

Golden Flash Gala
Kent, Ohio
December 5-6, 2008

200m

- 6. Melissa Miller – 25.58
- 32. Kristen Wenthen – 27.54
- 49. Tarryn Rivera – 28.28

400m

- 18. Meghan Wendelken – 1:01.42

500m

- 1. Charlene Garth – 1:15.94
- 10. Amanda Collins – 1:23.02
- 12. Nicole McKeone – 1:24.77
- 14. Diane Durkin – 1:25.73
- 17. Lauren Thompson – 2:31.57

60m Hurdles

- 35. Amanda Collins – 10.63

Long Jump

- 4. Sierra Larsuel – 17-11
- 12. Mallory Mitchell – 16-2.25
- 28. Katelyn Cass – 14-7.75

Triple Jump

- 9. Christine Swanson – 33-10.25
- 11. Sierra Larsuel – 33-3

Shot Put

- 9. Corinne Free – 41-5.25
- 19. Korrey Willis – 36-6.25
- 22. Arin Whitman – 35-3
- 40. Sydney Schwab – 26-4.25

Weight Throw

- 12. Arin Whitman – 47-1.75
- 20. Corinne Free – 43-1.50
- 41. Katie Ale – 31-5.75
- 42. Korrey Willis – 30-11.25

**Penn State National Open
University Park, Pa.
January 17, 2009**

200m

- 25. Melissa Miller – 25.86
- 37. Kristen Wenthen – 26.94
- 42. Tarryn Rivera – 27.55

400m

- 25. Meghan Wendelken – 1:01.45
- 34. Tarryn Rivera – 1:03.58

500m

- 9. Charlene Garth – 1:17.40
- 24. Nicole McKeone – 1:21.95
- 25. Amanda Collins – 1:22.25

600m

- 14. Lauren Thompson – 1:46.14
- 17. Diane Durkin – 1:50.10

1000m

- 12. Meghan Ecker – 3:10.30
- 15. Kathy Parker – 3:14.02
- 18. Alison Myers – 3:20.07

3000m

- 14. Danielle Werley – 10:45.19
- 15. Katie Kelly – 10:46.76
- 18. Carly Brickett – 10:59.05

4x400

- 13. Melissa Miller, Kathy Parker, Meghan Wendelken, Charlene Garth – 4:00.16

Pole Vault

- 12. Daniela Siciliano – 10-11.75

Long Jump

- 15. Sierra Larsuel – 16-6
- 25. Mallory Mitchell – 15-4.75

Tripe Jump

- 22. Katelyn Cass – 33-5.75
- 24. Sierra Larsuel – 33-1.75
- 25. Christine Swanson – 33-0.25

Shot Put

- 11. Corinne Free – 39-7
- 18. Korrey Willis – 36-7
- 21. Arin Whitman – 34-1.5

Weight Throw

- 11. Arin Whitman – 46-4.25
- 17. Corinne Free – 42-4
- 20. Korrey Willis – 39-5

Albany Great Dane Classic
New York, N.Y.
January 22, 2009
11th of 30 Teams

5000m Run

- 3. Sara Cimino - 18:24.64
- 7. Danielle Werley - 18:46.93
- 11. Carly Brickett - 19:13.96

Mile

- 19. Meg Ecker - 5:30.06

500m Dash

- 2. Charlene Garth - 1:16.28

800m Run

- 5. Kathy Parker - 2:18.20
- 22. Lauren Thompson - 2:28.74

200m Dash

- 17. Melissa Miller - 25.81

3000m Run

- 12. Hannah Ringo - 10:28.10
- 19. Bethany Walker - 10:52.52

4x400

- 5. Duquesne A - 3:54.15
- 25. Duquesne B - 4:09.13

Long Jump

- 19. Sierra Larsuel - 17-2.0
- 26. Mallory Mitchell - 16-5.0

**State Farm Games
Morgantown, W.Va.
January 24, 2009**

60m Hurdles (Heat 3)
3. Meghan Hahn - 10.11

High Jump (Flight 1)
1. Sarah Cappo - 5-1

Pole Vault (Flight 1)
4. Daniela Siciliano - 10-8
9. Katelyn Cass - 9-2.25

Triple Jump (Flight 1)
5. Katelyn Cass - 33.6.75
6. Christine Swanson - 33-4

Shot Put (Flight 1)
1. Corinne Free - 43-3
6. Arin Whitman - 35-8

Shot Put (Flight 2)
1. Korrey Willis - 38-11.75

Weight Throw (Flight 1)
3. Arin Whitman - 46-8
5. Corinne Free - 41-7
8. Korrey Willis - 39-0
9. Katie Ale - 37-5

**Penn State National
University Park, Pa.
January 30-31, 2009**

500m

7. Charlene Garth – 1:16.30

3000m

15. Sara Cimino – 10:24.23

Long Jump

19. Sierra Larsuel – 17-2.25

4x400

22. Melissa Miller, Amanda Collins, Meghan Wendelken, Kristin Wenthen - 3:58.34

4x800

5. Katie Kelly, Charlene Garth, Meghan Ecker, Kathy Parker 9:29.86

DMR

12. Katie Kelly, Kathy Parker, Melissa Miller and Hannah Ringo - 12:15.82

SRU Open
Slippery Rock, Pa.
February 5, 2009

800m

18. Bethany Walker - 2:38.35

Mile

1. Bethany Walker - 5:24.58

2. Carly Brickett - 5:24.82

13. Alison Myers - 5:47.53

Pole Vault

2. Daniela Siciliano - 10-0

Triple Jump

3. Katelyn Cass - 34-7

6. Christine Swanson - 33-9

Shot Put

1. Corinne Free - 42-8

2. Korrey Willis - 40-7

7. Arin Whitman - 35-5

Weight Throw

1. Arin Whitman - 50-3

3. Corinne Free – 46-5.75

6. Korrey Willis – 39-9.5

12. Katie Ale – 33-9

Akron Open
Akron, Ohio
February 13-14, 2009

60m

28. Sierra Larsuel – 8.33

60m Hurdles

28. Meghan Hahn – 10.59

29. Christine Murawski – 10.59

30. Amanda Collins – 10.82

200m

21. Kristin Wenthen – 27.10

23. Tarryn Rivera – 27.50

400m

10. Meghan Wendelken – 1:00.48

12. Kristin Wenthen – 1:02.69

16. Nicole McKeone – 1:03.69

800m

6. Kathleen Parker – 2:17.52

23. Lauren Thompson – 2:27.20

26. Alison Myers – 2:30.88

1 mile (Gold)

5. Hannah Ringo - 5:10.86

6. Sara Cimino - 5:13.48

1 mile (Blue)

2. Danielle Werley – 5:20.66

3000m

1. Samantha Howard – 10:20.46

2. Katie Kelly – 10:25.89

7. Carly Brickett – 10:59.56

5000m

4. Meghan Ecker – 18:54.04

6. Bethany Walker – 19:13.02

4x400

1. Melissa Miller, Kathleen Parker, Meghan Wendelken, Charlene Garth - 3:53.16

High Jump

t3. Sarah Cappo – 5-2.25

t5. Amanda Collins – 5-0.25

Long Jump

5. Sierra Larsuel – 17-4.25

Triple Jump

6. Katelyn Cass – 35-8.75

9. Sierra Larsuel – 34-9.5

12. Christine Swanson – 32-8.5

**2009 Atlantic 10 Championship
Kingston, R.I.
February 20-21, 2009**

Mile

- 4. Samantha Howard – 4:53.56 (5 points)
- 14. Hannah Ringo - 5:12.68
- 18. Carly Brickett – 5:16.62

400m

- 3. Melissa Miller – 57.66 (6 points)

500m

- 9. Charlene Garth – 1:20.34

200m

- 2. Melissa Miller – 25.34 (8 points)

3000m

- 6. Samantha Howard – 10:07.71 (3 points)
- 10. Katie Kelly – 10:19.47
- 26. Bethany Walker – 10:58.84

4x400

- 5. Melissa Miller, Kathy Parker, Meghan Wendelken, Kristin Wenthen – 3:59.41 (4 points)

Triple Jump

- 13. Katelyn Cass – 35-10
- 17. Sierra Larsuel – 34-7.5
- 18. Christine Swanson – 33-4

Shot Put

- 7. Corinne Free – 41-10 (2 points)
- 10. Arin Whitman – 39-8.5
- 13. Korrey Willis – 38-8