

**2009 CSUN Multi's - 3/19/2009 to 3/20/2009**

**Decathlon & Heptathlon  
Cal State Northridge  
Results**

**Event 1 Men Decathlon Group B**

| Name                | Year School      | Finals |
|---------------------|------------------|--------|
| Finals              |                  |        |
| 1 Hernandez, Mike   | Cal Poly Pomona  | 6343   |
| 2 Dillow, Nathan    | George Fox Unive | 6161   |
| 3 Henderson, Logan  | Idaho State Univ | 6088   |
| 4 Marciel, Kirk     | UC Irvine        | 6072   |
| 5 Pittman, Ryan     | Claremont        | 5966   |
| 6 Macrorie, Neil    | Cal Poly Pomona  | 5866   |
| 7 Goedhart, Harley  | Idaho State Univ | 5849   |
| 8 Dillow, David     | George Fox Unive | 5816   |
| 9 Mitchell, Lasalle | UC Irvine        | 5445   |
| 10 Haldorson, Adam  | George Fox Unive | 5423   |
| 11 Harris, Arthur   | University of La | 4763   |

**Event 1 Decathlon: #1 Men 100 M Dash Decathlon**

| Name                | Year School      | Finals | Wind | H# | Points |
|---------------------|------------------|--------|------|----|--------|
| 1 Hernandez, Mike   | Cal Poly Pomona  | 11.51  | -1.6 | 2  | 750    |
| 2 Marciel, Kirk     | UC Irvine        | 11.57  | -1.6 | 2  | 738    |
| 3 Mitchell, Lasalle | UC Irvine        | 11.66  | -1.6 | 2  | 719    |
| 4 Dillow, David     | George Fox Unive | 11.81  | -1.0 | 1  | 689    |
| 5 Henderson, Logan  | Idaho State Univ | 11.85  | -1.6 | 2  | 681    |
| 6 Dillow, Nathan    | George Fox Unive | 11.88  | -1.0 | 1  | 675    |
| 7 Macrorie, Neil    | Cal Poly Pomona  | 11.90  | -1.0 | 1  | 671    |
| 8 Harris, Arthur    | University of La | 11.98  | -1.0 | 1  | 655    |
| 9 Pittman, Ryan     | Claremont        | 12.03  | -1.0 | 1  | 645    |
| 10 Haldorson, Adam  | George Fox Unive | 12.13  | -1.0 | 1  | 626    |
| 11 Goedhart, Harley | Idaho State Univ | 12.23  | -1.6 | 2  | 606    |

**Event 1 Decathlon: #2 Men Long Jump Decathlon**

| Name                | Year School      | Finals | Wind | Points       |
|---------------------|------------------|--------|------|--------------|
| 1 Hernandez, Mike   | Cal Poly Pomona  | 6.63m  | 0.6  | 21-09.00 727 |
| 2 Mitchell, Lasalle | UC Irvine        | 6.48m  | 0.6  | 21-03.25 693 |
| 3 Marciel, Kirk     | UC Irvine        | 6.44m  | 0.9  | 21-01.50 684 |
| 4 Dillow, David     | George Fox Unive | 6.22m  | 0.3  | 20-05.00 635 |
| 5 Henderson, Logan  | Idaho State Univ | 5.96m  | 0.8  | 19-06.75 578 |
| 5 Dillow, Nathan    | George Fox Unive | 5.96m  | 1.4  | 19-06.75 578 |
| 7 Macrorie, Neil    | Cal Poly Pomona  | 5.86m  | 0.3  | 19-02.75 556 |
| 8 Haldorson, Adam   | George Fox Unive | 5.80m  | +0.0 | 19-00.50 544 |
| 9 Goedhart, Harley  | Idaho State Univ | 5.78m  | 0.1  | 18-11.75 540 |
| 10 Pittman, Ryan    | Claremont        | 5.67m  | -0.2 | 18-07.25 516 |
| 11 Harris, Arthur   | University of La | 5.32m  | 1.1  | 17-05.50 445 |

**Event 1 Decathlon: #3 Men Shot Put Decathlon**

| Name                | Year School     | Finals | Points       |
|---------------------|-----------------|--------|--------------|
| 1 Pittman, Ryan     | Claremont       | 11.77m | 38-07.50 592 |
| 2 Mitchell, Lasalle | UC Irvine       | 11.70m | 38-04.75 588 |
| 3 Hernandez, Mike   | Cal Poly Pomona | 10.68m | 35-00.50 527 |

**....Event 1 Decathlon: #3 Men Shot Put Decathlon**

|                    |                  |        |              |
|--------------------|------------------|--------|--------------|
| 4 Goedhart, Harley | Idaho State Univ | 10.65m | 34-11.25 525 |
| 5 Marciel, Kirk    | UC Irvine        | 10.64m | 34-11.00 524 |
| 6 Henderson, Logan | Idaho State Univ | 10.43m | 34-02.75 512 |
| 7 Macrorie, Neil   | Cal Poly Pomona  | 10.39m | 34-01.25 509 |
| 8 Dillow, Nathan   | George Fox Unive | 10.33m | 33-10.75 505 |
| 9 Haldorson, Adam  | George Fox Unive | 10.11m | 33-02.00 492 |
| 9 Harris, Arthur   | University of La | 10.11m | 33-02.00 492 |
| 11 Dillow, David   | George Fox Unive | 9.52m  | 31-03.00 457 |

**Event 1 Decathlon: #4 Men High Jump Decathlon**

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**Results**

| Name                | Year School      | Finals        | Points |
|---------------------|------------------|---------------|--------|
| 1 Marciel, Kirk     | UC Irvine        | 1.98m 6-06.00 | 785    |
| 2 Pittman, Ryan     | Claremont        | 1.89m 6-02.25 | 705    |
| 3 Hernandez, Mike   | Cal Poly Pomona  | 1.83m 6-00.00 | 653    |
| 4 Goedhart, Harley  | Idaho State Univ | 1.80m 5-10.75 | 627    |
| 5 Harris, Arthur    | University of La | 1.77m 5-09.75 | 602    |
| 6 Henderson, Logan  | Idaho State Univ | 1.74m 5-08.50 | 577    |
| 6 Macrorie, Neil    | Cal Poly Pomona  | 1.74m 5-08.50 | 577    |
| 8 Mitchell, Lasalle | UC Irvine        | 1.68m 5-06.00 | 528    |
| 8 Dillow, Nathan    | George Fox Unive | 1.68m 5-06.00 | 528    |
| 8 Dillow, David     | George Fox Unive | 1.68m 5-06.00 | 528    |
| 11 Haldorson, Adam  | George Fox Unive | 1.56m 5-01.25 | 434    |

**Event 1 Decathlon: #5 Men 400 M Dash Decathlon**

| Name                | Year School      | Finals | H# | Points |
|---------------------|------------------|--------|----|--------|
| 1 Henderson, Logan  | Idaho State Univ | 49.85  | 2  | 822    |
| 2 Dillow, Nathan    | George Fox Unive | 50.88  | 1  | 774    |
| 3 Dillow, David     | George Fox Unive | 51.32  | 1  | 755    |
| 4 Macrorie, Neil    | Cal Poly Pomona  | 51.76  | 2  | 735    |
| 5 Haldorson, Adam   | George Fox Unive | 52.02  | 2  | 724    |
| 6 Pittman, Ryan     | Claremont        | 52.15  | 2  | 718    |
| 7 Goedhart, Harley  | Idaho State Univ | 52.74  | 2  | 693    |
| 8 Mitchell, Lasalle | UC Irvine        | 52.81  | 2  | 690    |
| 9 Hernandez, Mike   | Cal Poly Pomona  | 53.07  | 1  | 679    |
| 10 Marciel, Kirk    | UC Irvine        | 53.86  | 1  | 645    |
| 11 Harris, Arthur   | University of La | 55.52  | 1  | 578    |

**Event 1 Decathlon: #6 Men 110 M Hurdles Decathlon**

| Name                | Year School      | Finals | Wind | H# | Points |
|---------------------|------------------|--------|------|----|--------|
| 1 Dillow, Nathan    | George Fox Unive | 15.56  | 0.5  | 1  | 783    |
| 2 Hernandez, Mike   | Cal Poly Pomona  | 16.02  | 0.5  | 2  | 730    |
| 3 Macrorie, Neil    | Cal Poly Pomona  | 16.12  | 0.5  | 1  | 719    |
| 4 Marciel, Kirk     | UC Irvine        | 16.13  | 0.2  | 3  | 718    |
| 5 Mitchell, Lasalle | UC Irvine        | 16.28  | 0.2  | 3  | 702    |
| 6 Pittman, Ryan     | Claremont        | 16.97  | 0.5  | 2  | 627    |
| 7 Henderson, Logan  | Idaho State Univ | 17.02  | 0.2  | 3  | 622    |
| 8 Goedhart, Harley  | Idaho State Univ | 17.06  | 0.5  | 1  | 618    |
| 9 Dillow, David     | George Fox Unive | 17.93  | 0.5  | 2  | 531    |

**....Event 1 Decathlon: #6 Men 110 M Hurdles Decathlon**

|                    |                  |       |     |   |     |
|--------------------|------------------|-------|-----|---|-----|
| 10 Haldorson, Adam | George Fox Unive | 18.02 | 0.5 | 2 | 522 |
| 11 Harris, Arthur  | University of La | 20.63 | 0.5 | 1 | 301 |

**Event 1 Decathlon: #7 Men Discus Throw Decathlon**

| Name                | Year School      | Finals        | Points |
|---------------------|------------------|---------------|--------|
| 1 Goedhart, Harley  | Idaho State Univ | 39.92m 131-00 | 663    |
| 2 Dillow, Nathan    | George Fox Unive | 36.54m 119-10 | 595    |
| 3 Hernandez, Mike   | Cal Poly Pomona  | 33.09m 108-07 | 526    |
| 4 Henderson, Logan  | Idaho State Univ | 32.00m 105-00 | 504    |
| 5 Pittman, Ryan     | Claremont        | 31.69m 104-00 | 498    |
| 6 Mitchell, Lasalle | UC Irvine        | 30.93m 101-06 | 483    |
| 7 Marciel, Kirk     | UC Irvine        | 30.84m 101-02 | 481    |
| 8 Macrorie, Neil    | Cal Poly Pomona  | 30.50m 100-01 | 474    |
| 9 Dillow, David     | George Fox Unive | 30.12m 98-10  | 467    |
| 10 Haldorson, Adam  | George Fox Unive | 29.72m 97-06  | 459    |
| 11 Harris, Arthur   | University of La | 28.09m 92-02  | 427    |

**Event 1 Decathlon: #8 Men Pole Vault Decathlon**

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

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|----|-------------------|------------------|-------|----------|-----|
| 1  | Hernandez, Mike   | Cal Poly Pomona  | 4.25m | 13-11.25 | 688 |
| 2  | Dillow, David     | George Fox Unive | 4.15m | 13-07.25 | 659 |
| 3  | Macrorie, Neil    | Cal Poly Pomona  | 3.95m | 12-11.50 | 603 |
| 3  | Dillow, Nathan    | George Fox Unive | 3.95m | 12-11.50 | 603 |
| 3  | Goedhart, Harley  | Idaho State Univ | 3.95m | 12-11.50 | 603 |
| 3  | Henderson, Logan  | Idaho State Univ | 3.95m | 12-11.50 | 603 |
| 7  | Pittman, Ryan     | Claremont        | 3.55m | 11-07.75 | 496 |
| 8  | Marciel, Kirk     | UC Irvine        | 3.45m | 11-03.75 | 469 |
| 9  | Haldorson, Adam   | George Fox Unive | 3.35m | 10-11.75 | 444 |
| 10 | Harris, Arthur    | University of La | 3.25m | 10-08.00 | 418 |
| 11 | Mitchell, Lasalle | UC Irvine        | 3.05m | 10-00.00 | 369 |

**Event 1 Decathlon: #9 Men Javelin Throw Decathlon**

| Name | Year School       | Finals           | Points            |
|------|-------------------|------------------|-------------------|
| 1    | Hernandez, Mike   | Cal Poly Pomona  | 46.53m 152-08 537 |
| 2    | Macrorie, Neil    | Cal Poly Pomona  | 44.82m 147-00 512 |
| 3    | Haldorson, Adam   | George Fox Unive | 44.05m 144-06 501 |
| 4    | Pittman, Ryan     | Claremont        | 41.86m 137-04 469 |
| 5    | Marciel, Kirk     | UC Irvine        | 40.45m 132-08 449 |
| 6    | Henderson, Logan  | Idaho State Univ | 39.00m 127-11 428 |
| 7    | Dillow, Nathan    | George Fox Unive | 37.70m 123-08 409 |
| 8    | Goedhart, Harley  | Idaho State Univ | 36.79m 120-08 396 |
| 9    | Dillow, David     | George Fox Unive | 35.74m 117-03 381 |
| 10   | Mitchell, Lasalle | UC Irvine        | 33.15m 108-09 344 |
| 11   | Harris, Arthur    | University of La | 31.95m 104-10 327 |

**Event 1 Decathlon: #10 Men 1500 M Run Decathlon**

| Name | Year School       | Finals           | Points      |
|------|-------------------|------------------|-------------|
| 1    | Henderson, Logan  | Idaho State Univ | 4:27.45 761 |
| 2    | Dillow, David     | George Fox Unive | 4:34.77 714 |
| 3    | Dillow, Nathan    | George Fox Unive | 4:35.24 711 |
| 4    | Pittman, Ryan     | Claremont        | 4:36.86 700 |
| 5    | Haldorson, Adam   | George Fox Unive | 4:40.49 677 |
| 6    | Marciel, Kirk     | UC Irvine        | 4:56.76 579 |
| 7    | Goedhart, Harley  | Idaho State Univ | 4:56.81 578 |
| 8    | Hernandez, Mike   | Cal Poly Pomona  | 5:05.93 526 |
| 9    | Harris, Arthur    | University of La | 5:07.41 518 |
| 10   | Macrorie, Neil    | Cal Poly Pomona  | 5:08.86 510 |
| 11   | Mitchell, Lasalle | UC Irvine        | 5:44.96 329 |

**Event 2 Women Heptathlon Group B**

| Name | Year School      | Finals                |
|------|------------------|-----------------------|
| 1    | Huntley, Tukeha  | Cal State Los An 4508 |
| 2    | Beemer, Brianne  | University of Co 4400 |
| 3    | Dreher, Katie    | University of Co 4328 |
| 4    | McGrane, Caitlin | University of Pu 4325 |
| 5    | Smith, Amanda    | Cal Poly Pomona 4221  |
| 6    | Smith, Troi      | University of Co 4041 |
| 7    | Yurek, Nicole    | Idaho State Univ 3892 |
| 8    | Brown, Christina | Idaho State Univ 3751 |
| 9    | Ridley, Tanyshia | Cal State Los An 3727 |
| 10   | Micue, Eva       | Cal State Los An 3643 |

**Event 2 Heptathlon: #1 Women 100 M Hurdles Heptathlon**

| Name | Year School      | Finals                 | Wind | H# | Points |
|------|------------------|------------------------|------|----|--------|
| 1    | McGrane, Caitlin | University of Pu 15.46 | -0.1 | 2  | 782    |
| 2    | Ridley, Tanyshia | Cal State Los An 15.47 | -0.9 | 4  | 781    |
| 3    | Smith, Amanda    | Cal Poly Pomona 15.89  | 0.7  | 3  | 728    |

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|    |                  |                  |       |      |   |     |
|----|------------------|------------------|-------|------|---|-----|
| 4  | Huntley, Tukeha  | Cal State Los An | 15.99 | 1.2  | 1 | 715 |
| 5  | Beemer, Brianne  | University of Co | 16.08 | -0.9 | 4 | 704 |
| 6  | Smith, Troi      | University of Co | 16.12 | -0.1 | 2 | 700 |
| 7  | Malone, Lindsey  | Unattached       | 16.40 | 1.2  | 1 | 666 |
| 8  | Anderson, Nicole | Idaho State Univ | 17.17 | -0.9 | 4 | 577 |
| 9  | Dreher, Katie    | University of Co | 17.18 | 0.7  | 3 | 576 |
| 10 | Micue, Eva       | Cal State Los An | 17.43 | -0.1 | 2 | 549 |
| 11 | Yurek, Nicole    | Idaho State Univ | 17.70 | -0.1 | 2 | 520 |
| 12 | Brown, Christina | Idaho State Univ | 18.38 | 1.2  | 1 | 450 |

**Event 2 Heptathlon: #2 Women High Jump Heptathlon**

| Name | Year School     | Finals           | Points            |
|------|-----------------|------------------|-------------------|
| 1    | Malone, Lindsey | Unattached       | 1.72m 5-07.75 879 |
| 2    | Beemer, Brianne | University of Co | 1.60m 5-03.00 736 |
| 3    | Huntley, Tukeha | Cal State Los An | 1.57m 5-01.75 701 |
| 4    | Smith, Troi     | University of Co | 1.54m 5-00.50 666 |

**....Event 2 Heptathlon: #2 Women High Jump Heptathlon**

|    |                  |                  |                   |
|----|------------------|------------------|-------------------|
| 4  | Dreher, Katie    | University of Co | 1.54m 5-00.50 666 |
| 6  | Micue, Eva       | Cal State Los An | 1.51m 4-11.50 632 |
| 7  | Anderson, Nicole | Idaho State Univ | 1.48m 4-10.25 599 |
| 8  | Brown, Christina | Idaho State Univ | 1.42m 4-07.75 534 |
| 9  | McGrane, Caitlin | University of Pu | 1.39m 4-06.75 502 |
| 10 | Smith, Amanda    | Cal Poly Pomona  | 1.36m 4-05.50 470 |
| 11 | Ridley, Tanyshia | Cal State Los An | 1.33m 4-04.25 439 |
| 12 | Yurek, Nicole    | Idaho State Univ | 1.27m 4-02.00 379 |

**Event 2 Heptathlon: #3 Women Shot Put Heptathlon**

| Name | Year School      | Finals           | Points              |
|------|------------------|------------------|---------------------|
| 1    | Smith, Troi      | University of Co | 11.08m 36-04.25 600 |
| 2    | Huntley, Tukeha  | Cal State Los An | 10.78m 35-04.50 581 |
| 3    | McGrane, Caitlin | University of Pu | 9.83m 32-03.00 518  |
| 4    | Yurek, Nicole    | Idaho State Univ | 9.77m 32-00.75 514  |
| 5    | Anderson, Nicole | Idaho State Univ | 9.75m 32-00.00 513  |
| 6    | Ridley, Tanyshia | Cal State Los An | 9.44m 30-11.75 493  |
| 7    | Brown, Christina | Idaho State Univ | 9.40m 30-10.25 490  |
| 8    | Dreher, Katie    | University of Co | 9.34m 30-07.75 486  |
| 9    | Smith, Amanda    | Cal Poly Pomona  | 9.04m 29-08.00 467  |
| 10   | Beemer, Brianne  | University of Co | 9.01m 29-06.75 465  |
| 11   | Micue, Eva       | Cal State Los An | 7.74m 25-04.75 383  |

**Event 2 Heptathlon: #4 Women 200 M Dash Heptathlon**

| Name | Year School      | Finals           | Wind  | H#   | Points |     |
|------|------------------|------------------|-------|------|--------|-----|
| 1    | Ridley, Tanyshia | Cal State Los An | 25.85 | 0.5  | 3      | 810 |
| 2    | Yurek, Nicole    | Idaho State Univ | 26.16 | 0.9  | 2      | 783 |
| 3    | Huntley, Tukeha  | Cal State Los An | 26.38 | 0.5  | 3      | 764 |
| 4    | Smith, Amanda    | Cal Poly Pomona  | 26.53 | 0.9  | 2      | 751 |
| 5    | McGrane, Caitlin | University of Pu | 26.73 | -0.7 | 1      | 734 |
| 6    | Beemer, Brianne  | University of Co | 26.82 | 0.5  | 3      | 727 |
| 7    | Dreher, Katie    | University of Co | 26.84 | 0.9  | 2      | 725 |
| 8    | Brown, Christina | Idaho State Univ | 27.08 | -0.7 | 1      | 705 |
| 9    | Smith, Troi      | University of Co | 27.57 | -0.7 | 1      | 665 |
| 10   | Micue, Eva       | Cal State Los An | 28.03 | -0.7 | 1      | 628 |
| 11   | Anderson, Nicole | Idaho State Univ | 31.94 | 0.5  | 3      | 355 |

**Event 2 Heptathlon: #5 Women Long Jump Heptathlon**

| Name | Year School      | Finals           | Wind                | Points |
|------|------------------|------------------|---------------------|--------|
| 1    | Smith, Amanda    | Cal Poly Pomona  | 5.30m -0.3 17-04.75 | 643    |
| 2    | Ridley, Tanyshia | Cal State Los An | 5.29m 0.5 17-04.25  | 640    |
| 3    | Brown, Christina | Idaho State Univ | 5.22m 1.3 17-01.50  | 620    |

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|---|------------------|------------------|-------|------|----------|-----|
| 4 | Huntley, Tukeha  | Cal State Los An | 5.18m | 1.2  | 17-00.00 | 609 |
| 5 | Dreher, Katie    | University of Co | 5.06m | -0.7 | 16-07.25 | 576 |
| 6 | Smith, Troi      | University of Co | 4.80m | 0.1  | 15-09.00 | 506 |
| 7 | Yurek, Nicole    | Idaho State Univ | 4.74m | 0.8  | 15-06.75 | 490 |
| 8 | McGrane, Caitlin | University of Pu | 4.68m | +0.0 | 15-04.25 | 474 |
| 9 | Beemer, Brianne  | University of Co | 4.56m | 0.6  | 14-11.50 | 443 |

**....Event 2 Heptathlon: #5 Women Long Jump Heptathlon**

|    |            |                  |       |     |          |     |
|----|------------|------------------|-------|-----|----------|-----|
| 10 | Micue, Eva | Cal State Los An | 4.43m | 0.1 | 14-06.50 | 411 |
|----|------------|------------------|-------|-----|----------|-----|

**Event 2 Heptathlon: #6 Women Javelin Throw Heptathlon**

| Name | Year School      | Finals                  | Points     |
|------|------------------|-------------------------|------------|
| 1    | McGrane, Caitlin | University of Pu 31.58m | 103-07 507 |
| 2    | Dreher, Katie    | University of Co 31.37m | 102-11 503 |
| 3    | Yurek, Nicole    | Idaho State Univ 30.72m | 100-09 490 |
| 4    | Smith, Amanda    | Cal Poly Pomona 29.92m  | 98-02 475  |
| 5    | Huntley, Tukeha  | Cal State Los An 28.57m | 93-09 450  |
| 6    | Beemer, Brianne  | University of Co 28.14m | 92-04 441  |
| 7    | Smith, Troi      | University of Co 24.69m | 81-00 376  |
| 8    | Ridley, Tanyshia | Cal State Los An 23.87m | 78-04 361  |
| 9    | Micue, Eva       | Cal State Los An 22.64m | 74-03 338  |
| 10   | Brown, Christina | Idaho State Univ 22.09m | 72-06 328  |

**Event 2 Heptathlon: #7 Women 800 M Run Heptathlon**

| Name | Year School      | Finals                   | Points |
|------|------------------|--------------------------|--------|
| 1    | Beemer, Brianne  | University of Co 2:15.60 | 884    |
| 2    | McGrane, Caitlin | University of Pu 2:21.18 | 808    |
| 3    | Dreher, Katie    | University of Co 2:22.07 | 796    |
| 4    | Yurek, Nicole    | Idaho State Univ 2:28.20 | 716    |
| 5    | Micue, Eva       | Cal State Los An 2:29.29 | 702    |
| 6    | Huntley, Tukeha  | Cal State Los An 2:30.40 | 688    |
| 7    | Smith, Amanda    | Cal Poly Pomona 2:30.48  | 687    |
| 8    | Brown, Christina | Idaho State Univ 2:35.59 | 624    |
| 9    | Smith, Troi      | University of Co 2:44.00 | 528    |
| 10   | Ridley, Tanyshia | Cal State Los An 3:19.76 | 203    |

**Event 3 Men Decathlon Group A**

| Name | Year School     | Finals                |
|------|-----------------|-----------------------|
| 1    | Capps, Nate     | Idaho State Univ 6790 |
| 2    | Von Hagen, Alex | University of Co 6584 |
| 3    | Silvester, Brad | Idaho State Univ 6549 |
| 4    | Graef, Brandon  | Idaho State Univ 6525 |
| 5    | Taylor, Eddie   | University of Co 5768 |

**Event 3 Decathlon: #1 Men 100 M Dash Decathlon**

| Name | Year School       | Finals                 | Wind H# | Points |
|------|-------------------|------------------------|---------|--------|
| 1    | Robinson, Robert  | Cal State Northr 11.17 | -0.6 2  | 823    |
| 2    | Collins, Jonathan | Unattached 11.24       | 0.3 1   | 808    |
| 3    | Graef, Brandon    | Idaho State Univ 11.31 | -0.6 2  | 793    |
| 4    | Peterson, Kyle    | UC Irvine 11.37        | 0.6 3   | 780    |
| 5    | Burt, Desi        | Unattached 11.37       | -0.6 2  | 780    |
| 6    | Taylor, Eddie     | University of Co 11.47 | 0.3 1   | 759    |
| 7    | Hall, Andrew      | Unattached 11.51       | -0.6 2  | 750    |
| 8    | Von Hagen, Alex   | University of Co 11.58 | 0.3 1   | 736    |

**....Event 3 Decathlon: #1 Men 100 M Dash Decathlon**

|    |                 |                        |        |     |
|----|-----------------|------------------------|--------|-----|
| 9  | Gonzales, Lance | Cal State Northr 11.62 | -0.6 2 | 728 |
| 10 | Capps, Nate     | Idaho State Univ 11.62 | 0.3 1  | 728 |
| 11 | Linker, Josh    | Cal State Los An 11.64 | -0.6 2 | 723 |
| 12 | Forbes, Ryan    | George Fox Unive 11.69 | 0.6 3  | 713 |
| 13 | Richert, Trent  | UC Irvine 11.70        | 0.6 3  | 711 |

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|-------------------------|------------------|-------|-----|---|-----|
| 14 Talkington, Jonathan | Cal State Northr | 11.86 | 0.6 | 3 | 679 |
| 15 Silvester, Brad      | Idaho State Univ | 11.94 | 0.6 | 3 | 663 |
| 16 Morse, Owen          | Cal State Northr | 15.02 | 0.3 | 1 | 183 |

**Event 3 Decathlon: #2 Men Long Jump Decathlon**

| Name                    | Year School      | Finals | Wind          | Points |
|-------------------------|------------------|--------|---------------|--------|
| 1 Burt, Desi            | Unattached       | 6.96m  | 1.0 22-10.00  | 804    |
| 2 Gonzales, Lance       | Cal State Northr | 6.87m  | +0.0 22-06.50 | 783    |
| 3 Robinson, Robert      | Cal State Northr | 6.65m  | 1.6 21-10.00  | 732    |
| 3 Richert, Trent        | UC Irvine        | 6.65m  | 1.7 21-10.00  | 732    |
| 5 Von Hagen, Alex       | University of Co | 6.53m  | 0.7 21-05.25  | 704    |
| 6 Hall, Andrew          | Unattached       | 6.52m  | 0.3 21-04.75  | 702    |
| 7 Peterson, Kyle        | UC Irvine        | 6.49m  | 0.8 21-03.50  | 695    |
| 8 Graef, Brandon        | Idaho State Univ | 6.42m  | -0.1 21-00.75 | 679    |
| 9 Collins, Jonathan     | Unattached       | 6.22m  | 1.5 20-05.00  | 635    |
| 10 Silvester, Brad      | Idaho State Univ | 6.09m  | 0.8 19-11.75  | 606    |
| 11 Talkington, Jonathan | Cal State Northr | 6.08m  | 0.5 19-11.50  | 604    |
| 12 Capps, Nate          | Idaho State Univ | 6.04m  | 0.1 19-09.75  | 595    |
| 13 Forbes, Ryan         | George Fox Unive | 5.98m  | -0.1 19-07.50 | 582    |
| 14 Taylor, Eddie        | University of Co | 5.48m  | 0.6 17-11.75  | 477    |
| 15 Morse, Owen          | Cal State Northr | 5.42m  | 0.4 17-09.50  | 465    |
| -- Linker, Josh         | Cal State Los An | FOUL   |               |        |

**Event 3 Decathlon: #3 Men Shot Put Decathlon**

| Name                    | Year School      | Finals          | Points |
|-------------------------|------------------|-----------------|--------|
| 1 Silvester, Brad       | Idaho State Univ | 14.77m 48-05.50 | 776    |
| 2 Hall, Andrew          | Unattached       | 14.63m 48-00.00 | 767    |
| 3 Burt, Desi            | Unattached       | 13.50m 44-03.50 | 698    |
| 4 Morse, Owen           | Cal State Northr | 12.65m 41-06.00 | 646    |
| 5 Collins, Jonathan     | Unattached       | 12.52m 41-01.00 | 638    |
| 6 Capps, Nate           | Idaho State Univ | 12.35m 40-06.25 | 628    |
| 7 Robinson, Robert      | Cal State Northr | 12.28m 40-03.50 | 623    |
| 8 Richert, Trent        | UC Irvine        | 12.08m 39-07.75 | 611    |
| 9 Peterson, Kyle        | UC Irvine        | 11.60m 38-00.75 | 582    |
| 10 Forbes, Ryan         | George Fox Unive | 11.24m 36-10.50 | 560    |
| 11 Gonzales, Lance      | Cal State Northr | 11.11m 36-05.50 | 553    |
| 12 Von Hagen, Alex      | University of Co | 11.07m 36-04.00 | 550    |
| 13 Graef, Brandon       | Idaho State Univ | 10.83m 35-06.50 | 536    |
| 14 Linker, Josh         | Cal State Los An | 10.47m 34-04.25 | 514    |
| 15 Taylor, Eddie        | University of Co | 10.09m 33-01.25 | 491    |
| 16 Talkington, Jonathan | Cal State Northr | 8.90m 29-02.50  | 420    |

**Event 3 Decathlon: #4 Men High Jump Decathlon**

| Name                   | Year School      | Finals        | Points |
|------------------------|------------------|---------------|--------|
| 1 Burt, Desi           | Unattached       | 2.10m 6-10.75 | 896    |
| 2 Gonzales, Lance      | Cal State Northr | 1.95m 6-04.75 | 758    |
| 2 Talkington, Jonathan | Cal State Northr | 1.95m 6-04.75 | 758    |
| 4 Von Hagen, Alex      | University of Co | 1.92m 6-03.50 | 731    |
| 4 Capps, Nate          | Idaho State Univ | 1.92m 6-03.50 | 731    |
| 6 Robinson, Robert     | Cal State Northr | 1.89m 6-02.25 | 705    |
| 6 Peterson, Kyle       | UC Irvine        | 1.89m 6-02.25 | 705    |
| 8 Taylor, Eddie        | University of Co | 1.80m 5-10.75 | 627    |
| 8 Hall, Andrew         | Unattached       | 1.80m 5-10.75 | 627    |
| 10 Linker, Josh        | Cal State Los An | 1.77m 5-09.75 | 602    |
| 10 Collins, Jonathan   | Unattached       | 1.77m 5-09.75 | 602    |
| 10 Graef, Brandon      | Idaho State Univ | 1.77m 5-09.75 | 602    |
| 13 Richert, Trent      | UC Irvine        | 1.74m 5-08.50 | 577    |
| 13 Forbes, Ryan        | George Fox Unive | 1.74m 5-08.50 | 577    |
| 15 Silvester, Brad     | Idaho State Univ | 1.71m 5-07.25 | 552    |
| -- Morse, Owen         | Cal State Northr | NH            |        |

**2009 CSUN Multi's - 3/19/2009 to 3/20/2009****Decathlon & Heptathlon  
Cal State Northridge****Results****Event 3 Decathlon: #5 Men 400 M Dash Decathlon**

| Name                    | Year | School           | Finals | H# | Points |
|-------------------------|------|------------------|--------|----|--------|
| 1 Graef, Brandon        |      | Idaho State Univ | 49.27  | 2  | 849    |
| 2 Capps, Nate           |      | Idaho State Univ | 50.30  | 1  | 801    |
| 3 Forbes, Ryan          |      | George Fox Unive | 51.20  | 1  | 760    |
| 4 Taylor, Eddie         |      | University of Co | 51.24  | 1  | 758    |
| 5 Von Hagen, Alex       |      | University of Co | 51.65  | 2  | 740    |
| 6 Silvester, Brad       |      | Idaho State Univ | 51.70  | 3  | 738    |
| 7 Richert, Trent        |      | UC Irvine        | 51.84  | 3  | 732    |
| 8 Peterson, Kyle        |      | UC Irvine        | 52.79  | 3  | 691    |
| 9 Gonzales, Lance       |      | Cal State Northr | 52.80  | 3  | 690    |
| 10 Robinson, Robert     |      | Cal State Northr | 53.10  | 2  | 677    |
| 11 Talkington, Jonathan |      | Cal State Northr | 56.07  | 2  | 557    |
| -- Morse, Owen          |      | Cal State Northr | DNF    | 3  |        |
| -- Burt, Desi           |      | Unattached       | DNF    | 2  |        |

**Event 3 Decathlon: #6 Men 110 M Hurdles Decathlon**

| Name                    | Year | School           | Finals | Wind | H# | Points |
|-------------------------|------|------------------|--------|------|----|--------|
| 1 Graef, Brandon        |      | Idaho State Univ | 15.02  | 1.0  | 3  | 847    |
| 2 Capps, Nate           |      | Idaho State Univ | 15.06  | 1.0  | 3  | 842    |
| 3 Silvester, Brad       |      | Idaho State Univ | 15.56  | 0.7  | 2  | 783    |
| 4 Forbes, Ryan          |      | George Fox Unive | 16.39  | 1.0  | 3  | 689    |
| 5 Von Hagen, Alex       |      | University of Co | 16.66  | 0.7  | 2  | 660    |
| 6 Taylor, Eddie         |      | University of Co | 17.02  | NWI  | 4  | 622    |
| 7 Richert, Trent        |      | UC Irvine        | 17.13  | 0.7  | 2  | 611    |
| -- Peterson, Kyle       |      | UC Irvine        | DNF    | 1.0  | 3  |        |
| -- Robinson, Robert     |      | Cal State Northr | DNF    | NWI  | 4  |        |
| -- Gonzales, Lance      |      | Cal State Northr | DNF    | NWI  | 4  |        |
| -- Talkington, Jonathan |      | Cal State Northr | DNF    | 0.7  | 2  |        |

**Event 3 Decathlon: #7 Men Discus Throw Decathlon**

| Name                    | Year | School           | Finals | Points     |
|-------------------------|------|------------------|--------|------------|
| 1 Silvester, Brad       |      | Idaho State Univ | 38.63m | 126-09 637 |
| 2 Capps, Nate           |      | Idaho State Univ | 37.59m | 123-04 616 |
| 3 Forbes, Ryan          |      | George Fox Unive | 36.98m | 121-04 603 |
| 4 Gonzales, Lance       |      | Cal State Northr | 34.26m | 112-05 549 |
| 5 Robinson, Robert      |      | Cal State Northr | 34.21m | 112-03 548 |
| 6 Graef, Brandon        |      | Idaho State Univ | 34.18m | 112-02 547 |
| 7 Von Hagen, Alex       |      | University of Co | 33.84m | 111-00 541 |
| 8 Richert, Trent        |      | UC Irvine        | 33.49m | 109-10 534 |
| 9 Peterson, Kyle        |      | UC Irvine        | 31.78m | 104-03 500 |
| 10 Taylor, Eddie        |      | University of Co | 25.93m | 85-01 385  |
| 11 Talkington, Jonathan |      | Cal State Northr | 23.10m | 75-09 331  |

**Event 3 Decathlon: #8 Men Pole Vault Decathlon**

| Name              | Year | School           | Finals | Points       |
|-------------------|------|------------------|--------|--------------|
| 1 Silvester, Brad |      | Idaho State Univ | 4.35m  | 14-03.25 716 |
| 2 Von Hagen, Alex |      | University of Co | 4.15m  | 13-07.25 659 |
| 2 Capps, Nate     |      | Idaho State Univ | 4.15m  | 13-07.25 659 |
| 4 Graef, Brandon  |      | Idaho State Univ | 4.05m  | 13-03.50 631 |
| 5 Richert, Trent  |      | UC Irvine        | 3.95m  | 12-11.50 603 |
| 5 Taylor, Eddie   |      | University of Co | 3.95m  | 12-11.50 603 |
| -- Forbes, Ryan   |      | George Fox Unive | NH     |              |

**Event 3 Decathlon: #9 Men Javelin Throw Decathlon**

| Name              | Year | School           | Finals | Points     |
|-------------------|------|------------------|--------|------------|
| 1 Gonzales, Lance |      | Cal State Northr | 55.34m | 181-07 668 |

**2009 CSUN Multi's - 3/19/2009 to 3/20/2009**

**Decathlon & Heptathlon  
Cal State Northridge**

**Results**

|                        |                  |        |        |     |
|------------------------|------------------|--------|--------|-----|
| 2 Von Hagen, Alex      | University of Co | 49.18m | 161-04 | 576 |
| 3 Capps, Nate          | Idaho State Univ | 46.94m | 154-00 | 543 |
| 4 Talkington, Jonathan | Cal State Northr | 46.08m | 151-02 | 531 |
| 5 Silvester, Brad      | Idaho State Univ | 43.54m | 142-10 | 494 |
| 6 Robinson, Robert     | Cal State Northr | 42.69m | 140-01 | 481 |
| 7 Graef, Brandon       | Idaho State Univ | 41.55m | 136-04 | 465 |
| 8 Forbes, Ryan         | George Fox Unive | 38.72m | 127-00 | 424 |
| 9 Taylor, Eddie        | University of Co | 34.00m | 111-06 | 356 |

**Event 3 Decathlon: #10 Men 1500 M Run Decathlon**

| Name                   | Year School      | Finals  | Points |
|------------------------|------------------|---------|--------|
| 1 Taylor, Eddie        | University of Co | 4:38.53 | 690    |
| 2 Von Hagen, Alex      | University of Co | 4:38.87 | 687    |
| 3 Capps, Nate          | Idaho State Univ | 4:45.39 | 647    |
| 4 Silvester, Brad      | Idaho State Univ | 4:55.88 | 584    |
| 5 Graef, Brandon       | Idaho State Univ | 4:57.15 | 576    |
| 6 Talkington, Jonathan | Cal State Northr | 5:34.00 | 380    |

**Event 4 Women Heptathlon Group A**

| Name                    | Year School      | Finals |
|-------------------------|------------------|--------|
| 1 Collins, Lauren       | UC Irvine        | 5549   |
| 2 Pearson, Emily        | Unattached       | 5508   |
| 3 Lofton, Sherrina      | Cal State Northr | 5420   |
| 4 Wendt, Sydney         | Idaho State Univ | 4957   |
| 5 Turner, Ashley        | Idaho State Univ | 4649   |
| 6 Dugall, Stella        | Cal State Northr | 4641   |
| 7 Buylova, Sasha        | Idaho State Univ | 4428   |
| 8 Vink-Johnston, Amanda | Idaho State Univ | 4359   |
| 9 Stam, Beth            | George Fox Unive | 4070   |

**Event 4 Heptathlon: #1 Women 100 M Hurdles Heptathlon**

| Name                     | Year School      | Finals | Wind | H# | Points |
|--------------------------|------------------|--------|------|----|--------|
| 1 Pearson, Emily         | Unattached       | 14.10  | 1.4  | 1  | 964    |
| 2 Collins, Lauren        | UC Irvine        | 14.20  | 1.4  | 1  | 950    |
| 3 Dugall, Stella         | Cal State Northr | 14.36  | 1.4  | 1  | 928    |
| 4 Lofton, Sherrina       | Cal State Northr | 14.62  | 2.0  | 2  | 892    |
| 5 Poulson, Jackie        | Pocatello Track  | 14.68  | 2.0  | 2  | 884    |
| 6 Turner, Ashley         | Idaho State Univ | 14.79  | 2.0  | 2  | 870    |
| 7 Wendt, Sydney          | Idaho State Univ | 15.13  | 1.4  | 1  | 825    |
| 8 Buylova, Sasha         | Idaho State Univ | 15.23  | 1.1  | 3  | 811    |
| 9 Smith, Shianne         | Cal State Los An | 15.64  | 2.0  | 2  | 759    |
| 10 Vink-Johnston, Amanda | Idaho State Univ | 15.75  | 1.1  | 3  | 745    |
| 11 Leighty, Melissa      | George Fox Unive | 16.14  | 1.1  | 3  | 697    |
| 12 Stam, Beth            | George Fox Unive | 17.50  | 1.1  | 3  | 541    |

**Event 4 Heptathlon: #2 Women High Jump Heptathlon**

| Name                    | Year School      | Finals | Points      |
|-------------------------|------------------|--------|-------------|
| 1 Collins, Lauren       | UC Irvine        | 1.78m  | 5-10.00 953 |
| 2 Wendt, Sydney         | Idaho State Univ | 1.69m  | 5-06.50 842 |
| 3 Pearson, Emily        | Unattached       | 1.66m  | 5-05.25 806 |
| 4 Lofton, Sherrina      | Cal State Northr | 1.63m  | 5-04.25 771 |
| 5 Poulson, Jackie       | Pocatello Track  | 1.60m  | 5-03.00 736 |
| 5 Vink-Johnston, Amanda | Idaho State Univ | 1.60m  | 5-03.00 736 |
| 7 Turner, Ashley        | Idaho State Univ | 1.54m  | 5-00.50 666 |
| 7 Stam, Beth            | George Fox Unive | 1.54m  | 5-00.50 666 |
| 9 Buylova, Sasha        | Idaho State Univ | 1.51m  | 4-11.50 632 |
| 10 Dugall, Stella       | Cal State Northr | 1.45m  | 4-09.00 566 |
| -- Smith, Shianne       | Cal State Los An | NH     |             |
| -- Leighty, Melissa     | George Fox Unive | NH     |             |

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**Decathlon & Heptathlon  
Cal State Northridge**

**Results**

**Event 4 Heptathlon: #3 Women Shot Put Heptathlon**

| Name               | Year School      | Finals          | Points |
|--------------------|------------------|-----------------|--------|
| 1 Poulson, Jackie  | Pocatello Track  | 11.94m 39-02.25 | 657    |
| 2 Pearson, Emily   | Unattached       | 11.88m 38-11.75 | 653    |
| 3 Lofton, Sherrina | Cal State Northr | 11.59m 38-00.25 | 634    |
| 4 Collins, Lauren  | UC Irvine        | 11.04m 36-02.75 | 598    |

**....Event 4 Heptathlon: #3 Women Shot Put Heptathlon**

|                         |                  |                 |     |
|-------------------------|------------------|-----------------|-----|
| 5 Wendt, Sydney         | Idaho State Univ | 10.11m 33-02.00 | 537 |
| 6 Turner, Ashley        | Idaho State Univ | 9.94m 32-07.50  | 526 |
| 7 Stam, Beth            | George Fox Unive | 9.90m 32-05.75  | 523 |
| 8 Buylova, Sasha        | Idaho State Univ | 9.88m 32-05.00  | 522 |
| 9 Vink-Johnston, Amanda | Idaho State Univ | 9.84m 32-03.50  | 519 |
| 10 Smith, Shianne       | Cal State Los An | 9.65m 31-08.00  | 507 |
| 11 Dugall, Stella       | Cal State Northr | 8.84m 29-00.00  | 454 |
| 12 Leighty, Melissa     | George Fox Unive | 8.31m 27-03.25  | 419 |

**Event 4 Heptathlon: #4 Women 200 M Dash Heptathlon**

| Name                     | Year School      | Finals | Wind | H# | Points |
|--------------------------|------------------|--------|------|----|--------|
| 1 Lofton, Sherrina       | Cal State Northr | 23.94  | 1.0  | 1  | 986    |
| 2 Pearson, Emily         | Unattached       | 25.33  | 1.0  | 1  | 857    |
| 3 Collins, Lauren        | UC Irvine        | 25.41  | 1.0  | 1  | 850    |
| 4 Dugall, Stella         | Cal State Northr | 26.04  | 1.0  | 1  | 794    |
| 5 Wendt, Sydney          | Idaho State Univ | 26.08  | 1.3  | 2  | 790    |
| 6 Turner, Ashley         | Idaho State Univ | 26.10  | 1.3  | 2  | 788    |
| 7 Buylova, Sasha         | Idaho State Univ | 27.09  | 1.0  | 1  | 704    |
| 8 Leighty, Melissa       | George Fox Unive | 27.28  | 1.0  | 1  | 689    |
| 9 Stam, Beth             | George Fox Unive | 27.92  | 1.3  | 2  | 637    |
| 10 Vink-Johnston, Amanda | Idaho State Univ | 28.01  | 1.3  | 2  | 630    |
| 11 Poulson, Jackie       | Pocatello Track  | 30.49  | 1.3  | 2  | 448    |

**Event 4 Heptathlon: #5 Women Long Jump Heptathlon**

| Name                    | Year School      | Finals              | Wind | Points |
|-------------------------|------------------|---------------------|------|--------|
| 1 Collins, Lauren       | UC Irvine        | 5.69m 0.8 18-08.00  | 756  |        |
| 1 Dugall, Stella        | Cal State Northr | 5.69m 1.6 18-08.00  | 756  |        |
| 3 Lofton, Sherrina      | Cal State Northr | 5.65m 2.2 18-06.50  | 744  |        |
| 4 Wendt, Sydney         | Idaho State Univ | 5.62m 1.6 18-05.25  | 735  |        |
| 5 Pearson, Emily        | Unattached       | 5.51m 2.0 18-01.00  | 703  |        |
| 6 Turner, Ashley        | Idaho State Univ | 5.21m 1.1 17-01.25  | 617  |        |
| 7 Vink-Johnston, Amanda | Idaho State Univ | 5.19m 1.7 17-00.50  | 612  |        |
| 8 Stam, Beth            | George Fox Unive | 5.03m -0.2 16-06.00 | 567  |        |
| 9 Buylova, Sasha        | Idaho State Univ | 4.86m 0.5 15-11.50  | 522  |        |
| 10 Leighty, Melissa     | George Fox Unive | 4.85m 1.0 15-11.00  | 519  |        |

**Event 4 Heptathlon: #6 Women Javelin Throw Heptathlon**

| Name                    | Year School      | Finals        | Points |
|-------------------------|------------------|---------------|--------|
| 1 Pearson, Emily        | Unattached       | 47.13m 154-07 | 805    |
| 2 Stam, Beth            | George Fox Unive | 36.43m 119-06 | 599    |
| 3 Collins, Lauren       | UC Irvine        | 35.48m 116-05 | 581    |
| 4 Vink-Johnston, Amanda | Idaho State Univ | 32.76m 107-06 | 529    |
| 5 Lofton, Sherrina      | Cal State Northr | 32.13m 105-05 | 517    |
| 6 Dugall, Stella        | Cal State Northr | 32.10m 105-04 | 516    |
| 7 Wendt, Sydney         | Idaho State Univ | 31.69m 104-00 | 509    |
| 8 Buylova, Sasha        | Idaho State Univ | 30.31m 99-05  | 482    |
| 9 Turner, Ashley        | Idaho State Univ | 29.90m 98-01  | 475    |

**Event 4 Heptathlon: #7 Women 800 M Run Heptathlon**

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

**2009 CSUN Multi's - 3/19/2009 to 3/20/2009**

**Decathlon & Heptathlon**

**Cal State Northridge**

**Results**

|                         |                  |         |     |
|-------------------------|------------------|---------|-----|
| 1 Lofton, Sherrina      | Cal State Northr | 2:16.22 | 876 |
| 2 Collins, Lauren       | UC Irvine        | 2:17.27 | 861 |
| 3 Buylova, Sasha        | Idaho State Univ | 2:25.18 | 755 |
| 4 Pearson, Emily        | Unattached       | 2:27.85 | 720 |
| 5 Wendt, Sydney         | Idaho State Univ | 2:27.94 | 719 |
| 6 Turner, Ashley        | Idaho State Univ | 2:28.85 | 707 |
| 7 Dugall, Stella        | Cal State Northr | 2:35.41 | 627 |
| 8 Vink-Johnston, Amanda | Idaho State Univ | 2:38.67 | 588 |
| 9 Stam, Beth            | George Fox Unive | 2:43.18 | 537 |