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600 Forbes Avenue  
Pittsburgh, PA 15282



# Coach Steve Opperman's **2008 Dukes Volleyball Camps**

At Duquesne University



**Hitter Camp:**  
July 11  
**Setter Camp:**  
July 12  
**Skills Camp:**  
July 13-16

## Hitter Camp

**When:** Friday, July 11  
**Where:** A. J. Palumbo Center  
**Time:** 9 a.m. – 3 p.m.  
(registration begins at 8:30 a.m.)  
**Ages:** Rising 6th – 12th graders  
**Price:** \$60 per camper



This camp is designed for the hitter who wants to excel in the area of attacking the ball. The camp will focus on the technical areas of hitting including arm swing, footwork, transition, court movement, swing hitting and tempo sets. Campers are encouraged to bring their own lunch, as this service will not be provided.

## Setter Camp

**When:** Saturday, July 12  
**Where:** A.J. Palumbo Center  
**Time:** 9 a.m. – 3 p.m.  
(registration begins at 8:30 a.m.)  
**Ages:** Rising 6th – 12th graders  
**Price:** \$60 per camper



The setter camp is designed to help develop setters in many areas of the game. The camp will focus on hand positioning, footwork patterns, transition, attacking, setting strategies, and tempo sets. Campers are encouraged to bring their own lunch, as this service will not be provided.

## Skills Camp

**When:** July 13-16  
**Where:** A.J. Palumbo Center  
**Time:** Registration begins Sunday at 5:30 p.m. and camp ends on Wednesday at 4:00 p.m.  
**Ages:** 6th – 12th graders  
**Price:** Commuter - \$275 per camper  
Overnight - \$350 per camper

The skills camp, for overnight campers and commuters, will focus on the fundamental skills of volleyball. Attention will be given to individual skills as well as team strategy. Campers of all skill levels are welcome and it is especially good for players looking to improve their all-round game. This camp includes meals for all of the participants. The overnight campers will stay in an air-conditioned dorm on Duquesne's campus. The dorms will be supervised by camp staff.

## Skills Camp Itinerary

**Day 1** 5:30 p.m.: Check-in and Registration  
6:00 p.m.-8:30 pm: Session 1

**Days 2 & 3** 9:00 a.m.-11:30 a.m.: Session 1  
11:30 a.m.-12:30 p.m.: Lunch  
2:00 p.m.-4:30 p.m.: Session 2  
4:30 p.m.-5:30 p.m.: Dinner  
6:30 p.m.-8:30 p.m.: Session 3

**Day 4** 9:00 a.m. - 11:30 a.m.: Session 1  
11:30 a.m. -12:30 p.m.: Lunch  
2:00 p.m.-4:00 p.m.: Session 2

## Camp Staff

### Steve Opperman, Head Coach

Steve Opperman is in his tenth year as Head Women's Volleyball Coach at Duquesne University. Coach Opperman was named the 2001 and 2004 Atlantic 10 Conference Co-Coach of the Year for leading the Dukes to the Atlantic 10 Tournament.



Coach Opperman came to Duquesne University from Wright State University. While at Wright State, he led the Raiders to the league championship match in 1991 and 1993. When he left there, he was second on the school's all-time victory list.

Coach Opperman directs all of the camps at Duquesne University. He brings a wealth of volleyball knowledge and experience to the gym.

### Gini Ullery, Assistant Coach

Gini Ullery, in her second year as the Assistant Coach at Duquesne University, has transferred her playing knowledge to the coaching level. As a former standout at the University of Pittsburgh as well as an AVCA Division I All-American Honorable Mention, Ullery brings experience to the court.



For more information, contact **412.396.5237**  
or [ulleryv@duq.edu](mailto:ulleryv@duq.edu).

## Waiver & Registration Form

I, \_\_\_\_\_ (please print name)  
parent/guardian of the below named, hereby authorize the staff of Duquesne University to act for me according to their best judgment in any emergency requiring medical attention for the said camper. I hereby waive and release Duquesne University, its corporations, trustees, employees, students, and agents from any and all costs, liability, and expense for any personal injuries or illness in any way related to participation in the camp program.

I have no knowledge of any physical impairment that would be affected by the said camper's participation in the camp program. I also understand Duquesne University retains the right to use, for publicity and advertising purposes, photographs of campers participating in the camp program.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Parent/Guardian for:

Camper's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Age \_\_\_\_\_

Grade Fall 2008 \_\_\_\_\_

T-Shirt Size:  S  M  L  XL

Please check off which camp(s) you are registering for:

Hitter Camp (July 13)

Setter Camp (July 12)

Skills Camp (July 13-16)

Commuter

Overnight

Roommate preference \_\_\_\_\_

Please complete and return the registration form, along with a \$60 non-refundable deposit, to:

**Duquesne University Volleyball Camp**  
**A.J. Palumbo Center**  
**600 Forbes Avenue**  
**Pittsburgh, PA 15282**

Make checks payable to:  
**Steven Opperman**

Additional camp information will be mailed after you have enrolled.

For more information, contact **412.396.5237**,

[ulleryv@duq.edu](mailto:ulleryv@duq.edu) or visit [www.goduquesne.com](http://www.goduquesne.com) and

click **VOLLEYBALL**.