

2006 BIG WEST CROSS COUNTRY



Big West Conference - 2 Corporate Park, Suite 206, Irvine, CA 92606

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Release No. 3 - Wednesday, September 20, 2006

Cal State Fullerton's Horn, Long Beach State's Kramon Garner Athlete of the Week Honors

Cal State Fullerton's **Jordan Horn** and Long Beach State's **Meredith Kramon** were named Big West Men's and Women's Athlete of the Week, respectively, after solid performances against top-flight competition at the Aztec Invitational last week.

Horn, a senior from Alta Loma, CA, finished second at the prestigious event with a time of 25:44 on the 8K course. His time was more than 30 seconds better than any other Big West competitor.

Kramon, a senior from Larkspur, CA, finished eighth overall after completing the 5K course in 18:01. Her time led LBSU to a second place finish behind eighth-ranked Arkansas and was the fastest time recorded by a 49er runner in the 5K race at the Balboa Park Course in school history.

THIS WEEK'S SCHEDULE

Saturday, September 23

Cal State Northridge at Pepperdine Invitational
UC Santa Barbara at Roy Griak Invitational

Light Week of Competition on the Horizon

Cal State Northridge and UC Santa Barbara are the lone squads competing in a

light week of Big West cross country action.

The Matadors head to Malibu to compete in the Pepperdine Invitational. They'll be competing against Cal State Los Angeles, Pepperdine, Soka University and USC. The men will run an 8K race while CSUN's women's contingent will compete in a 6K meet for the first time this season.

UCSB will head east to St. Paul, MN for the 21st Annual Roy Griak Invitational hosted by the University of Minnesota. They will compete against a slew of talented squads including the Golden Gophers, Arizona, Arizona State and Marquette. The men's competition will be an 8K, while the women's race will be a 6K.

2006 WOMEN'S TOP INDIVIDUAL TIMES (6K)

Name, School	Date	Time	Name, School	Date	Time
1. Lisa Lopez, UCR	9/16	21:21.0	6. Danielle Evans, UCR	9/16	22:13.0
2. Cristina Olivas, UCR	9/16	21:32.0	7. Brenda Martinez, UCR	9/16	22:20.0
3. Sarah Tesfaye, UCR	9/16	21:42.0	8.		
4. Ashley Zamora, UCR	9/16	21:46.0	9.		
5. Celene Reyes, UCR	9/16	22:12.0	10.		

2006 MEN'S TOP INDIVIDUAL TIMES (8K)

Name, School	Date	Time	Name, School	Date	Time
1. Jose Melena, UCR	9/16	24:26.0	6. Tim Aukshanas, UCSB	9/2	24:56.2
2. Andrew Tachais, UCR	9/16	24:37.0	7. Troy Swier, Cal Poly	9/2	25:03.5
3. Rayl Lara, UCR	9/16	24:49.0	8. David Smith, UCR	9/16	25:06.0
4. Ulises Pina, UCR	9/16	24:54.0	9. Matt Johnsrud, Cal Poly	9/2	25:18.3
5. Philip Reid, Cal Poly	9/2	24:54.3	10. Evan Anderson, Cal Poly	9/2	25:21.6

BIG WEST ATHLETES OF THE WEEK

Date	Men's Athlete	School	Yr.	Date	Women's Athlete	School	Yr.
9/6	Philip Reid	Cal Poly	Jr.	9/6	Cristina Olivas	UCR	So.
9/13	Ricky Barnes	UCI	Sr.	9/13	Laura Olvera	UCI	So.
9/20	Jordan Horn	CSF	Sr.	9/20	Meredith Kramon	LBSU	Sr.
9/27				9/27			
10/4				10/4			
10/11				10/11			
10/18				10/18			
10/25				10/25			

FinishLynx Women's Cross Country 2006 Preseason National Poll

1. Stanford	16. Minnesota
2. Colorado	17. Boston University
3. Michigan	18. Marquette
4. Oklahoma State	19. Florida State
5. BYU	20. Providence
6. Illinois	21. Washington
7. Duke	22. North Carolina
8. Arkansas	23. Michigan State
9. Arizona State	24. Georgetown
10. Wisconsin	25. William & Mary
11. Princeton	26. Virginia
12. North Carolina State	27. Colorado State
13. Baylor	28. Wake Forest
14. Tennessee	29. Indiana
15. Iowa	30. Oregon

Mondo Men's Cross Country 2006 Preseason National Poll

1. Wisconsin	16. Ohio State
2. Arkansas	17. Dartmouth
3. Colorado	18. Michigan
4. Stanford	19. Alabama
5. Texas	20. Arizona State
6. Iona	21. Florida State
7. Portland	22. Eastern Michigan
8. Arizona	23. Minnesota
9. Oklahoma State	24. Florida
10. Kansas	25. William & Mary
11. BYU	26. Virginia
12. Notre Dame	27. Iowa
13. UTEP	28. Michigan State
14. Georgetown	29. Butler
15. Oregon	30t. American
	30t. Providence

USCCCA

2006 Preseason Men's Regional Polls

West Region

- Stanford
- Portland
- Arizona
- Arizona State
- Oregon
- Cal Poly
- California
- Washington
- Washington State
- UCLA
- UC Santa Barbara
- Long Beach State
- Eastern Washington
- UC Riverside
- UC Irvine

WICCCA

Final 2005 Women's Regional Polls

West Region

- Stanford
- Arizona State
- Oregon
- Washington
- Washington State
- UCLA
- UC Irvine
- Portland
- Idaho
- Loyola Marymount

LAST WEEK IN THE BIG WEST

(Saturday, September 16, 2006)

MEN

CAL STATE FULLERTON Aztec Invitational (8K)
 Team Finish: 8th of 15 Score: 203 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Jordan Horn	2nd	25:44
Cory Vaselenko	30th	27:12
Daniel Alvarez	51st	27:52
David Soto	62nd	28:11
Avo Nazarian	69th	28:27

CAL STATE NORTHRIDGE Aztec Invitational (8K)
 Team Finish: 12th of 15 Score: 303 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Manuel Ruiz	25th	27:03
Diego Fernandez	59th	28:05
Jacinto Garcia	77th	28:37
Jonathan Tan	82nd	28:59
Michael Stutland	93rd	29:26

LONG BEACH STATE Aztec Invitational (8K)
 Team Finish: 1st of 15 Score: 54 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Wolham Ovalle	5th	26:17
Eli Rodriguez	6th	26:27
Jesus Santana	12th	26:41
Jason Bruton	15th	26:49
Gabriel Guzman	16th	26:50

UC RIVERSIDE Washington Invitational (8K)
 Team Finish: 4th of 12 Score: 114 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Jose Melena	12th	24:26
Andrew Tachais	16th	24:37
Raul Lara	23rd	24:49
Ulises Pina	27th	24:54
David Smith	39th	25:06

WOMEN

CAL STATE FULLERTON (A) Aztec Invitational (5K)
 Team Finish: 4th of 12 Score: 129 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Andrea Aguilar	23rd	19:10
Juliane Masciana	27th	19:20
Luz Valdez	28th	19:30
Mandy Eichmann	37th	19:50
Erika Estrada	41st	19:56

CAL STATE FULLERTON (B) Aztec Invitational (5K)
 Team Finish: 11th of 12 Score: 300 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Danielle Posbic	52nd	20:14
Beatriz Rodriguez	72nd	20:47
Yvette Franco	77th	20:59
Denise Ditch	81st	21:15
Erin Morgan	86th	22:01

CAL STATE NORTHRIDGE Aztec Invitational (5K)
 Team Finish: 9th of 12 Score: 250 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Julie Hancock	33rd	19:44
Chris McPherson	50th	20:12
Diana Rusete	65th	20:34
Ashley Cambaliza	71st	20:43
Julia Flores	84th	21:38

LONG BEACH STATE Aztec Invitational (5K)
 Team Finish: 2nd of 12 Score: 60 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Meredith Kramon	8th	18:01
Jenessa Botello	11th	18:18
Ludi Valdez	14th	18:25
Nicole Blalock	15th	18:34
Kristina Wilson	22nd	19:03

UC RIVERSIDE Washington Invitational (6K)
 Team Finish: 5th of 14 Score: 144 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Liza Lopez	13th	21:21
Cristina Olivias	22nd	21:32
Sarah Tesfaye	34th	21:42
Ashley Zamora	38th	21:46
Celene Reyes	51st	22:12

PACIFIC Warrior Open (3K)
 Team Finish: 3rd of 7 Score: 85 points

<u>Top 5 Finishers</u>	<u>Place</u>	<u>Time</u>
Meghan Mullen	3rd	10:49.3
Michaela Klaus	5th	11:01.5
Francesca Au	13th	11:28.9
Rachel Ponce	35th	12:58.6
Maria-Elena Ramirez	39th	13:26.6