



Intern Position in Strength & Conditioning

Colorado State University's Strength and Conditioning Department is accepting applications for full-time strength and conditioning interns for the Fall and Spring academic semesters as well as summer sessions.

Responsibilities include assisting the head strength and conditioning coach in all aspects of developing and implementing strength, speed/agility, conditioning, flexibility, and recuperative programs for 14 intercollegiate athletic teams. Additional responsibilities will be to provide daily weight room supervision, daily upkeep and maintenance of equipment, assist with and conduct periodic performance and strength testing, completion of internship curriculum, and other duties as assigned.

Qualifications: Applicants must have a strong work ethic and desire to become a strength and conditioning professional. Candidates should be enrolled in or completing their degree in an Exercise Science undergraduate/graduate program and should be certified in CPR/AED and be working towards certification from any of the following organizations: NSCA, CSCCA, USAW, ACSM, or NASM. Previous experience in strength and conditioning in an intercollegiate athletics environment preferred.

Position: This is a non-paid internship position. The successful applicant(s) will receive course credit towards graduation (if applicable) and Division I FBS / Mountain West Conference strength and conditioning experience.

Starting Dates for the internships are as follows:

Summer - June 1st

Fall - August 1st

Winter/Spring - Jan. 11th

To apply: Submit letter of application, resume, and three references to Jason Phillips, Assistant Strength & Conditioning Coordinator, Colorado State University, Varsity Weight Room, 830 S. Shields St., Fort Collins, CO 80523. Application materials may be faxed to (970) 491-3226 or emailed to Jason.Phillips@colostate.edu.