



CAMP STAFF

Steve Opperman, Head Coach

Steve Opperman is in his eleventh year as Head Women's Volleyball Coach at Duquesne University. Coach Opperman was named the 2001 and 2004 Atlantic 10 Conference Co-Coach of the Year for leading the Dukes to the Atlantic 10 Tournament.



Coach Opperman came to Duquesne University from Wright State University. While at Wright State, he led the Raiders to the league championship match in 1991 and 1993. When he left there, he was second on the school's all-time victory list.

Coach Opperman directs all of the volleyball camps at Duquesne University. He brings a wealth of volleyball knowledge and experience to the gym.

Gini Ullery, Assistant Coach

Gini Ullery, in her fourth year as the Assistant Coach at Duquesne University, has transferred her playing knowledge to the coaching level. As a former standout at the University of Pittsburgh as well as an AVCA Division I All-American Honorable, Ullery brings experience to the court.



For more information, contact **412.396.5237** or **ulleryv@duq.edu**.

Sponsored by



Steve Opperman's Volleyball Camps
600 Forbes Avenue
Pittsburgh, PA 15282



Coach Steve Opperman's 2009 DUKES VOLLEYBALL CAMPS

At Duquesne University

Hitter Camp:

July 17

Setter Camp:

July 18

Skills Camp:

July 19-22

Team Camp:

July 24-26



TEAM CAMP: NEW FOR 2009!

When: Friday -Sunday, July 24 –26
Where: A.J. Palumbo Center
Time: TBD
Ages: High School Varsity Teams
Price: TBD

Registration: Coaches should contact Gini Ullery at 412.396.5237 or ulleryv@duq.edu for a team registration form and more information.

HITTER CAMP

When: Friday, July 17
Where: A.J. Palumbo Center
Times: 9 a.m. – 3 p.m. (registration begins at 8:30 a.m.)
Ages: rising 6th – 12th graders
Price: \$70 per camper

This camp is designed for the hitter who wants to excel in the area of attacking the ball. The camp will focus on the technical areas of hitting including arm swing, footwork, transition, court movement, swing hitting, and tempo sets. Campers are encouraged to bring their own lunch, as this service will not be provided.

SETTER CAMP

When: Saturday, July 18
Where: A.J. Palumbo Center
Time: 9 a.m. – 3 p.m. (registration begins at 8:30 a.m.)
Ages: rising 6th – 12th graders
Price: \$70 per camper

The setter camp is designed to help develop setters in many areas of the game. The camp will focus on hand positioning, footwork patterns, transition, attacking, setting strategies, and tempo sets. Campers are encouraged to bring their own lunch, as this service will not be provided.

For more information, contact **412.396.5237**, ulleryv@duq.edu or visit www.goduquesne.com and click **VOLLEYBALL**.

SKILLS CAMP

When: Sunday – Wednesday, July 19 - 22
Where: A.J. Palumbo Center
Times: Registration begins Sunday at 5 p.m. and camp ends on Wednesday at 4 p.m.
Ages: rising 6th – 12th graders
Price: Commuter - \$275 per camper
Overnight - \$350 per camper

The skills camp, for overnight campers and commuters, will focus on the fundamental skills of volleyball. Attention will be given to individual skills as well as team strategy. Campers of all skill levels are welcome and it is especially good for players looking to improve their all-round game. This camp includes meals for all of the participants. The overnight campers will stay in an air-conditioned residence hall on Duquesne's campus, supervised by camp staff.

Skills Camp Itinerary

Day 1 5 p.m.: Check-in and Registration
6 p.m.-8:30 pm: Session 1

Days 2 & 3 9 a.m.-11:30 a.m.: Session 1
11:30 a.m.-12:30 p.m.: Lunch
2 p.m.-4:30 p.m.: Session 2
4:30 p.m.-5:30 p.m.: Dinner
6:30 p.m.-8:30 p.m.: Session 3

Day 4 9 a.m. - 11:30 a.m.: Session 1
11:30 a.m. -12:30 p.m.: Lunch
2 p.m.-4 p.m.: Session 2

In accordance with NCAA guidelines, all Duquesne University Sports Camps and Clinics are open to any and all entrants, limited only by specified number, age, grade level and/or gender of its participants.



WAIVER & REGISTRATION FORM

I, _____ (please print name) parent/guardian of the below named, hereby authorize the staff of Duquesne University to act for me according to their best judgment in any emergency requiring medical attention for the said camper. I hereby waive and release Duquesne University, its corporations, trustees, employees, students, and agents from any and all costs, liability, and expense for any personal injuries or illness in any way related to participation in the camp program.

I have no knowledge of any physical impairment that would be affected by the said camper's participation in the camp program. I also understand Duquesne University retains the right to use, for publicity and advertising purposes, photographs of campers participating in the camp program.

Signature _____ Date _____

Parent/Guardian for:

Camper's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

E-mail Address _____

Emergency Contact _____

Emergency Phone _____

Age _____

Grade Fall 2008 _____

T-Shirt Size: S M L XL

Please check off which camp(s) you are registering for:

Hitter Camp (July 17)

Setter Camp (July 18)

Skills Camp (July 19-22)

Commuter

Overnight

Roommate preference _____

Team Camp (July 24-26) Call for more information.

Please complete and return the registration form, along with a \$60 non-refundable deposit, to:

Duquesne University Volleyball Camp

A.J. Palumbo Center

600 Forbes Avenue

Pittsburgh, PA 15282

Make checks payable to:

Steven Opperman

Additional camp information will be mailed after you have enrolled.

For more information, contact **412.396.5237**,

ulleryv@duq.edu or visit www.goduquesne.com and

click **VOLLEYBALL**.