

**2011 Duquesne University  
Men's Cross Country FINAL Results  
86-38 Overall  
7-0 in Duals**

**DUQUESNE DUALS – September 3, 2011  
Schenley Park (8K)**

**Team Results**

DUQUESNE – 15	Pitt – 48
DUQUESNE – 15	Youngstown St. - 48
DUQUESNE – 16	Canisius - 45
DUQUESNE – 15	Niagara - 48
DUQUESNE – 15	CMU – 50
DUQUESNE – 15	St. Vincent – 50

**Individual Results - 72 runners**

1. Jim Spisak	25:20
3. Erik Anderson	26:11
4. Scott VanKooten	26:29
6. Jon McElwain	26:44
8. Cam Stauffer	26:53
13. Chuck Lockwood	27:31
14. Evan Gomez	27:31
15. Dave Vaccarello	27:32
18. Dave Farina	27:59
19. Alex Woodrow	28:01
31. Brandon Krzsal	28:37
49. Mike Garver	29:54
61. Matt Mollitor	30:57
63. Jay Cadwallader	31:42

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**Vs. Bucknell – Sept. 17, 2011  
@ Schenley Park (8K)**

**Team Results**

Duquesne – 19
Bucknell – 38

**Individual Results – 32 runners**

1. Jim Spisak	25:01
2. Erik Anderson	25:20
3. Scott VanKooten	25:28
5. Cam Stauffer	25:41
8. Jon McElwain	25:50
9. Chuck Lockwood	25:53
13. Evan Gomez	26:15
15. Adam Shrawder	26:31
16. Dave Farina	26:32
19. Mike Garver	26:41
23. Dave Vaccarello	26:49
24. Alex Woodrow	26:56
28. Brandon Krzsal	27:28

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**St. Vincent Invitational – Sept. 24, 2011  
@ Pittsburgh, Pa. (8K)**

**Team Results**

Individuals only

**Individual Results – JV - 92 runners**

5. Dave Vaccarello	27:14
9. Mike Garver	27:35
17. Alex Woodrow	28:05
20. Brandon Krzsal	28:13

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**Paul Short Invitational – Sept. 30, 2011  
@ Bethlehem, Pa. (8K)**

**Team Results**

1. Oklahoma – 34
2. Georgetown – 143
3. Columbia - 156
4. Villanova – 177
5. Syracuse – 229
6. Providence – 247
7. Brown – 255
8. Dartmouth – 264
9. Harvard – 279
10. Virginia – 298
11. Navy – 352
12. Cornell - 355
13. William and Mary - 359

**Individual Results – 402 runners**

110. Erik Anderson	24:57
115. Jim Spisak	25:12
152. Scott VanKooten	25:13
184. Jon McElwain	26:00
195. Cam Stauffer	26:05
208. Evan Gomez	26:09
223. Adam Shrawder	26:18
252. Chuck Lockwood	26:32
346. Dave Farina	27:27

14. La Salle - 411
15. UNCG - 418
16. Harverford - 489
17. Guelph - 514
18. American - 561
19. Yale - 565
20. Lehigh - 568
21. Princeton - 569
22. Marist - 588
23. Buffalo - 606
24. Army - 690
- 25. Duquesne - 698**
26. Saint Joseph's - 716
27. UMass - 801
28. Maryland - 877
29. Stony Brook - 889
30. High Point - 909
31. St. Lawrence - 929
32. Mississippi St. - 941
33. Shippensburg - 944
34. Penn - 987
35. Richmond - 995
36. Appalachian State - 1004
37. Tennessee - 1020
38. Bucknell - 1069
39. Lock Haven - 1072
40. UMBC - 1085
41. Vermont - 1232
42. Western Carolina - 1246
43. VCU - 1265
44. Temple - 1367
45. Winthrop - 1419

**Carnegie Mellon Invitational – Oct. 8, 2011  
@ Pittsburgh, Pa. (8K)**

**Team Results**

6<sup>th</sup> place of 13 teams

**Individual Results – JV - 133 runners**

15. Alex Woodrow	26:25
21. Dave Farina	26:44
41. Dave Vaccarello	27:18
42. Brandon Krszal	27:19
69. Mike Garver	28:17

**Penn State National – Oct. 14, 2011  
@ University Park, Pa. (5.2 miles)**

**Team Results**

1. Penn State – 47
2. Grand Valley State – 55
- 3. Duquesne - 77**
4. Lehigh – 142
5. Montana State – 177
6. Buffalo – 178
7. Penn – 236
8. Lock Haven – 238
9. Miami (OH) - 248
10. Akron – 264
11. Marist - 265
12. Ferris State - 317
13. Rider - 391
14. CMU - 395
15. Temple - 459
16. Florida Intl. - 465
17. Robert Morris - 501
18. Youngstown State - 505
19. Hofstra - 507
20. Loyola (Md.) - 538
21. Wofford - 615

**Individual Results - 189 runners**

4. Jim Spisak	26:21
11. Scott VanKooten	26:52
14. Cam Stauffer	27:00
21. Erik Anderson	27:06
38. Adam Shrawder	27:30
61. Evan Gomez	27:51
73. Chuck Lockwood	28:02
74. Jon McElwain	28:03

**Atlantic 10 Championship, Oct. 29, 2011  
@ Charlotte, N.C. (8K)**

**Team Results**

1. La Salle – 39
- 2. Duquesne – 72**
3. Saint Joseph's – 74
4. Dayton – 119
5. UMass – 127
6. Fordham – 147
7. Richmond – 176
8. Xavier – 181
9. Charlotte – 240
10. Temple – 297
11. Saint Louis - 324
12. Rhode Island – 387
13. George Washington - 407
14. St. Bonaventure - 434

**Individual Results - 124 runners**

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|---------------------|-------|
| 9. Erik Anderson*   | 24:50 |
| 11. Jim Spisak*     | 24:52 |
| 16. Cam Stauffer    | 25:03 |
| 17. Scott VanKooten | 25:05 |
| 19. Adam Shrawder   | 25:09 |
| 43. Evan Gomez      | 25:49 |
| 49. Chuck Lockwood  | 25:52 |
| 81. Dave Farina     | 26:40 |
| 83. Jon McElwain    | 26:41 |
| 101. Alex Woodrow   | 27:25 |

\* All-Conference

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**NCAA Mid-Atlantic Regional, Nov. 12, 2011  
@ Princess Anne, Md. (10K)**

**Team Results**

1. Georgetown - 47
2. Villanova – 63
3. Princeton – 90
4. Penn State – 117
5. Navy – 142
6. La Salle – 154
7. Saint Joseph's – 205
- 8. Duquesne – 227**
9. Maryland – 261
10. Bucknell – 347
11. Lehigh – 358
12. Rider – 364
13. Penn – 377
14. Marshall – 406
15. N.J. Institute – 451
16. Temple – 476
17. St. Francis – 488
18. Rutgers – 519
19. Monmouth – 522
20. Robert Morris – 584
21. Pittsburgh – 620
22. UMES – 629
23. Lafayette – 637
24. Loyola (Md.) – 665
25. Seton Hall – 753

**Individual Results - 183 runners**

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|---------------------|-------|
| 33. Jim Spisak      | 31:25 |
| 35. Erik Anderson   | 31:27 |
| 49. Chuck Lockwood  | 31:52 |
| 52. Cam Stauffer    | 31:58 |
| 70. Scott VanKooten | 32:23 |
| 75. Evan Gomez      | 32:28 |
| 123. Adam Shrawder  | 33:34 |

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**IC4A Championship, Nov. 19, 2011  
@ Bronx, N.Y. (5 miles)**

**Team Results**

1. Princeton - 50
2. Albany – 121
3. La Salle – 145
4. Syracuse – 168
- 5. Duquesne – 190**
6. Saint Joseph's – 190
7. Georgetown – 192
8. Liberty – 219
9. UMass – 221
10. CCSU – 223
11. UConn – 233
12. Marist – 241
13. Boston – 273
14. Iona – 360
15. Columbia – 367
16. George Mason – 378
17. Rider – 380

**Individual Results - 154 runners**

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|----------------------|-------|
| 6. Jim Spisak        | 25:14 |
| 17. Erik Anderson    | 25:28 |
| 36. Cam Stauffer     | 25:52 |
| 57. Chuck Lockwood   | 26:05 |
| 76. Adam Shrawder    | 26:20 |
| 80. Jon McElwain     | 26:27 |
| 98. Evan Gomez       | 26:56 |
| 105. Dave Vaccarello | 27:04 |
| 125. Dave Farina     | 27:35 |
| 136. Alex Woodrow    | 27:56 |
| 145. Mike Garver     | 28:26 |
| 147. Brandon Krszal  | 28:28 |