



Fum McGraw Open

Conference Tune-Up Meet

Outdoor Track & Field Meet



- Date:** Saturday, May 8, 2010
- Starting Time:** Field events: 10:00AM
Running events: 10:00AM
- Facility:** Jack Christiansen Track at Colorado State University in Fort Collins, Colorado (Elevation 5051 - see 2010 altitude conversions for qualifying standards); located at the corner of Pitkin and College. If there is inclement weather, South College Indoor Track, located directly north of the track, will be available for team camps and warm-ups. ¼" or shorter spikes are required.
- Entry** Entries are open to college teams, collegiate and post-collegiate unattached athletes.
- Procedure:** All entries will be taken through www.DirectAthletics.com. No entries will be accepted by email or phone. Entries will close on Tuesday, May 4, 2010 at 5:00 PM MST. Please email **scratches only** to go_rammies@yahoo.com by 12:00 Noon on Thursday, May 6, 2010. **No** additions or changes may be made at meet.
- Entry Fee:** \$100 per team, men and women separate. Institutions from the Mountain West Conference do NOT pay entry fee per agreement. Please pay team fees at packet pick-up in the press box. \$10 per unattached athlete to be paid on DirectAthletics.
- Rules:** NCAA rules will be used in all cases. Fully automatic timing system will be used.
- Scoring:** This is not a scored meet. There are no awards.
- Schedule:** The time schedule is tentative and could change based on entries. The meet may be run on a rolling schedule but will not run more than 15 minutes ahead. Final schedule will be posted on Friday, May 7, 2010 on www.csurams.com.
- Weigh-Ins:** Implement weigh-ins will take place under the press box only during the following times:
8:30AM – 12:00PM Noon
- Check-In:** All competitors in track events should check-in with the clerk of course at the starting line of the event 10 minutes prior to the start of the event. All field event athletes should check-in with the field event judge 30 minutes prior to the scheduled start of the event.
- Admission:** Admission is free to the public.
- Starting Heights / Minimum Marks:** Minimum marks in the throws and horizontal jumps will be used if fields are large. Triple jump boards are at W-34' and M-40'. There will not be any other takeoff boards available. Bar progressions in the high jump and pole vault will be adjusted to hit Division I Regional and National marks. Opening heights in the vertical jumps will be determined based on entries, but WILL NOT be lower than the following minimum heights:
High Jump: 5'0" and 6'0"
Pole Vault: 10'6" and 14'0"
- Results:** Meet results will be available approximately 30 minutes after the last event. Results will be posted at www.csurams.com and on www.directathletics.com.
- Parking:** Parking is available in the lot North of the track. Parking is free on Saturdays in non-metered spots.
- Showers:** Showers are available at the South College Indoor Track, north of the outdoor track. Please bring your own towel.
- Trainers:** Colorado State University trainers will be available on the south side of the press box. For special requests, please contact Kate.Vardiman@colostate.edu.
- For additional information, please call:** Tim Cawley at (970) 491-4307 or timothy.cawley@colostate.edu
Meet cancellation and weather info: Brian Bedard at (970) 491-7651
Officials info: John Carter at (970) 491-2962



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Revised 5/6/10

Field Events:

10:00am	Men's Hammer Throw	(Women to follow)
	Women's Shot Put	(Men to follow)
11:00am	Women's High Jump	(Men to follow)
	Men's Long Jump	(Women to follow)
12:00pm	Men's Pole Vault	(Women to follow)
After HT	Women's Discus	(Men to follow)
After Disc	Women's Javelin	(Men to follow)
After LJ	Men's Triple Jump	(Women to follow)

*TJ boards are W-34' and M-40'

*Weigh-ins: 8:30am – 12:00 Noon

*TJ will begin immediately after the completion of LJ

*Javelin will begin immediately after the completion of discus

*Minimum Marks will be used if fields are large.

Running Events

11:00am	Women's 5000m Run
11:25am	Men's 5000m Run
11:45am	Women's 3000m Steeplechase
	Men's 3000m Steeplechase
12:00pm	Women's 400m Relay
12:05pm	Men's 400m Relay
12:15pm	Women's 1500m Run
12:25pm	Men's 1500m Run
12:45pm	Women's 100m Hurdles
1:00pm	Men's 110m Hurdles
1:15pm	Women's 400m Dash
1:20pm	Men's 400m Dash
-----	Senior Recognition Ceremony
1:40pm	Women's 100m Dash
1:45pm	Men's 100m Dash
1:55pm	Women's 800m Run
2:00pm	Men's 800m Run
2:15pm	Women's 400m Hurdles
2:25pm	Men's 400m Hurdles
2:40pm	Women's 200m Dash
2:50pm	Men's 200m Dash
3:00pm	Women's 1600m Relay
3:10pm	Men's 1600m Relay

*All races will be heats against time.

*All events and times are subject to change depending on the number of teams competing.

*Final schedule will be a rolling schedule and will not run more than 15 minutes ahead.