

Titan Camp Staff

Head Coach—Michelle Gromacki

Having just finished her seventh season as the Head Coach of the Titans, Michelle has an impressive resume. Going into this year with nearly a .700 career winning record, Coach Gromacki has done an amazing job at Cal State Fullerton. A member of the 1986 National Championship Team, Coach Gromacki continued that success as a coach. Some of her highlights include:



5 Big West Titles (2000-03, 06)

Finished her Inaugural Year 9th in the Nation

Has been ranked in the Top 20 for four out of her seven years.

Was named the 2000 /2006 Big West Coach of the Year

Has been a part of three Coaching Staffs of the Year (2000, 2002-03)

Has coached Nationally on the USA 2001 "Blue Team" and the 2002-04 U. S. Elite Team



Asst. Coach—Dee Dee Weiman-Kingsbury

Having just finished her fourth season with the Titans, she has previously worked at the University of Wisconsin, University of the Pacific, and South Carolina. Dee Dee works primarily with the pitchers and catchers, but assists in all aspects of the game. Weiman was an All-American pitcher and record holder at UCLA (1989-2004), where she helped the Bruins win two National Championships. She also played on the National Team in 1995-6, and declined a spot on the 1996 first ever Olympic Team. Following that, Weiman continued her career in the Women's Professional Fast pitch League. Where she holds several pitching records, and recorded the leagues first ever perfect game.

Most notably, Weiman was a part of one of the longest High School softball games (29 innings) vs. St. Joseph High School in CIF Quarterfinals (Lisa Fernandez was her pitching counterpart.) They later became teammates at UCLA.

Lastly, Weiman and Gromacki were teammates on the Women's Major team—the Redding Rebels, where they won a National Championship in 1993 & 94.

Cal State Fullerton
Athletic Department
800 N. State College Blvd.
Fullerton, CA 92834

Cal State Fullerton Summer Softball Camps

2006 Cal State Fullerton Summer Softball Camps



All American—Gina Oaks



2004 Olympic Gold Medalist &
3 Time All-American—
Jenny Topping

2006 Titan Camp Dates

Pitching/Catching Camp—July 17th

Hitting Camp—July 18th

Defense Camp—July 19th

All Skills Camp—July 31st—August 3rd

Cal State Fullerton Summer
Softball Camps

Tel: 714.278.3495

Cal State Fullerton Summer Camps



All American—
Gina Oaks

Camp Descriptions:

We will be offering four different camps this summer at Cal State Fullerton. The first of which will be:

Pitching/Catching Camp

July 17th—9 am to 1 pm

This camp will cover the fundamentals of the underhand/windmill pitch. It is for any pitcher who would like to work on pitching mechanics, accuracy, speed, and the mental game.

The camp will also cover information for the more developed pitcher who would like to work on their moving pitches. Some of the areas that we will cover is: improving their favorite pitch, and adding a/several complimentary pitches to their repertoire. We will also discuss pitching at the higher level; the pitcher and catcher relationship; the mental game; strategy during the game; how to decrease shoulder problems; and how to prepare (pre-season, pre-game).

Catchers will receive instruction in the basic fundamentals of catching. They will get the opportunity to catch live pitching, as well as work on their catching skills. Pitchers are encouraged to bring their own catchers, if they are only there to catch we will not charge them, nor will we be instructing them.

Hitting Camp

July 18th—9 am to 1 pm

This camp will cover the fundamentals of the swing. We will teach basic hitting mechanics, and go through drills to work on those mechanics. Fundamental short game techniques will also be touched upon.

This camp will also cover working with the more developed hitters on more advanced mechanics and drills. The short game will also be touched upon, for example—slap hitting (if, it applies). We will discuss hitting at the higher level; reading the pitcher; the mental game; strategy during the game; and how to prepare (pre-season, pre-game).

Defense Camp

July 19th—9 am to 1 pm

This camp will cover the fundamentals of defense. We will start with basic drills to work on proper mechanics, and eventually move to working on position specific drills and activities.

We will split the group into two, and focus primarily on the infield techniques in one group and the outfield techniques in the other. It will be possible to do both, but keep in mind that campers will be getting less reps if they choose to try both positions. We will bring the group together and work on important aspects such as: communication and cohesiveness, while touching on more complex issues such as: bunt defense and positioning, 1st and 3rd defenses, and rundowns. We will discuss defense at the higher level; reading other defenses; the mental game; strategy during the game; and how to prepare (pre-season, pre-game).

All Skills Camp

July 31st through August 2nd—9 am to 3 pm and

Aug. 3rd— 9 am to 1:30 pm

This camp will cover all aspects of the game of softball. We will go over: hitting, defense (specific position play), base running, the overhand throw, and the mental game. On the final day of camp—we will break campers into teams and play a small tournament. After lunch that day (which we will provide for that day only), we will have some "FUN" summer activities. All ages are encouraged to attend. Group pricing is available upon request.

****All Skills Camp -

Registration Deadline is July 15th ****

Facility— All camps will be held on the softball field at Cal State Fullerton.



All—American
Yasmin Mossadeghi



All American -
Gina Oaks

Cal State Fullerton Summer Softball Camps

Sign up for:	Time	Price
<input type="checkbox"/> All Skills Camp	3 1/2 days	\$225.00
<input type="checkbox"/> **If paid after July 15th, 2006	3 1/2 days	\$240.00
<input type="checkbox"/> Pitching/Catching Camp	1/2 day	\$60.00
<input type="checkbox"/> Hitting Camp	1/2 day	\$60.00
<input type="checkbox"/> Defensive Camp	1/2 day	\$60.00

Total: _____

Name _____

Address _____

Email _____

Phone _____

Age: _____ T-shirt _____

Method of Payment

Specify
YOUTH or
ADULT

Check

Cash

** Please make checks payable to:
Michelle Gromacki Clinic

Cal State Fullerton Summer Softball Camps

Cal State Fullerton
Athletic Department
800 N. State College Blvd.
Fullerton, CA 92834

Phone: 714.278.3495
Fax: 714.278.7007
E-mail: dweiman@fullerton.edu

I hereby authorize the staff of Cal State Fullerton to act on my behalf according to their best judgment in any emergency requiring medical attention and I hereby waive and release the clinic from any and all liability for any injuries or illness incurred while at the Summer Camps. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the clinic program as outlined in this brochure.