawkins, Harris, Minkins, Goggins, 3:35.75 (2011)

Athletes

Collins, Palmer, Singletary, Jackson

Rountree, Palmer, Ghaffar, Jackson

Meet	Place	Time [Wind]
AAC Outdoor Championships	8th.....	3:44.64
Duke Invitational	4th.....	3:51.03



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Collins, Dawson, Ghaffar, Jackson
 Jackson, Warner, Ghaffar, Collins
 Collins, Palmer, Warner, Jackson
 Palmer, Woodall, Singletary, Rountree
 Rountree, Hutchinson, Singletary, Woodall

Carolina Relays	2nd	3:53.16
Raleigh Relays	13th	3:54.23
Bill Carson Invitational	2nd	3:59.12
Raleigh Relays	19th	3:59.80
Bill Carson Invitational	5th	4:24.54

3,200-METER RELAY (4x800)

ECU Record: Allen, Hayes, Lash, Livick, 8:59.39 (2001)

Athletes	Meet	Place	Time [Wind]
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6,000-METER RELAY (4X1500)

ECU Record: Allen, Hayes, Lash, Livick, 19:07.30 (2002)

Athletes	Meet	Place	Time [Wind]
Sa. Teague, Syd. Teague, Fisher, Anderson	Raleigh Relays	11th	19:56.19

SPRINT MEDLEY RELAY (1600)

ECU Record: Minkins, Hawkins, Goggins, Bro. Kott, 3:51.00 (2012)

Athletes	Meet	Place	Time [Wind]
Singletary, Collins, Palmer, Sa. Teague	Raleigh Relays	5th	4:06.70
Singletary, Woodall, Jackson, Ghaffar	Florida Relays.....	18th.....	4:09.97
Woodall, Warner, Jackson, Anderson	Raleigh Relays	9th	4:17.69

DISTANCE MEDLEY RELAY

ECU Record: Lapp, Harris, Bri. Kott, Copeland, 11:21.24 (2012)

Athletes	Meet	Place	Time [Wind]
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SHUTTLE HURDLE RELAY

ECU Record: Lott, Tucker, Ghaffar, Thompson, 59.26 (2014)

Athletes	Meet	Place	Time [Wind]
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HIGH JUMP

ECU Record: Tynita Butts, 1.91m (2014)

Athlete	Meet	Place	Mark [Wind]
Lauren Lubarski (1.70m)	AAC Outdoor Championships	6th	1.70m (5-07.00)
	Carolina Relays	2nd	1.70m (5-07.00)
	Duke Invitational	8th	1.65m (5-05.00)
	Bill Carson Invitational	4th	1.65m (5-05.00)
	Raleigh Relays	8th	1.65m (5-05.00)
	Florida Relays.....	N/A	NH
Rachel Braesseale (1.60m)	Duke Invitational	11th	1.60m (5-03.00)
	Bill Carson Invitational	8th	1.55m (5-01.00)
	VertKlasse Meeting.....	6th	1.55m (5-01.00)
	Raleigh Relays	N/A	NH
	Carolina Relays	N/A	NH



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Brittany Bryant (1.60m)	AAC Outdoor Championships	N/A	NH
	Duke Invitational	9th	1.60m (5-03.00)
	VertKlasse Meeting	9th	1.55m (5-01.00)
Aminah Ghaffar (1.55m)	AAC Outdoor Championships	N/A	NH
	Carolina Relays	N/A	NH
	Bill Carson Invitational	N/A	DNS
	Bill Carson Invitational	11th	1.55m (5-01.00)
	Raleigh Relays	N/A	NH

LONG JUMP

ECU Record: Tynita Butts, 6.22m (2010)

Athlete	Meet	Place	Mark [Wind]
Olivia Walker (5.77m)	Carolina Relays	2nd	5.77m (18-11.25) [1.3]
	AAC Outdoor Championships	8th	5.71m (18-09.00) [+0.0]
	VertKlasse Meeting	7th	5.59m (18-04.25) [1.1]
Brittany Bryant (5.80m)	Bill Carson Invitational	6th	5.77m (18-03.25) [0.5]
	Duke Invitational	11th	5.33m (17-06.00) [0.7]
	VertKlasse Meeting	3rd	5.80m (19-00.50) [0.8]
	Carolina Relays	3rd	5.76m (18-10.75) [0.7]
Jada Cunningham (5.72m)	Duke Invitational	4th	5.61m (18-05.00) [0.3]
	AAC Outdoor Championships	13th	5.59m (18-04.25) [+0.0]
	Bill Carson Invitational	8th	5.37m (17-07.50) [1.8]
	Bill Carson Invitational	1st	5.72m (18-09.25) [-0.2]
Courtney Miles (5.33m)	Raleigh Relays	3rd	5.72m (18-09.25) [1.3]
	VertKlasse Meeting	5th	5.68m (18-07.75) [2.6]
	AAC Outdoor Championships	11th	5.60m (18-04.50) [-0.9]
	Duke Invitational	5th	5.57m (18-03.25) [0.2]
Aminah Ghaffar (5.38m)	AAC Outdoor Championships	17th	5.33m (17-06.00) [-1.1]
	Duke Invitational	12th	5.31m (17-05.25) [0.9]
	Raleigh Relays	21st	5.12m (16-09.75) [0.8]
Kristen Stephens (5.13m)	Duke Invitational	16th	5.16m (16-11.25) [-0.5]
	Carolina Relays	11th	5.13m (16-10.00) [1.6]
	Bill Carson Invitational	N/A	DNS
Jamie Stacey	AAC Outdoor Championships	19th	5.13m (16-10.00) [-0.3]
	Bill Carson Invitational	21st	4.88m (16-00.25) [0.4]
	Duke Invitational	25th	4.62m (15-02.00) [0.1]
	Bill Carson Invitational	N/A	FOUL

TRIPLE JUMP

ECU Record: Camelia Morman, 12.95m (2008)

Athlete	Meet	Place	Mark [Wind]
Jada Cunningham (12.33m)	AAC Outdoor Championships	7th	12.33m (40-05.50) [+0.0]
	Duke Invitational	2nd	12.14m (39-10.00) [0.7]



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Kristen Stephens (11.43m)	Bill Carson Invitational	4th	11.62m (38-01.50) [1.2]
	Raleigh Relays	N/A	FOUL
	Bill Carson Invitational	6th	11.43m (37-06.00) [0.2]
	AAC Outdoor Championships	14th	11.32m (37-01.75) [+0.0]
	Carolina Relays	4th	11.24m (36-10.50) [+0.0]
Courtney Miles (10.90m)	Duke Invitational	10th	11.09m (36-04.75) [1.0]
	VertKlasse Meeting	10th	11.07m (36-04.00) [0.9]
	Raleigh Relays	33rd	10.57m (34-08.25) [-0.2]
Jamie Stacey	Duke Invitational	12th	10.90m (35-09.25)
	Bill Carson Invitational	N/A	DNS
Olivia Walker	Bill Carson Invitational	N/A	DNS
	Bill Carson Invitational	N/A	DNS

POLE VAULT

ECU Record: Taylor Drummonds, 3.85m (2015)

Athlete	Meet	Place	Mark [Wind]
Adell Remsberg (3.65m)	AAC Outdoor Championships	9th	3.65m (11-11.75)
	Duke Invitational	1st	3.63m (11-10.75)
	VertKlasse Meeting	11th	3.51m (11-06.25)
	Bill Carson Invitational	4th	3.43m (11-03.00)
	Carolina Relays	N/A	NH
	Raleigh Relays	N/A	NH

SHOT PUT

ECU Record: Galissia Cause 15.29m (2016)

Athlete	Meet	Place	Mark [Wind]
Galissia Cause (15.77m)	AAC Outdoor Championships	2nd	15.77m (51-09.00)
	Florida Relays	1st	15.29m (50-02.00)
	Raleigh Relays	3rd	15.18m (49-09.75)
	Bill Carson Invitational	1st	14.92m (48-11.50)
	Duke Invitational	1st	14.83m (48-08.00)
	Carolina Relays	3rd	14.30m (46-11.00)
	AAC Outdoor Championships	6th	15.35m (50-04.50)
	Carolina Relays	1st	14.73m (48-04.00)
	Florida Relays	6th	14.26m (46-09.50)
	Raleigh Relays	10th	14.26m (46-09.50)
Raqrura Ishmar (15.35m)	Bill Carson Invitational	2nd	14.04m (46-00.75)
	Duke Invitational	4th	14.03m (46-00.50)
	Duke Invitational	6th	13.47m (44-02.50)
	AAC Outdoor Championships	16th	13.41m (44-00.00)
Mohogany Baker (13.47m)	Bill Carson Invitational	6th	13.12m (43-00.50)
	AAC Outdoor Championships	9th	14.26m (46-09.50)
Kayla Padgett (15.16m)	Carolina Relays	4th	12.85m (42-02.00)



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DISCUS

ECU Record: Raqurra Ishmar, 53.90m (2016)

Athlete

Raqurra Ishmar (53.90m)

Meet	Place	Mark [Wind]
AAC Outdoor Championships	1st	53.90m (176-10.00)
Bill Carson Invitational	5th	47.39m (155-06.00)
Raleigh Relays	11th	44.41m (145-08.00)
Florida Relays.....	18th.....	44.36m (145-06.00)
Duke Invitational	10th	41.46m (136-00.00)
AAC Outdoor Championships	3rd	51.78m (169-10.00)
Bill Carson Invitational	3rd	48.85m (160-03.00)
Duke Invitational	8th	44.50m (146-00.00)
Carolina Relays	4th	42.62m (139-10.00)
AAC Outdoor Championships	4th	49.86m (163-07.00)
Raleigh Relays	2nd	48.78m (160-00.00)
Carolina Relays	1st	47.85m (157-00.00)
Florida Relays.....	11th	46.38m (152-02.00)
Duke Invitational	6th	46.19m (151-06.00)
Bill Carson Invitational	7th	43.94m (144-02.00)
AAC Outdoor Championships	6th	48.84m (160-03.00)
Duke Invitational	3rd	48.74m (159-11.00)
Florida Relays.....	13th.....	46.28m (151-10.00)
Carolina Relays	3rd	46.06m (151-01.00)
Raleigh Relays	16th	42.65m (139-11.00)
Bill Carson Invitational	8th	42.35m (138-11.00)
AAC Outdoor Championships	1st	53.90m (176-10.00)
Bill Carson Invitational	5th	47.39m (155-06.00)
Raleigh Relays	11th	44.41m (145-08.00)
Florida Relays.....	18th.....	44.36m (145-06.00)
Duke Invitational	10th	41.46m (136-00.00)

Kayla Padgett (53.19m)

Mohogany Baker (49.86m)

Galissia Cause (48.84m)

Raqurra Ishmar (47.39m)

HAMMER

ECU Record: Kayla Padgett, 65.25m (2016)

Athlete

Kayla Padgett (65.25m)

Meet	Place	Mark [Wind]
Florida Relays.....	4th.....	65.25m (214-01.00)
Bill Carson Invitational	1st	62.57m (205-03.00)
Duke Invitational	3rd	62.04m (203-06.00)
Carolina Relays	1st	61.47m (201-08.00)
Raleigh Relays	3rd	61.35m (201-03.00)
AAC Outdoor Championships	2nd	58.46m (191-09.00)
Duke Invitational	4th	60.30m (197-10.00)
Carolina Relays	2nd	58.59m (192-03.00)
Raleigh Relays	6th	57.89m (189-11.00)
Florida Relays.....	11th	56.35m (184-10.00)
Bill Carson Invitational	3rd	54.99m (180-05.00)

Raqurra Ishmar (60.30m)



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Mohogany Baker (53.89m)	AAC Outdoor Championships	N/A	FOUL
	Carolina Relays	4th	53.89m (176-10.00)
	Raleigh Relays	15th	50.76m (166-06.00)
	AAC Outdoor Championships	17th	49.33 (161-10.00)
	Bill Carson Invitational	10th	46.37m (152-01.00)
	Duke Invitational	N/A	FOUL

JAVELIN

ECU Record: Lauren Lubarski, 48.32m (2013)

Athlete

Lauren Lubarski (45.63m)
Courtney Taybron (36.00m)

Kayla Padgett (34.83m)
Stephanie Seagrave (27.89m)

Meet	Place	Mark [Wind]
AAC Outdoor Championships	4th	45.63m (149-08.00)
Bill Carson Invitational	3rd	36.00m (118-01.00)
AAC Outdoor Championships	13th	30.99m (101-08.00)
AAC Outdoor Championships	12th	34.83m (114-03.00)
Carolina Relays	3rd	27.89m (91-06.00)

HEPTATHLON

ECU Record: Aminah Ghaffar, 5,006 Points (2016)

Athlete

Aminah Ghaffar (5,006 points)

Meet	Place	Points [Wind]
AAC Outdoor Championships	3rd	5,006 points