

# Track & Field Indoor Personal Bests

As of February 19, 2008

<b>55 Meter Dash</b>	<b>Time/Distance</b>
Lauren McCormick	7.07
Brittany Thomas	7.16
Lauren O'Brien	7.60
Samantha English	7.63
Micella Davis	7.68
Emily Krizmanic	7.76
Jessica Schulte	7.96
Micailah Brock	8.50

<b>55 Meter Hurdles</b>	<b>Time/Distance</b>
Andrea Cornell	8.39
Micailah Brock	8.44
Chantee Mathews	8.54
Emma Steinmetz	8.69
Amy Kremer	9.97

<b>60 Meter Dash</b>	<b>Time/Distance</b>
Lauren McCormick	7.66
Brittany Thomas	7.81
Lauren O'Brien	8.19
Micella Davis	8.23
Meghan Sweeney	8.25
Emily Krizmanic	8.32

<b>60 Meter Hurdles</b>	<b>Time/Distance</b>
Chantee Mathews	9.18
Micailah Brock	9.18
Emma Steinmetz	9.20
Andrea Cornell	9.26
Candace McKinley	9.68
Amy Kremer	9.87

<b>200 Meter Dash</b>	<b>Time/Distance</b>
Lauren McCormick	25.68
Brittany Thomas	25.78
Lisa Aubry	27.00
Stacy Chew	27.17
Lauren O'Brien	26.96
Micailah Brock	27.54
Emily Krizmanic	27.56
Samantha English	27.76
Briona Gresham	28.07

Chantee Matthews	28.61
Meghan Sweeney	28.63
Andrea Cornell	29.59

<b>300 Meter Dash</b>	<b>Time/Distance</b>
Ashley Cattran	42.40
Stacy Chew	42.45
Lisa Aubry	43.17
Chantee Matthews	44.31
Emma Steinmetz	44.55
Emily Krizmanic	45.13

<b>400 Meter Dash</b>	<b>Time/Distance</b>
Ashley Cattran	57.53
Stacy Chew	58.75
Lisa Aubry	59.72
Kate Tejkl	1:02.91
Sarah Howley	1:03.32
Emily Krizmanic	1:05.32
Emma Steinmetz	1:06.24
Stephanie Unger	1:07.21

<b>500 Meter Run</b>	<b>Time/Distance</b>
Lisa Aubry	1:14.93
Ashley Cattran	1:16.81
Stacy Chew	1:21.19
Emma Steinmetz	1:25.72

<b>800 Meter Run</b>	<b>Time/Distance</b>
Kate Tejkl	2:20.50
Bridget Conlon	2:25.10
Angela Conlon	2:29.40
Sarah Howley	2:31.38
Stephanie Unger	2:33.00
Micailah Brock	2:33.09
Amy Kremer	2:34.52

<b>1000 Meter Run</b>	<b>Time/Distance</b>
Brigitte Sherman	2:59.12
Liz Coorey	3:07.25
Kate Tejkl	3:10.40
Angela Conlon	3:14.06
Bridget Conlon	3:15.75
Jacqueline Jaworek	3:16.29

<b>One Mile</b>	<b>Time/Distance</b>
Brigitte Sherman	5:00.92
Liz Coorey	5:02.46
Maureen Bulgrin	5:19.78
Ellen Nienhaus	5:24.03
Angela Conlon	5:24.13
Jacqueline Jaworek	5:24.26
Alex Miles	5:25.23
Bridget Conlon	5:27.94
Sydney Hubbard	5:28.06

<b>3000 Meter Run</b>	<b>Time/Distance</b>
Maureen Bulgrin	10:16.44
Jacqueline Jaworek	10:45.87
Emily Deet	10:51.34
Sydney Hubbard	10:59.84
Kristin Terry	11:07.14
Alex Miles	11:08.82
Anne Oltman	11:47.72

<b>5000 Meter Run</b>	<b>Time/Distance</b>
Anne Oltman	18:26.76
Kristin Terry	19:42.94

<b>4x2 Relay</b>	<b>Time/Distance</b>
Dayton 'A'	1:48.16

<b>4x4 Relay</b>	<b>Time/Distance</b>
Dayton 'A'	3:58.77

<b>4x8 Relay</b>	<b>Time/Distance</b>
Dayton 'A'	9:23.73

<b>Distance Medley</b>	<b>Time/Distance</b>
Dayton 'B'	12:51.60
Dayton 'A'	12:52.86

<b>Pentathlon</b>	<b>Points</b>
Amy Kremer	3408
Micailah Brock	3066

<b>High Jump</b>	<b>Time/Distance</b>
Amy Kremer	5-08.00
Megan Sweeney	5-06.00
Tiffany Maske	5-04.50
Lauryn Fougerousse	5-03.00

Micailah Brock 5-01.75

**Long Jump Time/Distance**

Andrea Funk 17-06.00  
Lauren McCormick 17-02.75  
Micailah Brock 16-09.25  
Amy Kremer 16-03.75  
Briona Gresham 16-01.75

**Triple Jump Time/Distance**

Andrea Funk 36-09.00  
Briona Gresham 35-07.25

**Pole Vault Time/Distance**

Katie DeVault 10-11.75  
Melissa Walls 10-10.00  
Pembroke Strickland 10-04.00  
Megan Schreppler 9-02.25  
Lauren Szechy 9-00.25  
Brittney Dienes 9-00.25

**Shot Put Time/Distance**

Johnna Zaccari 46-04.25  
Sarah Allen 45-07.00  
Mallory Barnes 41-04.25  
Molly McCarty 39-11.25  
Amy Kremer 36-08.50  
Micailah Brock 36-08.25  
Kerry Allen 35-09.50  
Emily Overmyer 34-10.50

**Weight Throw Time/Distance**

Mallory Barnes 56-10.00 (School Record)  
Molly McCarty 54-10.00  
Kerry Allen 48-06.75  
Emily Overmyer 44-02.00  
Johnna Zaccari 42-08.00