

2004 Duquesne University Women's Cross Country Results
4-1 overall

Duquesne Duals - 5K
Schenley Park
Sept. 4, 2004

Team Results

Duquesne	15	CMU	47
Duquesne	26	Pitt	29
Duquesne	26	Saint Joseph's	31
Duquesne	15	St. Bonaventure	50
West Virginia	23	Duquesne	32

Individual Results

7. Samantha Howard	18:27
8. Amy Ruffolo	18:28
11. Elizabeth Graham	18:56
13. Tara Gerlach	19:06
15. Rebecca Stearns	19:16
23. Michelle Flynn	19:44
26. Amy Tucker	19:50
30. Brianne Scott	20:02
33. Alison Buchanan	20:09
34. Kate Szymaszek	20:18
40. Lauren Boehm	20:36
41. Elena Resovich	20:38
42. Whitney Wallender	20:40
49. Jackie Schafer	21:14
50. Jessica Brickett	21:25
58. Marisa Giammaria	22:03

Field of 77 runners

+ - indicates personal-best

at Penn State Spiked Shoe Invitational – 6K
Sept. 11, 2004

Team Results

1. Penn State	23
2. La Salle	76
3. Navy	86
4. DUQUESNE	125
5. Kent State	126
6. Saint Joseph's	134
7. Youngstown St.	179
8. Bloomsburg	187
9. Clarion	236
10. Shippensburg	351
11. Juniata College	364
12. Susquehanna	378
13. SUNY Cortland	395
14. PSU – Club	404
15. Pony Express	433
16. Widener	474
17. PSU-Altoona	516

Individual Results

14. Elizabeth Graham	Times unavailable, system error
15. Samantha Howard	
31. Rebecca Stearns	
32. Amy Ruffolo	
37. Tara Gerlach	
53. Amy Tucker	
57. Michelle Flynn	
73. Brianne Scott	
77. Alison Buchanan	
93. Elena Resovich	
108. Lauren Boehm	
144. Kate Szymaszek	

Field of 191 runners

DUQUESNE INVITATIONAL – 6K
Schenley Park Oval
Sept. 24, 2004

Team Results

Duquesne	39
Univ. Of Pgh	53
Saint Francis	97
Clarion	103
Slippery Rock	111
Univ. Of Dayton	121
CMU	190

Individual Results

3. Elizabeth Graham	23:35
4. Samantha Howard	23:37
6. Amy Ruffolo	23:44
10. Becca Stearns	24:15
11. Michelle Flynn	24:20
13. Tara Gerlach	24:23
19. Amy Tucker	24:39
28. Alison Buchanan	24:59
33. Brianne Scott	25:19
34. Elena Resovich	25:25
41. Lauren Boehm	25:49
45. Jessica Brickett	26:11
51. Jessica Melanko	26:32
52. Jenna Daggett	26:36
55. Whitney Wallender	27:06
74. Jackie Schaefer	28:16
83. Stephanie Sabol	29:04

Field of 108 runners

Notre Dame Invitational – 5K
South Bend, Ind.
Oct. 1, 2004

Team Results

UW Oshkosh	119
Notre Dame	123
Hillsdale	143
Cincinnati	156
Valparaiso	198
Duquesne University	204
Western Illinois	215
Saint Joseph's – PA	245
Youngstown State	247
Idaho State	259
Tulane	273
Saint Francis (PA)	275
IPFW	288
Anderson	305
Ohio	335
Windsor	356
Wisconsin-Green Bay	380
Calvin	417
Arkansas State	465

Individual Results

11. Samantha Howard	18:37
34. Amy Ruffolo	19:01
40. Elizabeth Graham	19:08
51. Tara Gerlach	19:19
77. Amy Tucker	19:35
89. Alison Buchanan	19:44
114. Elena Resovich	20:12
126. Brianne Scott	20:29

Field of 154 runners

CMU Invitational – 5K
Schenley Park Oval
Oct. 9 2004

Team Results

Duquesne Team did not compete, only individuals

Individual Results

34. Jackie Schaefer	20:48
40. Whitney Wallander	20:57
57. Stephanie Sabol	21:47

Field of 129 runners

Penn State National Open – 6K
Oct. 16, 2004

Team Results

1. Providence	51	21. Rutgers	601
2. Duke	63	22. Stony Brook	636
3. West Virginia	198	23. Bloomsburg	645
4. Boston College	203	24. Duquesne	678
5. Cornell	215	25. St. Francis (Pa)	683
6. Penn State	217	26. Colgate	708
7. William and Mary	239	27. Slippery Rock	749
8. Akron	281	28. Quinnipiac	773
9. American	298	29. Lehigh	811
10. James Madison	307	30. UMBC	833
11. Wisconsin	356	31. G. Washington	842
12. Maryland	376	32. Detroit Mercy	865
13. U Penn	398	33. Clarion	898
14. Kentucky	410	34. Mansfield U.	963
15. Buffalo	438	35. Indiana of Pa	988
16. Bucknell	444	36. Shippensburg U.	1129
17. Univ. of Guelph	479	37. Mount St. Mary's	1131
18. Pittsburgh	497	38. Cal U.	1141
19. California	505	39. Juniata College	1175
20. Depaul	508	40. Robert Morris	1237
		41. Wheeling Jesuit	1322

Individual Results

109. Tara Gerlach	22:50
124. Samantha Howard	23:06
126. Amy Ruffolo	23:06
189. Elizabeth Graham	23:44
191. Alison Buchanan	23:44
192. Rebecca Stearns	23:45
214. Amy Tucker	23:53
227. Michelle Flynn	24:02
291. Lauren Boehm	25:03

Field of 346 runners

Atlantic 10 Women Cross Country Championship – 5K
Schenley Park Oval
Oct. 30, 2004

Team Results

1. La Salle	35
2. Richmond	61
3. Rhode Island	89
4. Duquesne	125
5. Massachusetts	161
6. Saint Joseph's	168
7. Xavier	172
8. George Washington	186
9. Dayton	212
10. Fordham	250
11. St. Bonaventure	351

Individual Results

10. Amy Ruffalo	18:28
15. Samantha Howard	18:46
19. Tara Gerlach	18:55
37. Elizabeth Graham	19:29
45. Brianne Scott	19:45
51. Rebecca Stearns	19:52
52. Amy Tucker	19:53
54. Michelle Flynn	19:55
67. Alison Buchanan	20:08
69. Jenna Daggett	20:10
75. Lauren Boehm	20:18
80. Elena Resovich	20:25

Field of 109 runners

NCAA Mid-Atlantic Region Championship – 6K
Penn State University
Nov. 13, 2004

Team Results

1. West Virginia - 63	13. St. Francis – 406
2. Villanova – 68	14. Lehigh – 424
3. Princeton – 83	15. DUQUESNE – 481
4. Georgetown – 112	16. George Washington – 483
5. Penn State – 114	17. Lafayette – 485
6. Penn – 190	18. UMBC – 536
7. La Salle – 202	19. Delaware – 541
8. Pitt – 247	20. Loyola – 542
9. Rutgers – 281	21. Monmouth – 555
10. Bucknell – 287	22. Seton Hall – 612
11. Maryland – 306	23. Robert Morris – 725
12. Navy – 317	24. St. Peter's – 788

Individual Results

76. Tara Gerlach (80)	23:22
92. Samantha Howard (96)	23:46
100. Amy Ruffolo (105)	23:54
104. Elizabeth Graham (109)	24:03
109. Rebecca Sterns (114)	24:11
112. Brianne Scott (118)	24:19
140. Lauren Boehm (147)	25:32

Field of 171 runners
