

# Colorado State University



## Cross Country

[www.CSURams.com](http://www.CSURams.com)

### Women's Times

Date:	Sept. 2 Wyoming Invitational 2.5 Miles	Sept. 10 Rust Buster Invitational 3.75 Miles	Sept. 24 Roy Griak Invitational 3.72 Miles	Oct. 14 Wisconsin Adi- das Invitational 3.75 Miles	Oct. 29 MW Championships 3.75 Miles
Malia Carr	--	--	--	--	--
Kendra Gerk	14:51.3	14:40.04	22:22	23:26	23:17.5
Kaitlin Hananburg	15:03.1	14:54.75	22:34	22:25	22:25.4
Whitney Henderson	15:08.1	14:40.30	22:23	21:37	21:52
Sarah Heuer	15:06.1	14:52.73	22:15	21:53	22:39.7
Holly Keeper	15:22.7	14:47.14	--	--	22:27.8
Ellie Keyser	14:36.3	14:24.26	21:29	21:09	21:00.4
Elle Killingsworth	16:11.5	15:28.39	--	--	--
Hannah Pensack- Rinehart	14:36.6	14:23.78* **	21:54	21:10	21:25.9
Nicole Peters	14:36.0* **	14:24.03	21:08	20:43	21:13.3
Katie Peterson	--	--	--	--	--
Johanna Reed	--	--	--	--	--
Kat Robinson	16:20.3	--	--	--	23:10

\*Top CSU women's time    \*\*First-place finish

# Women's Times

**Date:** Nov. 12  
**Meet:** Mountain Regional  
**Distance:** Championships  
3.75 Miles

Malia Carr	--
Kendra Gerk	22:11.9
Kaitlin Hananburg	22:37.7
Whitney Henderson	22:40.0
Sarah Heuer	--
Holly Keeper	23:13.4
Ellie Keyser	21:48.6
Elle Killingsworth	--
Hannah Pensack- Rinehart	21:59.9
Nicole Peters	21:30.5
Katie Peterson	--
Johanna Reed	--
Kat Robinson	--

# Men's Times

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<b>Date:</b>	<b>Sept. 2</b>	<b>Sept. 10</b>	<b>Sept. 24</b>	<b>Oct. 16</b>	<b>Oct. 29</b>
<b>Meet:</b>	<b>Wyoming</b>	<b>Rust Buster</b>	<b>Roy Griak</b>	<b>Pre-Nationals</b>	<b>MW</b>
<b>Distance:</b>	<b>Invitational</b>	<b>Invitational</b>	<b>Invitational</b>	<b>5 Miles</b>	<b>Championships</b>
	<b>4.25 Miles</b>	<b>3.75 Miles</b>	<b>5 Miles</b>		<b>5 Miles</b>
Alex Balsiger	23:10.5	19:32.89	--	--	26:34.1
Seth Butler	24:56.9	--	--	--	--
Cameron Fullerton	23:15.0	19:51.39	26:52	26:34	27:19.4
Andrew Goodman	23:20.1	19:40.55	--	--	26:50.9
Jake Keyser	--	19:28.19	25:38	25:38	25:41.7
Ben Larson	22:45.9	19:30.37	26:11	26:51	26:19.3
Kody Leach	23:29.8	20:19.18	--	--	--
Andrew Lesser	22:44.2	19:21.65	26:03	25:45	25:59.6
Spenser Lynass	22:01.7* **	18:58.26*	25:02	25:25	25:11.5
Christian Meyer	22:11.2	19:16.37	25:05	25:18	25:26.2
Alex Muntefering	22:46.2	19:50.72	25:27	25:52	26:42.8
John O'Neill	23:26.6	19:31.98	--	--	--

\*Top CSU men's time      \*\*First-place finish

# Men's Times

**Date:** Nov. 12  
**Meet:** Mountain Regional  
**Distance:** 6.2 Miles

Alex Balsiger 33:27.6

Seth Butler --

Cameron  
Fullerton --

Andrew  
Goodman --

Jake Keyser 31:32.7

Ben Larson 32:57.6

Kody Leach --

Andrew Lesser 31:53.9

Spenser Lynass 31:20.7

Christian Meyer 31:49.1

Alex Muntefering 32:46.5

John O'Neill --