

2005-2006 Duquesne University Women's Indoor Track & Field Results

At West Virginia Holiday Invitational 12/3/05

Team Results

No team scoring

200 Meter Dash

8. Kristen Friedrich	27.71
21. Cassidy Hauck	28.65
26. Christine Swanson	29.07

400 Meter Dash

1. Erica Moody	58.82
3. Kathy Parker	1:00.58
6. Elena Resovich	1:01.28
15. Amelia Sofis	1:03.53

60 Meter Hurdles – Prelims

13. Heather Ryan	10.86
-- Stephanie Lackey	NT

High Jump

6. Jennifer Thompson	4' 10.5"
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Triple Jump

6. Jennifer Thompson	32' 3.75"
8. Christine Swanson	31' 7.50"
9. Stephanie Lackey	31' 2.50"

Weight Throw

5. Alana McClanahan	46' 4.50"
19. Valerie Hahn	33' 4.75"

Individual Results

60 Meter Dash - Prelims

7. Shonte' Cook	8.15
9. Ashley Earnest	8.21
22. Ashley Smith	8.64

60 Meter Dash – Finals

7. Shonte' Cook	8.05
10. Ashley Earnest	8.17

3000 Meter Run

2. Jessie Brickett	11:27.49
6. Whitney Wallander	11:48.48
8. Stephanie Sabol	12:14.64

4x400 Meter Relay

1. Erica Moody, Kathy Parker, Shonte' Cook, Elena Resovich	4:05.14
4. Ashley Earnest, Ashley Smith, Kristen Friedrich, Amelia Sofis	4:13.65

Pole Vault

2. Bevin Farthing	10' 0.00"
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Shot Put

13. Valerie Hahn	31' 7.25"
22. Kristen Friedrich	23' 11.75"
23. Cassidy Hauck	21' 9.00"
-- Alana McClanahan	FOUL

At Robert Morris Holiday Classic 12/11/05

Team Results

No team scoring

200 Meter Dash

3. Kristen Friedrich	27.55
6. Christine Swanson	29.53
10. Heather Ryan	30.62

4x200 Meter Relay

1. Ashley Earnest, Kathy Parker, Erica Moody, Shonte' Cook	1:46.71
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4x400 Meter Relay

1. Ashley Earnest, Kathy Parker, Erica Moody, Shonte' Cook	4:05.00
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Pole Vault

1. Bevin Farthing	10' 0.00"
-- Allison McCartney	NH

Shot Put

5. Alana McClanahan	33' 10.25"
6. Valerie Hahn	33' 2.00"
10. Kristen Friedrich	28' 3.50"

Weight Throw

2. Alana McClanahan	46' 3.25"
9. Valerie Hahn	31' 11.25"

Individual Results

55 Meter Dash

3. Ashley Smith	7.52
5. Shonte' Cook	7.55
6. Ashley Earnest	7.58
11. Amelia Sofis	7.88

55 Meter Hurdles

7. Heather Ryan	9.92
8. Stephanie Lackey	10.24

High Jump

3. Jennifer Thompson	4' 10.25"
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Long Jump

3. Kara Ziegler	15' 3.50"
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Triple Jump

3. Jennifer Thompson	32' 4.25"
4. Christine Swanson	31' 8.00"
5. Stephanie Lackey	31' 7.50"
6. Kara Ziegler	30' 5.75"

At Penn State Relays 1/01/06

Team Scoring

Individual Results

No Team Scoring

60 Meter Hurdles

16. Heather Ryan 10.90

4 x 400 Meter Relay

7. Ashley Earnest, Erica Moody
Kathy Parker, Shonte' Cook 4:02.16

1600 Sprint Medley Relay

4. Amelia Sofis, Shonte' Cook
Ashley Earnest, Amy Ruffolo 4:15.62

High Jump

Jen Thompson NH

Long Jump

18. Kathy Ziegler 14' 1.75"

Shot Put

18. Alana McClanahan 32' 7.00"
21. Valerie Hahn 29' 2.00"

Weight Throw

10. Alana McClanahan 46' 10.75"
18. Valerie Hahn 32' 7.50:"

3,000 Meter Run

14. Kate Szymaszek 10:59.95
15. Jenna Daggett 11:11.57
18. Jessica Brickett 11:35.74

4 x 800 Meter Relay

4. Emily Beahan, Tara Gerlach
Amy Ruffolo, Brianne Scott 9:34.44

Distance Medley Relay

6. Tara Gerlach, Emily Beahan
Brianne Scott, Amy Ruffolo 12:36.54

Pole Vault

6. Bevin Farthing 10' 0.00"
Alison McCartney NH
Jaclyn Walters NH

Triple Jump

17. Jen Thompson 31' 10.00"
18. Stephanie Lackey 30' 11.25"
Christine Swanson foul

At Bucknell Heptagonal 1/21/06

Team Results

55 Meter Dash

8. Shonte' Cook 7.52

200 Meter Dash

7. Erica Moody 26.81
10. Shonte' Cook 27.44
15. Kristen Friedrich 27.86
21. Cassidy Hauck 28.30
25. Christine Swanson 28.92
29. Heather Ryan 30.17

400 Meter Dash

3. Erica Moody 1:00.18

500 Meter Dash

3. Kathy Parker 1:21.05

1 Mile Run

7. Brianne Scott 5:09.98
8. Amy Ruffolo 5:12.50
20. Kaitlin Yasko 5:53.00

1000 Meter Run

4. Emily Beahan 3:02.56

3000 Meter Run

7. Whitney Wallander 11:27.97
14. Regina Heiser 11:55.43
16. Stephanie Sabol 12:08.14
17. Lauren Boehm 12:09.59

5000 Meter Run

3. Jenna Daggett 18:43.28
5. Kate Szymaszek 18:53.12
12. Jessica Brickett 19:48.17

55 Meter Hurdles- Preliminaries

19. Stephanie Lackey 10.37
20. Heather Ryan 11.08

4x400 Meter Relay

2. Ashley Earnest, Erica Moody
Shonte' Cook, Kathy Parker 4:05.14

4x800 Meter Relay

1. Tara Gerlach, Amy Ruffolo
Brianne Scott, Emily Beahan 9:35.8

High Jump

12. Jen Thompson 1.45m 4-09.00

Pole Vault

4. Allison McCartney 2.85m 9-04.25
8. Bevin Farthing 2.85m 9-04.25
9. Jaclyn Walters 2.85m 9-04.25

Long Jump

16. Kara Ziegler 4.33m 14-02.50

Triple Jump

10. Jen Thompson 9.77m 32-00.75
11. Christine Swanson 9.48m 31-01.25
-- Kara Ziegler FOUL

Weight Throw

9. Alana McClanahan 14.26m 46-09.50

At Penn State National Open
1/27-28/06

800 Meter Run

30. Emily Beahan 2:21.63

1000 Meter Run

14. Tara Gerlach 3:01.83

3000 Meter Run

19. Amy Ruffolo 10:05.96

22. Brianne Scott 10:12.71

Distance Medley Relay

6. Tara Gerlach, Kathy Parker
Emily Beahan, Brianne Scott 12:11.56

Weight Throw

22. Alana McClanahan 48'10"

At New Balance Collegiate Invite
2/3-4/06

Team Results

5,000 Meter Dash

23. Brianne Scott 17:34.22

800 Meter Run

24. Emily Beahan 2:20.43

3,000 Meter Run

9. Amy Ruffolo 9:55.76

1,000 Meter Run

9. Tara Gerlach 2:59.38

At Akron Open
2/4/06

Team Results

60 Meter Dash

19. Shonte Cook 8.20

400 Meter Dash

6. Erica Moody 57.78

13. Amelia Sofis 58.91

16. Kathy Parker 59.84

200 Meter Dash

20. Erica Moody 26.43

21. Shonte Cook 26.46

27. Kathy Parker 27.03

35. Cassidy Hauck 28.64

36. Heather Ryan 29.47

1 Mile Run

24. Stephanie Sabol 5:46.84

26. Kaitlin Yasko 5:49.19

27. Regina Heiser 5:50.11

29. Lauren Boehm 5:55.85

3,000 Meter Run

16. Jenna Daggett 10:47.37

20. Kate Szymaszek 10:54.86

26. Jessica Brickett 11:18.49

27. Whitney Wallender 11:19.81

60 Meter Hurdles

23. Heather Ryan 10.65

24. Stephanie Lackey 11.27

4x400 Meter Relay

4. Kathy Parker, Amelia Sofis
Erica Moody, Charlene Garth 3:57.37

High Jump

9. Jen Thompson 4' 11"

Pole Vault

18. Alison McCartney 10' 6.25"

Long Jump

19. Kristen Friedrich 15' 2.75"

20. Kara Ziegler 14' 5.25"

21. Cassidy Hauck 12' 1.75"

Triple Jump

16. Jen Thompson 31' 8"

17. Stephanie Lackey 31' 3"

At Bucknell Winter Classic
2/11/06

At Atlantic 10 Championships
2/18/06

At ECAC Championships
3/4-5/06
