

**2010 Duquesne University
Final Men's Cross Country Results
99-37 Overall
11-0 in Duals**

DUQUESNE DUALS – September 4, 2010

Schenley Park (8K)

Team Results

DUQUESNE – 20	Xavier – 37
DUQUESNE – 20	Saint Joseph's – 41
DUQUESNE – 17	Pitt – 46
DUQUESNE – 15	Youngstown St. - 50
DUQUESNE – 15	Saint Louis - 48
DUQUESNE – 15	Canisius - 50
DUQUESNE – 15	CMU – 50
DUQUESNE – 15	St. Vincent – 50
DUQUESNE – 15	St. Bonaventure -- 50

Individual Results - 103 runners

3. Mike Stolar	25:34
4. Erik Anderson	25:36
5. Jim Spisak	25:39
7. Mark Bucklaw	25:45
8. Scott VanKooten	25:46
14. Cam Stauffer	26:07
15. Adam Shrawder	26:07
17. Chuck Lockwood	26:17
20. Kyle Dorman	26:25
21. Jon McElwain	26:32
22. Matt Molitor	26:36
34. Travis Dean	26:56
35. Mike Garver	27:00
38. Dave Vaccarello	27:07
63. Jay Cadwallader	27:40
78. Dave Farina	28:06
113. Taylor Barnhart	29:57

Bucknell / Pitt – Sept. 18, 2010

@ Schenley Park (8K)

Team Results

Duquesne – 18
Bucknell – 54
Pitt – 68

Individual Results – 46 runners

1. Mike Stolar	25:26
2. Mark Bucklaw	25:31
4. Erik Anderson	25:33
5. Jim Spisak	25:38
6. Cam Stauffer	25:45
7. Adam Shrawder	25:49
11. Scott VanKooten	26:00
13. Chuck Lockwood	26:10
14. Kyle Dorman	26:11
18. Matt Molitor	26:22
19. Jon McElwain	26:25
23. Travis Dean	26:45
27. Mike Garver	26:55
31. Jay Cadwallader	27:01
40. Dave Vaccarello	27:41
46. Taylor Barnhart	30:09

Paul Short Invitational – Oct. 1, 2010

@ Bethlehem, Pa. (8K)

Team Results

1. Virginia – 130
2. Georgetown – 147
3. William and Mary - 168
4. Dartmouth – 177
5. Guelph – 204
6. Richmond – 222
7. Columbia – 224
8. Liberty – 304
9. Binghamton – 330
10. Navy – 351
11. Lock Haven - 406
12. Cornell – 419
13. Tennessee – 429
14. High Point – 455

Individual Results – 384 runners

56. Mark Bucklaw	24:57
100. Scott VanKooten	25:12
106. Mike Stolar	25:13
110. Jim Spisak	25:15
174. Erik Anderson	25:39
195. Kyle Dorman	25:49
210. Cam Stauffer	25:58
230. Chuck Lockwood	26:03
253. Adam Shrawder	26:11
275. Jon McElwain	26:21

JV Results – 357 runners

38. Matt Molitor	26:23
67. Mike Garver	26:44

15. Penn – 459
16. La Salle – 478
16. New Mexico State – 478
18. Appalachian State - 503
- 19. Duquesne - 534**
20. Maryland - 556
21. Allegheny - 609
22. St. Lawrence - 614
23. Brown - 633
24. Harverford - 648
25. Kent State - 672
26. Marist - 686
27. Delaware - 702
28. Stonehill - 750
29. Iona - 763
30. Lehigh - 796
31. UMass - 797
31. Saint Joseph's - 797
33. Army - 844
34. Temple - 881
35. UMBC - 913
36. VCU - 959
37. SUNY-Plattsburgh - 1046
38. Rochester - 1049
39. Stony Brook - 1056
40. Bucknell - 1069
41. Pitt - 1075
42. Rider - 1079

- | | |
|----------------------|-------|
| 81. Dave Vaccarello | 26:53 |
| 112. Jay Cadwallader | 27:10 |
| 115. Travis Dean | 27:11 |

Carnegie Mellon Invitational – Oct. 9, 2010

@ Pittsburgh, Pa. (8K)

Team Results

1. Wayne State – 49
2. Carnegie Mellon – 53
- 3. Duquesne “B” – 71**
4. Carnegie Mellon Alumni – 82
5. Saint Vincent – 160
6. Seton Hill – 192
7. Alderson-Broadus – 244
8. Mercyhurst – 249
9. Penn State Behrend - 268
10. Roberts Wesleyan - 327
11. Geneva - 338
12. Franciscan - 354
13. Point Park - 378
14. Waynesburg - 400
14. Washington & Jefferson - 400
16. IUP - 410
17. Hiram - 438
18. Westminster - 507
19. Bethany - 559
19. Penn State Altoona - 559
21. LaRoche - 672
22. Mount Aloysius - 707

Individual Results – JV - 234 runners

- | | |
|----------------------|-------|
| 10. Adam Shrawder | 26:27 |
| 11. Jon McElwain | 26:29 |
| 14. Matt Molitor | 26:35 |
| 15. Travis Dean | 26:36 |
| 22. Mike Garver | 26:53 |
| 36. Jay Cadwallader | 27:14 |
| 44. Dave Vaccarello | 27:28 |
| 107. Taylor Barnhart | 29:13 |

Penn State National Open – Oct. 16, 2010

@ University Park

Team Results

1. Syracuse - 61
2. Penn State – 91
3. Villanova – 95
4. Grand Valley St. – 139
5. Cornell – 178
6. Eastern Michigan – 182
7. Lock haven – 220
8. Yale – 239

Individual Results - 266 runners

- | | |
|---------------------|-------|
| 36. Mike Stolar | 26:08 |
| 40. Mark Bucklaw | 26:11 |
| 72. Scott VanKooten | 26:42 |
| 84. Erik Anderson | 26:50 |
| 92. Cam Stauffer | 26:55 |
| 99. Kyle Dorman | 26:56 |
| 109. Chuck Lockwood | 27:02 |

9. Penn – 255
10. George Mason – 262
- 11. Duquesne - 310**
12. Marist - 344
13. Akron - 345
14. Maryland - 402
15. Dickinson - 426
16. Temple - 427
17. Lehigh - 487
18. Buffalo - 503
19. Rider - 577
20. Detroit Mercy - 579
21. Slippery Rock - 638
22. PSU Alumni Meet - 661
23. Pittsburgh - 693
24. Loyola (Md.) - 743
25. South Florida - 758
26. IUP - 773
27. Robert Morris - 792

**Atlantic 10 Championship, Oct. 30, 2010
@ Schenley Park (8K)**

Team Results

1. Richmond - 51
- 2. Duquesne – 63**
3. UMass – 112
4. Dayton – 116
5. La Salle – 133
6. Xavier – 147
7. Saint Joseph's – 174
8. Temple – 193
9. Fordham – 223
10. Charlotte – 237
11. George Washington – 325
12. Saint Louis – 352
13. Rhode Island – 383
14. St. Bonaventure – 455

Individual Results - 144 runners

- | | |
|----------------------|-------|
| 7. Mike Stolar* | 24:47 |
| 9. Jim Spisak* | 24:54 |
| 11. Scott VanKooten* | 24:56 |
| 15. Erik Anderson* | 25:05 |
| 21. Mark Bucklaw | 25:17 |
| 25. Cam Stauffer | 25:30 |
| 36. Kyle Dorman | 25:39 |
| 60. Chuck Lockwood | 26:03 |
| 65. Jon McElwain | 26:12 |
| 80. Matt Molitor | 26:29 |
| 81. Adam Shrawder | 26:30 |
| 115. Travis Dean | 27:13 |

* All-Conference

**NCAA Mid-Atlantic Regional, Nov. 13, 2010
@ University Park, Pa. (10K)**

Team Results

1. Princeton – 53
2. Villanova – 61
3. Georgetown – 78
4. Penn State – 99
5. Navy – 183
6. Penn – 199
7. American – 217
- 8. Duquesne – 263**
9. La Salle - 286
10. Maryland - 321
11. Delaware - 336
12. Saint Joseph's - 340
13. UMBC - 347
14. Temple - 390
15. Lehigh - 408
16. St. Francis - 441
17. Bucknell - 461
18. Marshall - 519
19. Rutgers - 530
20. Pitt - 547
21. Monmouth - 573
22. Rider - 628
23. New Jersey Inst. - 673
24. UMES - 694
25. Loyola (Md.) - 717

Individual Results - 194 runners

- | | |
|---------------------|-------|
| 33. Scott VanKooten | 31:16 |
| 47. Mark Bucklaw | 31:39 |
| 53. Mike Stolar | 31:46 |
| 61. Erik Anderson | 31:55 |
| 70. Cam Stauffer | 32:05 |
| 98. Kyle Dorman | 32:48 |
| 140. Jim Spisak | 33:50 |

26. Lafayette - 809
 27. Seton Hall - 855
 28. Fairleigh Dickinson - 863
-

**IC4A Championship, Nov. 20, 2010
@ Bronx, N.Y. (5 miles)**

Team Results

1. Duke - 44
- 2. Duquesne – 141**
3. Harvard – 147
3. CCSU – 147
5. Marist – 162
6. George Mason – 189
7. Columbia – 190
8. Albany – 201
9. William & Mary – 209
10. Syracuse – 239
11. Iona – 273
12. Princeton – 318
13. Delaware - 340
14. Boston College - 344
15. La Salle - 346
16. Rider - 346
17. UMass - 446
18. Saint Joseph's - 489
19. Boston - 551

Individual Results - 162 runners

- | | |
|---------------------|-------|
| 5. Mark Bucklaw | 25:09 |
| 19. Jim Spisak | 25:29 |
| 22. Mike Stolar | 25:31 |
| 46. Erik Anderson | 25:58 |
| 49. Scott VanKooten | 26:03 |
| 66. Cam Stauffer | 26:19 |
| 74. Adam Shrawder | 26:22 |
| 82. Chuck Lockwood | 26:31 |
| 108. Kyle Dorman | 26:52 |
| 131. Mike Garver | 27:16 |
| 142. Matt Molitor | 27:33 |
| 155. Jon McElwain | 28:15 |