

**Golden Flash Gala  
Kent, Ohio  
December 5-6, 2008**

200m

- 6. Melissa Miller – 25.58
- 32. Kristen Wenthen – 27.54
- 49. Tarryn Rivera – 28.28

400m

- 18. Meghan Wendelken – 1:01.42

500m

- 1. Charlene Garth – 1:15.94
- 10. Amanda Collins – 1:23.02
- 12. Nicole McKeone – 1:24.77
- 14. Diane Durkin – 1:25.73
- 17. Lauren Thompson – 2:31.57

60m Hurdles

- 35. Amanda Collins – 10.63

Long Jump

- 4. Sierra Larsuel – 17-11
- 12. Mallory Mitchell – 16-2.25
- 28. Katelyn Cass – 14-7.75

Triple Jump

- 9. Christine Swanson – 33-10.25
- 11. Sierra Larsuel – 33-3

Shot Put

- 9. Corinne Free – 41-5.25
- 19. Korrey Willis – 36-6.25
- 22. Arin Whitman – 35-3
- 40. Sydney Schwab – 26-4.25

Weight Throw

- 12. Arin Whitman – 47-1.75
- 20. Corinne Free – 43-1.50
- 41. Katie Ale – 31-5.75
- 42. Korrey Willis – 30-11.25

**Penn State National Open  
University Park, Pa.  
January 17, 2009**

DMR

12. Katie Kelly, Melissa Miller, Kathy Parker, Hannah Ringo – 12:15.82

Long Jump

19. Sierra Larsuel – 17-2.25

500m

7. Charlene Garth – 1:16.30

3000m

15. Sara Cimino – 10:24.23

Mile

18. Samantha Howard – 5:00.32

4x400

22. Melissa Miller, Amanda Collins, Meghan Wendelken, Kristen Wenthen – 3:58.34

4x800

5. Katie Kelly, Charlene Garth, Meg Ecker, Kathy Parker – 9:29.86

**Albany Great Dane Classic**  
**New York, N.Y.**  
**January 22, 2009**  
**11<sup>th</sup> of 30 Teams**

5000m Run

- 3. Sara Cimino - 18:24.64
- 7. Danielle Werley - 18:46.93
- 11. Carly Brickett - 19:13.96

Mile

- 19. Meg Ecker - 5:30.06

500m Dash

- 2. Charlene Garth - 1:16.28

800m Run

- 5. Kathy Parker - 2:18.20
- 22. Lauren Thompson - 2:28.74

200m Dash

- 17. Melissa Miller - 25.81

3000m Run

- 12. Hannah Ringo - 10:28.10
- 19. Bethany Walker - 10:52.52

4x400

- 5. Duquesne A - 3:54.15
- 25. Duquesne B - 4:09.13

Long Jump

- 19. Sierra Larsuel - 17-2.0
- 26. Mallory Mitchell - 16-5.0

**State Farm Games  
Morgantown, W.Va.  
January 24, 2009**

60m Hurdles (Heat 3)

3. Meghan Hahn - 10.11

High Jump (Flight 1)

1. Sarah Cappel - 5-1

Pole Vault (Flight 1)

4. Daniela Siciliano - 10-8

9. Katelyn Cass - 9-2.25

Triple Jump (Flight 1)

5. Katelyn Cass - 33.6.75

6. Christine Swanson - 33-4

Shot Put (Flight 1)

1. Corinne Free - 43-3

6. Arin Whitman - 35-8

Shot Put (Flight 2)

1. Korrey Willis - 38-11.75

Weight Throw (Flight 1)

3. Arin Whitman - 46-8

5. Corinne Free - 41-7

8. Korrey Willis - 39-0

9. Katie Ale - 37-5

**Penn State National Open  
University Park, Pa.  
January 30-31, 2009**

500m

7. Charlene Garth – 1:16.30

3000m

15. Sara Cimino – 10:24.23

Long Jump

19. Sierra Larsuel – 17-2.25

4x400

22. Melissa Miller, Amanda Collins, Meghan Wendelken, Kristin Wenthen - 3:58.34

4x800

5. Katie Kelly, Charlene Garth, Meghan Ecker, Kathy Parker 9:29.86

DMR

12. Katie Kelly, Kathy Parker, Melissa Miller and Hannah Ringo - 12:15.82

**SRU Open  
Slippery Rock, Pa.  
February 5, 2009**

800m

18. Bethany Walker - 2:38.35

Mile

1. Bethany Walker - 5:24.58

2. Carly Brickett - 5:24.82

13. Alison Myers - 5:47.53

Pole Vault

2. Daniela Siciliano - 10-0

Triple Jump

3. Katelyn Cass - 34-7

6. Christine Swanson - 33-9

Shot Put

1. Corinne Free - 42-8

2. Korrey Willis - 40-7

7. Arin Whitman - 35-5

Weight Throw

1. Arin Whitman - 50-3

3. Corinne Free - 14.17

6. Korrey Willis - 12.13

12. Katie Ale - 10.29