

2007 DUQUESNE WOMEN'S OUTDOOR TRACK & FIELD RESULTS

FRED HARDY INVITATIONAL
3/23/2007
NO TEAM SCORING

100 METER DASH

| | |
|--------------------|-------|
| 8. MELISSA MILLER | 12.78 |
| 35. BROOKE TAYLOR | 27.11 |
| 38. ASHLEY EARNEST | 27.24 |
| 41. SHONTE' COOK | 27.35 |
| 48. MADISON WOODS | 27.81 |

400 METER DASH

| | |
|--------------------|---------|
| 8. ERICA MOODY | 58.41 |
| 12. KATHY PARKER | 59.20 |
| 14. CHARLENE GARTH | 1:00.62 |

800 METER RUN

| | |
|---------------------|---------|
| 6. ELIZABETH GRAHAM | 2:19.32 |
| 18. CARLY BRICKETT | 2:25.93 |

1500 METER RUN

| | |
|--------------------|---------|
| 2. SAMANTHA HOWARD | 4:34.93 |
| 7. AMY RUFFOLO | 4:38.54 |

5000 METER RUN

| | |
|----------------------|----------|
| 5. BRIANNE SCOTT | 18:10.41 |
| 6. SARA CIMINO | 18:28.96 |
| 12. KATE SZYMASZEK | 19:09.30 |
| 19. JESSICA BRICKETT | 19:49.73 |
| 21. KAITLIN YASKO | 20:46.12 |

100 METER HURDLES

| | |
|--------------------|---------|
| 14. MERRITT WOODS | 16.24 |
| 22. NICOLE MCKEONE | 1:13.24 |

3000 METER STEEPLECHASE

| | |
|----------------|----------|
| 3. KATIE KELLY | 11:48.58 |
|----------------|----------|

4x400 METER RELAY

| | |
|-----------------|---------|
| 6. KATHY PARKER | 3:57.71 |
| MELISSA MILLER | |
| CHARLENE GARTH | |
| ERICA MOODY | |

| | |
|--------------------|---------|
| 16. ASHLEY EARNEST | 4:15.22 |
| SHONTE' COOK | |
| BROOKE TAYLOR | |
| NICOLE MCKEONE | |

4x800 METER RELAY

| | |
|---------------------|---------|
| 1. ELIZABETH GRAHAM | 9:21.50 |
| SAMANTHA HOWARD | |
| KATIE KELLY | |
| CARLY BRICKETT | |

HIGH JUMP

| | |
|------------------|------|
| 7. MERRITT WOODS | 5'1" |
|------------------|------|

POLE VAULT

| | |
|----------------------|-------|
| 5. DANIELA SICILIANO | 10'0" |
|----------------------|-------|

LONG JUMP

| | |
|------------------------|------------------------------------|
| 18. CHRISTINE MURAWSKI | 15'5 ³ / ₄ " |
|------------------------|------------------------------------|

TRIPLE JUMP

| | |
|------------------------|------------------------------------|
| 13. CHRISTINE MURAWSKI | 33'8" |
| 15. CHRISTINE SWANSON | 33'1 ¹ / ₄ " |
| -- JENNIFER THOMPSON | ND |

SHOT PUT

| | |
|--------------------|------------------------------------|
| 4. MELISSA STEWART | 44'1 ¹ / ₄ " |
|--------------------|------------------------------------|

DISCUS

| | |
|--------------------|-------------------------------------|
| 3. MELISSA STEWART | 130'4 ¹ / ₂ " |
| 22. VALERIE HAHN | 102'5 ¹ / ₂ " |

HAMMER THROW

| | |
|---------------------|------------------------------------|
| 12. MELISSA STEWART | 129'6" |
| 25. VALERIE HAHN | 96'8 ³ / ₄ " |

JAVELIN

| | |
|------------------|------------------------------------|
| 10. VALERIE HAHN | 99'2 ¹ / ₄ " |
|------------------|------------------------------------|

WESTERN PENNSYLVANIA CHAMPIONSHIPS

3/31/2007

3RD OF 12 TEAMS100 METER DASH

| | |
|-------------------|-------|
| 8. MELISSA MILLER | 12.98 |
| 13. MERRITT WOODS | 13.74 |
| 14. SHONTE' COOK | 13.75 |

200 METER DASH

| | |
|-------------------|-------|
| 3. MELISSA MILLER | 26.20 |
| 5. ERICA MOODY | 26.44 |
| 10. BROOKE TAYLOR | 27.44 |
| 17. SHONTE' COOK | 27.90 |

400 METER DASH

| | |
|------------------|---------|
| 7. MADISON WOODS | 1:02.69 |
| 8. BROOKE TAYLOR | 1:03.75 |

800 METER RUN

| | |
|-----------------|---------|
| 4. KATHY PARKER | 2:28.29 |
|-----------------|---------|

1500 METER RUN

| | |
|----------------------|---------|
| 4. KATIE KELLY | 4:51.11 |
| 5. SARA CIMINO | 4:54.43 |
| 7. CARLY BRICKETT | 4:57.66 |
| 11. ELIZABETH GRAHAM | 5:03.57 |
| 12. KATE SZYMASZEK | 5:03.92 |

800 METER RUN

| | |
|--------------------|----------|
| 3. JENNA DAGGETT | 10:52.48 |
| 8. STEPHANIE SABOL | 11:37.01 |

5000 METER RUN

| | |
|------------------|----------|
| 2. KAITLIN YASKO | 19:14.67 |
|------------------|----------|

10000 METER RUN

| | |
|---------------------|----------|
| 4. JESSICA BRICKETT | 40:24.33 |
|---------------------|----------|

100 METER HURDLES

| | |
|------------------|-------|
| 2. MERRITT WOODS | 16.25 |
|------------------|-------|

400 METER HURDLES

| | |
|-------------------|---------|
| 6. NICOLE MCKEONE | 1:10.09 |
| 7. CASSIDY HAUCK | 1:10.32 |

4x100 METER RELAY

| | |
|-----------------|-------|
| 2. SHONTE' COOK | 49.70 |
| MELISSA MILLER | |
| ASHLEY EARNEST | |
| ERICA MOODY | |

4x400 METER RELAY

| | |
|-------------------|---------|
| 1. MELISSA MILLER | 4:01.35 |
| KATHY PARKER | |
| CHARLENE GARTH | |
| ERICA MOODY | |

HIGH JUMP

| | |
|------------------|----------------------|
| 6. MERRITT WOODS | 5'0 ^{1/4} " |
|------------------|----------------------|

POLE VAULT

| | |
|----------------------|-------|
| 1. DANIELA SICILIANO | 10'6" |
|----------------------|-------|

LONG JUMP

| | |
|-----------------------|-----------------------|
| 9. CHRISTINE MURAWSKI | 15'2 ^{1/4} " |
|-----------------------|-----------------------|

TRIPLE JUMP

| | |
|-----------------------|-----------------------|
| 4. CHRISTINE MURAWSKI | 34'4 ^{1/4} " |
| 5. CHRISTINE SWANSON | 33'4 ^{3/4} " |
| 11. JENNIFER THOMPSON | 30'9 ^{3/4} " |

SHOT PUT

| | |
|--------------------|-----------------------|
| 2. MELISSA STEWART | 43'3 ^{3/4} " |
|--------------------|-----------------------|

DISCUS

| | |
|--------------------|------------------------|
| 3. MELISSA STEWART | 133'4 ^{1/2} " |
| 7. VALERIE HAHN | 114'2 ^{1/2} " |

HAMMER

| | |
|--------------------|---------|
| 4. MELISSA STEWART | 143'10" |
|--------------------|---------|

JAVELIN

| | |
|------------------|------------------------|
| 12. VALERIE HAHN | 102'4 ^{1/4} " |
|------------------|------------------------|

DUKE INVITATIONAL

4/6/2007

NO TEAM SCORING

800 METER RUN (DEVELOPMENTAL)

| | |
|----------------------|---------|
| 49. CARLY BRICKETT | 2:28.57 |
| 66. ELIZABETH GRAHAM | 2:30.67 |

1500 METER RUN (DEVELOPMENTAL)

| | |
|---------------------|---------|
| 1. ELIZABETH GRAHAM | 4:43.13 |
| 20. CARLY BRICKETT | 4:54.14 |

3000 METER STEEPLECHASE

| | |
|-----------------|----------|
| 14. KATIE KELLY | 11:39.36 |
|-----------------|----------|

5000 METER RUN

| | |
|---------------------|----------|
| 13. SAMANTHA HOWARD | 17:15.25 |
| 41. SARA CIMINO | 17:59.17 |
| 64. JENNA DAGGETT | 18:46.19 |

10000 METER RUN

| | |
|-------------------|----------|
| 6. KATE SZYMASZEK | 38:34.12 |
|-------------------|----------|

CARNEGIE MELLON TRI-MEET

4/10/2007

NO TEAM SCORING

400 METER DASH

2. MADISON WOODS 1:03.41

800 METER DASH

1. KATHY PARKER 2:27.15

2. CHARLENE GARTH 2:28.06

400 METER HURDLES

2. CASSIDY HAUCK 1:11.38

3. NICOLE MCKEONE 1:11.40

TRIPLE JUMP

2. CHRISTINE MURAWSKI 33'9^{1/2}"

4. CHRISTINE SWANSON 32'8^{1/4}"

7. JENNIFER THOMPSON 31'0"

HIGH JUMP

2. MERRITT WOODS 5'1^{3/4}"

SHOT PUT

1. MELISSA STEWART 39'2^{3/4}"

DISCUS

1. MELISSA STEWART 137'8^{3/4}"

3. VALERIE HAHN 111'1^{3/4}"

HAMMER THROW

2. MELISSA STEWART 128'11^{1/4}"

JAVELIN

3. VALERIE HAHN 93'4^{3/4}"

ONESTY/ABRAMSON INVITATIONAL

4/13/2007

NO TEAM SCORING

200 METER DASH

| | |
|--------------------|-------|
| 18. ASHLEY EARNEST | 27.26 |
| 20. BROOK TAYLOR | 27.33 |
| 24. SHONTE' COOK | 28.02 |
| 25. MADISON WOODS | 28.22 |

400 METER DASH

| | |
|--------------------|---------|
| 8. ERICA MOODY | 58.50 |
| 10. MELISSA MILLER | 59.21 |
| 12. KATHY PARKER | 59.41 |
| 23. ASHLEY EARNEST | 1:01.58 |
| 33. MADISON WOODS | 1:03.99 |
| 39. BROOKE TAYLOR | 1:05.97 |

800 METER RUN

| | |
|-------------------|---------|
| 27. KATIE KELLY | 2:27.46 |
| 39. KAITLIN YASKO | 2:34.99 |

1500 METER RUN

| | |
|---------------------|---------|
| 19. SAMANTHA HOWARD | 4:50.95 |
| 22. KATIE KELLY | 4:54.64 |
| 34. KAITLIN YASKO | 5:07.47 |
| 41. STEPHANIE SABOL | 5:14.63 |

3000 METER RUN

| | |
|----------------------|----------|
| 8. ELIZABETH GRAHAM | 10:21.04 |
| 9. SARA CIMINO | 10:22.91 |
| 14. CARLY BRICKETT | 10:38.43 |
| 15. JENNA DAGGETT | 10:39.20 |
| 20. KATE SZYMASZEK | 10:55.05 |
| 26. JESSICA BRICKETT | 11:06.34 |

100 METER HURDLES

| | |
|-------------------|-------|
| 16. MERRITT WOODS | 16.19 |
|-------------------|-------|

400 METER HURDLES

| | |
|--------------------|---------|
| 16. NICOLE MCKEONE | 1:10.49 |
|--------------------|---------|

4X100 METER RELAY

| | |
|---|-------|
| 11. SHONTE' COOK MELISSA MILLER ASHLEY EARNEST ERICA MOODY | 50.53 |
|---|-------|

4X400 METER RELAY

| | |
|--|---------|
| 4. MELISSA MILLER KATHY PARKER CHARLENE GARTH ERICA MOODY | 3:56.22 |
|--|---------|

TRIPLE JUMP

| | |
|------------------------|------------------------------------|
| 10. CHRISTINE SWANSON | 34'1 ¹ / ₄ " |
| 11. CHRISTINE MURAWSKI | 33'1 ¹ / ₄ " |
| --- JENNIFER THOMPSON | FOUL |

SHOT PUT

| | |
|--------------------|------------------------------------|
| 3. MELISSA STEWART | 43'3 ¹ / ₄ " |
|--------------------|------------------------------------|

DISCUS

| | |
|--------------------|--------|
| 3. MELISSA STEWART | 137'8" |
| 23. VALERIE HAHN | 93'9" |

JAVELIN

| | |
|------------------|-------|
| 13. VALERIE HAHN | 99'6" |
|------------------|-------|

BUCKNELL OUTDOOR HEPTAGONAL

4/21/07

7TH OF 8 TEAMS

100 METER DASH

| | |
|-------------------|-------|
| 4. MELISSA MILLER | 12.51 |
| 8. SHONTE' COOK | 12.91 |
| 11. BROOKE TAYLOR | 12.99 |

200 METER DASH

| | |
|--------------------|-------|
| 13. ASHLEY EARNEST | 26.59 |
| 15. SHONTE' COOK | 26.66 |
| 20. BROOKE TAYLOR | 27.05 |
| 22. MADISON WOODS | 27.43 |

400 METER DASH

| | |
|--------------------|---------|
| 2. ERICA MOODY | 57.24 |
| 4. KATHY PARKER | 58.62 |
| 10. ASHLEY EARNEST | 59.82 |
| 13. MADISON WOODS | 1:01.87 |

800 METER RUN

| | |
|---------------------|---------|
| 7. ELIZABETH GRAHAM | 2:15.21 |
| 11. EMILY BEAHAN | 2:17.56 |
| 20. CHARLENE GARTH | 2:22.77 |
| 24. CARLY BRICKETT | 2:24.38 |

1500 METER RUN

| | |
|-----------------|---------|
| 10. SARA CIMINO | 4:46.86 |
|-----------------|---------|

3000 METER RUN

| | |
|----------------------|----------|
| 4. KATIE KELLY | 10:28.94 |
| 7. JENNA DAGGETT | 10:31.17 |
| 11. KATE SZYMASZEK | 10:52.76 |
| 20. JESSICA BRICKETT | 11:17.09 |
| 24. KAITLIN YASKO | 11:35.54 |
| 26. STEPHANIE SABOL | 11:55.73 |

100 METER HURDLES

| | |
|------------------|-------|
| 9. MERRITT WOODS | 16.36 |
|------------------|-------|

400 METER HURDLES

| | |
|--------------------|---------|
| 11. CASSIDY HAUCK | 1:09.10 |
| 13. NICOLE MCKEONE | 1:10.28 |

4X100 METER RELAY

| | |
|-----------------|-------|
| 4. SHONTE' COOK | 49.16 |
| MELISSA MILLER | |
| ASHLEY EARNEST | |
| ERICA MOODY | |

4X400 METER RELAY

| | |
|-------------------|---------|
| 3. MELISSA MILLER | 3:53.93 |
| KATHY PARKER | |
| CHARLENE GARTH | |
| ERICA MOODY | |

HIGH JUMP

| | |
|-------------------|--------|
| 10. MERRITT WOODS | 5'1/4" |
|-------------------|--------|

POLE VAULT

| | |
|----------------------|-------|
| 8. DANIELA SICILIANO | 10'4" |
|----------------------|-------|

LONG JUMP

| | |
|------------------------|------------|
| 9. MERRITT WOODS | 15'7 1/2" |
| 12. CHRISTINE MURAWSKI | 14'11 1/2" |

TRIPLE JUMP

| | |
|------------------------|-----------|
| 9. CHRISTINE SWANSON | 34'1 1/2" |
| 11. CHRISTINE MURAWSKI | 32'11" |
| 14. JENNIFER THOMPSON | 30'9" |

INDIANA UNIVERSITY OF PENNSYLVANIA OPEN

4/22/07

NO TEAM SCORING

DISCUS

| | |
|--------------------|------------------------|
| 1. MELISSA STEWART | 159'7 ^{1/4} " |
| 9. VALERIE HAHN | 107'2 ^{1/4} " |

SHOT PUT

| | |
|--------------------|-----------------------|
| 1. MELISSA STEWART | 41'6 ^{3/4} " |
|--------------------|-----------------------|

HAMMER THROW

| | |
|--------------------|--------|
| 3. MELISSA STEWART | 140'5" |
|--------------------|--------|

JAVELIN

| | |
|------------------|------------------------|
| 11. VALERIE HAHN | 96'11 ^{1/2} " |
|------------------|------------------------|

PENN RELAYS
4/27/07
NO TEAM SCORING

5000 METER RUN

28. SAMANTHA HOWARD 17:58.95

4X100 METER RELAY

--- SHONTE' COOK DNF
MELISSA MILLER
ASHLEY EARNEST
ERICA MOODY

4X400 METER RELAY

6. MELISSA MILLER 3:59.30
KATHY PARKER
CHARLENE GARTH
ERICA MOODY

DISCUS

14. MELISSA STEWART 141'7^{1/4}"

SHOT PUT

21. MELISSA STEWART 40'3^{1/2}"

PAUL "SPARKY" ADAMS INVITATIONAL

4/29/07

NO TEAM SCORING

200 METER DASH

16. BROOKE TAYLOR 27:56
19. MADISON WOODS 27.94

400 METER DASH

9. MADISON WOODS 1:02.18

800 METER DASH

6. ELIZABETH GRAHAM 2:20.08
14. EMILY BEAHAN 2:23.60

5000 METER RUN

11. KAITLIN YASKO 19:43.39

400 METER HURDLES

11. CASSIDY HAUCK 1:10.20

TRIPLE JUMP

9. JENNIFER THOMPSON 31'3^{3/4}"

DISCUS

2. MELISSA STEWART 146'7"

SHOT PUT

4. MELISSA STEWART 43'6^{1/2}"

ATLANTIC 10 CHAMPIONSHIPS

5/6/2007

9TH OF 12 TEAMS100 METER DASH

12. MELISSA MILLER 12.47

200 METER DASH

18. SHONTE' COOK 26.95

400 METER DASH

11. ERICA MOODY 58.15

18. KATHY PARKER 59.55

20. ASHLEY EARNEST 1:00.49

800 METER DASH

10. EMILY BEAHAN 2:18.23

15. ELIZABETH GRAHAM 2:20.12

1500 METER RUN

7. SAMANTHA HOWARD 4:51.16

17. KATIE KELLY 5:01.80

21. CARLY BRICKETT 5:06.10

3000 METER STEEPLECHASE

2. BRIANNE SCOTT 10:50.00

7. KATIE KELLY 11:33.45

5000 METER RUN

8. SARA CIMINO 17:56.77

9. SAMANTHA HOWARD 18:05.38

11. BRIANNE SCOTT 18:29.80

10000 METER RUN

7. JENNA DAGGETT 37:50.41

10. KATE SZYMASZEK 38:25.15

17. JESSICA BRICKETT 39:42.35

400 METER HURDLES

19. CASSIDY HAUCK 1:11.17

4X100 METER DASH

7. 48.78

4X400 METER RELAY

6. 3:54.22

4X800 METER RELAY

7. 9:15.63

POLE VAULT

4. DANIELA SICILIANO 10'0"

-- JENNIFER THOMPSON FOUL

HEPTATHLON

7. MERRITT WOODS 3897

POLE VAULT

4. DANIELA SICILIANO 10'0"

TRIPLE JUMP11. CHRISTINE SWANSON 35'2^{1/2}"

13. CHRISTINE MURAWSKI 35'0"

--- JENNIFER THOMPSON FOUL

SHOT PUT2. MELISSA STEWART 44'5^{3/4}"DISCUS4. MELISSA STEWART 132'11^{3/4}"

11. VALERIE HAHN 107'7"

HAMMER THROW

5. MELISSA STEWART 146'5"

JAVELIN THROW8. VALERIE HAHN 100'6^{3/4}"

ECAC OUTDOOR TRACK & FIELD CHAMPIONSHIP

5/12/2007

NO TEAM SCORING

DISCUS

7. MELISSA STEWART 148'8"

5000 METER RUN

20. SAMANTHA HOWARD 18:34.18

NCAA REGIONALS
5/26/2007

DISCUS

9. MELISSA STEWART 158'4"

3000 METER STEEPLECHASE

BRIANNE SCOTT 11:18.96