

DUKES COMPLIANCE INSIDER

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March Madness Sports Wagering Reminder

With March Madness right around the corner, we wanted to take this opportunity to remind all student-athletes and athletic administrators of the NCAA's policy on gambling.

- The NCAA membership has adopted specific rules prohibiting athletic department staff members and student-athletes from engaging in gambling activities as they relate to intercollegiate or professional sporting events.
- NCAA member colleges and universities have defined sports wagering as putting something at risk—such as an entry fee—with the opportunity to win something in return. Because of this, student-athletes, coaches and administrators may not participate in leagues or pools where there is both a required entry fee and an opportunity to win a prize.



The Compliance Office wants to remind you that NCAA rules regarding sports wagering are applicable to all student-athletes, both on and off campus. Even a “friendly wager” can become a big problem whether or not is placed on or off campus, or whether or not the student-athlete is in- or out-of-season.

Under Bylaw 10.3, participating in “Bracket Pools” where an entry fee is required and a prize is awarded is an NCAA violation. In addition, placing a bet on anything of “tangible value” constitutes gambling activity under NCAA legislation; even if the wager is “just” for dinner. We would ask you to keep in mind that relationships with student-athletes presents an opportunity for outside parties to attempt to

gain inside information about their games and their friends’ games. They should be aware that questions regarding the morale of the team may not be coming from casual fans, but instead are attempts to gain information that can be used in sports wagering.

Please remember that NCAA rules are in place to protect the integrity of all student-athletes, coaches, administrators, and even the sport itself at all NCAA member institutions. Don’t jeopardize anything by being involved in sports wagering.

Just don't bet on it!



C.A.R.A. DURING SPRING BREAK

Spring break will be here before you know it so here are some reminders as it relates to countable athletically related activities (e.g., practice) for those teams that are in season:

- Daily and weekly hour limitations do not apply to countable athletically related activities from March 2nd - 7th (Duquesne’s spring break period). This means a coach can require as many hours a day during these six days as they would like.
- Most programs have a declared practice week of Sunday to Saturday. Therefore, a program must provide a day off when classes are not in-session, either Sunday, March 1st, OR one of the vacation days during that week (March 2nd - 7th). In addition, if practice is held on Sunday, March 1st, the program cannot exceed 4 hours of practice that day.



NEW LEGISLATION

The following proposals were passed at the NCAA Convention in January. Please make note of the effective dates for each one.

Upcoming Meetings:

Staff & Coaches Meeting
Tues., March 17 @ 9:30am

Coaches Roundtable
Tues., March 24 *OR*
Tues., March 31 (TBA)

SAAC Meeting
Mon., March 9 @ 9:00pm

*All meetings to be held in
the AJ Palumbo Center
Team Room.



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REMINDER

NCAA Division I Coaches Certification Exams - The 2009-10 practice test will be available beginning on March 27th. The actual certification exam will then be released by the NCAA on May 4th. The Compliance Office will be contacting all coaching staff members regarding future test dates this summer and to schedule study sessions

Proposal No. 2008-23: Electronic Transmissions Exceptions

On or after May 1 of a PSA's senior year in high school, there is no limit on the forms of electronically transmitted correspondence that may be sent by an institution to the PSA, provided the institution has received his/her room or tuition deposit in response to the offer of admission. **Effective immediately.**

Proposal No. 2008-24: Recruiting-Web Site Info.

General information (e.g., information not created for recruiting purposes) posted to an institution's site (e.g., press release, competition schedule) may be sent to a PSA via electronic mail as an attachment or a hyperlink or such information may be printed on plain white paper with black ink and provided to a PSA as an attachment to general correspondence, via facsimile or during any permissible on- or off-campus contact. **Effective immediately.**

Proposal No. 2008-42: Postseason Benefits

An institution may provide each student-athlete who participates in or is a member of a team participating in a postseason event (e.g., conference championship, NCAA championship, NIT, bowl game), with six complimentary admissions to all intercollegiate athletics events at the site at which the student (or team) participates. **Effective 8/1/2009.**

Proposal No. 2008-65: Foreign Tours-Labor Day

An institution shall not participate in a foreign tour that occurs in conjunction with a Labor Day academic year vacation period. **Effective 8/1/2009.**

Proposal No. 2008-78: Skill Instruction-Publicity

In sports other than football, to specify that skill-related instruction shall not be publicized and shall not be conducted in view of a general public audience (e.g., *Midnight Madness*). **Effective immediately.**

SPORTS SPECIFIC LEGISLATION

Proposal No. 2008-74: Alumni Contest

In **baseball**, to permit a single alumni contest to be conducted anytime after the first permissible practice date of the championship segment (Feb. 1). **Effective immediately.**

Proposal No. 2008-30-B: Speaker Employment

In **basketball**, an institution shall not employ (either on a salaried or a volunteer basis) an individual who is involved in coaching PSAs or is associated with a PSA as a result of the PSA's participation in basketball as a speaker or presenter at any athletically related events or activities (e.g., camps or clinics, booster club functions, as outside consultant). **Effective immediately.**

Proposal No. 2008-49: Missed Class Time

In **basketball**, no class time shall be missed in conjunction with an informal practice scrimmage, including activities associated with such scrimmages (e.g., travel, pregame and postgame activities). **Effective 8/01/09.**

Proposal No. 2008-76: PSA Defined

In **men's basketball**, for purposes of the tryout rule and the regulations related to camps and clinics, to specify that a PSA is an individual who has started classes for the seventh grade. **Effective immediately.**

Proposal No. 2008-63: Multi-day Meets

In **track and field**, if the number of student-athletes participating in a multi-day meet on behalf of the institution, over the course of the entire meet, equals or exceeds the minimum number of participants required for sports sponsorship and the meet is conducted on consecutive days, an institution may use the competition as a contest in meeting the minimum-contest requirements. **Effective 8/1/2009.**

Proposal No. 2008-33: Delayed Enrollment

In **women's volleyball**, a student-athlete who does not initially enroll full time in a collegiate institution within one year following their high school graduation date and participates in organized events after the one-year period, will be charged with a season of intercollegiate competition for each year of participation and must fulfill an academic year in residence on matriculation at the certifying institution before being eligible to represent the institution in intercollegiate competition. **Effective 8/01/10.**

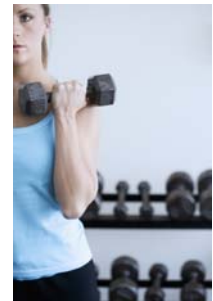
Proposal No. 2008-50: First Contest Exceptions

In **women's basketball**, to eliminate the exception to the first contest date and the annual exemptions for exhibition contests against club members of USA Basketball and foreign teams in the US. **Effective 8/01/09.**

Interpretation of the Month: *Limitations on the Number & Duties of Coaches - Responsibilities of Noncoaching Staff Members & Managers*



Anyone who participates in any manner in the coaching of a sport in practice, games or organized team activities must be counted as a coach as predetermined for that sport in NCAA Division I Bylaw 11.7. The intent of this being that competition remains equal and only those identified as coaches are able to actually coach the student-athletes. Strength and conditioning coaches do not need to be counted given that they only conduct flexibility, warm up and physical conditioning activities before contests and before or during practices or other activities. Other staff members including managers, directors of operations, etc., do not have to be included in the institution's coaching limitations given that they do not engage in any on- or off-field coaching activities, recruiting or scouting. Other practices that are prohibited for these staff members include attending meetings involving coaching activities, analyzing film, and participation in or observation of student-athletes in the staff member's sport who are engaged in nonorganized voluntary athletically related activities (e.g., pick-up games).



“...the low levels of caffeine in the product are nonthreatening, and will not show up on a drug screening.”

Vitaminwater proves safe for student-athletes

Previous news reports and accusations that Vitaminwater, a popular flavored-water beverage, contains substances that are deemed impermissible by the NCAA, have been overturned. Speculation arose when two Vitaminwater varieties were found to contain caffeine and guarana seed extract, both of which are on the NCAA banned-substances list. After closer analysis done by NCAA, it has been determined that the low levels of caffeine in

the product is nonthreatening and will not show up on a drug screening. The NCAA puts into perspective the idea that an average sized healthy man would have to consume at least ten 20 ounce bottles of either the Rescue or Energy variety within several hours to possibly create a positive NCAA adminis-



tered drug test.

It is prohibited however to provide three Vitaminwater varieties (Power-c, B-relaxed, and Balance) to a student-athlete as a nutritional supplement due to the fact that they are categorized impermissible by the NCAA extra benefit rules. However, it will not affect a student-athletes eligibility status if they purchase and consume any Vitaminwater beverage.

COMPLIANCE HOT SEAT

As reported by ESPN.com

A little more than a week after wrongly accusing Florida's Urban Meyer of cheating, first-year Tennessee head football coach Lane Kiffin has had his own hand slapped...again. Tennessee plans to self-report a secondary violation, the third one involving Kiffin in the last month, after he mentioned unsigned prospect Bryce Brown by name during a radio show in Knoxville on Friday morning. Kiffin was talking about the growing trend of high school prospects waiting until after signing day to choose a school and made reference to "great players like Bryce Brown" while appearing on WNML Radio. Those comments came after the host of the show, Dave Hooker, couched the question by



reminding Kiffin that he couldn't talk about specific recruits. NCAA rules prohibit coaches from commenting about unsigned prospects, specifically their ability. The other two secondary violations involving Kiffin had to do with simulating game-day experiences while prospects were on campus. In reporting those violations, Tennessee officials issued letters of admonishment to both Kiffin and recruiting coordinator Ed Orgeron. Tennessee AD, Mike Hamilton, said Tennessee will continue to take a "pro-active stance" as it relations to any potential violations, whether they are secondary or otherwise. "It's the sign of an effective compliance program," said Hamilton.

MARCH 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Proposal to Watch: No. 2008-25-D

Offer of Athletic Aid—Completion of Amateurism Certification Questionnaire

If adopted, this proposal would prohibit an institution from providing a high school, preparatory school or transfer prospective student-athlete a written offer of athletically related financial aid until he or she has completed the amateurism certification questionnaire administered by the NCAA Eligibility Center. If passed, the proposal will become effective **August 10, 2010**.

DUKES COMPLIANCE TRIVIA

Answer the following question related directly to Bylaws found in the 2008-09 NCAA Division I Manual. The first DU Athletics staff member to email the correct answer with the relevant Bylaw cited to Lindsay (bussey@duq.edu) in the Compliance Office wins a gift card to Barnes & Nobles. The winner will be announced in the next edition of the Weekly Compliance DU Item.

When a meal is held at a coach's home during a PSA's official visit, how many current student-athletes may attend and eat?

- A. 0
- B. 1 (student host only)
- C. Unlimited

March Recruiting Calendar:

Football

- Quiet Period: March 1-31

Men's Basketball

- Evaluation Periods: March 1-15; 23-31
- Contact Period: March 16-22

Women's Basketball

- Contact Period: March 1-31

Baseball

- Contact Period: March 1-31

Women's Lacrosse

- Contact Period: March 1-31

Women's Volleyball

- Contact Period: March 1-31

Cross Country/Track

- Contact Periods: March 1-12; 16-31
- Dead Period: March 13-15



GOT COMPLIANCE?

**Have a question about NCAA rules?
Please contact the Duquesne Athletics
Compliance Office at:**

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Visit the Duquesne Athletics homepage, and under "Inside Athletics", click on *NCAA Compliance*.