



# 2008 Big West Track & Field



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### Three Big West Programs Hit Track at the Ben Brown Invitational

The Ben Brown Invitational takes center stage on the Big West Track & Field schedule as Cal State Fullerton hosts the two-day event that has become a staple on the docket in early March of every season.

The Titans, Long Beach State and UC Riverside will be the Big West clubs competing in the event which is being held at both the Cal State Fullerton Sports Complex and Hilmer Lodge Stadium on the campus of Mt. SAC.

Newcomer UC Davis also has a home meet scheduled for the weekend at the Aggies take on Stanford, Fresno State and San Francisco in a quad meet this weekend. It will be the first event the Aggies have hosted as a member of the Big West.

Elsewhere around the league, UC Riverside and UC Santa Barbara head to Aliso Viejo for the Soka University Peace Classic, while Cal Poly heads to Westwood for the UCLA Invitational.

### Four Winners from Four Schools Take Home First Track & Field Weekly Honors of 2008

The first weekend of action on the Big West schedule saw many bright performances as the four winners of this week's Big West Track & Field Athletes of the Week all came from different schools.

On the track side of the ledger, the men's Athlete of the Week award was won by Ryan Martin of UC Santa Barbara, while the women's honors went to Ugo Eke of UC Davis. Martin scored a wire-to-wire win in the 800-meter run at the All-UC Invitational on his way to the weekly award. He ran the race in 1:52.41. Eke had an impressive showing at the same meet with four championship efforts. She won individual crowns in the 200- (24.83) and 400- (46.83), while running legs on both the winning 4x100- (47.05) and 4x400- (3:48.70) relay squads.

The field awards saw Cal State Fullerton's Jonathan Golden (men) and UC Riverside's Jackie Lewis (women) claimed the honors. Golden competed in the high jump at the Cal State Challenge and came away with a first place finish after posting a mark of 2.11 meters. Lewis got her season started off in a big way at the All-UC Invitational, scoring first place in the long jump with an effort of 5.91 meters. The mark was just off the regional qualifying mark of 6.00 meters.

### Upcoming Schedule

#### **Friday, March 7**

Cal Poly at UCLA Invitational  
Cal State Fullerton at Ben Brown Invitational  
Long Beach State at Ben Brown Invitational  
UC Riverside at Ben Brown Invitational

#### **Saturday, March 8**

Cal Poly at UCLA Invitational  
Cal State Fullerton at Ben Brown Invitational  
Long Beach State at Ben Brown Invitational  
UC Davis at Quad Meet  
(Stanford, Fresno State, San Francisco)  
UC Irvine at Ben Brown Invitational  
UC Riverside at Ben Brown Invitational  
UC Riverside at Soka University Peace Classic  
UC Santa Barbara at Soka University Peace Classic

## Big West Track & Field Athletes of the Week

### Track Athlete of the Week - Male

Date	Athlete (School)	Yr.	Event(s)
3/5	Ryan Martin	Fr.	800-meter run

### Track Athlete of the Week - Female

Date	Athlete (School)	Yr.	Event(s)
3/5	Ugo Eke, UC Davis	So.	200-, 400, 4x100-, 4x400-

### Field Athlete of the Week - Male

Date	Athlete (School)	Yr.	Event(s)
3/5	Jonathan Golden	Jr.	High jump

### Field Athlete of the Week - Female

Date	Athlete (School)	Yr.	Event(s)
3/5	Jackie Lewis	So.	High jump

## 2008 Big West Track & Field Composite Schedule

### **Saturday, March 1**

Cal State Fullerton at Cal State Challenge  
UC Davis at All-UC Invitational  
UC Irvine at All-UC Invitational  
UC Riverside at All-UC Invitational  
UC Santa Barbara at All-UC Invitational

### **Friday, March 7**

Cal Poly at UCLA Invitational  
Cal State Fullerton at Ben Brown Invitational  
Long Beach State at Ben Brown Invitational  
UC Riverside at Ben Brown Invitational

### **Saturday, March 8**

Cal Poly at UCLA Invitational  
Cal State Fullerton at Ben Brown Invitational  
Long Beach State at Ben Brown Invitational  
UC Davis at Quad Meet (Stanford, Fresno State, San Francisco)  
UC Irvine at Ben Brown Invitational  
UC Riverside at Ben Brown Invitational  
UC Riverside at Soka University Peace Classic  
UC Santa Barbara at Soka University Peace Classic

### **Friday, March 14**

Cal State Fullerton at Northridge Relays  
Cal State Northridge at Northridge Relays  
UC Riverside at Northridge Relays

### **Saturday, March 15**

Cal Poly at Fresno State Dual  
Cal State Fullerton at Northridge Relays  
Cal State Northridge at Northridge Relays  
UC Davis at UC Santa Barbara  
UC Riverside at Northridge Relays

### **Thursday, March 20**

Cal State Northridge at Northridge Relays - Multi Events  
UC Irvine at Northridge Relays - Multi Events  
UC Santa Barbara at Northridge Relays - Multi Events

### **Friday, March 21**

Cal State Fullerton at Trojan Invitational  
Cal State Northridge at Northridge Relays - Multi Events  
Long Beach State at Trojan Invitational  
UC Irvine at Northridge Relays - Multi Events  
UC Irvine at Collegiate Classic  
UC Riverside at Collegiate Classic  
UC Santa Barbara at Northridge Relays - Multi Events

### **Saturday, March 22**

Cal Poly at Trojan Invitational  
Cal State Fullerton at Trojan Invitational  
Cal State Northridge at Trojan Invitational  
Long Beach State at Trojan Invitational  
UC Irvine at Collegiate Classic  
UC Riverside at Collegiate Classic  
UC Santa Barbara at Trojan Invitational

### **Friday, March 28**

Cal Poly at Cal Poly Invitational  
Cal State Fullerton at ASU/Clif Bar Invitational  
Cal State Northridge at Cal-Nevada Championships  
UC Davis at Cal-Nevada Championships  
UC Irvine at Cal Poly Invitational  
UC Riverside at Cal Poly Invitational  
UC Santa Barbara at Cal-Nevada Championships  
UC Santa Barbara at Stanford Invitational (Palo Alto, Calif.)

### **Saturday, March 29**

Cal Poly at Cal Poly Invitational  
Cal State Fullerton at ASU/Clif Bar Invitational  
Cal State Northridge at Cal-Nevada Championships  
Long Beach State at Nike Invitational  
UC Davis at Cal-Nevada Championships  
UC Irvine at Cal Poly Invitational  
UC Riverside at Cal Poly Invitational  
UC Santa Barbara at Cal-Nevada Championships

### **Wednesday, April 2**

Cal Poly at Texas Relays  
UC Davis at UC Multi-Events Meet

### **Thursday, April 3**

Cal Poly at Texas Relays  
UC Davis at UC Multi-Events Meet

### **Friday, April 4**

Cal Poly at Stanford Invitational  
Cal Poly at Texas Relays  
Cal State Fullerton at Stanford Invitational  
Cal State Northridge at Texas Relays  
Long Beach State at Stanford Invitational  
UC Davis at Stanford Invitational  
UC Irvine at Stanford Invitational  
UC Riverside at Stanford Invitational  
UC Santa Barbara at Stanford Invitational

### **Saturday, April 5**

Cal Poly at Stanford Invitational  
Cal Poly at Texas Relays  
Cal State Fullerton at Stanford Invitational  
Cal State Northridge at Texas Relays  
Long Beach State at Stanford Invitational  
UC Davis at Stanford Invitational  
UC Irvine at Stanford Invitational  
UC Riverside at Stanford Invitational  
UC Riverside at Pomona Pitzer  
UC Santa Barbara at Stanford Invitational

### **Thursday, April 10**

Cal Poly at Jackie Joyner-Kersey/Rafer Johnson Invitational  
Cal State Northridge at UCLA Invitational  
UC Davis at Jackie Joyner-Kersey/Rafer Johnson Invitational  
UC Riverside at Jackie Joyner-Kersey/Rafer Johnson Invitational

### **Friday, April 11**

Cal Poly at Jackie Joyner-Kersey/Rafer Johnson Invitational  
Cal State Fullerton at Big West Challenge  
Cal State Northridge at UCLA Invitational  
Long Beach State at Big West Challenge  
UC Davis at Jackie Joyner-Kersey/Rafer Johnson Invitational  
UC Irvine at Big West Challenge  
UC Riverside at Jackie Joyner-Kersey/Rafer Johnson Invitational

### **Saturday, April 12**

Cal Poly at Jackie Joyner-Kersey/Rafer Johnson Invitational  
UC Davis at Jackie Joyner-Kersey/Rafer Johnson Invitational  
UC Riverside at Jackie Joyner-Kersey/Rafer Johnson Invitational  
UC Santa Barbara at Big West Challenge

### **Wednesday, April 13**

Cal State Fullerton at California Invite Heptathlon/Decathlon  
Cal State Northridge at Cal State LA Twilight Open  
Long Beach State at California Invite Heptathlon/Decathlon  
UC Davis at California Invite Heptathlon/Decathlon  
UC Riverside at California Invite Heptathlon/Decathlon  
UC Santa Barbara at California Invite Heptathlon/Decathlon

## 2008 Big West Track & Field Composite Schedule

### **Thursday, April 17**

Cal State Fullerton at California Invite Heptathlon/Decathlon  
Cal Poly at Mt. SAC Relays  
Cal State Fullerton at Mt. SAC Relays  
Cal State Northridge at Mt. SAC Relays  
Long Beach State at California Invite Heptathlon/Decathlon  
Long Beach State at Mt. SAC Relays  
UC Davis at California Invite Heptathlon/Decathlon  
UC Irvine at California Invite Heptathlon/Decathlon  
UC Irvine at Mt. SAC Relays  
UC Riverside at Mt. SAC Relays  
UC Riverside at California Invite Heptathlon/Decathlon  
UC Santa Barbara at Mt. SAC Relays  
UC Santa Barbara at California Invite Heptathlon/Decathlon

### **Friday, April 18**

Cal Poly at Mt. SAC Relays  
Cal State Fullerton at Mt. SAC Relays  
Cal State Northridge at Mt. SAC Relays  
Long Beach State at Mt. SAC Relays  
UC Irvine at California Invite Heptathlon/Decathlon  
UC Irvine at Mt. SAC Relays  
UC Riverside at Mt. SAC Relays  
UC Santa Barbara at Mt. SAC Relays

### **Saturday, April 19**

Cal State Fullerton at Long Beach Invitational  
Cal Poly at Mt. SAC Relays  
Cal State Fullerton at Mt. SAC Relays  
Cal State Northridge at Mt. SAC Relays  
Long Beach State at Long Beach Invitational  
Long Beach State at Mt. SAC Relays  
UC Davis at Woody Wilson Classic  
UC Irvine at Mt. SAC Relays  
UC Riverside at Mt. SAC Relays  
UC Santa Barbara at Mt. SAC Relays

### **Sunday, April 20**

Cal Poly at Mt. SAC Relays  
Cal State Fullerton at Mt. SAC Relays  
Cal State Northridge at Mt. SAC Relays  
Long Beach State at Mt. SAC Relays  
UC Irvine at Mt. SAC Relays  
UC Riverside at Mt. SAC Relays  
UC Santa Barbara at Mt. SAC Relays

### **Thursday, April 24**

Long Beach State at Drake Relays  
UC Riverside at Drake Relays

### **Friday, April 25**

Cal State Fullerton at Tommy "Tiny" Lister Classic  
Cal State Northridge at Tommy "Tiny" Lister Classic  
Long Beach State at Drake Relays  
Long Beach State at UNLV Invitational  
Long Beach State at UCSD Triton Invitational  
UC Davis at Causeway Classic Dual  
UC Riverside at Drake Relays  
UC Santa Barbara at Oregon Relays  
UC Santa Barbara at UCSD Triton Invitational  
UC Santa Barbara at Oregon Relays

### **Saturday, April 26**

Cal State Fullerton at Tommy "Tiny" Lister Classic  
Cal State Northridge at UCSD Triton Invitational  
Cal State Northridge at Tommy "Tiny" Lister Classic  
Long Beach State at Drake Relays  
Long Beach State at UNLV Invitational  
Long Beach State at UCSD Triton Invitational  
UC Irvine at O.C. Challenge  
UC Riverside at Drake Relays  
UC Riverside at UCSD Triton Invitational  
UC Santa Barbara at UCSD Triton Invitational

### **Saturday, May 3**

Cal State Fullerton at Steve Scott Invitational  
Cal State Northridge at Steve Scott Invitational  
Long Beach State at Steve Scott Invitational  
UC Irvine at Steve Scott Invitational  
UC Riverside at Steve Scott Invitational  
UC Santa Barbara at Cal Poly

### **Sunday, May 4**

Cal State Fullerton at Steve Scott Invitational  
Cal State Northridge at Steve Scott Invitational  
Long Beach State at Steve Scott Invitational  
UC Davis at Payton Jordan Invitational  
UC Irvine at Steve Scott Invitational  
UC Riverside at Steve Scott Invitational  
UC Santa Barbara at Payton Jordan Invitational

### **Friday, May 9**

Big West Championships - combined events hosted by Cal State Northridge

### **Saturday, May 10**

Big West Championships - combined events hosted by Cal State Northridge  
Cal State Fullerton at Claremont Classic  
Long Beach State at Claremont Classic  
UC Davis at Aggie Twilight  
UC Davis at Modesto Relays  
UC Riverside at Claremont Classic  
UC Santa Barbara at Claremont Classic

### **Friday, May 16**

Big West Championships hosted by Cal State Northridge

### **Saturday, May 17**

Big West Championships hosted by Cal State Northridge

### **Friday, May 30**

NCAA Regional Championships hosted by Cal State Northridge

### **Saturday, May 31**

NCAA Regional Championships hosted by Cal State Northridge

### **Wednesday, June 11**

NCAA Championships hosted by Drake University (Des Moines, Iowa)

### **Thursday, June 12**

NCAA Championships hosted by Drake University (Des Moines, Iowa)

### **Friday, June 13**

NCAA Championships hosted by Drake University (Des Moines, Iowa)

### **Saturday, June 14**

NCAA Championships hosted by Drake University (Des Moines, Iowa)

## 2008 NCAA Outdoor Track & Field Regional Qualifying Standards

Men			Women		
Event	FAT	MT	Event	FAT	MT
100 Meters	10.55	---	100 Meters	11.75	---
200 Meters	21.35	---	200 Meters	23.96	---
400 Meters	47.20	46.90	400 Meters	54.61	54.30
800 Meters	1:50.40	1:50.10	800 Meters	2:09.80	2:09.50
1,500 Meters	3:47.80	3:47.50	1,500 Meters	4:27.80	4:27.50
Mile	4:06.00	4:05.70	Mile	4:49.30	4:49.00
3,000 Meter Steeplechase	9:07.00	9:06.70	3,000 Meter Steeplechase	10:50.25	10:50.00
5,000 Meters	14:12.00	14:11.70	5,000 Meters	16:52.00	16:51.70
10,000 Meters <i>(Auto)</i>	28:45.00	28:44.70	10,000 Meters <i>(Auto)</i>	33:30.00	33:29.70
10,000 Meters <i>(Prov)</i>	29:30.00	29:29.70	10,000 Meters <i>(Prov)</i>	35:00.00	34:59.70
110 Meter Hurdles	14.30	---	100 Meter Hurdles	13.92	---
400 Meter Hurdles	52.51	52.20	400 Meter Hurdles	1:00.82	1:00.50
400 Meter Relay	40.66	40.40	400 Meter Relay	45.70	45.40
440 Yard Relay	40.86	40.60	440 Yard Relay	45.90	45.60
1,600 Meter Relay	3:10.00	3:09.70	1,600 Meter Relay	3:42.00	3:41.70
Mile Relay	3:11.10	3:10.80	Mile Relay	3:43.30	3:43.00
<b>Event</b>	<b>Metric</b>		<b>Event</b>	<b>Metric</b>	
High Jump	2.10		High Jump	1.75	
Pole Vault	5.05		Pole Vault	3.85	
Long Jump	7.34		Long Jump	6.00	
Triple Jump	15.00		Triple Jump	12.32	
Shot Put	16.80		Shot Put	14.30	
Discus	51.70		Discus	47.30	
Javelin	61.60		Javelin	43.45	
Hammer	56.80		Hammer	54.15	
Decathlon <i>(Auto)</i>	7,500 points		Heptathlon <i>(Auto)</i>	5,500 points	
Decathlon <i>(Prov)</i>	6,900 points		Heptathlon <i>(Prov)</i>	5,050 points	

## 2008 Big West Outdoor Track & Field Championships

*This year's Big West Track & Field Championships will be held at the Cal State Northridge campus on Saturday, May 9-May 10 (decathlon/heptathlon) and Friday, May 16-Saturday, May 17. Schedule is TBA.*