

## MISSION STATEMENT

The mission of the Division of Intercollegiate Athletics at the University of Dayton reflects the mission of the University.

That mission is embodied in the following core purposes:

- To educate the total person by integrating the primary academic purposes with educational possibilities and opportunities for young people beyond the classroom;
- To teach the value of community and family through collaboration and teamwork;
- To instill the fundamentals of sportsmanship, adhering to the values of respect, fairness, civility, honesty and responsibility;
- To teach the tools of achievement, including self-discipline, personal responsibility and the setting of high standards;
- To develop the individual talents of our student-athletes within the context of shared team goals;
- To enhance diversity and minority opportunity at the University of Dayton; and
- To advance the University of Dayton locally, regionally and nationally through the more highly visible sports, particularly the men's basketball program.

## ATHLETIC DEPARTMENT PHONE LIST

*"All numbers have "(937) 229" prefix unless otherwise noted"*

### ADMINISTRATION

Tim Wabler, Vice President and Director of Athletics .....	9-4598
Tim O'Connell, Associate Director of Athletics.....	9-4635
Joe Owens, Associate Director of Athletics.....	9-2663
Dave Harper, Associate Athletics Director .....	9-2174
Mike Kelly, Associate Athletics Director .....	9-4423
Megan Pease, Senior Woman Administrator.....	9-4552

**COMPLIANCE**

Neil Sullivan,

Assistant Director of Athletics/Compliance Manager ..... 9-4861

**FACULTY ATHLETICS REPRESENTATIVE**

Dr. Mike O’Hare,

Physics Department ..... 9-2311

**ATHLETICS COMMUNICATIONS**

Doug Hauschild,

Director of Media Relations ..... 9-4390

Krystal Warren,

Assistant Director of Athletics Communication ..... 9-5240

Seth Iames,

Assistant Director of Athletics Communication ..... 9-4419

Michael LaPlaca,

Assistant Director of Marketing/Multimedia ..... 9-5584

**STRENGTH AND CONDITIONING**

Mark Thobe,

Coordinator of Strength and Conditioning..... 9-1434

Mike Bewley,

Strength and Conditioning Coach..... 9-4855

**OFFICE OF ACADEMIC SERVICE FOR STUDENT-ATHLETES**

See page 7

**EQUIPMENT ROOMS**

Frericks Center ..... 9-4472

Ken Keck,

Assistant Director of Athletics (Frericks Center)..... 9-4457

Tony Caruso,

Equipment Manager (UD Arena) .....449-2858

**SPORTS MEDICINE/TRAINING**

See Page 31

**MEN’S SPORTS:**

BASEBALL ..... 9-4456

BASKETBALL ..... 9-4421

CROSS COUNTRY ..... 9-4279

FOOTBALL ..... 9-4423

GOLF ..... 9-4208

SOCCER .....	9-2492
TENNIS.....	9-4279

**WOMEN’S SPORTS:**

BASKETBALL .....	9-4447
CROSS COUNTRY .....	9-4124
GOLF.....	9-4271
ROWING .....	9-3371
SOCCER .....	9-4459
SOFTBALL.....	9-4399
TENNIS.....	9-4279
TRACK .....	9-4249
VOLLEYBALL.....	9-4428

**FREQUENTLY USED CAMPUS NUMBERS**

*\*All numbers have “(937) 229” prefix unless otherwise noted\**

PUBLIC SAFETY .....	9-2131
UD ARENA .....	9-4635
BOOKSTORE.....	9-3233
BURSAR.....	9-4111
CAMPUS MINISTRY .....	9-3339
CAREER SERVICES .....	9-2045
COUNSELING CENTER .....	9-3141
DIVERSE STUDENT POPULATIONS .....	9-3634
FINANCIAL AID .....	9-4311
INTRAMURALS .....	9-2712
LEAD .....	9-2066
LIBRARY-ROESCH .....	9-4221
REGISTRAR.....	9-4141
RESIDENTIAL SERVICES .....	9-3317
STUDENT GOVERNMENT ASSOCIATION (SGA) .....	9-4444
STUDENT DEVELOPMENT.....	9-3311
STUDENT EMPLOYMENT .....	9-3249
TELEPHONE REPAIR.....	9-3888
UD ARENA TICKET OFFICE.....	9-4433

**OFFICE OF ACADEMIC SERVICES FOR STUDENT-  
ATHLETES (OASSA)  
A DIVISION OF THE OFFICE OF THE PROVOST**

**HOURS AND LOCATION**

**Frericks 114 &115**

Sunday: 6:00 PM to 9:00 PM  
Monday-Thursday: 8:30 AM to 9:00 PM  
Friday: 8:30 AM to 4:30 PM

**INDIVIDUAL TEAM CONTACTS**

***Vera Gomes, Academic Coordinator***

9-4425 [vera.gomes@notes.udayton.edu](mailto:vera.gomes@notes.udayton.edu)

Baseball, Football, Men's Soccer, Women's Soccer, Softball, Volleyball

***Beth Flach, Academic Coordinator***

9-2745 [beth.flach@notes.udayton.edu](mailto:beth.flach@notes.udayton.edu)

Men's Basketball, Women's Basketball

***Megan Cable, Assistant Academic Coordinator***

9-4826 [cablemea@notes.udayton.edu](mailto:cablemea@notes.udayton.edu)

Men's Cross Country, Men's Golf, Men's Tennis, Women's Cross Country, Women's Golf, Rowing, Women's Tennis, Track and Field

**STUDY HALL**

-Study hall hours, use of the OASSA computer lab, and approved review sessions are the only things that count towards study hours

-Study sessions must be at least 20 minutes to receive credit - hours are calculated Sunday through Friday

-No disrespect of any kind will be tolerated

**ACADEMIC EXPECTATIONS**

*The Office of Academic Services for Student-Athletes holds the following expectations for all student-athletes. It is our goal to provide services to help each student-athlete meet these expectations.*

***BE RESPONSIBLE:***

- Student-athletes must be enrolled in at least 12 credit hours to be eligible for competition. **An OASSA staff member and coach must be notified before initiating any changes to class schedules.**
- Professors should be made aware of any planned absences for athletic purposes at least two classes in advance. Arrangements for making up missed class material should be made prior to leaving for competition.
- Do not schedule doctor's appointments, rehab sessions, film sessions, tutorial sessions or meetings during class time.

- OASSA and the coaching staff should be aware of summer school and fifth year enrollment plans.
- Student-athletes are expected to keep track of their own study hall hours.

***BEHAVE IN A MANNER THAT POSITIVELY REFLECTS UD STUDENT-ATHLETES, THE ATHLETIC DEPARTMENT AND THE UNIVERSITY:***

- Class attendance, study hall attendance, and meetings with academic coordinators are MANDATORY.
- Show respect to professors and academic coordinators - be on time, attentive and interactive at each class and all meetings with OASSA staff.
- Plagiarism and cheating will not be tolerated. OASSA abides by the University of Dayton Academic Dishonesty policy, found on the University's Student Handbook website: <http://campus.udayton.edu/~studev/studenthandbook/PDF/Academics.pdf>

***PERFORM IN A MANNER TO ACHIEVE ACADEMIC SUCCESS:***

- Academics are a top priority.
- Manage time to finish work by the deadline; athletic commitments do not supersede academic deadlines.
- Graduation is expected by all University of Dayton student-athletes; the OASSA exists to support and guide student-athletes in this achievement.

**IMPORTANT DATES AND REMINDERS**

- Sophomores **MUST** declare a major before they register for the fall semester of their junior year. Those who fail to do so will not be permitted to participate in priority registration. **NO EXCEPTIONS!**
- **EVERYONE** must meet with his/her academic advisor prior to participating in priority registration.
- **DO NOT ADD or DROP** a class without first meeting with an academic coordinator AND academic advisor.
- Be sure to see an academic coordinator **BEFORE** switching majors.
- Please refer to <[daytonflyers.cstv.com/athleteservices/dayt-athleteservices.html](http://daytonflyers.cstv.com/athleteservices/dayt-athleteservices.html)> for additional information on OASSA and eligibility requirements.

**FALL 2009 SEMESTER**

Sat-Tue, Aug 22-25	New Student Orientation
Tue, Aug 25	Last Day to Complete Registration
Wed, Aug 26	Class begin at 8am
Tue, Sept 1	Last Day for Late Registration
Mon, Sept 7	Labor Day – No Classes
Fri, Sept 11	Last Day to Submit Undergraduate Candidacy for May 2010 Commencement
<b>Wed, Sept 16</b>	<b>Last Day to Drop Classes Without Record</b>
Fri-Sun, Sept 25-27	Family Weekend
Wed, Oct 7	Midterm Break begins after Last Class
Mon, Oct 12	Classes Resume at 8:00am
<b>Mon, Nov 16</b>	<b>Last Day to Drop Classes with Record of “W”</b>
Tue, Nov 24	Thanksgiving Recess begins after Last Class
Mon, Nov 30	Classes Resume at 8:00am

Tue, Dec 8	Feast of the Immaculate Conception and Christmas on Campus– No Classes
Fri, Dec 11	Last Day of Classes
Sat, Dec 12	Study Day
Sun, Dec 13	Study Day
<b>Mon-Fri, Dec 14-18</b>	<b>Exams – First Term Ends after Final Exams</b>

### SPRING 2010 SEMESTER

Wed, Dec 30	Last Day to Complete Registration
Mon, Jan 4	Classes Begin at 8:00am
Mon, Jan 18	Martin Luther King Jr. Day – No Classes
<b>Mon, Jan 25</b>	<b>Last Day to Drop Classes without Record</b>
Fri, Feb 26	Midterm Break begins after Last Class
Mon, Mar 8	Classes Resume
<b>Mon, Mar 29</b>	<b>Last Day to Drop Classes with Record of “W”</b>
Wed, Mar 31	Easter Recess begins after Last Class
Mon, Apr 5	Easter Monday – No Day Classes – Classes Resume at 4:30pm
Wed, Apr 14	Stander Symposium
Fri, Apr 23	Last Day of Classes
Sat, Apr 24	Study Day
Sun, Apr 25	Study Day
<b>Mon-Fri, Apr 26-30</b>	<b>Exams – Second Term Ends after Final Exams</b>
Sun, May 2	Undergraduate Commencement

### CALCULATING YOUR GPA

Students may receive the following grades for their work in a course: A, A-, B+, B, B-, C+, C, C-, D, F, S (satisfactory), or NC (no credit). Each grade A-F corresponds with a certain number of “quality points” awarded per credit hour. These quality points are used to calculate your GPA. The quality points are:

A	4.00	B+	3.3333	B-	2.6667	C	2.0	D	1.0
A-	3.6667	B	3.0	C+	2.3333	C-	1.6667	F	0.0

To calculate GPA:

1. Multiply the number of credit hours for a course by the number of quality points earned;
2. Add together quality points for all classes in a semester;
3. Add together total credit hours for the semester (only for classes taken for a grade);
4. Divide #2 by #3;

**Example:**

Course	Grade	Credit Hours	Quality Points	GPA Points
ENG 101	A	34.0	12.0	
MTH 114	B-	3	2.6667	8.0001
HST 103	B+	3	3.3333	9.9999

BIO 151	A	3	4.0	12.0
BIO 151L	C	1	2.0	2
UDI 145	S	1 (not applied to GPA)	0	
<b>Totals:</b>		13	44	<b>44/13= 3.384</b>

## **UNDERGRADUATE MAJORS AT UD**

### **School of Arts and Sciences**

American Studies  
 Applied Mathematical Economics  
 Art Education  
 Art History  
 Biochemistry  
 Biology  
 Chemistry  
 Communication Management  
 Communication Studies  
 Computer Information Systems  
 Computer Science  
 Criminal Justice Studies  
 Economics  
 Electronic Media  
 English  
 Environmental Biology  
 Environmental Geology  
 Fine Arts  
 French  
 Geology  
 German  
 History  
 International Studies - Europe  
 International Studies - Global Development  
 International Studies – Human Rights  
 International Studies – Latin America  
 International Studies – Peace and Global Security  
 Journalism  
 Languages  
 Mathematics  
 Music Composition  
 Music Education  
 Music Performance

Music Therapy  
Philosophy  
Photography  
Physics  
Physics – Computer Science  
Political Science  
Pre dentistry  
Pre medicine  
Psychology  
Public Relations  
Religious Studies  
Sociology  
Spanish  
Theater  
Visual Communication Design  
Women's and Gender Studies

**School of Engineering**

Chemical Engineering  
Civil and Environmental Engineering  
Computer Engineering  
Computer Engineering Technology  
Electrical Engineering  
Electronic Engineering Technology  
Industrial Engineering Technology  
Manufacturing Engineering Technology  
Mechanical and Aerospace Engineering  
Mechanical Engineering Technology

**School of Business Administration**

Accounting  
Business Economics  
Entrepreneurship  
Finance  
International Business  
Leadership  
Management Information Systems  
Marketing  
Operations Management

**School of Education**

Early Childhood Education  
Middle Childhood Education  
Adolescence to Young Adult Education  
Intervention Specialist

Exercise Science, Fitness Management  
Physical Education  
Dietetics  
Pre-Physical Therapy  
Nutrition and Fitness  
Sport Management

## **TUTORING SERVICES/STUDENT LEARNING SUPPORT**

OASSA, in conjunction with the Office of Student Learning Support, has a strong commitment to providing our student-athletes with a comprehensive tutoring program. The tutorial program is available to all student-athletes.

The intent of the tutorial program is to provide additional academic assistance. Tutorial sessions cover many different areas which include review of class discussion and notes, study strategies, and other information imperative to the respective class. Student-athletes are expected to participate actively in the tutorial sessions. Attending tutorial sessions well-prepared will enhance the opportunity for greater academic development.

Tutors will be available for DROP-IN sessions in the afternoon and evenings in a variety of subjects. Student-athletes who need ONE-ON-ONE tutoring may request the services by contacting their Academic Coordinator. Once tutoring appointments are made, student-athletes are expected to attend on time and well-prepared by bringing all class notes and questions to the session in order to actively participate in the study process.

*For more information or to obtain tutoring schedules, please visit Student Learning Support's website at: <http://learningsupport.udayton.edu>*

## **PRIORITY REGISTRATION**

Priority registration is a service provided to UD student-athletes. **Taking advantage of priority registration will make scheduling classes around practice times and travel much easier!** Student-athletes register in two groups: those with a championship season in the fall (fall sport student-athletes) and those with a championship season in the spring (winter/spring sport student-athletes). Registration for these two groups takes place according to the chart below. Student-athletes always register at noon, no matter what their date of registration.

### **Registration for FALL semester (occurs in March/April):**

Fall sport student-athletes: One day early

Senior spring sport student-athletes: N/A

Junior spring sport student-athletes: first day of your class

Sophomore spring sport student-athletes: first day of your class

Freshmen spring sport student-athletes: first day of your class

### **Registration for SPRING semester (occurs in October/November):**

Spring sport student-athletes: One day early

Senior fall sport student-athletes: first day of your class

Junior fall sport student-athletes: first day of your class

Sophomore fall sport student-athletes: first day of your class

Freshmen fall sport student-athletes: first day of your class

### **STEPS FOR PRIORITY REGISTRATION:**

- Check with your coaches about practice schedules so you can register accordingly

- Select courses you wish to have approved (“Courses I’m Interested In” at <http://register.udayton.edu>)
- Meet with your academic advisor (not academic coordinator) at least one week prior to your registration date
- \* **YOU WILL NOT BE ABLE TO PARTICIPATE IN PRIORITY REGISTRATION WITHOUT THE APPROVAL OF COURSES BY YOUR ACADEMIC ADVISOR! NO EXCEPTIONS!**
- Discuss approved courses with your academic advisor.
  - \*It is recommended to register for 15-17 credit hours and to have 2-3 back-up choices in case any of your first choices are closed.
- Once you have discussed your course selection with your advisor, you can then go on-line at <https://register.udayton.edu/login.asp> and list your courses for approval.

You may login to the registration website by using your 7 digit student ID and your 6 digit birth date for your pin. Also, listed in the status box is any type of **hold** which could prevent you from registering. **\*YOU WILL NOT BE PERMITTED TO RESREGISTER IF YOU HAVE HOLDS OF ANY KIND!**

### **SCHEDULE CHANGES - DROP/ADDS**

When making changes to class schedules (i.e., dropping or adding a class), **student-athletes must seek approval from the appropriate Academic Coordinator AND Academic Advisor.** Drop/Add forms are available through academic departments, the registrar’s office, and OASSA. Student-athletes must return completed forms with signatures from their professor and advisor to the registrar’s office. In addition, student-athletes must fill out an OASSA drop form, which they can receive from their academic coordinator. **Student-athletes should be advised to NEVER drop below 12 credit hours.**

### **RETAKING A CLASS**

Student-athletes who wish to re-take a course in order to raise their grade must consult with their academic coordinator and academic advisor prior to enrolling in the class.

### **CLASS ATTENDANCE POLICY**

The University does not grant an automatic excused absence for classes missed due to competition; however student-athletes are provided with Class Absence Notification Letters for their professors. Student-athletes are required to personally deliver the letters to their professors and have the signed cover sheet returned to OASSA. Failure to return a signed cover sheet may affect a student-athlete’s ability to travel. Each student-athlete must work closely with his or her professors to work out solutions to problems created by game and class conflicts. Please note:

- Student-athletes are not permitted to miss a class to attend a home practice session or team meal. Student-athletes with classes must be excused from practice. (Exception: UD-hosted A10 tournaments);
- No games will be scheduled during the week of examinations without prior approval of the Director of Athletics and the Faculty Athletics Representative;
- Student-athletes should not miss the same class more than once per week and never back to back classes (i.e. Friday/Monday);
- The total number of absences in a semester should not exceed twice the number of classes in a week (i.e. MWF classes have a 6 absence maximum, TTH classes have a 4 absence maximum);
- If games are cancelled, all student-athletes are required to attend classes.

## **SUMMER SCHOOL POLICY**

Student-athletes wishing to take summer school classes either at UD or at another institution must discuss courses with their academic coordinator, academic advisor, and coach prior to registering.

## **BOOK SCHOLARSHIP POLICY**

Student-athletes on book scholarship **must** see their academic coordinators to pick up a requisition form prior to making purchases at the bookstore. Student-athletes then present requisition forms to the UD bookstore to receive books. Receipts must be returned to academic coordinators within two days of purchase. Failure to submit receipts will result in a notification to the coach and the student-athlete will be prohibited from receiving a requisition form for the subsequent semester.

## **PROGRESS REPORTS**

At least once during the semester, student-athletes will be given progress report forms to check on performance in their courses. It is the responsibility of the student-athlete to provide the forms to their professors, have them filled out, and return them to OASSA. Coaches will be notified of any failure to return forms on time.

## **ACADEMIC HONESTY**

OASSA subscribes to the principles of academic integrity and honesty as laid out in the University of Dayton student handbook. The policy is outlined below. Please see <http://campus.udayton.edu/~studev/studenthandbook/PDF/Academics.pdf> for details on penalties, procedures, and the appeal process.

Student academic dishonesty is defined as any attempt by the student to obtain, or to assist another student to obtain, a grade higher than honestly earned. In addition to specific conditions stated by the course instructor, the following are defined as academic dishonesty: cheating; plagiarism; grade alteration; and deception to avoid meeting the stated course conditions.

1. Cheating: Cheating consists of any of the following:
  - a. For Examinations: Willfully copying or attempting to consult a notebook, textbook, or any other source of information not specifically authorized by the teacher; willfully aiding or receiving aid from another student during an examination or attempting to give or receive such aid; obtaining or attempting to obtain copies of the examination prior to the time the examination is given; or any other act which violates or attempts to violate the stated conditions of an examination.
  - b. For Assignments: When class assignments are such that students are expected to complete the assignment on their own, willfully copying all or part of another student's assignment or attempting to violate or violating any stated conditions of the assignment.
2. Plagiarism: Plagiarism consists of any of the following:
  - a. Quoting directly from any source of material – including other students' work and materials purchased from research consultants – without appropriately citing the source and identifying the quoted material;
  - b. Knowingly citing an incorrect source; using ideas (i.e., material other than information that is common knowledge) from any source of material – including other students' work and materials purchased from research consultants — without citing the source and identifying the borrowed material.

*The instructor is expected to establish any additional guidelines for plagiarism and should make clear to the students their individual responsibilities on assign-*

*ments.*

3. Grade Alteration: Grade alteration consists of an act which dishonestly modifies a grade obtained for a class assignment, examination or for the course itself.
4. Deception: Deception is defined as any attempt to avoid meeting the stated course conditions, such as making false statements to avoid taking examinations at the scheduled times or to avoid turning in assignments at scheduled times.

## **FINANCIAL AID, ELIGIBILITY AND COMPLIANCE**

**The rules concerning intercollegiate athletics exist to protect the student-athlete and preserve the purity and fairness of competition among universities. Without a “level playing field” there can be no real victory. If everyone has similar resources and is restricted from gaining unfair advantages, then true competition can exist. The rules we abide by attempt to ensure that victories are earned the right way and not by cheating or at the expense of the student-athlete’s welfare.**

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## **RULES ORIENTATION SESSION**

At the beginning of the academic year and prior to your participation in intercollegiate athletics activities, a student-athlete is required annually prior to competition to receive an NCAA rules summary and to sign a statement to verify the student-athlete’s compliance with NCAA regulations governing eligibility, recruitment, financial aid, amateur status, and gambling involvement. Additionally, a student-athlete must give written consent to be tested for the use of drugs specifically prohibited by NCAA legislation.

A student-athlete is responsible for his/her involvement in any violation of NCAA regulations. In cases determined to be major violations, the student-athlete will not have eligibility restored by the NCAA eligibility committee unless circumstances clearly warrant restoration.

**This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics. Carefully read the sections that apply to you.**

## **ETHICAL CONDUCT**

You must act with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports. [NCAA Bylaw 10.01.1]

You are **not eligible** to compete if you have shown dishonesty in evading or violating NCAA regulations. [Bylaw 14.01.3.3]

### Gambling

You are **not eligible** to compete if you knowingly: provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value. [Bylaw 10.3]

You are **not eligible** to compete if you knowingly participate in any gambling activity that involves intercollegiate or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]

## AMATEURISM

You are **not eligible** for participation in a sport if you have ever:

- Taken pay, or the promise of pay, for competing in that sport.
- Agreed (orally or in writing) to compete in professional athletics in that sport.
- Played on any professional athletics team as defined by the NCAA in that sport.
- Used your athletics skill for pay in any form in that sport, except that prior to collegiate enrollment, you accepted prize money based on place finish or performance in an open athletics event from the sponsor of the event and the amount of prize money did not exceed your actual and necessary expenses to participate in the event. [By-laws 12.1.1 and 12.1.1.4.1]
- Accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3]
- After becoming a student-athlete, accepted any pay for promoting a commercial product or service. [Bylaw 12.5.2.1] You must receive written approval from the Compliance Office before participating in any promotional activity, even if it is an institutional, charitable, educational, or non-profit promotion.
- After becoming a student-athlete, you allowed your name or picture to be used for promoting a commercial product or service. [Bylaw 12.5.2.2] Modeling activities are regulated by the NCAA. Do not participate in modeling activities without first checking with the Compliance Office.
- Because of your athletics ability, you have been paid for work you did not perform, were paid at a rate higher than the going rate, or were paid for the value an employer placed on your reputation, fame or personal following. [Bylaw 12.4]

## FINANCIAL AID

All financial aid must be administered by UD's office of Financial Aid. You are **not eligible** if you receive financial aid other than the financial aid that UD distributes. However, it is **permissible** to receive:

- Money from anyone on whom you are naturally or legally dependent and assistance is awarded solely on a basis having no relationship to athletic ability;
- Financial aid that has been awarded to you on a basis other than athletics ability; or
- Financial aid from an entity outside your institution that meets the requirements specified in the Division I Manual. [Bylaw 15.01]

You must report to your institution any financial aid that you receive from a source other than your institution. However, you do not need to report financial aid received from anyone on whom you are naturally or legally dependent.

### Period of Award:

Your athletics financial aid award is granted on a yearly basis and cannot be cancelled or reduced during that year's term based on athletic performance or because illness or injury prevents participation. Aid may be reduced or cancelled under the following circumstances:

- You have been found responsible for violations of institutional regulations or established athletics department policies and rules applicable to all student-athletes.
- You fail to remain in good academic standing at the University of Dayton or meet the minimum continuing eligibility standards as required by the NCAA.
- You misrepresent any medical information on any subsequent medical forms received after signing this letter.

- You voluntarily withdraw from your sport for personal reasons. Absence from practice, competition, injury rehabilitation or other team functions is defined by the University of Dayton as voluntary withdrawal from the team. Voluntary withdrawal from participation by a student-athlete will result in an immediate prorated reduction of their athletics grant-in-aid. In the event a student-athletes' aid is recommended for reduction or cancellation, the student-athlete will receive written notification from the Financial Aid Office of his/her opportunity for a hearing.

Scholarship Renewal:

You will be notified on or before July 1 as to whether or not athletics aid is to be renewed. If you receive a non-renewal notification and believe the non-renewal was for a questionable reason, you may request and will be granted a hearing before the institutional agency making the award.

Increased Financial Aid:

If financial aid, subsequent to your initial enrollment, is not approved by the Division of Athletics and causes the team or individual limit to exceed NCAA maximums, it may become necessary to reduce your athletic aid by an amount commensurate with NCAA guidelines. It is possible that receipt of outside awards will result in a reduction in a student-athlete's grant in order to keep the student within the terms of the grant-in-aid agreement and the team within established NCAA limits.

Financial Aid Limits:

The following policies govern the award procedure for financial aid at the University of Dayton.

- You may not accept institutional aid that exceeds the cost of attendance.
- Any financial aid permitted by a division that would result in total financial aid exceeding the value of tuition and fees, room and board and required course related books shall be based upon your demonstrated financial need.

IRS Taxable Income Rules:

- **Domestic Student Athletes** - United States tax law provides that grant-in-aid monies which exceed tuition and fees may be subject to tax. The University will issue a letter outlining the amount that may be subject to tax.
- **International Student Athletes** - United States tax law requires that the University withhold 14% of the amount of any scholarship that exceeds tuition and fees, unless the native country has a tax treaty with the United States. This withholding occurs anytime scholarship monies are disbursed to a student's Bursar account.

Receipt of Cash:

At the University of Dayton financial aid is applied directly to cover tuition, fees, room and/or board. Student-athletes receiving athletics aid should receive no cash except in the following cases:

1. Student-athletes who qualify for PELL may receive those funds through their University Bursar's Office account.
2. Student-athletes who live off-campus and/or are receiving all or some portion of room and board will receive part of the awarded amount through a check and the remainder will be issued through their University Bursar's Office account as cash.
3. Student-athletes who qualify for loans will receive a check for the approved amount through the University Financial Aid Office.

NCAA Special Assistance Fund:

The NCAA has established a Special Assistance Fund for student-athletes with special financial needs. Those student-athletes eligible to access the fund are PELL Grant reci-

ipients and any student-athletes receiving athletically related financial aid who have financial need as demonstrated through federal guidelines. The Special Assistance Fund may be used for the following:

- Clothing and other essentials up to \$500 per year
- Medical and dental expenses
- Vision therapy
- Hearing aids
- Off-campus psychological counseling
- Expendable course supplies (e.g., pen, paper, notebooks)
- Emergency travel expenses for parents and student-athletes

*If you would like to access the fund, please see the Compliance Office to see if you qualify.*

**NCAA Student-Athlete Opportunity Fund:**

The Student-Athlete Opportunity Fund is intended to provide direct benefits to student-athletes or their families as determined by conference offices. As a guiding principle, the fund shall be used to assist student-athletes in meeting financial needs that arise in conjunction with participation in intercollegiate athletics, enrollment in an academic curriculum or that recognize academic achievement

*If you would like to access the fund, please see the Compliance Office to see if you qualify.*

**Employment Earnings:**

There is no limit on the amount of money you may earn from your on- or off-campus employment during the academic year or vacation periods. These earnings are exempt from counting towards the determination your full grant-in-aid or in the institution's financial aid limitations, provided:

- Your compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that you have obtained because of athletics ability;
- You are compensated only for work actually performed; and
- You are compensated at a rate commensurate with the going rate in that locality for similar services. [Bylaw 12.4 and Bylaw 15.2.6]

**Employment & Fee-for-Lesson**

Please note the following restrictions regarding employment:

- You may be paid only for work actually performed and at a rate which is comparable to other employees performing similar work in the same locale.
- You may not be paid based on publicity, reputation, fame or personal following that you have obtained because of your athletics ability.
- You should be paid by check (not cash) for the hours that you actually worked.
- Your employer cannot provide you with transportation to and/or from work unless transportation is provided to all employees.
- Your employer cannot provide you with any benefit or privilege that is not provided to all employees (e.g., meals, cars, entertainment, vacation, health benefits).
- You can be employed by a community organization (e.g., YMCA, tennis club, golf course) to teach sport skills as long as you have other duties and responsibilities.

It is permissible for you to teach lessons on a fee-for-lesson basis; however, the following restrictions apply:

- You cannot use UD facilities (e.g., tennis courts, swimming pool);
- You must provide instruction to the individual receiving the lesson. It is not permissible for you to just play a “game” against the individual; If you are providing lessons to a group, you must give equal instruction to each individual;
- You must document each lesson;
- The lesson must be paid for by the individual receiving instruction or his/her immediate family. It is not permissible for another individual or outside agency (e.g., a booster, the individual’s high school) to pay for the lesson; and
- You may not use your name, picture or appearance to promote or advertise the availability of fee-for-lesson instruction.

## **RECRUITMENT**

### *Your Recruitment*

You are responsible for being aware of your own recruiting process. This includes offers and contacts made to you by an institution or representative of the institution’s athletics interest. It also includes publicity of your enrollment at UD, proper protocol for signing your National Letter of Intent, and your athletic participation at sports camps and athletics tryouts before your enrollment at UD. Recruitment is governed by Bylaw 13 of the Division I Manual. Please read over recruiting regulations on the Prospective Student-Athlete section of UD’s website to ensure you were recruited properly: <http://daytonflivers.cstv.com/compliance/08-psa.html>.

### *Guidelines for Hosting a Recruit*

*You must be a currently enrolled, eligible student to act as a host.*

#### ***Student-Athletes MAY NOT:***

- Give cash to the visiting prospect or anyone else accompanying the prospect.
- Use entertainment funds to purchase or otherwise provide the prospect with gifts of value (i.e. souvenirs, clothing, and/or mementos).
- Use vehicles provided or arranged by a UD employee or booster.
- Transport the prospect or anyone accompanying the prospect more than 30 miles off campus.
- Allow recruiting conversations to occur, on or off campus, between the prospect and a booster. If an unplanned meeting occurs, only an exchange of greetings is permissible.
  - **Consume alcohol/drugs during a visit, participate in gambling activities, violate team rules or any policy or law, or engage in adult entertainment.**

#### ***Student-Athletes MAY:***

- Receive a maximum of \$30 per day to entertain a prospect. You may be provided with an additional \$15 per day for each additional prospect you host during that time.
- Receive a complimentary meal(s) while accompanying the prospect. Any other student-athletes in attendance at the meal(s) must pay their own expenses.
- Allow the prospect to participate in voluntary activities involving any sport, provided the activity was in no way arranged or observed by the coaching staff. These activities must occur in facilities that are open to the general student population (i.e. prospect would not be permitted to use the varsity weight room).

*Coaches, student athletes and recruits will be required to adhere to all NCAA regulations prior to and during a recruiting visit. Violations by current student-athletes or coaches will result in disciplinary action appropriate to the level of severity of the violation and as conforms with the appropriate penalty structure contained within athletics division*

*policies (alcohol policy, criminal activity policy). Additional sanctions may be rendered if found in violation of any University policy of the Student Code of Conduct.*

## **ACADEMIC ELIGIBILITY**

To be eligible to compete and practice, you must:

- Have been admitted as a regularly enrolled, degree seeking student according to UD's published entrance requirements.
- Be in good academic standing according to UD standards.
- Be enrolled **at least full-time** in a degree program (12 semester hours for undergraduate students and 6 semester hours for graduate students) and maintain satisfactory progress toward that degree (see chart on page 7), or be enrolled and seeking a second baccalaureate degree at your institution. [Bylaws 14.01.2, 14.1.7.1, 14.1.8.2 and 14.1.8.2.1.4]

**Exception:** You may be enrolled less than full-time if and only if you are enrolled in the

last semester of your degree program and you are enrolled in all the credits necessary to

finish your degree. [Bylaws 14.1.8.2.1.3 and 14.1.8.1.3]

- If it is an official vacation period immediately preceding your initial enrollment, have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you are no longer enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaws 14.1.8.2.1.1 and 14.1.8.1.1]

You are **eligible to compete** between terms if you are continuing enrollment, provided you have been registered for the required minimum full-time load at the conclusion of the term immediately preceding the date of competition, or if you are either continuing enrollment or beginning enrollment, provided you have been accepted for enrollment as a regular full-time student for the regular term immediately following the date of competition. [Bylaw 14.1.8.2.1.2]

You are **eligible** at an institution other than the institution from which you have received or satisfied the requirements for a baccalaureate degree or an equivalent degree, if you meet the conditions of the one-time transfer exception [Bylaw 14.5.2.10] and you have eligibility remaining as set forth in Bylaw 14.2.1. [Bylaw 14.1.9]

You are **eligible** for championships, certified bowl games or the National Invitation Tournament that occur within 60 days of the date you complete the requirements for your degree. [Bylaw 14.1.9.3]

### **Continuing Eligibility – Satisfactory Progress Towards a Degree:**

<b><u>Term</u></b>	<b><u>Minimum Eligibility Requirements</u></b>
• Prior to Enrollment	• Certified by NCAA Clearinghouse • Admitted to the University of Dayton
• End of 1st Semester	• Complete a minimum of 6 credits • GPA of at least 1.70
• End of 2nd Semester	• Complete a minimum of 6 credits • Complete 24 credits, with at least 18 from the fall and winter semesters • GPA at least 1.80
• End of 3rd Semester	• Complete a minimum of 6 credits

- End of 4th Semester
  - GPA at least 1.80
  - Complete a minimum of 6 credits
  - Complete at least 18 credits between the fall and winter semesters
  - GPA at least 1.90
  - Declare a major and have at least 40% of degree completed
- End of 5th Semester
  - Complete a minimum of 6 credits
  - GPA at least 2.00
- End of 6th Semester
  - Complete a minimum of 6 credits
  - Complete at least 18 credits between the fall and winter semesters
  - GPA at least 2.00
  - At least 60% of degree complete
- End of 7th Semester
  - Complete a minimum of 6 credits
  - GPA at least 2.00
- End of 8th Semester
  - Complete a minimum of 6 credits
  - GPA at least 2.00
- 5th Year
  - Maintain standards of 7th and 8th semesters, plus have at least 80% of degree completed **OR**
  - Enroll in a graduate degree program

## **DRUG TESTING**

If the NCAA tests you for the banned drugs listed in Bylaw 31.2.3.1 and you test positive (consistent with NCAA drug-testing protocol), you will be **ineligible** to participate in regular-season and postseason competition for one calendar year (i.e., 365 days) after your positive drug test and you will be charged with the loss of a minimum of one season of competition in all sports.

If you test positive a second time for the use of any drug, other than a “street drug” as defined in Bylaw 31.2.3.1, you will lose all remaining regular-season and postseason eligibility in all sports.

If you test positive for the use of a “street drug” after being restored to eligibility, you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular season and postseason competition at least through the next calendar year. [Bylaw 18.4.1.5.1]

A policy adopted by the NCAA Executive Committee establishes that the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug. You will remain ineligible until you retest negative and your eligibility has been restored by the NCAA Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5.1]

### *Non-NCAA athletics organization positive drug test:*

If you test positive for banned substances by a non-NCAA athletics organization, you must notify your director of athletics regarding the positive drug test. You also must permit the NCAA to test you for the banned drugs listed in Bylaw 31.2.3.1.

If the result of the NCAA drug test is positive, you will lose all remaining eligibility during the season in which you tested positive and an additional season of competition.

If you immediately transfer to a non-NCAA institution while ineligible and compete in collegiate competition within the 365-day period at a non-NCAA institution, you will be ineligible for all NCAA regular-season and postseason competition until you do not compete in collegiate competition for a 365-day period. Additionally, you must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the NCAA Committee on Student-Athlete Reinstatement.

#### UD Drug Testing Policy

Please refer to page 32 of this handbook for the University of Dayton Division of Athletics Substance Abuse Program policies and procedures. A list of banned substances and “street drugs” is available on page 42 of this handbook. The list is subject to change and you shall be held accountable for all banned drug classes on the current list. The list is also located on the NCAA Web site and the University of Dayton Compliance website.

#### Tobacco Use

The use of tobacco products is prohibited by all players, coaches, trainers, managers and game personnel in all sports during practice and competition.

### **BENEFITS**

Receipt by a student athlete of an award, benefit or expense allowance not authorized by NCAA legislation renders the student-athlete ineligible for athletics competition. Student-athletes and their parents or relatives are not permitted to accept any benefits (e.g. lodging or meals) from UD staff, boosters and friends of the university unless the student-athlete and their family can document a long term relationship that was established prior to any solicitation by the institution for the purpose of securing the student-athlete’s enrollment in the institution’s intercollegiate athletics program.

#### Extra Benefits

An extra benefit is any special arrangement made by a UD staff member, representative of our athletics interest (booster), a sports agent, or a commercial enterprise to provide you and/or your parents/guardians, relatives or friends with a benefit not expressly authorized by the NCAA and not generally available to the student body. Extra benefits also include special discounts or credit on purchases or services, a loan of money, use of an automobile or credit cards, purchase of a meal or any tangible items, free or reduced rent or benefits connected with off campus housing, and professional services provided at less than the normal rate or at no expense to the student-athlete. It is not permissible for student-athletes to have University or Intercollegiate Athletics employees perform services such as typing at no cost, or to use copying machines at no cost.

#### Non-permissible Benefits

Prohibited benefits include, but are not limited to:

- **Discounts and Credits:** You cannot receive a special discount, payment arrangement, or credit on a purchase (e.g., airline ticket, clothing) or a service (e.g. laundry, dry cleaning).
- **Entertainment Services:** You may not receive services (e.g., movie tickets, dinners, use of a car) from commercial agencies (e.g., movie theaters, restaurants, car dealers) without charge or at reduced rates, or free or reduced-cost admission to professional athletics contests from professional sports organizations, unless such services also are available to the student body in general.
- **Free or Reduced-Cost Services:** You may not receive professional services (for which a fee normally would be charged) without charge or at a reduced cost. Professional services provided at less than the normal rate or at no expense to you are considered an extra benefit unless they are available on the same basis to the general stu-

dent body.

- **Telephone and Credit Cards:** It is not permissible to allow you to use a telephone or credit card for personal reasons without charge or at a reduced cost.
- **A Loan of Money:** You may not accept a loan of money from a representative of athletics interest or sign or cosign a note with an outside agency to arrange a loan.
- **An Automobile or use of an automobile**
- **Transportation:** You may not accept transportation from a representative of athletics interest, even if you reimburse the individual for the appropriate amount of the gas or the expense of travel.
- **Athletics Equipment:** You may not accept athletics equipment, supplies, or clothing from a manufacturer or commercial enterprise. Equipment may be provided to UD and utilized according to institutional practices for issuance and retrieval of athletics equipment.
- **Sponsor Families:** UD may not permit staff members of individuals outside the institution to serve as “sponsors” or “families” for student-athletes who are enrolled in the institution.

#### Permissible Benefits

Permissible benefits from the athletics department include:

- **Occasional Meals:** You may receive an occasional home meal from a UD staff member or representative of athletics interest provided the meal is at the individual’s home (not a restaurant). You may receive transportation to such meals from a staff member or representative of athletics interest provided the meal is at the home of the representative.
- **Training Table Meals:** If you are not receiving institutional athletically related financial aid covering the full cost of board, you may purchase one training table meal per day at the same rate that UD deducts from the board allowance of student-athletes receiving aid that covers board costs.
- **Meals During Breaks:** You are able to receive meals and housing during periods when dorms are closed (i.e. Christmas, spring break, etc) and you are required to be on campus for practice or competition.
- **Off-Campus Practice:** You may be provided actual and necessary expenses for the purpose of off-campus competition and/or practice.
- **Loans:** You may receive legitimate loans which are available to all students and based on a regular repayment schedule without affecting your athletics award.

## **PRACTICE AND COMPETITION**

### Practice Limitations: Playing Season

- 20 hours per week: You are limited to 20 hours per week of athletically related activities.
- 4 hours per day: You are limited to 4 hours per day of athletically related activities.
- 1 day off per week: All countable athletically related activities are prohibited during one calendar day per week.

### Practice Limitations: Outside Playing Season

- 8 hours per week: Student-athletes are limited to 8 hours per week of required strength training and conditioning.
- 2 days off per week: All countable athletically related activities are prohibited during two calendar days per week.

*Practice is an athletically related activity held at the direction of or supervised by, any member or members of the coaching staff. Daily and weekly practice limitations do not apply during the official vacations periods published in the University's official calendar for the academic year.*

What is a "voluntary" activity?

To be considered a voluntary activity, all the following conditions must be met:

1. You must not be required to report back to a coach or other athletics department staff member (for example, strength coach, trainer, manager) any information related to the activity. In addition, non-coaching athletics department staff members who observe the activity (for example, strength coach, trainer, manager) may not report back to the student-athlete's coach any information related to the activity; [NOTE: Coaches may not observe voluntary activities.]
2. The activity must be initiated and requested solely by you. Neither UD nor any athletics department staff member may require you to participate in the activity at any time;
3. Your attendance and participation in the activity (or lack thereof) may not be recorded for the purposes of reporting such information to coaching staff members or other student-athletes; and
4. You may not be subjected to penalty if you elect not to participate in the activity. In addition, neither UD nor any athletics department staff member may provide recognition or incentives (for example, awards) to you based on your attendance or performance in the activity.

Outside Competition

You are **not eligible** in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any non-collegiate, amateur competition. You may compete outside of your declared playing and practice season as a member of an outside team in any non-collegiate, amateur competition during any official vacation period published in your institution's catalog. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.1, 14.7.1.1 and 14.7.3]

**Exception:** In men's and women's soccer, women's volleyball, field hockey and men's water polo, you may compete on outside amateur teams during the spring outside of the institution's playing and practice seasons, provided such participation occurs no earlier than May 1, and the remaining provisions of Bylaw 14.7.1.2 are met.

All-star football and basketball only:

You are **not eligible** if, after you completed your high school eligibility in your sport and before your high school graduation, you participated in more than two high school all-star football or basketball games. [Bylaw 14.6]

Basketball only:

You are **not eligible** if, after you become a student-athlete, you participate in any organized basketball competition except while representing the institution in intercollegiate competition. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.2 and 14.7.3]

It is permissible to participate as a member of a basketball team in an NCAA-sanctioned summer basketball league or event. [Bylaw 14.7.3.2-(a)]

Complimentary Admissions

You may receive up to a maximum of four complimentary admissions per regular season contest, and these admissions must be designated by you on a pass list in order to be given out. If there are a limited number of complimentary tickets, the head coach will determine distribution within NCAA rules.

## **ADDITIONAL REGULATIONS**

### *Five Year Clock*

All student-athletes have a five year window in which to complete their four seasons of eligibility. Your five year clock begins upon your initial full-time enrollment in an institution of higher education.

### *Transfer Students:*

You are a transfer student if:

- The registrar or admissions officer from your former institution certified that you officially were registered and enrolled at that institution in any term in a minimum full-time program of studies and you were present on the opening day of classes; **or**
- The director of athletics from your former institution certified that you reported for the regular squad practice that any staff member of the athletics department of your former institution announced before the beginning of any term. [Bylaw 14.5.2]

If you are a transfer student from a four-year institution, you are **not eligible** during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.2 or one of the waivers specified in Bylaw 14.8.1.2.

If you are a transfer student from a two-year institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4 or the exceptions specified in Bylaw 14.5.4.7.

If you transferred from a four-year college to a two-year college and then to your new institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the requirements specified in Bylaw 14.5.6.

## **ATHLETICS DEPARTMENT ETHICS POLICIES AND CODE OF CONDUCT**

### **Important Notice:**

**All students, including student-athletes, are required to adhere to all University of Dayton Student Standards Behavior. This document is available on line at: <http://communitystandards.udayton.edu/new/>. The policies, standards, and sanctions set forth in the Student Athlete Handbook are in addition to those in place for all University of Dayton students.**

**We should recognize that we are fortunate to have the opportunity to participate in intercollegiate athletics. Currently, there are more than 25,000 high schools and only 325 NCAA Division I athletics programs. That works out to less than one spot at this level for every 80 individuals that played sports in high school.**

**The University of Dayton is a very special place. We have a tradition of excellence in academics and athletics that current student-athletes will to help us continue and improve upon. The fact that a student-athlete has chosen UD is testimony that they believe in our mission.**

**All this opportunity does not come without some costs. Obviously it will be necessary for student-athletes to work hard and make certain sacrifices if they are to succeed. We also ask that they conduct themselves at all times in a manner that is consistent with the level of total excellence that we are striving for. Furthermore, student-athletes are expected to uphold the standards of ethical conduct established by the National Collegiate Athletic Association (NCAA), Atlantic 10 Conference, Division of Athletics and University of Dayton.**

## **PERSONAL CONDUCT**

The acceptance of athletic financial aid and/or participation by a student-athlete as a member of an athletics team carries with it definite academic and athletic responsibilities. They are as follows:

### Academic

1. Attend all classes, complete all academic assignments in a timely manner, and adhere to the University's Academic Integrity Guidelines;
2. Consult with academic advisors, OASSA staff, and attend tutoring sessions as directed;
3. Maintain an academic course load of at least twelve (12) hours per semester and make satisfactory progress toward a degree;
4. Accept responsibility for maintaining academic eligibility; and
5. Strive to obtain a college degree within four (4) years.

### Athletic

1. Abide by all team, Division, University, Atlantic 10 and NCAA rules;
2. Maintain oneself in top physical condition, within accepted health standards;
3. Attend all organized practices unless officially excused;
4. Take proper care of uniforms and equipment and return them in good condition;
5. Treat officials, opponents, and teammates with respect, and avoid undue confrontations;
6. Maintain proper standards of grooming and dress;
7. Abstain from using tobacco (see Eligibility on page 20), alcohol and non-therapeutic drugs (see Life Skills on page 37).

## **SPORTSMANLIKE CONDUCT**

1. The University will not tolerate unsportsmanlike conduct.
2. Sportsmanlike conduct means more than the absence of negative actions in public.  
It includes a student-athlete's behavior both on and off the playing field. Unacceptable behavior on the playing field includes, but is not limited to, the following:
  - a. Physical or verbal abuse of officials, coaches, opponents or spectators (includes taunting);
  - b. Throwing of objects;
  - c. Unauthorized seizure of equipment from officials or news media;
  - d. Inciting players or spectators to negative actions or to any behaviors which insult or defile an opponent's traditions;
  - e. Use of obscene or otherwise inappropriate language or gestures;
  - f. Making public statements which are negative, controversial or outside the Division's media policy; or
  - g. Participating in any action which violates generally recognized ethical standards of intercollegiate athletics participation.
3. Sanctions for unsportsmanlike conduct include warnings, suspensions, community service, and more severe sanctions.
4. Incidents of unsportsmanlike behavior should be reported to the appropriate Sports Program Administrator (SPA). The SPA will handle the incident as described in the Athletics Division Sportsmanship Plan.

## **CRIMINAL ACTIVITY POLICY**

The Athletics Division has implemented the following sanctions for student-athletes involved in criminal behavior:

1. Misdemeanor (not including minor traffic violations) charges and felony investigations will be left to the discretion of a committee including the Vice President/Director of Athletics, Faculty Athletics Representative, and legal counsel.
2. Misdemeanor convictions will result in a minimum 2 game suspension (or 7% of total competitions), with committee discretion.
3. A felony charge will result in indefinite suspension, the term of which will be determined by the committee.
4. A felony conviction will result in removal from team and loss of athletically related aid if applicable.

*All sanctions are in addition to any imposed by UD and local/state/federal legal systems.*

## **HAZING**

Hazing is dangerous and illegal. Every year students suffer injuries or even death as a direct result of some rite of initiation that goes wrong, whether it be for entry into a club, fraternity, or team. The University and the State of Ohio describe hazing as "...any act or coercing of another...to do any act of initiation...that causes or creates a substantial risk causing mental or physical harm to any person." Penalties range from large fines to jail time to expulsion from the University. This is a serious issue and one that no one should take lightly.

Many teams have acts of initiation for new athletes. Most are harmless and are intended to be fun. Remember, however, that the definition of hazing only requires that the *potential* for mental or physical harm exist. A simple, fun initiation can quickly turn into a dangerous situation and a crime. In order to make sure a team's initiation does not cross the line and become hazing, please observe the following:

- Ask a coach, sports program administrator, or other athletics administrator about plans before they are carried out.
- Student-athletes should be allowed to opt out of the initiations without fear of reprisal.
- Never involve alcohol in an initiation, this almost guarantees it will become dangerous and result in a hazing incident

## **GAMBLING AND BRIBERY**

### *Student-Athlete Responsibilities*

1. Reporting any offers of gifts, money or favors in exchange for supplying team information or for attempting to alter the outcome of any contest;
2. Maintaining a clear understanding of what constitutes a gambling and bribery activity and reporting any suspected infractions;
3. Contacting a coach or other Divisional personnel (i.e., Coordinator of Compliance) when questions concerning inappropriate release of team information occur; and
4. Increasing their awareness that participation in gambling and bribery activities can result in disciplinary actions by the University and the NCAA, as well as local, state and/or federal prosecution of the involved individual(s).

*Student-athletes and Athletics Division staff members are prohibited from engaging in any type of gambling activity concerning collegiate and professional athletics competition.*

### NCAA Sanctions for sports wagering violations

1. Wagering on any intercollegiate or professional athletics event will result in the loss of eligibility for a minimum of one year and student-athletes will be charged with a loss of one season of competition;
2. Engaging in activities designed to influence the outcome of a contest or wagering (soliciting or accepting a bet) on a University of Dayton contest will cause student-athletes to permanently lose eligibility in all sports.

*“The NCAA prohibits a student-athlete from betting on college or professional athletics through a bookmaker, a parlay card or any other method used by organized gambling. This prohibition includes participation in tournament pools (such as the NCAA Men’s Basketball Championship) and rotisseries leagues where entry fees and/or awards and prizes are involved.”*

*“You should realize that the NCAA considers organized gambling to be bets placed or solicited between teammates, students, and/or friends. As an intercollegiate student-athlete you can jeopardize your eligibility if you participate in any one of these forms of gambling.”*

### **SEXUAL MISCONDUCT**

**Exploitation:** Sexual Exploitation is taking non-consensual, unjust or abusive sexual advantage of another for the exploiter’s personal advantage or benefit, or for the benefit or advantage of anyone other than the person being exploited.

**Harassment:** Sexual Harassment is any pattern of sexually-oriented verbal, visual or physical attention, including electronic communications, by one person towards another, which is unwanted, causes discomfort or embarrassment, and/or creates an intimidating, hostile or offensive environment.

**Non-Consensual Sexual Contact:** Non-Consensual Sexual Contact is any sexual touching, including contact with the breasts, buttocks, groin, genitals, mouth or other bodily orifice of another, or touching another with any of these body parts, without consent. Non-Consensual Sexual Contact includes disrobing or exposure without consent.

**Sexual Assault:** Sexual Assault is vaginal or anal penetration by a penis, tongue, finger or object, or oral copulation without consent.

A student who is the victim of any type of sexual misconduct is encouraged to report the incident to a Resident Assistant, an Area Coordinator, a member of the Campus Ministry staff, a faculty member, a member of the administration, the University of Dayton Department of Public Safety, the City of Dayton Police Department, or the Montgomery County Prosecutor’s Office of Victim-Witness Services. Students are encouraged to seek immediate psychological/medical attention from the Counseling Center, the student Health Center or from an area hospital. When a student reports an incident of sexual misconduct to a University official, the Department of Public Safety, or other law enforcement and urgent care personnel, neither the student making the notification nor the student needing attention or assistance will be held responsible for associated violations of the Standards of Behavior. The following information may be obtained as a part of the policy and procedures for sexual misconduct as stated in the University of Dayton Sexual Misconduct Policy and Resource Guide. Sexual Misconduct encompasses a wide range of behaviors, all of which must be confronted directly by the UD community. Sexual Misconduct hinges on the concept of consent, i.e. sexual permission. Because consent is so critical to this issue, it is defined in considerable detail in this policy. The use of alcohol or drugs blurs the distinction between consent to engage in any and all levels of sexual activity and coercion or manipulation to do so. Real or perceived power differentials between individuals may create an intentional or unintentional atmosphere of coercion or manipulation. Educational and preventative measures, including effective policies and

programming, are necessary components of the University of Dayton's commitment to reducing sexual misconduct in our community. Responding effectively to sexual misconduct necessitates the coordinated efforts of Residence Education, Public Safety, the Counseling and Health Centers, Campus Ministry, the Women's Center and individual faculty and staff. UD will take seriously every report of sexual misconduct, offering complainants appropriate support and allowing them to maintain as much control as possible over the situation. At the same time, UD will ensure that those accused are treated fairly in the University's processes. This Sexual Misconduct Policy has been developed to reaffirm our institutional principles and to provide recourse for those individuals whose rights have been violated. In fact, it serves a dual purpose: as a measure for determining, after the fact, if behaviors have trespassed on community values and, as a preventative guide about the expectations we have for sexual communication, sexual responsibility and sexual respect. Accordingly, when an allegation of sexual misconduct is brought to a member of the University's faculty or staff and a student is found to have violated one or more aspect of this policy, serious sanctions will be used to ensure that such actions are never repeated. When sexual misconduct occurs as the University of Dayton, the standards of the campus community are certainly violated. In addition, Ohio Revised Code on sexual imposition, rape, sexual battery and gross sexual imposition may also be violated. Those found responsible of such violations may be subject to criminal prosecution in addition to any University disciplinary action.

**Sexual Assault and Non-Consensual Sexual Contact:**

- Can be committed by a man or a woman against a person of the same or opposite sex.
- Can be committed by current or former lovers, friends and acquaintances.
- Can be committed in connection with any UD program whether on or off campus. This applies to academic, educational, extra-curricular, athletic, residential and other University programs.
- Cannot be excused by the accused use of alcohol or drugs.
- When reported, cannot lead to retaliation against the person who brings a complaint, participates in an investigation, or pursues legal action. Such behavior by the accused or other related persons, including acquaintances, friends and family members, will not be tolerated.

Consent exists when:

A person freely, actively, and knowingly agrees at the time to participate in a particular sexual act with a particular person. It is demonstrated by mutually understandable words and/or actions that indicate a willingness to participate in mutually agreed upon activity at every stage of sexual activity.

There is *no* consent when:

It is only inferred from a person's silence or lack of resistance. There is threat of physical force, harm or intimidation exists when one person uses his/her physical presence to threaten or menace another or when the knowledge or prior violent behavior is used to threaten or menace another or there is coercion exists when a person engages in extortive threats, sexual pressuring or oppressive behavior that violates the University community's expectation of respect for the dignity of another person by causing another person to engage in unwanted sexual activity. (Coercion can be differentiated from seduction by a repetition of

the coercive activity in the face of resistance, the degree of pressure applied or the initiator's knowledge that the pressure is unwanted). A person is a minor. A person is intoxicated and/or is incapacitated Indicators of intoxication and/or incapacitation include but are not limited to: amount of a person's consumption, slurred speech, bloodshot eyes, shaky equilibrium, vomiting, outrageous or unusual behavior, and unconsciousness. by the use of alcohol or drugs, or is asleep or unconscious. The perspective of a "reasonable person" will be the basis for determination whether one should have known about the impact of the use of alcohol or drugs on another's ability to give consent.

Examples of sexual exploitation include (but are not limited to):

- The secret recording (audio or video) of sexual activity
- Complicity in voyeurism
- Peeping tommery
- The knowing transmission of HIV or a STD
- Inducing the incapacitation with the intent to take sexual advantage of another (whether or not sexual activity actually takes place.)
- Inappropriate comments of a sexual nature
- Unwelcome and repeated flirtations and sexual advances
- Sexually explicit questions, jokes, teasing or anecdotes
- Touching, parting, hugging, whistling, pinching, brushing against a person's body or unwanted staring
- Graphic commentary about an individual's body, sexual prowess, sexual deficiencies, sexual activity, experience or orientation.
- Crude or offensive language of a sexual nature
- Derogatory or demeaning comments based on gender or sexual orientation, whether sexual or not
- Displaying objects or pictures that are sexual in nature and that create a hostile or offensive environment.

### **ATHLETICS DIVISION ALCOHOL POLICY**

The Athletics Division expects its student-athletes to behave in a manner that brings pride to our program and gives them the optimum chance at success both as students and as athletes. Alcohol misuse is not consistent with the philosophy and goals of our program or the behavior of a committed, dedicated student-athlete. Important aspects of the policy:

1. All student-athletes should report any alcohol-related incidents to their coaches immediately;
2. The Athletics Division may impose sanctions in addition to those imposed by the University and/or any local state agency
3. Teams may have their own policies that may be stricter and carry heavier sanctions than those of the Athletics Division
4. Sanctions for alcohol abuse (i.e. property destruction, violent or abusive behavior, loss of motor control, DUI or loss consciousness) and drug use accumulate for a student-athlete's entire athletic career

5. Sanctions for alcohol violations (i.e. possession/consumption in residence halls, misrepresentation of age to obtain/consume alcohol, underage possession and/or consumption of alcohol) accumulate for two full semesters after the semester in which the incident occurs
6. In addition to violations of UD or local/state regulations/policies, the Athletics Division considers the following as offenses:
  - a. Consuming alcohol within 48 hours (even if student-athlete is of legal age) prior to a contest (teams may be more restrictive)
  - b. Alcohol consumption by a student-athlete host and/or their assigned recruit while on a recruiting visit (it is also a violation for a student-athlete host to allow a recruit to consume alcohol)
  - c. Any undocumented offense brought to the attention of the Administration by the coach of the program
  - d. Consumption of alcohol on UD sponsored road trips by any student-athlete (regardless of age)

#### Athletics Division Sanctions

The minimum sanction that will be imposed by the Athletics Division will be as follows:

##### *1st offense*

-10 hours of community service and possible parental notification (at the discretion of the Athletics Administration)

##### *2nd Offense*

-Suspension from one contest or (if out of season) 20 hours community service, parental notification, and an alcohol assessment (in the case of alcohol abuse)

##### *3rd Offense*

-Removal from the team and all athletically related aid is removed at the end of the academic year

#### Additional Penalties

In addition to the above policies enforced by the University of Dayton Athletics Department, student-athletes may be subject to policies and sanctions of the University, Conference, or NCAA. For details on UD's school-wide alcohol policy, please refer to the "University Standards of Behavior" section of the UD Student Handbook. If student-athletes are found to be in violation of a team, Athletics Division, University, Conference or NCAA policy, the penalty imposed depends upon the severity of the offense and may include but is not limited to:

1. Private or public reprimand;
2. Probation;
3. Suspension from the squad;
4. Dismissal from the squad;
5. Cancellation or gradation of athletically related financial aid;
6. Dismissal from the University.

### **UNIVERSITY OF DAYTON ATHLETICS SUBSTANCE ABUSE PROGRAM POLICIES AND PROCEDURES**

#### **Important Notice:**

**The Athletics Division reports the results of all confirmed positive drug tests to the University of Dayton Office of Community Standards and Civility. Positive drug**

**tests are violations under the University of Dayton Student Standards of Behavior and may result in disciplinary action including suspension from the University.**

The educational ideals of the University of Dayton stress the development and integration of the total person: mind, body, and soul. The mastering of athletic skills and the challenge of intercollegiate competition make a positive contribution to the development and integration of the whole person. On the other hand, alcohol and drug abuse are serious impediments to growth, development, and integration. The drug education and testing program for student-athletes set forth in these pages is part of the University's endeavor to create an educational environment which encourages the responsible use of alcohol and prescription drugs and seriously discourages alcohol and drug abuse.

The University of Dayton provides this drug education and testing program for student athletes for two additional reasons. First, this drug education and testing program will help ensure the safety and health of the students participating in intercollegiate competition. Second, since the University has built a reputation for high quality athletic program and it is a privilege for the student-athlete to represent the University in intercollegiate athletics, the University has the right and obligation to set standards of behavior for those who represent it in these activities. By participating in all aspects of the drug education and testing program, the student athlete contributes to his or her own education and to the safety and integrity of intercollegiate athletics at the University of Dayton. It is the policy of the University of Dayton Athletics Division to discourage and/or eliminate the use of illegal substances and the use/misuse/abuse of other dangerous substances in order to promote the health and safety of student-athletes and to ensure fair intercollegiate athletic competition. To assist in the implementation of the foregoing policy, the University of Dayton Division of Athletics has established this Substance Abuse Program consisting of the following activities, services, and sanctions:

1. Informational and Educational Activities administered by the Division of Athletics consisting of providing information about substances and educating student-athletes as to the psychological and physical effects resulting from the use/misuse/abuse of such substances.
2. Counseling services administered by the University Counseling Center consisting of problem awareness and assessment sessions, and follow-up counseling sessions providing assistance through the professional counseling to student-athletes in their efforts to cease the use/misuse/abuse of substances.
3. A testing procedure administered by the Associate Director of Athletics in charge of the Substance Abuse Program and the Drug Testing Coordinator to identify student-athletes who have used banned substances.
4. Administrative procedures administered by the Division of Athletics if a student-athlete has a confirmed positive test result (Step 2); or a third confirmed positive test result during the same academic year (Step 3).
5. Sanctions, and the procedures for the imposition thereof, applicable to student-athletes who refuse or otherwise fail to be tested or whose test results are confirmed positive.
6. Appeal procedures to safeguard the inherent fairness of this Substance Abuse Program as it is applied to an individual student-athlete.
7. Confidentiality as to matters uniquely involving an individual student-athlete (such as test results), and, at the same time, to achieve the objective of the Substance Abuse Program. Participation in this Substance Abuse Program is a prerequisite for team membership in all intercollegiate athletics at the University of Dayton. A substantial

and material failure to participate will result in dismissal from all athletic scholarship at the end of the current academic year. Prior to and as a condition of team membership in all intercollegiate athletics at the University of Dayton, student-athletes are required to file a Consent and Release of Liability form with the Drug Testing Coordinator.

### 1. Informational and Educational Activities

The Athletics Division may hold group and/or individual meetings with student-athletes; may offer and require participation in educational programs and may furnish informational and education materials to them. The intended objectives of these activities are:

- To provide student-athletes with an education that will enable them to approach the decision making process about the use of illegal substances and the use/misuse/abuse in a knowledgeable manner.
- To create an awareness of problems related to and resulting from use of illegal substances and the use/misuse/abuse of other substances in a knowledgeable manner.
- To decrease the social acceptance of substance abuse and to increase positive peer pressure that would argue against substance abuse.
- To present an overview of the social decisions facing student-athletes during and related to campus life and as may be relevant in future social settings.

Student-athletes will be encouraged to self-identify substance use/misuse/abuse problems they may have and to seek out assistance to deal with such problems. Informal counseling by the staff of the Athletics Division and professional counseling at The University of Dayton Counseling Center will be available to provide such assistance.

### 2. Counseling Services

The University Counseling Center is available to all student-athletes who desire assistance through professional counseling in their efforts to cease the use/misuse/abuse of substances. Self-referral is encouraged and can be through the Athletics Division by contacting the Head Coach, Drug Testing Coordinator/Head Athletic Trainer, and their Sports Program Administrator or directly by contacting the Counseling Center. Required counseling occurs when a student-athlete has a confirmed positive test result. The Associate Director of Athletics in charge of the Substance Abuse Program shall refer the student athlete to the Counseling Center. The Counseling Center shall be furnished a copy of the Step 1 contract and any amendments thereto.

The relationship between a student-athlete and the University Counseling Center shall be the same as the Counseling Center has with all students of the University, and no distinction shall exist whether the student-athlete is a self-referral or is required to avail himself/herself of the Counseling Services because of a confirmed positive test result. Nothing in this Substance Abuse Program modifies the practices or procedures of the Counseling Center, and inclusion of reference to the Counseling Center is only to confirm approval of this program by the Counseling Center and its commitment to provide Counseling Services which are an integral part of this Program.

The University Counseling Center will, upon request of a student-athlete or notified parents, counsel the student-athlete and/or notified parent as to inpatient/outpatient substance abuse programs available to the student-athlete, and will provide recommendations with the respect thereto. Such outside services are at the option and expense of the student-athlete and/or notified parents.

### 3. Testing Procedure

1. The testing procedure will be administered by the Drug Testing Coordinator. All test results will be reported confidentially to the Associate Director of Athletics in charge of the Substance Abuse Program.

2. The University of Dayton Athletics Division may require any or all student-athletes to participate in the Testing Procedure submitting a specimen for analysis by the testing laboratory to ascertain the presence of a banned substance.
3. The Faculty Athletics Representative shall coordinate the random selection of student athletes to participate in the testing procedure. In addition to being required to participate in the testing procedure because of random selection, an individual student-athlete may be required to participate in the testing procedure upon an indication of use of banned substance, or may be required to submit additional specimens if the Athletics Division determines that a previously submitted specimen may have been altered or contaminated or that previous testing procedures or results may not have been proper or correct. The time or times at which a specimen may be required may be pre-scheduled or without prior notice. All results will be reported to the Associate Director of Athletics in charge of the Substance Abuse Program.
4. If any student-athlete refuses or otherwise fails to participate in the Testing Procedure by not providing a specimen when and where requested, the student-athlete shall be denied the opportunity to participate in intercollegiate athletic activities. Such denial shall be automatic and will be effective upon written notice by the Associate Director of Athletics in charge of the Substance Abuse Program to the student-athlete. A copy of this notice shall be furnished by the Associate Director of Athletics in charge of the Substance Abuse Program to the Head Coach, the appropriate Sports Program Administrator, and the Director of Athletics. Such denial will continue until the student-athlete denied participation is interviewed by the Director, and submits a specimen as required by the Testing procedure. Such interview and subsequent compliance with the Testing Procedure may be before or after the written notice denying participation.
5. If a student-athlete has a confirmed positive test result, he/she will be required to avail himself / herself of Counseling Services and will be subject to Administrative Procedures detailed in the following section.
6. Student-athletes with negative test results are not notified in any way.

#### 4. Administrative Procedures

##### *Step 1*

- If a student-athlete has a confirmed positive test result, such fact will be reported by the Associate Director of Athletics in charge of the Substance Abuse Program to the student-athlete, the Head Coach and the Director of Athletics.
- The Head Coach shall establish a private meeting attended by himself/herself, the student-athlete and the Associate Director of Athletics in charge of the Substance Abuse Program to:
  - a. Reinforce the non-punitive philosophy of the Substance Abuse Program, discuss any input of notified parent, review the sanctions and implications of Step 2 and thereafter, and discuss any other matters desired by any of the participants in the meeting.
  - b. Agree upon and sign (by student-athlete, Head Coach and Director of Athletics in charge of the Substance Abuse Program) a contract providing for:
    - i. A commitment by the student-athlete that he/she will avail himself/herself of Counseling Services and will meaningfully cooperate in problem awareness/assessment/counseling sessions as proposed by the Counseling Center.
    - ii. Specific objectives or activities to be accomplished or discontinued by the student-athlete.
- Additional private meetings will be held at the direction of any party to the contract to discuss any matter or agree upon contract amendment(s) as may be recommended by the Counseling Center or otherwise as changing circum-

tances may warrant.

- During Step 1, team membership and athletic activities will not be adversely affected solely for the reason that the student-athlete had a confirmed positive test result.
- During Step 1, at any time(s) with or without prior notice or cause, the student-athlete may be required to participate in the Testing Procedure.

*Step 2*

- If a student-athlete has a second confirmed positive test result within one year, such fact will be reported by the Associate Director of Athletics in charge of the Substance Abuse Program to the student-athlete, the Head Coach, the appropriate Sports Program Administrator, the Director of Athletics and the Counseling Center.
- The Head Coach shall establish a private meeting attended by himself/herself, the student-athlete and the Associate Director of Athletics in charge of the Substance Abuse Program, and potentially the appropriate Sports Program Administrator. The Counseling Center shall be notified of the meeting and the Counselor assigned to the student-athlete may attend the meeting to discuss any matter desired by any participant, including any input of notified parents, review the sanctions of Step 2 and thereafter, and agree upon any amendment to the contract warranted by the fact that there has been a second confirmed positive test result.
- Additional private meetings will be held at the direction of any party to the contract, which may also be attended by the Counselor, to discuss any matter or agree upon contract amendment(s) as may be recommended by the Counseling Center or otherwise as changing circumstances may warrant.
- During Step 2, the Head Coach may, after prior notice to the Counselor and after providing the Counselor an opportunity to discuss the matter with the student-athlete and the Head Coach, take action by demoting the team status of the student-athlete (benching him/her) and/or then or later suspending him/her from the team.
- During Step 2, at any time(s) with or without prior notice or cause, the student-athlete may be required to participate in the Testing Procedure.

*Step 3*

- If a student-athlete has a third confirmed positive test result, such fact will be reported by the Associate Director of Athletics in charge of the Substance Abuse Program to the student-athlete, the Head Coach, the appropriate Sports Program Administrator, the Director of Athletics, and the Counseling Center.
- Upon such third confirmed positive test result, the student-athlete shall automatically and forthwith be dismissed from all athletic teams and shall lose his/her athletic scholarship.

*Parent Involvement*

- Unless prohibited by law, parents (including legal guardians) of a student-athlete will be notified as to matters involving participation of such student-athlete in his Substance Abuse Program under the following circumstances:
  - a. If a student-athlete is denied the opportunity to participate in intercollegiate activities for the reason that he/she refused or otherwise failed to participate in the Testing Procedure by not providing a specimen when and where requested, the parents will be notified of such fact when the Director of Athletics determines that the student-athlete denied participation has not availed himself/herself of the interview opportunity or in the discretion of the Director of Athletics after the interview.
  - b. If the student-athlete who is not then availing himself/herself of Counseling Services by self-referral has the first confirmed positive test result, the parents may

be notified of such fact at the discretion of the Director of Athletics after consultation with the Counseling Center.

- c. If a student-athlete has a second or third confirmed positive test result during the same academic year, the parents will be notified of such fact at the time of each such result.
- Such parent notification will be by the Associate Director of Athletics in charge of the Substance Abuse Program and notified parents are encouraged to thereafter initiate discussions of the matter with the Head Coach and/or the Director of Athletics and provide any input which might be of assistance in achieving the objectives of the Substance Abuse Program.
  - Notified parents will be furnished, upon request, a copy of the Step 1 contract and any amendments thereto.

#### 5. Sanctions

1. Failure to participate in Testing Procedures: A student-athlete will be denied the opportunity to participate in intercollegiate athletic activities, as provided in Test Procedures, Paragraph 4.
2. Second confirmed positive test result during one academic year: The student-athlete may be demoted in team status (benched) or may be suspended from the team, as provided above in Step 2, Paragraph 4.
3. The student-athlete will be dismissed from all athletic teams and will lose his/her athletic scholarship at the end of the current academic year under the following circumstances:
  - a. A third confirmed positive test result during one academic year.
  - b. A material and substantial failure to participate in the Substance Abuse Program, including the refusal or failure to provide a specimen when and where requested as provided above under Testing Procedures, Paragraph 4.

Nothing herein contained supersedes or modifies any other procedure which may be applicable or sanction which may be imposed by the University of the Athletics Division or University disciplinary process resulting from the sale, transfer, or use of illegal substance or the use/ misuse/abuse of any substance.

#### 6. Appeal Procedures

1. A student-athlete shall have the right to appeal to the Director of Athletics any matter involving interpretation or application of the Substance Abuse Program deemed by the student-athlete to be adverse to his/her personal best interests.
  - a. Such appeal shall be in writing and state the facts and reasons upon which it is based and must be received by the Director of Athletics, or the person in charge of his/her office in his/her absence, within three (3) school days after occurrence of the matter being appealed. A copy of this appeal shall be furnished by the Director to the Associate Director of Athletics in charge of the Substance Abuse Program.
  - b. The Director of Athletics shall, forthwith upon his/her receipt of the appeal, make a determination, based solely on the contents of the appeal and his/her familiarity with the objectives of the Substance Abuse Program, as to whether any actions then involving the student-athlete should be suspended during the appeal. If the Director of Athletics determines that some action should be so suspended, he/she shall cause to be taken such action as is appropriate to affect such suspension.
  - c. The Director of Athletics shall investigate, to the extent he/she deems appropriate, the facts and circumstances involved in the subject matter of the appeal to determine whether, in his/her opinion, the student-athlete is entitled to the relief re-

quested in the appeal.

- i. Such investigative activity, to the extent reasonably possible, shall be conducted so as to maintain the confidentiality of the Substance Abuse Program except to the extent that the student-athlete waives confidentiality.
    - ii. Such determination shall be in writing and shall be delivered or mailed within seven (7) school days after receipt of the appeal by the Director of Athletics to the Liaison Officer and the student-athlete. If mailed to the student-athlete, same shall be by certified mail to the local address of the student-athlete as shown on University of Dayton Bursar Office records.
  - d. If the Director of Athletics determines the appeal in favor of the student-athlete, he/she shall cause to be taken such action as is appropriate to correct the situation. This determination shall be final.
  - e. If the Director of Athletics determines the appeal in whole or in part against the student-athlete, the determination of the Director of Athletics shall be final except to the extent that the student-athlete has appeal rights to the Athletic Substance Abuse Appeals committee as hereinafter provided.
2. If determination of the Director of Athletics does not grant to the student-athlete the full relief sought, he/she may appeal such determination to the Substance Abuse Appeals committee.
  - a. Such appeal must be in writing and must be received by the Associate Director of Athletics in charge of the Substance Abuse Program or the person in charge of his/her office in his/her absence, within three (3) school days, after the determination of the Director of Athletics is delivered to the student-athlete, or within seven (7) calendar days after the determination has been deposited in the US Mail.
  - b. The Associate Director of Athletics in charge of the Substance Abuse Program shall promptly furnish a copy of said appeal, together with a copy of the initial appeal to the Director of Athletics and the determination of the Director of Athletics with respect to such appeal, to each member of the Substance Abuse Appeals Committee.
  - c. If the appeal requests such relief, any three (3) members of the committee by a writing signed by them may, based solely on the contents of the appeal, the determination of the Director of Athletics being appealed from, and their familiarity with the objectives of the Substance Abuse program, order that the actions involving the student-athlete being appealed be suspended. If such order of suspension is issued, the Director of Athletics shall cause to be taken such action as is appropriate to affect such suspension.
  - d. Upon receipt for such appeal, a hearing will be set before the Committee in order to take all evidence relevant to the subject matter of the appeal. Three members of the Committee shall constitute a quorum for the hearing provided that at least one of the members present at the hearing shall be either the Chairman or the Vice Chairman of the Committee. Concurrence by a majority of the members present at the hearing shall be required to render a decision.
  - e. The following procedures shall govern the conduct of the hearing:
    - i. Notice of the date of hearing will be served upon the student-athlete at least five (5) school days prior to the date of the hearing.
    - ii. The hearing will be transcribed or recorded, and the student-athlete will be provided with a copy of the transcription or record.
    - iii. The hearing will be closed to the public. Notified parents may attend the hearing.

- iv. The Director of Athletics, who shall be deemed to be the party adverse to the student-athlete for the purposes of the hearing, may be accompanied and assisted by members of his/her staff. The Director of Athletics shall have the burden of proof of more likely than not to show that the procedures of the Substance Abuse Program, to the extent relevant to the appeal, were substantially followed and that any deviation did not materially, substantially, and adversely affect the student-athlete, and that the facts which were the basis of the action being appealed were true.
  - v. Prior to the hearing, the student-athlete will have the opportunity to obtain necessary witnesses and documents and other evidence, and the University will cooperate in such opportunity.
  - vi. The Director of Athletics and the student-athlete shall each have the right to confront and cross-examine the witnesses of the other. Where a witness does not appear, in the interest of justice, the Committee may accept a written statement into the record which will be disclosed to the other party who will then be given the opportunity to submit written questions to be answered by the witness and placed into the record.
  - vii. The committee is not bound by rules of evidence applicable in a court trial. It may admit any evidence which has probative value in determining the issues involved. Effort will be made to admit the most reliable evidence.
  - f. Based on evidence and record, the committee must decide whether or not the action taken which is the subject matter of the appeal was properly taken pursuant to the Substance Abuse program. If it finds that the action was properly taken, the appeal shall be dismissed. If it finds that the action was not properly taken, the Committee shall order such relief in favor of the student-athlete as it deems proper and equitable in the circumstances.
  - g. The findings and decision of the committee shall be final and binding on both the Director of Athletics and the student-athlete.
3. It is intended that an appeal to the Committee be only with respect to matters which involve the imposition of sanctions or the imminent probability that sanctions may be imposed. Accordingly, notwithstanding the foregoing, an appeal may be summarily dismissed without a hearing if four members of the committee by a writing signed by them, determines that the appeal is not consistent with such intent.
  4. An appeal pending at the end of an academic year, except with respect of loss of athletic scholarship, shall be dismissed as being moot. An appeal pending at the end of an academic year involving loss of athletic scholarship shall continue and be disposed of as soon as possible after the end of the academic year. If necessary, the President of the University shall reconstitute the Committee so that the appeal can proceed.

#### Amendments

This Substance Abuse Program will be under constant evaluation and may be amended from time to time at the discretion of the University of Dayton Athletics Division. Amendments will be distributed to all student athletes and no amendment will be retroactively applied.

#### Appendix I - Definitions

1. "Student-athlete" means a student who participates or who is a prospective participant in any capacity in any intercollegiate athletic activity administered by the University of Dayton Athletics Division, including as athlete, manager, trainer, or cheerleader.
2. "Substance" means anything ingested, injected or absorbed into the body which is generally considered to be potentially harmful to health and safety or which generally purports to be performance enhancing.

3. "Illegal substance" means a substance which cannot be legally purchased, used, or consumed in the State of Ohio, including so-called "street drugs;" a banned substance, and a substance whose use is prohibited by NCAA legislation.
4. "Prescription drug" means a substance which can be purchased only upon a prescription of a licensed physician.
5. "Over-the-counter substance" means a drug, medicine, alcohol, or other substance which is neither an illegal substance nor a prescription drug.
6. "Banned substance" means a substance on the list attached hereto as Appendix III.
7. "Specimen" means a urine specimen used to test for the presence of a banned substance.
8. "Confirmed positive" means a test result in which the presence of a banned substance was indicated by screening tests such as Enzyme-Multiplied Immunoassay Test (EMIT) and verified by secondary detection and identification on techniques such as Gas Chromatography/Mass Spectrometer (GC/MS)
9. "Testing laboratory" means an independent testing facility selected by the Drug Testing Coordinator which will analyze specimens and report results. Such selection will be based upon the Drug Testing Coordinator satisfying himself/herself that the testing facility is staffed with qualified personnel and has and follows appropriate "chain-of-custody" and confidentiality practices and procedures.
10. "Substance Abuse Appeals Committee" or "Committee" means a committee established to consider, investigate and take action with respect to alleged discrepancies or unfair treatment of any person involved in the Substance Abuse Program. The committee will consist of five (5) voting members. The Chairman shall be the University Vice President for Student Development and the Vice-chairman shall be the Chairman of the University Athletic Advisory Committee. The remaining three (3) members of and designed by the Athletic Advisory committee representing the student, the faculty and the administration.

Adopted for issuance and implementation by the University of Dayton: August 6, 1987.  
Modified: January, 1995, August 2000.

#### Appendix II – Testing Procedure

1. The Associate Director of Athletics in charge of the Substance Abuse Program or their designee identifies student-athletes to be tested using a randomly generated list of numbers provided by the Faculty Athletics Rep.
2. The list of student-athletes to be tested is turned over to the Drug Testing Coordinator for notification.
3. Student-athletes report at the designated place and time and provide a urine sample.
4. A representative from the designated testing lab handles all paperwork and assures that every effort is made to maintain a proper chain of custody for the sample. Results are reported only to the Associate Director of Athletics in charge of the Substance Abuse Program who takes appropriate action based on the principles and guidelines of the Division's Substance Abuse Policies.

#### Appendix III – NCAA Banned Drug Classes 2008-2009

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or [www.ncaa.org/health-safety](http://www.ncaa.org/health-safety) for the current list. The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the

U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or athletic trainer for further information.

## **MEDICAL POLICIES AND TRAINING ROOM PROCEDURES**

**At the University of Dayton, the health and well being of our student-athletes is a primary concern. The Sports Medicine Staff strives to prevent injuries through pre-participation physical examinations, well designed conditioning programs,**

**warm-ups, proper practice planning, and appropriate equipment selection. When an athletic injury occurs, our goal is to effectively, efficiently and consistently provide the highest quality medical care possible from the initial first-aid to the follow-up care and rehabilitation.**

### **FACILITIES**

There are two Athletic Training Rooms in operation at the University of Dayton. The Arena Training Room is located in the Donohoe Basketball Center and utilized by Arena teams for practices and games. The Frericks Center training room is open year round and is utilized for treatment and rehabilitation to all sports in the mornings and serves those sports that operate out of the Frericks Center in the afternoon.

### **STAFF**

The University of Dayton Sports Medicine Staff consists of a team of Family Practice/Sports Medicine Trained Physicians and Orthopedic Consultants and four full-time and two graduate assistant certified and licensed Athletic Trainers, any of whom may be consulted regarding injuries or illnesses. These professionals work through open lines of communication and cooperation to achieve their common goal. In particular instances the Head Team Physician may refer student-athletes to other physicians or specialists. However, the Head Team Physician supervises the status of all student-athletes and has the final authority with regard to all medical disqualifications, treatment, and return to play. Referrals to specialists will be made through the Team Physicians or Athletic Trainers only! Trained personnel are present at all athletic contests and, where possible, at all practices to insure prompt medical attention. Priority for coverage is given to those sports where the risk of injury is greatest. The Sports Medicine Staff is committed to a system of shared responsibility with the student-athlete and coaches. They work closely with the coaching staff to keep them informed of the medical status of the student-athletes.

### **PHYSICAL EXAMINATIONS**

All first-year student-athletes must have a physical examination on file with the Sports Medicine Staff within the previous six months before being allowed to participate in anyway with their sport. In addition, all student-athletes must complete a physical exam their first and junior years from our medical staff. All first-year student-athletes must complete a Medical History questionnaire: a complete history of all previous significant injuries and illness must be reported. This history is updated yearly and must be on file with the Sports Medicine Staff before participation in that sport is allowed.

### **INSURANCE**

The University of Dayton Division of Athletics carries a "secondary" athletic injury insurance policy. This policy only covers injuries sustained during official and supervised

athletic activity. There is no payment of medical expenses for injuries and illnesses not the result of intercollegiate competition or practice. Our athletic injury insurance policy requires we first utilize the health insurance of the student-athlete's parents or guardians. After the student-athlete's insurances have paid all available benefits, any remaining balance should be submitted to the Sports Medicine Staff for processing.

In the event the student-athlete does not have health insurance, it is recommended that the student-athlete enroll in the University of Dayton Student Insurance program through the Health Center. Although this policy does not cover athletic injuries- which the Athletics Division will, cover- it will provide insurance coverage for those injuries and illnesses that occur outside participation in the student-athlete's sport.

Only those dental injuries incurred as a result of practices or games are covered by our insurance policy. Report such injury immediately. Payment for all other dental problems is the responsibility of the student-athlete.

The Athletics Division may assist in the purchase of corrective lenses for the eyes that are necessary to enable the student-athlete to participate in their sport. The purchase of additional lenses is the responsibility of the student-athlete and is recommended.

Each student-athlete's insurance coverage information MUST be on file with the Sports Medicine Staff. This information helps expedite insurance claims should they occur. No student-athlete will be allowed to participate until this information is on file.

Each student-athlete should sign, their first year of participation, an "Authorization for Use or Disclosure of Information" form. This form allows communication of medical information among the Sports Medicine Staff and coaches to assist in the care of the injured student-athlete.

## **INJURY PROCEDURES**

Report all injuries and illnesses as soon as possible after they occur to one of the Staff Athletic Trainers. They can be reached by cell phone if not present at the practice or game. In cases of an emergency or illness occurring during off hours, contact a Staff Athletic Trainer and report to Miami Valley Hospital; list our Head Team Physician, Dr Sean Convery, as your primary care physician.

Staff Athletic Trainers or our Team Physicians will initially evaluate all injuries. All referrals to other physicians or specialists are to be made through the Sports Medicine Staff only; the student-athlete or coach is not to do this on his/her own. Any medical expense that results from outside physician consultation without the knowledge of the Sports Medicine Staff will not be covered by our insurance.

If one of our Team Physicians recommends additional medical testing or examinations, this examination will be performed at the earliest opportunity based on: the student-athlete's insurance policy and procedures, physician or facility availability, and student-athlete availability.

Injured players must report to the training room daily for treatment recommended by the Team Physicians or Athletic Trainers. Each injured student-athlete is expected to get as many treatments per day as ordered. Treatments will be given from 8:00 a.m. until 2:00 p.m. Monday through Friday in the Frericks Center Training Room. Additional treatment times can be arranged with one of the Staff Athletic Trainers. The Athletic Training Room will open approximately 1.5 hours prior to practice for treatments and taping. No treatments will be given one-half hour neither prior to practice nor during practice without permission of the Athletic Trainer and coach. Failure to report for treatment or to complete the prescribed treatment will be reported to the coach for appropriate action.

Everyone will dress in full gear for practice unless otherwise advised beforehand by the Athletic Trainer. If the student-athlete is injured to the extent that he/she cannot dress in

full gear or will be available only for limited Medical Policies and Training Room Procedures work, he/she will be required to report to practice on time and in the gear suggested by the Athletic Trainer. During practice, injured players may be assigned special exercises, running, or calisthenics intended to speed recovery and maintain conditioning. No student-athlete is to leave practice because of an injury or illness without consulting an Athletic Trainer. Failure to complete assigned exercises, loafing, or inactivity during practice will be reported to the coach for appropriate action.

In the absence of a Team Physician or an Athletic Trainer, the head coach is responsible for the decision of returning a student-athlete to participation until the advice of Team Physician or Staff Athletic Trainer can be obtained. Student Aids are present for first-aid purposes only. Both student-athletes and coaches are to remember that the Head Team Physician has the final authority regarding a student-athlete's return to participation following an injury or illness.

## **PREVENTION OF INJURIES**

The prevention of an injury is much better than having to treat one after it occurs. All players should not underestimate the importance of flexibility, strength, and conditioning exercises, and perform them thoroughly. Taping or wrapping necessity will be at the discretion of the Athletic Trainers. Those student-athletes who have chronic problems are expected to be wrapped or braced and perform specific exercises to help remedy the problem.

## **TRAINING ROOM RULES**

1. Do not wear cleated or spiked shoes in the training room.
2. Do not bring uniforms, shoes, or other clothing into the training room.
3. Wear shorts at all times while in the training room
4. Absolutely no self-treatments: the Sports Medicine Staff will apply all taping, bandages, etc.
5. No LOITERING in the training room unless you are there for treatment or examination by the Sports Medicine Staff.
6. Do not use or remove equipment, supplies, or special pads without permission of the Athletic Trainers. All wraps, etc., will be checked out to the student-athlete and returned when the student-athlete is finished using them. Student-athletes will be charged for any item not returned.
7. Avoid horseplay, improper language, and unnecessary confusion.
8. After practice remove tape, etc., in the locker room and take a shower before treatment of injuries, minor wounds, cuts, and abrasions.

## **SPORTS MEDICINE STAFF TELEPHONE NUMBERS**

Steve Foster, ATC/L	office: 9-4401	cell: 272-4491
Nate Seymour, ATC/L	office: 9-4437	cell: 272-4492
Jamie Potter, ATC/L	office: 9-4437	cell: 361-9136
Kaname Yamaguchi, ATC/L	office: 9-4437	cell: 272-6567
Chris Cameron, ATC/L	office: 9-4437	
Lisa Schulte, ATC/L	office: 9-4437	
Arena Athletic Training Room	9-4658	
Head Team Physician:	Sean Convery, MD	
Assistant Team Physicians:	Dusty Rhodes, DO	

Mike Barrow, MD  
Teresa Zryd, MD  
Orthopedic Consultants: Tim Quinn, MD  
Jim Klosterman, MD

## **EQUIPMENT ROOM**

A proud moment for most of our student-athletes is the first day they get to put on a University of Dayton uniform. Being a part of our program should make you proud. Every time you compete in a UD uniform you represent over 70,000 living alumni of this university. It is an honor to be a Flyer.

It is no small task ordering and maintaining uniforms and equipment for our 17 athletic teams. We attempt to maintain our teams in the best equipment possible given our fiscal limitations. Our equipment managers make every effort to keep all of our gear in the best condition possible. It is important that you take care of the equipment that you are issued and that you follow the procedures that have been established.

The University of Dayton has two equipment/laundry facilities; one is located at the arena and one is in the Frericks Center. The Frericks Center equipment room is located on the north side of the building (RM 9) and the arena facilities are located in the Donohoe Basketball Center.

Our facilities in the Frericks Center accommodate all sports except football and men's/women's basketball. Hours vary in accordance with practice, game, travel and weekend schedules.

Our laundry facilities work on a daily basis and are run by student employees. We do not do any personal laundry for the athletes. For those teams who need daily practice gear laundered, it must be dropped off and picked up in the equipment room.

For home contest, game gear will be issued from the equipment room the same way as practice gear. When your team is on the road, players will need to follow instructions.

At the end of each sports season we will have an equipment return date and time set up for the players. The players are to return any issued gear, including trainer's wraps, braces, etc., at this time. Those who do not return items will be notified along with the head coach.

Both equipment rooms are equipped with telephone answering machines and messages may be left at any time (Frericks Center x4457 or Arena 449-2858).

All gear (practice and/or game) should be turned in as soon as possible after use. Your coach will let you know when things are due. Failure to turn in gear in a timely manner may result in it not being laundered before it is returned and/or other penalties.

Players are responsible for any and all UD issued gear (practice and game), locks, etc. Alterations to uniforms are to be done by the equipment staff only, or with the equipment manager's expressed written permission. If a player does not return all items issued to him/her, he/she will be billed a replacement cost for the items. The equipment manager will give a list of items still out to the head coach and they will make a decision as to the payment procedure.

Our locker room facilities are limited in size so please help by keeping the locker room clean and as neat as possible. It will be necessary for some teams during the season to share a locker room. If during the day a player needs to get into their locker room they may come to the equipment room and someone will let them in.

All equipment will be inventoried at the end of each team's season. The equipment manager and staff will abide by all Athletics Division, Atlantic 10 Conference, and NCAA rules.

## **STRENGTH AND CONDITIONING**

**“Champions are not born, they’re made.”** The University of Dayton believes strongly in the ability of its student-athletes to improve themselves given the right environment and resources. One such resource that is available to all student-athletes is our strength and conditioning program. This program consists of three fully equipped facilities and a staff of professionals dedicated to helping our athletic teams compete safely and successfully.

### **FACILITIES**

The Athletics Division operates three separate strength and conditioning facilities. The Frericks Center Strength and Conditioning Area (room 45) is the heart of our program. The facility houses a wide variety of free weights, dumbbells, weight training machines, agility devices, and cardiovascular exercise equipment. We also have a weight room in the back of the Frericks Center Gymnasium. This facility is used primarily for team workouts. The basketball teams will use the weight room in the Donohoe Basketball Center which is attached to the UD Arena. Additionally, the University operates several weight rooms on campus and a state of the art conditioning facility in the Physical Activity Center (located adjacent to the Frericks Center).

### **SAFETY**

The strength and conditioning staff are trained professionals who are dedicated to helping our student-athletes. You will not be asked to perform any exercise that is considered risky or dangerous. Please do not attempt to do exercises that you are not familiar with or ones you do not feel you can perform in a safe and effective manner. Always use proper safety equipment (weight belts, safety racks, etc.). Never perform lifts such as squats, bench press (incline or regular), or military press without a competent spotter. Listen to and follow the instructions of our staff.

### **STRENGTH TRAINING**

There are three requirements that must be met to produce meaningful strength gains.

- 1) Properly designed resistance training must be performed. All UD athletic teams participate in some kind of resistance training, and most lift year round. If your team isn't involved in an organized lifting program, feel free to contact a member of our staff to get an individual program started.
- 2) Athletes need to get adequate rest and sleep. Muscular improvements occur between workouts, not during them. It is sometimes difficult for college students to get enough sleep on a regular basis, but proper daily planning can help. If you feel you are having a problem in this area, you can contact a member of our Academic Support Program or someone at the Counseling Center.
- 3) Weight training without adequate nutrition can be futile. The body needs energy to fuel growth and materials to produce muscular changes. What and when you eat may be as important as lifting when it comes to muscular development.

### **NUTRITION SUPPLEMENTS**

The overwhelming majority of nutrition supplements sold in magazines, gyms, health food stores, and over the internet, will not do anything to enhance athletic performance. A few are effective, but most are useless and expensive. Some can actually damage your health and performance, and may contain compounds that could cost you your NCAA eligibility. Beware of anything that promises phenomenal physical gains or weight loss in short periods of time. Products that contain extracts from herbs, roots, and other natural

sources are poorly regulated. Some of these include banned substances that may or may not be listed on the label.

The supplements listed below are examples of compounds banned by the NCAA and considered particularly dangerous to athletes. Please note that these are just examples and that there are many more dangerous supplements available and even more brand names containing these dangerous compounds.

Please contact a member of our strength and conditioning or sports medicine staffs before you try any type of ergogenic or nutritional supplement.

Student-athletes and coaches may also contact the Dietary Supplement Resource Exchange Center (sponsored by the NCAA) for confidential answers to questions about supplements.

[www.drugfreesport.com/rec.816.474.7321](http://www.drugfreesport.com/rec.816.474.7321) or 877.202.0769

## **EXAMPLES OF NCAA BANNED SUBSTANCES BY NAME-BRAND**

### Weight Control/Stimulants

Ephedrine, Yohimbin, Ma Huang, Guarana

#### **Name Brands**

“RIPPED FUEL”	“MEGA-RIPPED”
“DIET FUEL”	“HYDROXY RIPPED”
“ECA STACK”	“METABOLIFE 365”
“METABOLIFT”	“METABOSURGE”
“XENADRINE”	“THERMADRENE”
“PRO-ORANGE”	“ULTIMATE ORANGE”
“NO DOZE”	“GAS-N-GO”
“TRIM-PHEN”	“MALE CHROMA DIET”

### Anabolic Type Steroids/Steroid Mimickers

Androstenedione, DHEA, Tribulus Terrestris

#### **Name Brands**

“ANABOLIC DRIVE”	“DHEA”
“TRIBULUS TERRESTRIS”	“ANDROSTENEDIONE”
“NATURAL STEROL COMPLEX”	

### Multi-Vitamin Products

#### **Name Brands**

“ULTRA VITA-MAN”	“COBRA”
“MALE RESPONSE”	“VIPER”

## **NUTRITION TIPS**

- \* Eat breakfast early every day.
- \* Never skip meals.
- \* Try to distribute food intake evenly throughout the day.
- \* Drink plenty of fluids--especially before, during, and after practice.
- \* Increase fluid intake when practicing or playing in the heat.
- \* Eat fruit or drink a carbohydrate beverage shortly after practice.
- \* Eat balanced diet rich in fruits, vegetables, breads, and cereals.

- \* Avoid food high in fat.
- \* Eat only light to medium meals that are high in carbohydrates within three to four hours of practice and competition.
- \* Consume meat or some other source of protein at every meal.

## **OTHER SERVICES**

The Strength and Conditioning Program offers a wide variety of services. We have a large assortment of cardiovascular conditioning equipment, as well as number of speed, agility, and quickness devices. Our staff are available to help individuals or groups on an appointment basis.

## **CHAMP/LIFE SKILLS**

**The University of Dayton recognizes that student-athletes may come across challenges while trying to balance being a Division I student-athlete with the responsibilities of academics and being a successful, well-rounded individual. In order to offset some of these challenges and enhance the student-athlete experience, staff members created the UD Life Skills Program. UD's program is recognized as a member of the NCAA CHAMPS/Life Skills Program. There are five components to the CHAMPS/Lifeskills program: Athletic Excellence, Academic Excellence, Personal Development, Career Development and Community Service.**

### **UDI 145 -- LIFE SKILLS FOR STUDENT-ATHLETES**

This course is designed to introduce first-year student-athletes to the various life skills needed to successfully manage the challenges of being a collegiate student-athlete. This course will also help assist the student-athlete in adjusting to college life as well as identifying and clarifying personal values in relation to life decisions. It will help the student-athlete recognize the unique demands of college and assist them in acquiring skills, which will allow them to respond to those challenges. The student-athlete will be provided with programs and resources to enable them to maximize personal success. This course will also provide a forum for reflection on life goals, values, study skills and life skills to help the student-athlete succeed in their new environment. UDI 145 is mandatory for all first-year University of Dayton student-athletes. It is a one-semester course for which the student-athlete will receive one credit.

### **SEASON EVALUATIONS/SENIOR EXIT INTERVIEWS**

At least once during the year underclassmen should be asked to fill out an end of season evaluation, analyzing their experience as a UD student-athlete. This is a completely confidential survey designed to let student-athletes tell us what we could improve on and what we are already doing well as a coaching staff, administration, and department. Seniors will be asked to engage in an exit interview in person with at least one sports program administrator before leaving UD.

### **ALCOHOL EDUCATION**

Each year the Athletics Division works with the UD Counseling Center to organize an alcohol education event geared towards student-athletes. Attendance at this event is mandatory for all student-athletes and is designed to provide additional information and resources regarding alcohol consumption in general and on UD's campus. For information regarding the UD Athletics alcohol and drug testing policies, please see pages 31 and 32.

## **ACADEMIC AWARDS BANQUET**

The University of Dayton Division of Athletics and the Office of the Provost recognize the importance of both athletic and academic success. The annual OASSA Scholar-Athlete Banquet is designed to recognize student-athletes who exhibit exceptional academic success by presenting the following awards:

### 3.50 Honorees

Student-Athletes who have achieved a grade point average above a 3.5 during either the winter or fall semesters of the preceding calendar year.

### 4.00 Flyers

Given to student-athletes who achieved a perfect grade point average during either the winter or fall semesters of the preceding calendar year.

### All-Academic Team

Recognizes student-athletes who currently maintain the highest cumulative grade point average on their respective teams.

### Presidential Outstanding Scholar-Athlete

This award is designed to be the most prestigious honor presented by the Office of Academic Services for Student-Athletes and the Office of the Provost. It serves to recognize two student-athletes, one male and one female, who have demonstrated academic excellence, qualities of leadership, and service to the University of Dayton community.

## **VARSITY D AWARDS**

For decades, participation in athletics at the University of Dayton has been recognized by the Varsity D Awards System. Each year, all the UD student-athletes receive an award (see below) to celebrate their contributions to their team, the Athletics Division, and the University of Dayton Community.

- To receive a varsity D letter award, the student athlete needs to complete his or her competitive season in good standings, as determined by the Head Coach and approved by the Sports program Administrator.
- Awards are not based on whether the student is a freshman, sophomore, junior or senior, but rather on whether the student athlete has participated in a sport for one, two, three, four, or five years at the University of Dayton.

### AWARDS:

- |               |               |
|---------------|---------------|
| • First Year  | Plaque        |
| • Second Year | Letter Jacket |
| • Third Year  | Watch         |
| • Fourth Year | Ring          |
| • Fifth Year  | Blanket       |

### TRANSFERS:

Four years of eligibility left: enter the UD system @ 1<sup>st</sup> year level award

Three years of eligibility left: enter the UD system @ 2<sup>nd</sup> year level award

Two years of eligibility left: will receive 2<sup>nd</sup> year award jacket their 1<sup>st</sup> year and 4<sup>th</sup> year award ring their senior year. These student athletes would be eligible for a 5<sup>th</sup> year award if they participate for a 3<sup>rd</sup> year.

One year of eligibility: receives only the 4<sup>th</sup> year ring award. If they participate for the extra year, they would earn the 5<sup>th</sup> year award

## **CAREER SERVICES**

UD's Career Services Center, located in the Caldwell Street Center, works closely with all students in assisting them with various career and educational services such as choosing a major, setting career objectives, or taking the first steps toward a career. Career Services will help with resume writing, review cover letters, and walk through mock interviews. There are also career fairs set up at the university for all students that are interested in taking advantage of them.

## **STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)**

### *Mission Statement and Objectives*

- To enhance the academic, physical, and social development of University of Dayton student-athletes, as well as foster an active communication network between these student-athletes, administration, campus, and community.
- To support and develop the academic, physical, and social experience of the student-athletes at The University of Dayton, as well as to increase community and campus involvement.

SAAC is made up of representatives from each varsity team. The group meets at least once a month to address areas of special interest to our student-athletes and to develop leadership skills. SAAC representatives should identify themselves to their teams. If they do not, student-athletes are asked to contact their coach for more information. Student-athletes are encouraged to use this program to address problems that they are having, or to bring up suggestions that they feel may benefit the Athletics Division.

*Full constitution and bylaws for SAAC are available on the web at*

<http://daytonflyers.cstv.com/athleteservices/dayt-SAAC.html>